

Women

Lena Caroline McLure, Women's Editor. Phone 8506

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HAPPENINGS

Miss Beryl Morson, an evangelist in India working under the Woman's Missionary Society of the United Church of Canada, arrived in Quebec last week. Miss Morson came through to Sackville, she will be with her sister, Miss Enid Morson.

Miss Beryl Morson went out the last time to India in August, 1950. Miss Morson, Dr. Jean Whittier and Rev. Hilda Johnson (the latter both of Nova Scotia) left India the first week in May and took the month all but a couple of days reaching England by way of the cape. They separated there and the other girls are spending till about the end of July in Switzer land and the British Isles. Miss Morson had about ten days visiting in England and Scotland. Dr. Jean Whittier is a sister of Dr. Catharine Whittier (both medical), the latter having visited Charlottetown last fall. She went back to India in March. The Rev. Hilda Johnson has visited Miss Enid Morson of Charlottetown, somewhere around 1952. Miss Beryl Morson has been stationed in India for many years. Her friends in Canada are pleased to know that she is having a well-earned furlough.

Mr. and Mrs. W. R. Jenkins and Mr. and Mrs. Eddy Morrison entertained Friday evening at the Jenkin's residence, West Street after the wedding rehearsal at a party in honor of their niece Miss Donald MacLeod and Mr. Joseph Burda.

The beautifully appointed buffet supper table was centred with a silver bowl of pink carnations, flanked on either side by candelabra with tall lighted pink tapers. Forty guests were present. Chiefly members of the bride's family. Movies were taken of this happy occasion. Pouring tea were Mrs. Jenkins and Mrs. Morrison. Those assisting in serving were Mrs. Kenneth Jenkins, Mrs. Fred Smith, Mrs. James Boyce, Mrs. Keith Boyce and Miss Heather MacLeod.

Miss Jessie Murray, whose marriage to Mr. Dewar Law Simms, took place Saturday afternoon was the guest of honor at several showers.

On Monday evening at the home of Miss Aletha Brown, York, the "Mission Circle" of Trinity United Church, surprised Jessie with a pretty arranged shower, when she received many lovely gifts accompanied by loads of good wishes.

On Wednesday evening at Miss Murray's home, 15 Pownall St., an unusual and happy event took place when former neighbors, immediate families and close friends assembled to congratulate her mother and dad on the event of their 25 wedding anniversary and presented them with a lovely decorated anniversary cake and beautiful

Silver Tea Service. At the same time the showered Jessie with gifts of silver, china, linen and money and all good wishes for future happiness.

On Thursday evening Miss Dorothy Cullen entertained at a most tastefully arranged shower when the staff of the P.E.I. Library of which Jessie is a member presented her with lovely gifts accompanied by a host of good wishes.

The 43rd Annual Reunion of the Burhoe family of America will be held at the home of Mr. and Mrs. N. Putnam Burhoe, Williams Street (off route 140) West Upton, Massachusetts on July 4, 1957.

Mrs. H. S. Bell, of Charlottetown, P.E.I., is in Toronto this week a guest at the Park Plaza.

Miss Sylvia Campbell and Miss Patricia Shuttleworth of London, Ont., have returned to their homes, after a holiday in Charlottetown and vicinity.

Mr. Elwood Gotell, C.N.R. employee of Halifax, N.S., was a holiday visitor at the home of Mr. and Mrs. William Jay, Grafton Street, Charlottetown.

Flying Officer Douglas M. Howatt is spending his annual leave with his parents, Mr. and Mrs. Lou Howatt, Belvedere Avenue. Flying Officer Howatt is stationed at the R.C.A.F., Winnipeg.

Mr. Terry Harnish, Clyde Kelley and Richard Blair of Halifax, N.S., were registered at the White Gables Cabins over the holiday week-end.

Mrs. Carilla Gaudette accompanied by her son Edward of Rockland Mass., are visiting in Charlottetown, the guests of Mrs. J. A. Weir, Cumberland Street.

Mr. and Mrs. Duncal Stewart of Rochester, Mass., are the guests of Mr. and Mrs. Matthew Lee, Kensington Road.

Mr. and Mrs. B. H. Newson returned Saturday from a pleasant holiday trip to Cleveland, Ohio. They travelled via Boston and New York state, and returned via Toronto and Montreal. In Cleveland they visited their son-in-law and daughter, Lieutenant and Mrs. N. A. Houska and their grandchildren, Kathy, Brad and Sherrie.

Mr. and Mrs. B. H. Newson have as their welcome guests, Mr. and Mrs. Horace Ratray and son, Dwight, from Kentville, Nova Scotia. Mr. Ratray is a native of Covehead and is on his annual visit to the Island.

Mr. and Mrs. John Hall Gagnon and family, St. Hyacinthe, Quebec, spent the holiday weekend with Mr. and Mrs. Henry Blanchard.



SHIRLEY MULLEN

The engagement has been announced of Mary Shirley, eldest daughter of Mrs. Edith Mullen and the late Patrick Mullen, of Tracadie and Charlottetown, to Paul Colin, son of Mr. Frank Jay and



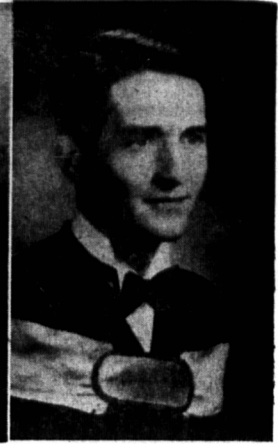
PAUL JAY

the late Mrs. Jay, Mount Stewart, P.E.I. The wedding will take place July 27th, 9 a.m. in St. Dunstan's Basilica.



SHEILA M. DAVISON

The engagement is announced of Sheila Mantell, daughter of Mrs. Lyman H. Davison and the late Lyman H. Davison, of Charlottetown, and Alan Keith, son of Mrs.



ALAN KEITH CLARKE

R. Logan Clarke and the late R. Logan Clarke of Dartmouth, N.S. Marriage to take place August 24th in Sackville, N.B.

KEEP IN TRIM

Wrong Exercise Can Cause Bulging Abdomen

By IDA JEAN KAIN

In figure fixing the most important muscles to tone are those in the middle of the figure—the abdomen. There is no bony structure through the middle measurements, only backbone. So to prevent bulges in this area, these muscles must have bracing tone. While fat amiships contributes to the middle spread, this portion of the silhouette can spread even without excess weight. One normal weight writes: "Both fashion chart and my doctor say my weight is perfect... yet I have a bulging abdomen. Even when I get my abdominal muscles strong by raising and lowering my legs, while lying flat on my back, I still have a protruding bulge... so I don't know what to do."

KNOWN AS SWAYBACK

A protruding abdomen is commonly associated with a sharp incurve at the small of the back, a posture fault known as swayback. The familiar exercise of lying on back on the floor and raising and slowly lowering the legs should be avoided. That particular exercise should never be practiced by anyone with a tendency to swayback, or by anyone with weak abdominal muscles.

The movement begins at the point where the effort is greatest, and strength of muscle is required to lift the feet through the first twelve inches. This force pulls the small of the back up away from the floor, which in turn increases the tendency toward swayback... and more of a bulge in front.

New mothers particularly should avoid that exercise at the beginning of their exercise routines. The abdominal muscles are not strong enough to hold as legs are slowly lowered to floor.

Today's conditioners are taken from a safety position which prevents strain.

Safety position: Lying on back on floor, knees flexed (bent), soles of feet on floor.

Movement: Firmly contract the abdominal muscles, pulling up and in strongly, and tilt the pelvis so that the lower back is flattened against floor. Hold, release and repeat six times. Progress from this exercise by lifting hips off floor and holding. Do not arch back. This can be followed by single leg lowering and raising from a safety position.

Position: Lying on back on floor, right knee bent, left leg straight down. Movement: Raise left leg straight up in air and slowly lower. As the leg is lowered, keep the abdominal muscles contracted and small of back against floor. Repeat with right leg, keeping left knee bent.

PRINCETOWN L.A.

On Thursday afternoon the ladies aid of Princetown United Church met in the memorial room with the president Mrs. W. H. Bu presiding. Mrs. Arthur McKay opened the meeting with a prayer followed by hymn 374. Minutes of last meeting were read and approved. After the regular routine of business, meeting closed with Mizpah benediction.

BUSY NATION

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SPECIAL THIS WEEK Fresh Island Spring Lamb QUEEN ST. MEAT MARKET

most enchanting tales of all. Summer visitors to kin in the district these parents are as they have been in holidays before this down through the years. We wish them pleasant holidaying and a safe return to the great and fine country which has indeed proved to be a land of promise and rich fulfillment for them! Until tomorrow --- Diary --- Goodnight. . . .

ELLEN'S DIARY

Folks Jes' Love A Pinch Of Magic In Life

So the shearing, which endeavoured at Alderlea follows close on the heels of the cropping, was done. And this evening after a day spent by the farmers in fencing pasturage for them, there was a brisk rounding-up of the ewes and the late-born lambs from the close nibbled from meadow here and they were driven by road to join the main flock already summering at the "other farm."

Granddaughter and Mack assisted at the out-going, cycling smartly ahead to stand guard in turn at the entrances to the various farms on the way, and to open the gate and herd them finally to pasture. Now in the holidays these children are often called upon to lend a hand with the farm affairs, which allows them nice time in the open after the confinement of school.

It was from "the other farm" the pigeon came this morning to settle awhile on the barn-roof at Alderlea. The papa blackbird whistled loudly, his surprise at the sight A sparrow singing amid the green of the house-ivy stopped in mid-song, a robin patrolling the lawn halted and stared.

"See the pidgeon!" we called to James in the barnyard. "It's a good sign—someone's wish is going to come true!"

"I suppose, woman-like, you've been wishing for a new hat or dress—or some gawdaw" he commented in a resigned voice "never thinking how much we need rain."

"What funny creatures humans are—taken up with their signs and their tokens" the blackbird laughed. "I suppose it adds a bit of magic to their living and folks' jes' love a pinch of that, wherever they may find it."

Other interesting visitors came to Alderlea today, among them one who "never reads fiction" but whose life has been a veritable fairy tale. This is the Scotsman who at 21 was instrumental in "making a dream of my parents come true" by bringing them and himself from his native Glasgow across the sea to his land of opportunity — and equality in The States.

the moment" is likely dividing her knowledge, and certainly mothering well and with much happiness and serenity, her young family of six. Could even the most fertile brain, the most versatile pen have imagined and pieced together a similar lovely story of success and all that together of endeavour and affection and honest faith which goes to making life good and worthwhile? Truth rather than fiction does weave the



By VERA WINSTON SUMMERY

A nice assortment of vacation and casual clothes and separates are in the stores right now ready for plucking. Here we have a two-piece dress, with matching beach shorts underneath, done in three shades of either blue, green or rose. The blouse could go nicely with other skirts of course, as could the skirt with other blouses. The skirt is gathered onto its own belted waistline. Nice for backyard wear, too.



"AND ABOUT THAT WOMAN NEXT DOOR"

"And about that woman next door..." These two sets of twins do a bit of gossiping at a unique birthday party held by Victoria public hospital for the pre-

mature babies born at the hospital five years ago. Of the 48 eligibles, 26 were located in this district and attended Left to right, abeth McGugan, daughters of Mr.

Elaine and Elizabeth Thomas, daughters of Mr. and Mrs. D. Thomas, Preston, and Mary and Elizabeth M. Duncan McGugan, Strathroy. (CP Photo)

Bible Chapel Is Setting For Pretty June Wedding

A pretty June wedding was solemnized at the Charlottetown Bible Chapel on June 21st when Marian Eleanor, youngest daughter of Mr. and Mrs. David Lavers, Georgetown, P.E.I., became the bride of Charles Elbridge, oldest son of Mr. and Mrs. Louis Yorston of Rose-

neath, P.E.I. The double ring ceremony was performed by Mr. Svend Christensen.

To the strains of the bridal chorus, the bride entered the chapel on the arm of her father who gave her in marriage and took her place beneath an arch of evergreen, white lilacs and honeysuckle. The bride was a picture of girlish loveliness in her waltz length gown of nylon net over satin with lace bodice, sweet heart neckline with seed pearl trim and sleeves coming in points over the hands. Her fingertip veil was held in place by pleated bandeau of net and sequins. She carried a nosegay of red roses and white carnations.

The bridesmaid, Miss Carol Yorston, sister of the groom, looked charming in her waltz length gown of pink taffeta with bolero jacket, pink gloves and bandeau of pink roses. She carried a nosegay of pink and white carnations. The groom was supported by Mr. Gordon Babineau, cousin of the bride. The soloist for this happy occasion was Mr. Joe Wootton who sang very effectively before the ceremony. "Immanus Land" and at the signing of the register "The Wedding Prayer."

The bride's mother chose for her daughter's wedding, a dress of grey flowered iridescent crepe with white accessories and corsage of pink carnations while the groom's mother wore a suit of beige tweed and beige accessories and corsage of yellow carnations. Messrs. David and Gordon Lavers brothers of the bride were ushers. Mrs. Myrtle Babineau aunt of the bride presided at the organ. After the ceremony a reception was held in the chapel hall for 50 guests.

The bride's table was tastefully decorated in pink and white streamers and white wedding bell and centered with a wedding cake topped with miniature bride and groom and flanked by pink tulips and pink tapers in silver candlesticks. The toast to the bride was proposed by Mr. Svend Christensen and responded to by the groom.

Mrs. Henry Parker presided over the tea cups, and those assisting in serving, were the Misses Jean Cousins, Marie Moore, Lois and Kay Babineau, Evy Lou Beirs Cheryl Smith, Mrs. Arthur Small.

Mrs. Earl Lavers, aunt of the bride, cut the ices while Miss Kay Lavers, the bride's cousin was in charge of the guest book. The happy young couple will reside in Charlottetown where the groom is employed at the Government Garage.



GRADUATES

Joan Hanlon, now residing in Cambridge, Mass., was a former resident of New Zealand. Miss Hanlon was among the thirty-nine graduates in the class of 1957 of the Mount Auburn Hospital School of Nursing. She plans to work at the hospital while attending Boston College in the fall. Miss Hanlon is the daughter of Mr. and Mrs. James A. Hanlon.

NEW LONDON W.M.S.

The monthly meeting of New London United Church W.M.S. was held at the home of Mrs. Ray and Mrs. Louis MacLean on Thursday evening, June 6th.

The meeting opened with the Worship Service led by Mrs. John MacGregor. Opening hymn was No. 574 followed by Scripture reading and a meditation entitled "Peace." Closing hymn was No. 235.

Dedicatory Prayer for our missionary was offered by Mrs. Frank Brown.

The business period followed. Minutes were read and approved. Roll call was answered by 16 members. Two visitors also were present. The Secretary reported 16 home calls and 1 hospital call made, and 33 cards and 19 treats sent during the month. There were 5 books read, a box of clothing is to be packed in the near future. The treasurer reported the Easter Thankoffering amounted to \$44.

Correspondence was read and discussed. A thank you card was received. The Studybook was presented by Mrs. Louis Campbell. Next meeting will be held at the home of Mrs. J. M. Campbell when the leader will be Mrs. Marshall Constable. Mrs. Morton Adams will have the Study Book and Dedicatory Prayer will be offered by Mrs. Sterling MacKay. The text word will be "Shepherd."

Collection amounted to \$16.90 and a Penny-a-week offering was \$1.79. A delicious lunch was served by the hostess.

RUN OVER TWICE

HAMILTON (CP) — Two-year-old Mary Kovacs is reported in fair condition after being run over twice by the same car Saturday night. Police said she darted into the street, was hit by the car and her arm pinned to the pavement. Passers-by shouted to the driver to back up, which he did, both rear and front wheels passing over the child.

Wife Preservers

If you make a list of things friends and relatives may say they "wish" they owned, you will not be at a loss for the gift to give them for birthdays or all Christmas.



CITY SLICKER

Here's a dress that will delight young career girls who are going to their first jobs in the city this year. It is designed in dramatic drape in junior sizes from five to fifteen. Immune to dust and grime the

frock retains a hand-box look through busy summer days. It comes in a choice of browns with black, navy with royal, and green with olive. A patent leather belt cinches the waist above a full skirt.

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Heinz "4-Variety" Cereal Pack is cellophane-wrapped to ensure freshness and ideal in size for storing at home or taking on baby's travels.

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