

Woman's Realm—Social and Personal—Fashions—Literature

ELLEN'S DIARY

By An Island Farmer's Wife

And now we come away from visiting in mind a distant Territory of Canada where a lad has been enjoying new experiences which as Jamie said "will be so pleasant to look back to in later years"—padding a canoe for lengthy miles along lonely Summer streams, angling once more by the light of the midnight sun. We return to an island where granite is a rare rock, where cliffs rise redly out of the encircling waves, and where today the same sun rose golden with promise of fair weather, over the quiet hills of morning, calling folks to resume the round that belongs to their workaday week.

It pleases us on occasion to come to ends of early choring, and thus it was that crow-call hailed us from the neighboring woodlands, that are part of the other farm, and a pair that mean "two-for-joy" flew nearer and towards an upland. Sly thievish rascals these birds become to us later when they descend awkwardly but surely to the yard to pick up a downy duckling or chick, but strangely welcome creatures at the moment, even gay harbingers of Spring.

And a chaty bluejay with a flash of bright wings that is pretty against the white of the surroundings, called a greeting from the old orchard trees on the slope to the rear of the house. "This is a great place for birds," Jamie observed at breakfast, "they nest all about. If we just had time I could show you a dozen nests from last year—and one, a swallow's is in the funniest spot! It's on a wire that leads in away up near the

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Cook's Corner

VEGETABLE SOUP

(without stock)

- 1 small slices salt pork
- 1 small onion
- 2 tablespoons flour
- 2 cups shredded cabbage
- 1 cup diced potato
- 1/2 cup diced turnip
- 1 cup tomato juice or canned tomatoes
- 1 cup diced carrot
- 1 cup pot barley
- 10 cups hot water
- Salt and pepper
- Cut salt pork in cubes and cook slowly to extract fat. Add finely chopped onion and brown lightly. Sprinkle with flour and blend well. Add prepared vegetables, barley, water and seasonings. Cover and cook slowly for 1 to 1 1/2 hours. Yield: about 12 cups.

Lenten Meditations

APPROVING THE

EXCELLENT

(The London-Times)

St. Paul tells the Philippian Christians of his prayers for them that they may "approve things that are excellent." He did not suggest that this approval need involve anything more than the mere giving of assent to their superiority, as one would decide between the qualities of this or that work of art.

For him approval implied much more than this; it had a more deeply personal and subjective connotation. To approve the excellent was to embrace it as the standard and ideal for the individual's own life.

In the Gospels the relation between seeing and doing, vision and act, knowledge and obedience, is utterly vital. It is possible to admire the life and teaching of Christ as one would look at a great medieval painting; to approve his ideals for human life; to be deeply moved by the spectacle of the crucifixion, and yet to be unaware of any direct challenge or any claim demanding a personal response; to admire, yet not to allow that admiration to lead to worship; to approve the highest, yet not to love it.

The well-known words of Ovid, "I see and approve the better course; I follow the worse," could all too often be applied to human conduct, so easy is it to fall into the error of thinking that to admire the good is of itself the guarantee of goodness.

Many freely admit that the only hope for the world lies in the acceptance of the Christian ethic, and yet are not prepared to make the personal response without which Christianity's creative and regenerating power cannot penetrate and operate freely in human life.

Obedience therefore is the key to knowledge and cleanness of vision. It is only as men "follow the gleam" which they describe, that the illumination of their path becomes brighter.

If the capacity for moral and spiritual discrimination depends in large measure upon the degree in which men endeavour to translate their understanding into the conduct to which it points, it would seem that the deed is more important than the vision, or at least that it is the condition in which alone the vision can be retained and clarified.

To approve the excellent implies the comprehension of what the excellent is, and in so far as a man has the spiritual capacity to recognize it, such comprehension is again the reward of following the highest as he sees it.

The Christian, then, needs to pray not only for the capacity for discrimination—that he may see clearly what is higher and what lower, but also for the determination humbly to follow the light which the life and teaching of Christ throw upon his problems and his day-to-day choices.

The Stars Say --

By Genevieve Kemble

For Tuesday, March 21

JUDGING by the predominant astral configurations it is advisable to take time to prepare a carefully-worked-out program, pol-

That Body Of Yours

By James W. Barton, M.D.

REMOVAL OF BIRTHEMARK

In the great majority of people the skin of the face is clear with no blemishes present. That is why the individual with a face blemish is always conscious of it, and may develop an inferiority complex. He avoids others and seeks seclusion in the home or the homes of friends or relatives. Fortunately, his druggist can supply him with substances that cover the blemish at special times, but naturally he wants to feel free to go anywhere anytime.

Because facial blemishes mean so much to the afflicted individual, various methods of getting rid of them are being used. The commonest form of blemish is the port wine birthmark (Naevus flammeus), and skin and beauty specialists for years have been trying to remove this mark without causing any scarring or disfigurement. Removing the mark by surgery and skin grafting is considered the "appropriate" treatment, but the facial blemish which remains a large area of pale grafted skin may be as noticeable as the port wine stain which it has replaced.

In "Surgery," Dr. H. Conway re-

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Morning Smile

ATTA GIRL!

A philosopher entertained a profound respect for the practical side of life.

One day, assisted by his son, he tried to lead a young heifer into his barn, grasped the animal's ear and attempted to pull from the front, while his father pushed with all his might and main from behind. But the stubborn beast refused to budge an inch.

In the midst of their pulling and hauling they were interrupted by a laughing Irish servant girl. Motioning the two men aside, she thrust a finger into the heifer's mouth, and the simple creature expecting to obtain nourishment from the proffered digit, obediently followed her into the barn.

"That night the philosopher gleefully wrote in his journal: "I like people who can do things."

icy, or course of action before becoming involved in a tricky or intriguing situation. An undercurrent of duplicity, treachery or enmity, based on misrepresentation, deviation from facts, should be deftly vanquished by sound tactics, persistent efforts. Common sense may avert enmity, perhaps fraud.

For the Birthday

Those whose birthday it is, may find themselves crushed in a curious set of circumstances, in which subtly, craft, envy, rumor and misrepresentation may perplex and seem to hold up important programs, in which calm judgment and insight are required to put over cherished ambitions. Keep alert to sinister or scoldid undercurrents, and tackle the involved situation with poise, self-possession and tact, although with forthright direction. Dispose of sinister rumors by above-board conduct.

A child born on this day, while straightforward and responsible, may be subject to subtle and sinister undercurrents born of envy and jealousy. Meet such vicious onslaught with sound sense and poise.

Engagement Announced



An engagement of much interest to friends in Nova Scotia and Prince Edward Island is that of Miss Velda Edna Dunning, formerly of Charlottetown, Prince Edward Island, and now of Halifax, daughter of Frank Dunning and the late Mrs. Dunning of Charlottetown, to Walker Leigh Moreash, son of the late Mr. and Mrs. Robert C. Moreash, of Bridgewater. Until recently Miss Dunning was a popular member of the Civil Service and served with the C.W.A.C. during the war. Mr. Moreash enlisted at the outbreak of war with the West Nova Scotia Regiment, serving five years overseas and gained the rank of Acting Captain. He is now employed as commercial traveller covering the province of Nova Scotia for Dunn Sales Limited of Montreal. The wedding has been arranged to take place in April. Photographs by Dodge

DOROTHY DIX SAYS -

Young Marriages

Couples Better Off Who Make Choice When Mature

DEAR MISS DIX: What do you consider the best age for boys and girls to marry? Don't you think that a better companionship and a more successful marriage result if they are united between 19 and 25 rather than from 25 up?



ANSWER: No. That very young marriages very rarely turn out successfully is amply proved by the fact that statistics show that the ratio of divorce among the young is far higher than it is among older people.

There are a million good reasons why boys and girls of 19 and thereabouts should not marry. One is that they do not know their own minds. Their taste in husbands and wives changes just as their taste in food and clothes and amusements changes as they grow up and mature.

HAVE NOT HAD PLAYTIME

Another reason why boys and girls should not marry is that they have not had their playtime. Still another reason that children in their salad days should not marry is because, unless they have inherited money, they have nothing to marry on, nothing on which to set up a home. No boy of 19 can make enough to support a family, and if he rushes into marriage before he can earn enough to keep his wife and children he simply passes on his responsibility to his poor parents.

No more idiotic theory was ever advanced than that an early marriage makes for a better companionship, and that a boy and girl who marry early will grow up together with the same ideas and tastes. For what we develop into depends upon what qualities Nature puts into us before we were born. Not upon whom we marry. The boy with brains is going to develop into an intelligent man. The girl who is a nitwit is going to be a nitwit as long as she lives. She isn't going to become a brilliant woman just because she married a clever boy.

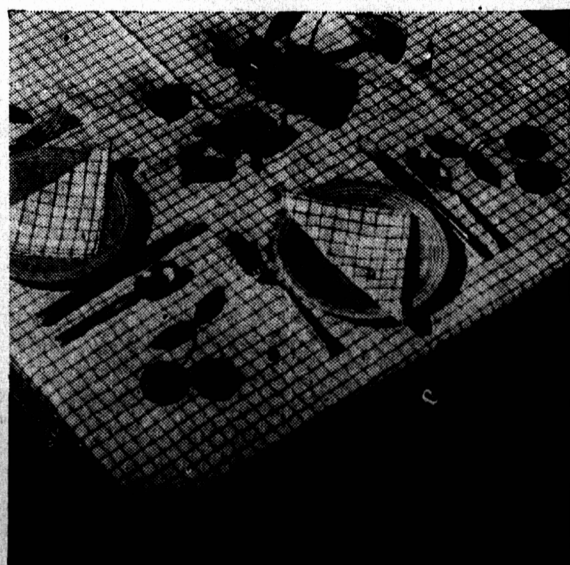
Far, far better for men and women to wait until they are mature before they select their mates. Then they can pick out one who will be a real companion because they know what they are getting.

DEAR DOROTHY DIX: My husband and I were married more than a year ago on a shoestring. He didn't even have a job and we have been living ever since with his family. His father and mother are in poor health and cannot afford to support us, but my husband makes no effort to get work. Sits around the house reading and gets angry when I tell him that he should get out and hunt up a job. He is killing my love and respect and I don't want that to happen. MRS. S. W. P.

ANSWER: Personally, I doubt if it is possible to galvanize a lazy man into action, but you might try it by telling him that if you are not worth working for you are not worth being his wife, and that you are going to leave him until he finds a job and supports you and the baby. If he is just one of the irresponsible kind, that may bring him to his senses and make him get out and hustle. However, if your husband won't work, you must. You can't be craven enough and heartless enough to sit idly by and let an old man and woman toil to provide you with food and clothes. And take my advice about giving the air to an able-bodied hus-

(Continued on page 14)

Hand Decoration for Luncheon Cloth



Colorful tablecloths always add cheer to a meal. Here's one way of decorating checked fabric to make an attractively bright cloth at a small cost. Applique circles of scarlet cotton at each corner for cherries and finish with green applique leaves and embroidery. These little hand touches, so easy to do, make a vast difference to your table linen. If you would like directions for making this CHERRY APPLIQUE LUNCHEON SET, send a stamped, self-addressed envelope to the Needlework Department of this paper and ask for Leaflet No. E 1372.

Pioneer Days

In P. E. I.

By F. H. MacArthur

We, who live in houses, sleep on comfortable beds and buy our food at the corner butcher and baker shops, think we are very fortunate folk. I wonder! Indeed, I often think that our existence is too mathematical and soft for perfect contentment. We lead a second-hand life. We are star boarders in the world. Nearly everything is done for us by somebody else. It was not so in the good old pioneer days. They did not have to go to movies or listen to the radio or read the newspaper to know of the adventure of living. No siree! In the first place, there were no movies, no radios and no newspapers to tell of thrilling adventures or moving accidents that befell real people in life. Adventures lay about their very doors, in the bosom of every river and stream.

They had their own methods of forecasting the weather and very good weather prophets some of the keenest observers were! A red sky in the morning warned them of approaching rain, as did the rainbow. Clouds which they nicknamed "mare's tails" also indicated a rainy day. A very bright-red sky at sunset indicated a fine tomorrow. Some of them looked to the flower children for sudden changes of weather, especially the pimpernel, which always closes its leaves just before a rainfall.

When they needed more heat in their homes, they helped themselves to vast stores of pine, maple, birch and beech—woods that were cut and dried over a twelve-month period.

Oil and coal are but poor substitutes for the old growth hardwood that went into crude iron stoves. Why the very odor of burning hardwood was something to talk about. The heat spread out in every direction, and there was no dirty soot for the housewife to clean up.

In front of every box-stove was

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Better English

By D. C. Williams

1. What is wrong with this sentence: "I subscribed to that magazine last year."
2. What is the correct pronunciation of "coral"?
3. Which one of these words is misspelled? Horrify, lullaby, liquify, liquidate.
4. What does the word "faux pas" mean?
5. What is a word beginning with di that means "to enlarge or expatiate"?
6. What is a word beginning with di that means "to enlarge or expatiate"?

ANSWERS

1. Say, "I subscribed for that magazine." 2. Pronounce the o as in on, not as in for. 3. Liquify. 4. A false step; especially an offense against social convention. (Pronounce fo-pas, o as in no, as in ah, principal accent on second syllable). "The hostess found it difficult to excuse such a faux pas." 5. Dilate.

Household Scrapbook

By Roberta Lee

Whipping Cream

Add one-fourth teaspoon of lemon juice to each cup of heavy cream to hasten the whipping. Be sure to have the cream and utensils thoroughly chilled, so as to prevent the mixture from turning butter. This is particularly important during the summer months.

Waterproof Wood

To render wood waterproof soak it in a mixture consisting of 6 parts boric acid, 3 parts ammonium chloride, 3 parts sodium borate, and 100 parts water.

Pink Underwear

The color of pink underwear may be restored by adding a few drops of mercurochrome to the rinse water.

Modern Etiquette

By Roberta Lee

Q. Is it proper to reply to a wedding invitation?
A. If the invitation is to the church alone, it is not necessary to reply. If, however, the invitation includes the breakfast or reception following the ceremony, then an immediate reply in writing—accepting or declining—should be mailed.

Q. Should an applicant for a position extend his hand in greeting the prospective employer who is interviewing him?
A. No; wait for the employer to offer his hand, if he wishes to do so.

Q. Is it ever permissible, when asked to pass food at the table, to help one's self first?
A. Never, unless urged to do so by the person who has asked for the dish.

How Can I!!!

By Anne Ashley

Q. How can I correctly soak wash?
A. Clothes are correctly soaked if the very soiled parts are rubbed with soap first, then soaked in cold suds if they are to stand overnight. Use hot suds if they are to be laundered before cooling.

Q. How can I keep white ivory toilet articles from turning yellow?
A. After the articles are cleaned, place them in the direct rays of the sun for an hour or more, and this will prevent their turning yellow.

Q. How can I vary the flavor of cornstarch pudding?
A. Add one or two tablespoonfuls of currant or raspberry jelly, just before setting aside to cool. This will add to the flavor and appearance.

CHILD CARE RULE

Doctors say that allowing a child to sleep with a nursing bottle in its mouth may result in facial deformity.

-Needlecraft-

— FOR THE HOME —

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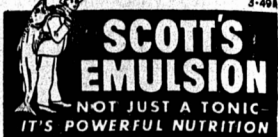
WANTS CIVIL DEFENCE RECRUITS

LONDON, March 19 — (Reuters) — Home Secretary James Chuter Ede Saturday night made a new appeal for civil defence recruits to reduce possible atomic casualties in any future war. Response to earlier recruiting drives has been disappointing, he told the National Federation of Civil Associations.



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