



HADDOCK FILLETS FRESH 29c
CHILLED LB.

COD FILLETS FRESH 19c
CHILLED LB.

BACON SUNSET BRAND 59c
FACTORY SLICED LB.

HAMBURG FRESH LEAN 59c
CHOICE MEAT 2 LBS. FOR

BEEF LIVER TASTY FRESH 29c
DEPENDABLE LB.

PORK ROASTS BARGAIN OF THE WEEK—P.E.L. 33c
DELICIOUS SHOULDER CUT LB.

CHUCK ROAST BEEF GOVERNMENT INSPECTED 29c
TENDER & JUICY LB.

ROUND STEAK TREAT THE FAMILY 47c
LEAN TRIMMED — ECONOMICAL LB.

SIGNALS ON! Shift to CO-OP SUPER MARKET and shop by the "T" system—"T" for Thrift and Tempting foods! For here are the stars of the food field—All America's favorite brands for quality and all-round good eating! Our lineup of these "All Stars" is as complete as it is varied. You never have to run in substitutes for the brands you prefer. And with our every day low, low prices, you're sure to score high in savings every time you shop here.

Quick Robin Hood Oats FOR ENERGY ROBIN HOOD
5 LB. BAG **53c**

GIVES FOOD A ZEST FRENCH'S PREPARED **MUSTARD**
6 OZ. JAR **13c**

WANT A TREAT? EATS LIKE FRESH **LOBSTER KOLD PACK**
BIG TIN \$1.69

DOWNYFLAKE **DO-NUTS**
PLAIN OR SUGARED DOZ. **39c**

The Meat of So Many Uses "PIC" **PORK LOAF SPECIAL**
12 OZ. TIN **39c**

Campbell's **Tomato Soup**
"Have YOU had your soup today?"
2 TINS FOR **25c**

Down-on-the-Farm **FRESHNESS** at Down-To-Earth **LOW PRICES**

Right off the farm—right on your table! That's our produce—for our vegetables have that real down-on-the-freshness that means flavorful goodness and vitamin richness. That's because they're rushed to our markets daily and placed on sale immediately. Pick your vegetables from our produce counters is the closest thing to picking them at the farm. At our low, low prices—they're nature's biggest food values.

CABBAGE LARGE 15c
SIZE EA.

PINK OR WHITE **GRAPEFRUIT** . . . 6 for 49c

FRESH, CRISP **CELERY** 2 for 35c

WASHED, LOCAL **CARROTS** 3 lbs. 23c

WASHED, LOCAL **PARSNIPS** 2 lbs. 19c

JELLO CHIFFON **PIE FILLINGS** 2 PKGS. 33c
FOR

WESTON'S—I LB. PKG. **COOKIES** CREAM FILLED LB. 39c

SCOTIA GOLD **APPLE JUICE** 2 12 OZ. TINS 25c

HEINZ—ALL KINDS **BABY FOODS** 3 TINS FOR 29c

WALTER'S PALM—TRULY GOOD **TOFFEES** BIG 1 LB. BAG — ONLY 29c

HEINZ—READY TO EAT **SPAGHETTI** 2 15 OZ. TINS 33c

PALMOLIVE—1c SALE **TOILET SOAP** 5 CAKES FOR 43c

BEST QUALITY BARBADOES **MOLASSES** 33 OZ. QTS. 3 FOR \$1.00

NIAGARA BRAND—28 OZ. **TOMATOES** 2 LGE. TINS 43c

CARRIERE CHOICE QUALITY **Peas & Carrots** 2 16 OZ. TINS 39c

CARRIERE—CHOICE QUALITY—20 OZ. **BEETS** WHOLE BABY SIZE—TIN 19c

DOUBLE SIZE BOTTLE—24 OZ. **KETCH'UP** NATION'S BEST EACH 37c

NATION'S GREEN TOMATO **CHOW CHOW** LARGE 24 OZ. 37c

OLD FASHIONED "NUTTY" **Peanut Butter** 2 16 OZ. JARS 59c

ALL FLAVORS JELLY POWDER **JELL-O** 3 PKGS. 29c

WHITE OR BROWN SLICED **CO-OP BREAD** LOAF 18c

McINTOSH RED APPLES
5 lb. BAG ONLY **33c**

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CO-OP SUPER MARKET
AN ISLAND STORE OWNED BY ISLAND PEOPLE

THE FINEST MEATS IN TOWN

WE SPECIALIZE IN THE FINEST FRESH FRUIT AND VEGETABLES

BIG ENOUGH TO SERVE YOU — NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

SALADA TEA SPECIALS

YELLOW LABEL 1/2 LB. PKG **TEA**
REGULAR PRICE 80c

WITH FREE PKG. LUSHUS JELLY POWDER **TEA BAGS**
SALADA TEA BAGS

YOU GET BOTH FOR ONLY **53c** PER OZ. ONLY **69c**