

## The Stars Say --

By Genevieve Kemble

**For Tomorrow**  
DO NOT discuss your problems with strangers or mere acquaintances this day, or you may have cause to regret your indiscretion later. This is particularly true where financial problems are concerned. In business or domestic affairs, stick to the routine. The day does not favor new ventures. The evening finds the stars in more friendly aspect, and any plans you may have made for relaxation or entertainment should conclude happily. Romance and courtship are also favored. A good time, too, to discuss travel and vacation plans.

**For the Birthday**  
If tomorrow is your birthday the next six months should bring you unexpected financial prosperity. Reliable advice from a prominent person can show you a way to reduce expenses, and his suggestions regarding your work may have an important bearing on your future welfare.

Your horoscope indicates a possibility of promotion. Fall with a corresponding monetary reward. Do not hesitate to put forth your ideas during this period, no matter how daring they may seem. Cooperation and appreciation are assured. Participation in community affairs may lead to special honors. A child born on this day will be vivacious, personable and fond of travel.

Oldest recorded ruling Welsh prince was Rhodri the Great, from 844 to 878 AD.

## Modern Etiquette

By Roberts Leo

Q. When a hostess passes cigarettes after a meal, is it permissible for a guest to smoke his own if he prefers to do so?

A. The guest should accept the cigarette offered by his hostess.

Q. Is it necessary to say "thank you" to the hotel doorman who holds the door open for you?

A. This is not exactly considered necessary but most certainly there is nothing wrong with any expression of thanks at any time.

Q. When children are planning a party to celebrate their parents' twenty-fifth anniversary, what kind of party should it be, and whom should they invite?

A. Make the party a reception, and be sure to invite THEIR friends, not just yours.

## Morning Smile

Extravagant

Two women were having tea together, and the hostess was indulging in complaints about her husband. He didn't come home early enough, he drank too much, he smoked too much, and so on. "And," she concluded, "he's terribly extravagant!" By way of proving her point she led her friend to the hall and pointed to a fire extinguisher.

"Look at that!" she said bitterly. "He just had to have that. He paid over \$25 for it—and he hasn't used it once!"

## Alice Brooks Designs



7028  
SIZES  
2-12



by Alice Brooks

## HERE'S A QUICKIE!

Jiffy sundress! Pinafore! Perfect for the sandbox set. Buttons down the back — opens flat for easy ironing. That cute duck embroidery makes it party-pretty.

Pattern 7028: Child's Sizes 2, 4, 6, 8, 10. Tissue pattern, embroidery transfer. State size. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

## Household Scrapbook

By Roberts Leo

**Brooms**  
Keep the brooms clean by dipping them for a minute or two into boiling soap suds. If this is done once a week it will keep them tough and flexible and will prove a saving in both rugs and brooms.

**Whiter Clothes**  
The clothes will be whiter when laundering them, if when boiling, a small quantity—about one tablespoon—of turpentine is used in the boiler.

**This Dough**  
If a piece of muslin is fastened tightly around the rolling pin, the dough can be rolled as thin as desired.

## ELLEN'S DIARY

By An Island Farmer's Wife

We talked of recipes with a housewife today, one who declared she was commencing to weary of "making the same old things in the way of cake"—and we smiled remembering that our special baking of the day had been according to no modern recipe but one which takes memory back to the "feudin' and fittin' days" of a century-long past and a first President of the U.S. of America . . . a Washington pie. Among the ingredients of sugar, eggs, baking powder, salt and flavoring we used a lot of shortening and a cup of mostly — cream with pleasing results. In fact it made — filled and iced — a nice topping for the supper of this and that which circumstance, and the cupboard provided.

So we shared with her which had been given to us by a youngish farmwife, one who in the war years had served at its work in a busy Canadian city. There as Fate would have it she married an Island lad and later they returned to settle on the soil of home and learn of its ways at close range on a farm. Not that for either it was an altogether new experience since both had been born and reared on Island farms . . . she is a calm low-voiced woman, capable, and of considered speech and ways; she is one who takes her farming seriously, studying well the various lines of it they follow and of enviable practical bent, she makes herself acquainted with the costs and gains of each endeavour.

The recipe date balls — a mixing that is more a confection than cookie, requires 2 well beaten eggs, 1 cup white sugar, 1-2 lb. date, salt, 1 tsp. vanilla, method: Beat eggs, add sugar and chopped dates, salt and vanilla — a few chopped walnuts added, gives extra flavor. Put one tablespoon butter in the frying pan, melt, add the above mixture and cook for ten minutes, stirring to prevent mishap. Cool. Add then 2 cups cornflakes or rice crispies, form into neat balls and roll in shredded coconut.

We were especially drawn to this recipe, because evidently it had been first shared with our farmwife by another good-hearted woman, there was a bright "good luck!" inscribed at its close.

Did we come as James had hoped to the scuttling today? Only briefly to catch again the familiar sounds of season we had known at the chore along the years: ripples of bird-song, dipping wings, distant crow-call, a blackbird's whistle and the sun warm and lovely about. We remember back to first makings of seed: the early whistles—a few drills for the summer eating, the red-so light in the yeast or sponge of the young years; the blues—a staple of winter. The Irish Cobblers then, sight and names of the others almost forgotten in the interest of growing these — and James regarding the seed, level on the floor of the cellar and carefully dusted with lime, a little anxious: "Do you suppose there are enough sets there, Ellen? Seems to me it's a mighty big piece we've left this year for potatoes!" And now so few we grow it was as we said "hardly worthwhile sitting down to the cutting."

"Corn planted? Yes, by a man and two lads this evening, when the shades of the sunset were dimming and the twilight was commencing to fade the green and red velvet of the fields of the farmlands as it moved gently into the depths of the valley . . . Another day, if fortune favors this family, the end of the seedtime will have been written at this place "in the road." A bit sadly we shall close the record of its days, remembering that nevermore this year shall we see James and the team at the seeding, Jamie at the harrowing, or Rob at the many duties of the cropping which were discharged so faithfully at his hand. To a new year we must look, one veiled in the distance, to return us again its season of engaging events.

Until tomorrow — Diary—Good-night . . .



Although Coronation Day is now relegated to the annals of history, in the words of Sir Winston Churchill, it remains as "a day which the oldest of us are proud to have lived to see and which the youngest will remember all their lives." Commonwealth peoples echo the hope of Britain's prime minister that "her reign shall be as glorious as her devoted subjects can help her make it."

## DOROTHY DIX'S COLUMN—

### Are American Girls Mercenary?

Young Man From Europe, Here 15 Months, Has Not Yet Met Lass From The "States"

DEAR MISS DIX: In my country young people in love don't care very much for money; they think true love is the best thing to insure happy married life.

What does the American girl want from a man? I've been in this country fifteen months, and am now in the Army. So far I haven't met an American girl, but I do understand that unless a young man has money, girls won't go out with him. I'm 21, and would like very much to know how to become acquainted with the young ladies here. Do you think my qualifications of good character, personable looks and good education would appeal to them?



Muriel Nissen

ANSWER: You have certainly been misled if you believe that our girls are concerned more with money than with good character. They are as much interested in love as girls anywhere else in the world. However, the fact that money is important to married life cannot be ignored. One may wax poetical and declaim that the world is well lost for love, but rent and food can be purchased with nothing but money.

## ENCHANTMENT OF DISTANCE

Perhaps, in your case, distance lends enchantment to the view, for

## That Body Of Yours

By James W. Barton, M.D.

### REMOVING INFECTION TO PREVENT HEART DISEASE

For many years the standing jest among our dentists and physicians was that the patient had had all his teeth removed but still had his rheumatism, or the patient had his tonsils removed but had developed heart disease.

Fortunately, these two sayings have gone by the board as more and more evidence is being presented by dentists and physicians of the disappearance of rheumatism and arthritis a few weeks or months, at least, after removal of infected teeth.

In the Journal of the Iowa Medical Society, Drs. L. E. January and E. O. Thelen report that in an analyzing 196 cases of subacute bacterial endocarditis (inflammation of lining of the heart), formerly always fatal now by the use of penicillin the recovery rate has risen from 0 to 74 per cent.

In this analysis, it was found that the majority of patients had underlying heart disease involving damage to heart valves resulting from rheumatic fever or from a defect at birth. Therefore, to prevent progressive irreversible heart damage, early diagnosis must be made and vigorous treatment started as soon as possible.

"Any patient with an organic heart abnormality who has a rise in temperature lasting a week should be thoroughly investigated for evidence of bacterial endocarditis. Penicillin, because of its rapid action in killing harmful organisms which cause endocarditis is considered to be the antibiotic of choice in treatment of subacute bacterial endocarditis."

Treatment should be continued for five to eight weeks and the convalescent period followed closely for evidence of recurrence or return of the symptoms. After the disease is under control, a thorough search should be made for foci of infection. Very commonly the teeth are the offenders. Removal of the poison from the blood

## Cook's Corner

### INDIVIDUAL SALMON PIES

Drained cooked celery may be substituted for the mushrooms.

Yield—six servings.

1 can (10 ounces) mushrooms; 3 tablespoons butter or margarine; 2 cans (approximately 1/2 pound each) salmon; 4 tablespoons flour; 1/2 teaspoon salt; 1/4 teaspoon pepper; few grains grated nutmeg; 2 teaspoons grated onion; 2 1/2 cups milk; 1 teaspoon Worcestershire sauce; pie paste.

Drain mushrooms and cut into thick slices; heat 1 tablespoon of the butter or margarine; add mushrooms and fry gently, stirring occasionally, until golden.

Drain salmon and break into large pieces.

Melt the remaining 2 tablespoons butter or margarine in a saucepan; remove from heat and blend in the flour, salt, pepper, nutmeg and onion. Gradually stir in the milk.

Cook the sauce, stirring constantly, until smoothly thickened.

Remove from heat and stir in Worcestershire sauce; gently stir in the mushrooms and any fat left on them, and the salmon; turn into 6 large individual baking dishes; dampen rim of dishes with cold water. Cover filling with rolled-out pie paste that has been slit to allow for escape of steam. Seal and crimp the edges.

Bake pies in a hot oven, 425 degrees, until pastry is cooked — 20 to 25 minutes.

is not enough. The infected teeth should be removed. If cure is to be obtained. Unless the infected teeth are removed, a recurrence of the heart infection is likely to occur because, as related of all infections, "the mill has closed down but there are a lot of goods left on the shelves that must be sold or removed."

I believe this testimony regarding the need of the removal of focal infection—teeth, gums, tonsils—to prevent return of the formerly fatal disease, endocarditis, should be taken at full value by our dentists, physicians and surgeons.

## Better English

By D. C. Williams

1. What is wrong with this sentence? "I subscribed to that magazine yesterday, so it's no use for you to question me farther."
2. What is the correct pronunciation of "vagary"?
3. Which one of these words is misspelled? Gazelle, gellatin, ghetto, generalissimo.
4. What does the word "imperativeness" mean?
5. What is a word beginning with er that means "to destroy utterly"?

## ANSWERS

1. Say, "I subscribed for that magazine yesterday, so it's no use for you to question me further."
2. Pronounce first a as in ah unstressed, second a as in gay, accent second syllable, not the first.
3. Gelatine. 4. Quality of being commanding or authoritative. "There could be no question as to the imperativeness of his command." 5. Eradicate.

## How Can I!!!

By Anne Ashley

Q. How can I make stronger buttonholes?

A. Baste a strip of cloth on the underside of the hem. Then cut and work the buttonhole through both the strip and the hem. Cut away the surplus strip. This will outwear the old method many times.

Q. How can I mend a lace cur-

## For Beauty And Abundance Lay Out Garden This Way.

Most home gardeners will agree that even a flower border is no more beautiful than a precisely laid-out vegetable plot, with crops growing in straight parallel rows, squared with plot boundaries, without a weed to be seen.

Not only beauty, but efficiency is gained by such a layout. One quick trip with a wheel hoe down the straight aisle between two rows will destroy hundreds of weed sprouts, in a fraction of the time required to cultivate a disorderly garden.

Rows should be spaced with varying distances between them, depending on two factors: The needs of the crop, and the convenience of cultivation. In rich soil vegetables may be spaced more closely than in poor; but when spaced too close together, it is difficult to cultivate between the rows.

Crops growing twelve inches tall or less may be spaced 10 inches to a foot apart if cultivated with hand tools. For a wheel hoe, eighteen inches is likely to be found a minimum distance to avoid disturbing the roots of the vegetables.

Taller vegetables and those that make vines, such as melons, and have a sprawling habit, must be given more distance between rows. In small gardens, 4 feet will usually be the maximum distance, given only for such crops as bush squash and cucumbers.

After you know where the rows are to be, a line should be stretched to mark the first row.

Some gardeners use a straight, narrow board as a ruler to mark the row. A heavy cord wound on an iron reel is handy, but any strong cord stretched between two stakes will do.

Using the corner of a hoe, draw in the soft soil a shallow trench with this line as a guide. This is known as a drill. Some prefer to use the end of the hoe handle rather



The End of a Rake or Hoe Handle Will Make a Shallow Drill

than the corner of the blade. Others have small hoes which they like; but it is more a matter of touch than the tool.

For small seeds such as radishes, onions, carrots, lettuce, and endive, a drill half an inch deep is enough. A little deeper for beets and Swiss chard, and an inch for peas, beans and sweet corn will be sufficient. Shallow sowing is preferred nowadays in the cool, moist spring, but make drills a little deeper when hot weather comes.

## Anne Adams Patterns

### FLATTERY FOR YOU!

Dream dress for scooping up sun—or dancing by moonlight. The neckline—a low curve! The bodice—filter lace! The skirt—all airy, floating grace! Sew this in eyelet with chambray, or cotton lace with organdy.

Pattern 4598: Misses' Sizes 10, 12, 14, 16, 18. Size 16 bodice and skirt yoke, 2 1/2 yards 35-inch; lower part of skirt, 3 1/2 yards.

This pattern is easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size Name, Address, Style Number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

tain so that it will not be noticeable?

A. A torn lace curtain can be mended by ironing a piece of starched net over the hole. This is a better method than stitching or darning it.

Q. How can I remove stickiness on the hands resulting from the handling of fly paper?

A. By rubbing with a cloth saturated with kerosene or gasoline.

### Cleaning Furniture

Finished oak or walnut furniture can be cleaned nicely by wiping with a cheesecloth wrung out of tepid suds of white napha soap. Clean but a small portion at a time, and rub dry with a flannel cloth before proceeding. Finish by applying a little good furniture polish.

clean flannel, and rubbing until the surface no longer feels greasy.



4598 10-18

by Anne Adams

I've switched to Borden's Evaporated Milk! My family prefers the flavor!



Don't let old shopping habits make you miss the true-to-milk flavor of Borden's Evaporated Milk!

Next time you shop, reach for the can with Elsie on it. . . find out what a difference there can be in evaporated milk!

Wherever you use evaporated milk . . . in coffee, on cereals, in cooking . . . you'll taste the improvement that Borden's true-to-milk flavor makes! Just try Borden's Evaporated Milk, and see for yourself!

If it's Borden's it's GOT to be good!

A MARITIME PRODUCT

Made by Borden's at Truro, Nova Scotia

Sonnet SENSATIONAL!

NATURE'S EMBELLISHMENT

Another GRENIER Creation

SATIN 1.00 NYLON 1.50