

LET'S EAT

One-Plate Luncheons Handy

By Ida Bailey Allen

Although it's still August, far-sighted women's committees are already meeting to discuss their fall plans. Their meetings are often followed by a relaxed luncheon based on a single food, such as a fruit plate, with an interesting sweetbread and coffee.

A fruit plate served last week at such a committee luncheon, which I attended, was based on Bartlett pears, now at their best, grapefruit sections and sliced bananas around a gelatin mold.

**Pear Medley Plate:** First make gelatin molds as follows: Stir 1 1/2 pkgs. lemon-flavored gelatin into 1 1/2 c. hot water.

When the gelatin is dissolved, add 1 1/2 c. cold water. Refrigerate until partially set. Stir in 1 1/2 c. cultivated blueberries. Spoon into 6 molds. Refrigerate 3 hrs.

When ready to serve, line 6 salad plates with lettuce. Wash, halve and core 6 Bartlett pears. Form 4 oz. cream cheese into 12 balls. Roll in flaked coconut. Peel 2 bananas and slice crosswise.

Arrange 2 pear halves on each plate. Put a cheese ball in each cavity. Unmold a blueberry mold on each plate next to pears. Arrange alternate slices of chilled canned grapefruit and banana slices on other side of mold.

Garnish with garden leaves. Pass sour-cream honey dressing (recently given). Serves 6.

**Sunday Dinner:** Dilled beet salad; roast beef au jus; pan-roast potatoes and carrots; lettuce tossed with herbs; sherbet bouquets with gingersnaps; hot or iced coffee or tea or milk.

**Sherbet Bouquets:** In deep glass dessert dishes or sherbet cups, put small scoops of cubes of three kinds of sherbet such as raspberry, lime and pineapple. Pass black raspberry or blackberry syrup as a sauce.

"Central European homemakers prepare an appetizing cold summer soup," observed the Chef. "The basis is sorrel or sour grass which grows wild here in the markets or can be bought in many places. For the soup to be at its best, the sorrel should not be overcooked."

**Cold Sorrel Soup:** Thoroughly clean and wash 1 lb. sorrel or enough to make 2 1/2 c. when chopped fine and packed down.

Add 1 tsp. salt, 1/4 tsp. each pepper and monosodium glutamate and 1 qt. boiling water. Boil 5 min.

Then beat 2 eggs lightly, pour half the hot sorrel mixture into the eggs, stirring constantly. Then stir back into the remaining sorrel mixture. Refrigerate.

Add 2 fine-minced scallions and 1 fine-chopped hard-cooked egg. Serve ice cold in cups. Top each with 1 tsp. commercial sour cream. Serves 6.

**Tomorrow's Dinner:** Cold sorrel soup; fish steaks saute with tomato sauce; baked potatoes; green peas; peach crisp; hot or iced coffee or tea or milk.

**Salad trick of the Chef:** Fill a salad bowl with shredded or cut lettuce. Over the top, sprinkle 1 tsp. each chopped chives, fresh mint and parsley. Toss with non-sweet French dressing.



THE L. P. McMURRAYS AND PARTY

Double Ring Ceremony  
Frank Fleiger As Soloist

St. Peter's Church was the scene of a wedding of interest when Rev. R. G. O'Donnell, C.S.R., united in marriage with nuptial mass, and the double ring ceremony, Pearl Theresa Gallant, daughter of Mr. and Mrs. John J. Gallant, and Louis Patrick McMurray, all of Saint John. Charles McIvor was the organist and Frank Fleiger the soloist.

The bride's attendants were Miss Dorothy Gallant, as maid of honor and Miss Marjorie Gallant and Miss Jacqueline Gallant, as bridesmaids, all sisters of the bride. The flower girl was Beth McNamara, the bride's niece. Frances L. Quinn was best man and the ushers were John McNamara, brother-in-law of the bride and Edward McDonald.

The bride given in marriage by her father, wore a satin and lace floor length gown fashioned with

a scalloped neckline and bouffant skirt of lace and tulle over a hoop, the long sleeves falling to points over the hands. Her headdress was a tiara of pearls from which fell a short veil edged with lace to match her gown and she carried a cascade bouquet of red roses with trailing rosebuds.

The bride's attendants wore street length gowns fashioned alike. The maid of honor wore lime green taffeta and the bridesmaids yellow and shrimp. The necklines of the gowns were trimmed with folds of nylon and net. They wore crinolines under the bouffant skirt. And broaded shoes and bandeaus in colors to match their gowns. They carried nosegays of carnations in tinted shades also to match their costumes.

The flower girl was attired in a light blue taffeta dress. She wore a headband of flowers and carried a basket of tinted carnations.

The mother of the bride wore a pale blue lace over taffeta dress, pink hat and pink gloves and a corsage of pink carnations. The groom's mother, a sheath brocade beige and bronze dress, mink fur and a corsage of Talisman roses.

Following the ceremony a reception was held in the Admiral Beatty Hotel. A toast to the bride was proposed by Rev. R. G. O'Donnell, C.S.R., and responded to by the groom who proposed a toast to the bride's attendants to which the groomsmen replied. The guest book was in charge of Miss Susan McMurray, sister of the groom. Upward of 100 guests were present.

Later the couple left for a honeymoon trip to Prince Edward Island. For travelling the bride chose a pale blue silk shantung dress with white hat, shoes and gloves, and a corsage of blue and white carnations. She carried a shrimp colored coat.

The bride is with the N.B. Telephone Co. Ltd. The groom is employed with the Department of Transport Air Service Branch.

Out-of-town guests were Mr. and Mrs. Daniel Henneberry, Halifax; Mr. and Mrs. Patrick Conway, Montreal; Mr. and Mrs. Leo Peters, Miss Isobel Storey, Mr. and Mrs. D.E. Gallant and Jackie Peters, Charlottetown, P.E.I. and Patrick Byrne, Seven Islands, Que. The Gallant family were formerly of Charlottetown. They now reside in Saint John.

COOK'S CORNER



DATE NUT LOAF

1 cup of dates, cut fine  
1 level teaspoon of baking soda  
1 scant cup boiling water  
(dissolve soda in boiling water and add to dates).  
Add 1 cup of brown sugar  
1 tablespoon butter  
1 egg  
1/2 cup cut walnuts  
vanilla  
1 1/2 cups of flour  
Bake 45 minutes at 325 degree temperature.

MORNING SMILE

"If you want another day off," snorted the office chief to his small office boy. "I'm anxious to hear what excuse you have this time. You've been off for your grandfather's funeral four times this year already."  
"Today my grandma's getting married again," said the youngster.

ANCIENT RUINS

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HOLMES AND BRADLEY

can be classed as one of the arts. But it's the only one which affects everybody," says Mrs. Brown.

She suggests that anyone who is thinking of furnishing a home should begin by collecting cuttings from magazines and newspapers. The next step is to seek expert advice, which, she says, can be got free of charge. Most large stores and drapery or carpet stores employ interior decorators who will work out color and furnishing schemes as part of the service to customers.

"Even those living in isolated areas can seek advice from magazine home furnishing experts," she adds.

Most interior decorating courses today now include a section on psychology because it is important that the personalities of the home owners be used as a guide to the furnishings.

Keep your eye on fashion trends in women's clothes if you want to know what the trends in furniture are going to be, advises Mrs. Brown.

The present slim, tall look has, she thinks, been entirely influenced by the Parisian slim, tall look in women's fashions.

For the future she predicts a return to romance in furnishings. "For so many years furniture has been functional. I think we can look for more beauty and more curves in furniture in the future and softer colors," she says.

HOUSEHOLD HINT

Wash children's play clothes soon after they're soiled. Dry sweaters on a hanger. Do not iron corduroys.

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