WEAK AND.... PUNY CHILDREN

Become Strong and Healthy by using Dr. A. W. Chase's Nerve Food.

Children are frequently left weak and sickly as an after result of measles, scarlet fever, etc., and in this state are easy prey to nervous disorders, rickets, spinal disease, or consumption, diseases which do not affect robust, healthy children.

The blood is weak and watery and the nerves improperly nourished. Feed the blood and nerves with Dr. A. W. Chase's Nerve Food, and the pale, pinched faces will soon become rosy and plump, and tiredness and weakness will give way to strength and animation.

Mr. E. W. Day, 62 Close Avenue, Toronto, writes: "My eldest daughter, aged eight, became very much run down. Her fretful, nervous, sleepless condition greatly alarmed her parents. She was taken from school, and in spite of the best nursing, the thin, weakened, bloodless face grew painfully worse. Fortunately we used Dr. Chase's Nerve Food. An improvement became apparent in a few days, it continued, and in a few weeks she returned to school built up anew, and greatly to our joy fully restored to health."

Dr. A. W. Chase's Nerve Food, 50c. a box, at all dealers, or Edmanson, Bates & Co., Toronto.

ADVICE ABOUT

Spice.

When ordering a package Pepper, Ginger, Allspice, Cinnamon or Cream of Tartar from your grocer you can always feel sure of securing the best quality by asking for : : :

Mott's

Hub Cafe

Re-opened

Meals and lunches served at short notice. Also a choice line of Cigars, Cigarettes and Ginger Ale. Open from 7 a. m. till 12 p m.

Don't forget the place next door to R. B. Norton's Hardware store.

...Hub Cafe

Are You Satisfied WITH YOUR FOOTWEAR?

You want to have nice looking boots that will fit well and wear well.

You've often been disappointed i'll warrant.

Well, I know something about boots—I've been a practical shoemaker for over twenty years.

I've a nice store stocked with all the popular makes. I know whether a boot is good or not; I don't say it is, if it isn't.

I would like you to call and examine my stock.

JOHN T. BELL

GREAT GEO. STREET.

NEAR QUEEN STREET.

N. B.—Best sole leather—English Uppers and shoe findings in stock. Laces wholesale and retail—Cheapest place to buy them.

White's Caramels and Snowflake Chocolates

Can be had at any of the following first class stores:

T. J. Morris
D. L. Hooper
W. Pickard & Co.
W. A. Hutcheson
W. F. Carter
Stewart & Gates
Sanderson & Co.
Beer & Goff

Haydn and His "Creation."

In 1808 a grand performance of the "Creation" took place in Vienna. Haydn was present, but was so old that he had to be wheeled in a chair to the theater. This was the last time he ever appeared in public, and a most impressive sight it was to see the great master listen to the "Creation" of his younger days, but too old to take any part in the performance. His presence aroused intense enthusiasm in the audience, which could no longer be suppressed, as the orchestra burst into full power in the superb passage, "And there was light."

Amid the tumult of the excited audience the old composer was seen striving to raise himself. Once upon his feet he mustered all his strength, and in reply to the thunderous applause cried as loud as he was able:

"No, no! Not for me, but," pointing to heaven, "from there—from heaven comes all!" saying which he fell back, faint and exhausted, and had to be carried from the room.

Unfortunate Cretans.

Even in ancient times to be born a Crete meant a life of misery and hardship. They were then as abject a race as they are now. Epimenides, as quoted by St. Paul, said, "The Cretans are always liars and evil beasts." In the Levant to this day to say that a man is a Crete is by no means a compliment. The island is inhabited by people who speak the Greek language and hold the Greek faith. They have inherited the beauty and, to a certain extent, the heroism of their immortal ancestors. They are acute, genial and comely in their manners; the humblest barefooted peasant girl holding her distaff under her arm and spinning by the roadside, exactly as described by Homer, had a profile as perfect, a form as graceful and an address as courteous as though she were some princess in disguise.

New Zealand Birds.

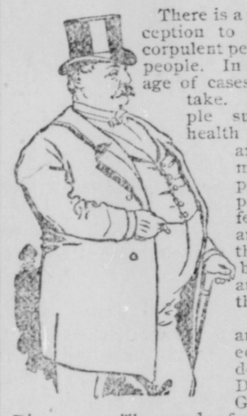
As for birds, I have never heard more beautiful melodies than are poured downward from the boughs of New Zealand trees. One could almost believe from the notes which come flooding down from yonder golden songster that Siegfried's bird had come here to dwell when his mission was ended near the Drachenfels. His song ends with the setting of the sun, and we, weary of the outer world, find it pleasant to return to our comfortable inn, and, sitting by a roaring fire, gaze into its glowing depths, or out, through open windows, upon the silent majesty of these eternal snows.—"Islands of the Southern Seas," M. M. Shoemaker.

Only One Way.

An exchange tells a story of a judge who could not control his temper and so could not control other people. One day there was unusual disorder in the courtroom, and at last the judge could endure it no longer.

"It is impossible to allow this persistent contempt of court to go on," he exclaimed, "and I shall be forced to go to the extreme length of taking the one step that will stop it!"

There was a long silence; then one of the leading counsel rose, and with just a trace of a smile inquired, "If it please your honor, from what date will your resignation take effect?"



There is a popular misconception to the effect that corpulent people are healthy people. In a large percentage of cases this is a mistake. Corpulent people suffer from ill-health just as much, and sometimes more than thin people. Like thin people they suffer from illnesses and disorders that are caused by indigestion and torpidity of the liver.

There is a sure and speedy remedy for ills of this description. It is Doctor Pierce's Golden Medical Discovery. Thousands of corpulent people who need this medicine have failed to take it because of its world-wide reputation as a blood-maker and flesh-builder. They imagine because it has an established reputation for building up the flesh and strengthening emaciated people, that it will make corpulent people more corpulent. This is a misconception. The "Golden Medical Discovery" builds firm, healthy flesh but does not raise the weight above a natural normal figure. Unlike cod liver oil, it does not make soft, flabby flesh. It builds solid, healthy flesh but tears down and excretes the weak, half-dead tissues that constitute corpulency. It makes the appetite keen, the digestion perfect, the liver active, the blood pure and the nerves steady. It cures all blood and skin diseases. An honest dealer will not offer a worthless substitute for the sake of extra profit.

"I got a cancer on my tongue and had it cut out," writes Peter J. Krocker, of Inman, McPherson Co., Kans. "I consulted fifteen different physicians without deriving any benefit. At last I turned to Dr. Pierce's Golden Medical Discovery. I presisted in its use and my health is better than ever before. Formerly every accidental wound I received would fester and would not heal. Now, such lacerations heal themselves."

Cure — always. Gripe — never. Doctor Pierce's Pleasant Pellets for constipation and biliousness. Constipation is the cause of many diseases. Cure the cause and you cure the disease. One "Pellet" is a gentle laxative, and two a mild cathartic. In obstinate cases use the "Discovery" in connection with the "Pellets." Druggists sell them.

Jones—How's Wheeler getting along since he bought a bicycle? Brown—On crutches, I believe.—London Fun.

Blobbs—Did you spend a pleasant vacation? Slobbs—No; my wife attends to all the spending.—Philadelphia Record.

Stranger—I would like to see your bill collector a moment. Editor—Certainly. John, hand the gentleman that shotgun.—Atlanta Constitution.

Jazlin—Whose make is your watch? Brazlin—The fellow who sold it to me, I guess. He made about $20 on the transaction.—Roxbury Gazette.

No, Maude, dear, the tailor would scarcely make a good matrimonial agent, although he does press other people's suits for them.—Philadelphia Record.

"I am moving to-day because I could not pay the rent!" "That's first-rate, I am moving for the same reason; let's change quarters!"—Fliegende Blaetter.

Miss Planephace (exhibiting her photograph)—Everybody says it does not do me justice. Miss Pert—Evidently the artist is a man of tact.—Boston Transcript.

"What do you think of your engagement ring?" "Your dear, sweet old boy, it's the handsomest I ever had—I mean I like it ever so much."—Chicago Times-Herald.

"They must be having electrical storms at home," said Mrs. Harley, reading a letter from her sister. "Jane says they are having shocking weather!"—Harper's Bazar.

Mrs. Brown—You really must join our sewing circle. Mrs. Jones—My dear, I haven't the time to spare. I have to do so much mending for the children.—New York Herald.

The bashful one—They say that there are bacilli on a woman's lips. I wonder what they are like? She (encouragingly)—Why don't you try and find out?—Syracuse Post.

Customer—A loaf of bread, please. Baker—Five cent loaf or ten cent loaf? Customer (precisely)—I will take one of the loaves that you sell for five cents—Somerville Journal.

Yeast—I never saw such a man as Jumply. He seems to get a new trunk every month. Crimsonbeak—Yes; he changes his boarding place every thirty days.—Yonkers Statesman.

Boatman—No, mister, I can't let you have a boat now; there's a heavy swell just coming along. Irate 'Arry—Swell be hanged! Ain't my money as good as his?—Boston Globe.

The Complaining Boarder—This meat is about the toughest I ever came across. The Philosophic Boarder—Yes; but then, there is very little of it, you know.—Boston Transcript.

A maiden writes: "Can you tell me how to change the color of my hair, which all the young men tell me is red?" Certainly we can. Get rich, they will then call it golden or auburn. —Erie Messenger.

And, speaking of the cup, the colored gentleman was not far wrong when he said: "Good name for dat boat ob ours, Missey. She done keep all de udder boats off, so she's de fender!"—New York Recorder.

"If I were only pretty," she sighed. "You can easily become so," said her best friend. "How?" "Disappear mysteriously. I never heard of a girl who disappeared mysteriously who was not pretty."—Chicago Post.

Angry pedestrian (picking himself up)—The next infernal scoundrel—O, I see! It was a man on horseback. Never mind, sir, it didn't hurt me. I thought it was one of those darned bicyclers." —Chicago Tribune.

Hortense—I suppose there is always some thing in life to spoil a man's happiness. Van Jay—Yes; if a man is poor he can't be happy, and if he is rich the chances are he will get married.—Brooklyn Eagle.

Woman—I want to buy a book for a little Boston boy. Have you anything you can recommend? Clerk—Yes, ma'am. We have just received "Jack and the Beanstalk" in words of five syllables.—Judge.

Miss Dashgirl—I thought you told me you could swim. Caddie Fopley—I—cawn, I assuah you, in s-some places, but the water is so ducedly thin here, I don't you know, that it woan't hold me up.—Boston Courier.

Mrs. Minks—Isn't it queer that such a little bit of country as England can rule such a vast amount of territory? Mr. Minks—Well, I don't know. You're not very big yourself, my dear.—New York Weekly.

He—I don't think there is anything much finer than to have a beautiful yacht. She—I'm surprised at you. Haven't you considered a beautiful wife? He—Oh, yes, but I mean on the ground of economy.—Harper's Bazar.

Edwards—Brown's system reduces horse racing to an exact science. Richards—Does it? Edwards—Yes. In order to tell how much money a man will lose it is only necessary to know how much he has.—Brooklyn Life.

SOME ODD HAPPENINGS.

Lately, near Berlin, a young lady fell from an express train while endeavoring to close a window. She will probably die.

A chapel measuring 9x12 feet will shortly be erected on Mount Blanc, 10,000 feet above the sea level.

Last year thirty-three persons in London lost their lives by the explosion of coal-oil lamps. In twenty-five cases the lamps were glass lamps, and it is therefore proposed to prohibit their sale and use.

In France it is a punishable offense for any one to give infants under one year any form of solid food, unless such be ordered by written prescription signed by a legally qualified medical man.

The Mahometan clergy denounce electricity as a damnable power.

A servant girl at Vienna attempted to commit suicide by a novel method. She undressed and then poured boiling water over herself; being interrupted in this she tried to throw herself from a window. And now she is in her proper sphere—the lunatic asylum.

The smallest clock in the world was on exhibition lately in a jeweler's show window in Gottingen, Germany. The dial measures less than one-third of an inch in diameter and the weight which furnishes the motive force for twenty-four hours is suspended from a woman's hair.

L'Independence Belge says that a young Hungarian military doctor named Bela Skarvan has been condemned by court-martial to three months' solitary confinement, to the confiscation of his property and the loss of his doctor's diploma, and to degradation to the rank of a private because in a letter to the military authirities he ventured to express his aversion to military service.

That Troublesome Thirst.

Thirst is constant these warm days. It seems impossible to quench it.

Ordinary drinks seem to aggravate rather than satisfy it, and too much liquid is bad for the stomach and general health.

Abbey's Effervescent Salt

makes a cooling, refreshing, healthful beverage. Take a teaspoonful in a tumbler of water two or three times a day and you will not be worried by thirst or heat. It is the most healthful and palatable beverage you can use during warm weather. Sold by druggists everywhere at 60 cents a large bottle. Trial size, 25 cents.

IT... CERTAINLY

Never pays to carry an unreliable watch. You never know the time and and are constantly missing appointments on that account. We set

Reliable Watches Only

We don't care to handle anything else.
Call and give us the verdict of your inspection.

W. N. TANTON
JEWELER

--Men's and Boys' Clothing--

Tisn't--- Ordinary

Values that we wish you to see when we ask you to look at our Ready-to-Wear Clothing. Ordinary values you can see anywhere, but it's a saving of at least 35 per cent. on your purchase. How can we do this? Because we bought the goods that much less, at the Doull and Gibson great retiring sale, and we give our customers the benefit of the low price paid for the goods. We always make it a rule when we bought at a bargain to sell at a bargain.

J B McDONALD & CO
LEADERS IN LOW PRICES.

Now is the Time

to secure that dinner set you have been talking about so long.

Now we have the daintiest we ever had, nice delicate patterns and beautiful shaped dishes you could desire to have, and oh so cheap. Call and see them before they are all gone.

OUR TEA SETS

are also beautiful, and cannot be beaten either in quality designs. We have just received another case of jet black teapots, magnificent ones they are too. Come in and see our stock, you surely will find what will suit you. Bear in mind we make a specialty of dinner sets, tea sets, ond toilet sets.

W. P. COLWILL,
WHOLESALE AND RETAIL. THE CROCKERY WARE MAN

Linen ...Collars

2 for 25 cents

BEST VALUE ....IN THE CITY

—AT—

D. A. BRUCE'S.

BLACK SOX----
3 PAIRS FOR 25 cents

D. A. BRUCE,
MORRIS BLOCK

Fly Time

Wire Screen Doors
Wire Screens for Windows
Green Wire Cloth
Spring Hinges and Catche

Simon W. Crabbe,
Walker's Corner STOVES & HARDWARE