

How Can I!!!

By Anne Ashley

Q. How can I facilitate the pulling of threads from linen?
A. Before pulling the threads, run a damp cloth along the line where the thread is to be pulled. The thread will pull easily while the cloth is damp.
Q. How can I avoid an awkward and messy job when melting chocolate?
A. Place the chocolate on a piece of waxed paper and allow it to melt by putting it over the top of a boiling tea kettle. The chocolate will readily run off the waxed paper.
Q. How can I utilize the short ends and scraps of candles?
A. Put them all together in a small cotton bag, and use on ironing day to keep the irons from sticking.

That Body Of Yours

By James W. Barton, M.D.

THE UNSELFISH WORK OF ALCOHOLIC ANONYMOUS

A couple of years ago I attended an open meeting of Alcoholics Anonymous at which a wonderful speaker was given the address. The speaker, about a half dozen, of the local group of A. A. all spoke briefly and introduced themselves by saying, "I am an alcoholic" — not an ex-alcoholic; their fight against alcohol is renewed every morning as they pray to a Higher Power to be kept strong enough to resist alcohol for just that one day. The speaker of the evening spoke for over an hour and not a single member of the audience moved until he finished his address. I have been writing recently about the new attitude of physicians and of the public generally toward the alcoholic, that there is something about his make-up, something that he lacks, that tempts him to drink. When this lack (constitutional inadequacy) is discovered and uncovered for him it plainly, he realizes that sometime, before or after he was born, circumstances arose that rendered him prone to drinking alcohol, as others are prone to rheumatism, tuberculosis or other disease and also to accidents.

Household Scrapbook

By Roberta Lee

The Sewing Machine

Oil will not soil material after a sewing machine has been oiled if a small piece of ribbon, string, or absorbent cotton, is tied tightly around the needle bar near the point where it grips the needles.

Cleaning Furniture

Badly soiled furniture can be cleaned by washing with soap and water, to which has been added two or three tablespoonfuls of kerosene or turpentine. Then rub dry with a soft cloth.

Apples

Rub a little glycerin over apples and they will keep longer. The glycerin can be washed off when you are ready to use the apples.

Shoe Stains

Oil and grease stains can be removed from brown or tan shoes by applying lemon juice.

COLGATE'S NEW DEODORANT



Veto gives you DOUBLE PROTECTION!

Checks Perspiration Quickly - Effectively Stops Offending Odor Instantly - Safely

Washes easily, quickly. Mild, gentle for normal skin, safe for clothes.

27¢ and 49¢ STAYS MOIST IN JAR

Kelly-Peters Wedding Group



Mr. and Mrs. Russell Kelly photographed with their attendants during their reception at Keppoch Beach Hotel following their marriage at Saint Dunstan's Basilica. Left to right Mr. Harry Forestell of Saint John who was an usher, Mr. J. Duffy, an usher, and the groomsmen Mr. Gordon Kelly, the groom and his bride, the daughter of Mrs. Abram Peters and the late Mr. Peters, Mrs. Harry Forestell of Saint John who was her sister's bridesmaid, and Mrs. Henry Peters, a bridesmaid. Garnham Photo.

Modern Etiquette

By Roberta Lee

Q. When bowling ten pins is it correct to proceed down the runway and deliver your ball while someone on the lane next to you is delivering his ball?
A. This is thoughtless and unsportsmanlike conduct. The thing to do is decide between you who will deliver his ball first, and usually the person to the right has the right-of-way.
Q. Should a woman wait on a short distance, or should she wait with her escort while he is paying the taxi fare?
A. She should wait with her escort.
Q. To whom should a bride give preference as maid-of-honor at her wedding?
A. To her sister; otherwise, her most intimate friend.
Q. What should a girl say when being introduced to a young man?
A. "How do you do?" is sufficient.

Cook's Corner

BUTTER TOFFEE CHOCOLATES

1 can sweetened condensed milk 2 cups brown sugar, 1 can corn syrup. Boil to soft ball stage, stirring constantly. Before pouring add 1 tablespoon butter and 2 teaspoons vanilla. Set well then roll into balls then dip by using rolling needle into 2 parts chocolate and 1 part parawax. Let them dry on waxed paper.

BAKED PEARS

6 pears 1/4 cup chopped candied ginger or raisins 1 tablespoon lemon juice 2 tablespoons sugar 3/4 cup boiling water. Wash and core pears. Place in a casserole dish, fill centres with ginger or raisins and pour lemon juice over fruit. Dissolve sugar in boiling water, pour around pears and bake in a moderate oven, 350 degrees F., until tender, 50 to 70 minutes, basting twice with syrup during cooking. Serve hot or cold. Yield: six servings.

DOROTHY DIX SAYS—

Useless Emotion

Woman Asks How She Can Rid Self Of Jealousy

DEAR MISS DIX: I am having a terribly jealous streak that is making me do foolish things and putting wrinkles in my face. My husband works with a very attractive and sweet girl. I know she is crazy about him and he likes her, but I am sure I'm the one he loves. Lately she has been waiting to walk home with him and that is what has got me all roused up. It makes me so resentful toward him that I don't treat him right. A couple of times I have shown my jealousy of her by letting loose and he just thought me silly. How shall I treat this situation? I hate this being jealous, and I hope you can knock it out of me some way or another. MRS. S. A.



ANSWER: You are the first green-eyed woman I have ever encountered who realized that jealousy made her do foolish things, so perhaps you can cure yourself. The only remedy for jealousy is an application of common sense to the situation.

LOOK AT PROBLEM CALMLY

Now, being more level-headed than most women, suppose you look your problem in the face and try to deal with it sanely instead of hysterically. In the first place, calmly decide what real cause you have for jealousy. Because your husband works with a pretty and attractive girl is no sign that he is in love with her. The world is full of pretty and attractive girls, but not every man who meets with one falls for her. The fact that your husband chose you out of all the world for a wife should prove to you that you are his type, and until you have strong evidence to the contrary you are justified in believing that he still prefers you to any other woman. Nor have you any proof that the girl is in love with your husband. Because you are in love with him is no sign that every other woman is. My advice to you is to try to realize that in a world that is full of men and women you can't protect your husband from temptation; you can't segregate him from attractive women. The only way you can possibly have any happiness is by trusting him and not letting the thought of these other women keep you worried and stirred up. If he has not enough love for you to be faithful to you because you are the only woman in the world for him, and if he has not manhood and loyalty enough to be true to you, then he isn't worth a single jealous pang, much less putting wrinkles in your face.

DEAR MISS DIX: How can I decently end an engagement with a young lady? I have deliberately and politely asked for my liberty but to no avail. I have rushed other girls she disliked but it did me no good. I have done everything I know how to make her angry so I could make my getaway, but she doesn't get visibly angry just hurt and sad. The situation is one that calls for drastic measures and I am at my wit's end to know what to do. Can you suggest a decent and honorable way out? FRED

ANSWER: I should think that the thing to do would be to just come out flat-footed and tell the girl in plain and unmistakable language that you do not love her, and that you do not intend to continue on page 9

Morning Smile

Too True

Teacher—When water turns to ice, what is the greatest change that takes place? Jimmy—The Price.

For Convenience

A Maharajah was showing a friend round his place. "Why three swimming pools?" the friend asked. "Well, you see," replied the maharajah, "one is a hot water pool, and the second a cold water one." "But the third one is empty!" exclaimed the friend. "Oh! that," returned the maharajah, "is for friends who can't swim!"

Prove It

A man answering an ad for a chauffeur's job was being examined by the car owner. He was asked if he traveled much to other states. "Yes sir," replied the prospective chauffeur. "All right," said the car owner, handing him a map, "let's see you fold it."

Better English

By B. C. Williams

- 1. What is wrong with this sentence? "This is the kind of a book I like."
2. What is the correct pronunciation of "posse"?
3. Which one of these words is misspelled? Incarnation, incandescent, incarceration, incapacitate.
4. What does the word "confidant" mean?
5. What is a word beginning with el, that means "to make manifest"?

ANSWERS 1. Omit a. 2. Pronounce posse, s as in on, e as in me unstressed. 3. Incarceration. 4. One to whom secrets are confided. (Accent last syllable). "He made a confidant of his brother." 5. Elucidate.

ELLEN'S DIARY

By An Island Farmer's Wife

The reins — ah, but there never was any puzzlement over getting them in place! Now lead her out from the stable to the wagon, one has already drawn from the coach-house. "Where shall I find it?" Jamie has asked of a saw or hammer. And "likely up in the coach-house" we have replied, getting for a moment that we are into a new era of living, and names once common about farmsteads have become obsolete in the passage of time. "Coach-house! Jamie has echoed the word, puzzled until we explain "No, the coach-house now means — the pigsty!" And now comes "the feat of arms", when the animal is to be entered between the shafts. We were amused at the thought of this only recently, when a young woman discussing the equality of the sexes declared with obvious feeling "A woman is every bit as smart and capable as a man!" And giving both sexes due respect, we wondered if she had ever successfully held a pair of wagon shafts high with one hand and backed her steed accurately into place with the other.

Better for the weaker of the sex to leave them lie and by trial and error back the creature in place, then with soothing "Whoas!" lift the shafts and slip them quickly into their keepers. Fasten the traces... into which opening of them? Oh dear... a moment of indecision... and then, into the one most worn of courses! Now tie the hitched animal to a convenient post until you change into your choice of gowns. Draw on your second best hat at a decorous level, pick up coat and gloves, make mental calculations about the family supper, put out the cat, close the door — throw feed to the fowls "in case" and you are ready to set off. But deary, deary, see that you have a bit of change for collection and as you drive down the lane and enter a friendly country roadway, look beneath the seat to be sure you have taken the tie rope. And then, flushed a little it is true, but giving a long sigh of relief — remembering to drive to the left — and with pleasant anticipations you are off driving to a meeting of the W. I. in those days of long ago!

With little effort on our part, we were conveyed to our first meeting at a neighboring farm-house in the family machine, from whence we came home in one so noiseless the entrance did not disturb James, then into his rest in the room above the kitchen. When we presently "cuddled doon" beside him, he roused to murmur in a surprised voice: "Is that YOU, Ellen? Why, I never heard you come in!"

And how are the affairs of our farming progressing these days? Encouraging we find them. Today a lull in the harvesting because of recent showers and lowering clouds gave the farmers time to attend to the seasonal fencing... about stubbles where presently the cows will be turned to graze and along the field of roots to protect it from prowling hogs. There have been some additions to our herd in recent weeks, the latest being a promising calf. A buying of pullets as well, assures us of a supply of eggs for home consumption in the colder months to come. "Here are pullets' eggs for you!" granddaughter came in today to unload her treasures "this pocketful is for you, and this one here is for my mother!" These purchases came from a man who keeps the North of Ireland accent on his tongue, despite a number of years of Island living. A city worker this is, commuting thither from his farm in the suburbs, and an avocation he enjoys in his spare time. Interested too in politics, but only as such interest could contribute towards the betterment of country and community, and our standard of living.

"Now let's look at it this way!" unfolds some well considered points. And for an understanding and helpful partner and mother of his three, an ex-school ma'am. "I know all about that!" James chuckled — a James whom the shadow of official Autumn is riding hard these days! "Until tomorrow — Diary — Good-night."

The Stars Say --

By Genevieve Kumble

For Thursday, September 28

WHILE this may prove to be a particularly lively and exciting day, it is probable that the activities, impulses and urges may be disruptive and disintegrating.

MUSTARD IN PICKLES IS A FLAVOUR TREAT!

Autumn... and the sweet smell of pickles envelopes the kitchen... all made more delicious by the magic of Colman's mustard to keep their promise of a taste-treat for you. For free recipe book, "Culinary Art", write to Reckitt & Colman (Canada) Ltd., Station T, Montreal.



NEW WAY TO MAKE MASHED POTATO IN 1 MINUTE



No washing! No peeling! No cooking! No mashing!

Actually in one minute, with practically no work at all, you can now serve your family mashed potato that "melts in your mouth!"

Just get a remarkable new food product called French's Instant Potato—now at your grocer's. Then do this:—

Wait until your dinner is ready to serve. Then, bring some salted water to a brisk boil, add milk and French's Instant Potato, according to simple directions on package. Stir for a few seconds until potato has thickened to desired consistency; add butter and whip until light and fluffy. That's all—1/2 cup makes 4 to 5 servings of delicious mashed potato, at only a few cents a serving.

There are many other uses for French's Instant Potato. Try it as a topping for Shepherd's Pie; in white sauce; as a thickener for gravy, stews, etc. You will find French's Instant Potato in the canned vegetable section at your grocer's. Try this magic new product today!

-Needlecraft- FOR THE HOME -

LOVELY LINES This is the popular "covered-up" type dress, seen so much this season in crepe and new lightweight wool. Figure-molding tucks, shaped midriff, V-neck — all are subtle means of flattery. No. 2274 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 18, 3 3/4 yards 39-inch or 2 1/2 yards 54-inch. Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address. Address: Pattern Department, The Charlotte-Town Guardian.



Name Address City Province

rather than constructive. It is likely that some sort of smothering or smothering blow may be felt in the romantic or sentimental associations. A disruptive and scattering force felt in personal relations may have radical reactions on other departments of activity. It is advisable to consider carefully all sudden change, or moves.

If It Is Your Birthday

Those whose birthday it is, may find themselves on the brink of a sudden crash, break-up or severance of old ties, relationship or environments — far-reaching, drastic and of prime consequence. While the elemental move may concern the romantic, social, domestic or other close ties, a general furor or upheaval may find reaction on all activities and interests. It might be advisable to "stop, look, and listen" before undertaking any such revolutionary step. Strategem, anew management or subtlety might save the day. A child born on this day, while prone to drastic action, quick to break ties and contracts, lively and energetic, has a well deep funds of subtlety and sagacity to win its way out.

The name to look for



Lux Toilet Soap advertisement featuring a woman's face and the text "You're adorable!" and "I'm a Lux Girl" says VALLI. Includes a box of Lux Toilet Soap and the text "9 out of 10 Screen Stars use it — Lux Girls are Lovelier!"

Morning Smile section containing various short stories and puzzles, including "Too True", "For Convenience", "The Stars Say --", "MUSTARD IN PICKLES IS A FLAVOUR TREAT!", and "Better English".

Long-Time Bakery Contest Winner at Stanley Fair advertisement featuring a woman's face and text about Fleischmann's Yeast and Mrs. Sansom's win.