Woman's Realm..

Household Scrapbook

By Roberta Lee

Oil Stains on Rugs

If there are oil stains on the rug the best way to remove them is to dampen a cloth with gasoline and begin rubbing around the edge of the stain, working toward the middle and changing to a clean portion of the rag as one part becomes soiled.

Paper Napkins

Try using a soft paper napkin with a bit of polish on it to give a high luster to the furniture, the next time you are dusting. It saves quite a bit of time and gives pleasing results.

Sugary Jam

Jam that has become hard and and sugary can be made almost as good as new by placing it in the oven until the sugar melts. Then take out and put aside to cool.

LITTLE CHICK GIFT TOWELS

DESIGN NO. E-709

Little chicks at work and play, add a gay note to gift tea towels. Hot iron transfer pattern No. E-709 contains 7 motifs 4 by 5½ to 6½ by 7 inches each with complete instructions.

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That Body Of Yours

By James W. Barton, M.D.

CLEANSING TEETH AFTER EATING SUGAR PREVENTS TOOTH DECAY

As I am a great believer in the energy-giving effects of sugar, know how I liked candy myself as a youngster, and remember the hours of play made possible after school by eating a slice of bread and butter covered with brown or white sugar, I feel sorry that our highest rseearch workers in dentistry show definitely that sugar is the greatest single cause of tooth decay.

The sugar left on the surfaces of teeth works fast in causing decay but if the teeth are brushed or mouth rinsed out immediately after eating sugar, decay can be prevented. This is on the authority of Dr. Massler, Professor of Pedodontics (care of children's teeth), College of Dentistry, University of Illinois.

In "The Journal of the American Dental Association," Dr. Leonard S. Fosdick, Northwestern University chemist, states that tooth decay can be reduced 50 to 60 per cent by the relatively simple process of brushing or rinsing the teeth immediately after eating.

Dr. Fosdick's report on the benefit of immediate brushing of the teeth after eating is based on a two-year research study conducted by a group of dental investigators among 946 men and women students at Simpson College, University of Louisville and Drake, Emory (Georgia) and Northwestern (Illinois) Universities. During the test period, an experimental group of 523 students brushed their teeth with a neutral tooth paste 10 minutes afer eating, or if that was impossible, rinsed their mouths thoroughly with water. The other 423 students served as a control group and merely continued their usual mouth hygiene habits, most of them brushing their teeth upon arising and before retiring.

X-ray examinations at the end of the first year revealed that the experimental group had developed an average of only .8 new cavities compared with 2.2 new cavities for the control group, a reduction of 63 per cent. At the end of the second year, X-ray examination revealed that the experimental group had 60 per cent fewer new cavities than the control group.

Instead of trying to prevent children from eating sugar and candy, it would perhaps be better for parents to see that their children rinsed out their mouths after eating sugar and candy.

EATING YOUR WAY TO HEALTH

Be sure you are getting the all-round daily diet for your type of build, occupation, etc. Write today for Dr. Barton's handy booklet on this subject entitled "Eating Your Way to Health." Send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

How Can I!!!

By Anne Ashley

Q. How can I avoid making tucks in the sleeves of garments for growing children?

A. Run a piece of very small linen tape through French seams on the insides of the sleeves. Fasten it at the wrist and at the armhole, then draw up the tape to the desired length and tie at the armhole. Sleeves can thus be shortened or lengthened as desired.

Q. How can I prevent cracking of linoleum when rolling it?

A. Do not try to roll linoleum for storing until it has been placed before a fire for a few hours and has become thoroughly warm. Otherwise it is sure to crack.

Q. How can I make better doughnuts?

A. When frying doughnuts, put a few whole cloves in the kettle of fat, and it will produce an added flavor.

The Stars Say --

By Genevieve Kemble

For Friday, May 26

UNDER highly stimulated forces and faculties, with physical as well as mental energies keyed to high purpose, it would be a splendid time to make a direct, practical plan and policy for future action or for developing major objectives All factors and influences are ripe for pressing to advanced goals, in which the collaboration and capital of others is vital.

For the Birthday

Those whose birthday it is are advised to give serious thought to plans in organization of prospects and objectives of more than passing significance. The energies and mentality are equal to the development of detailed techniques for major plans. The mind is versatile and brilliant. The physical drive is unusually potent at this time for probable change, new issues, cherished ambitions, or working with others toward rich fulfillment.

A child born on this day is equipped for forceful, energetic, practical and intelligent carving of an important and brilliant career.

Better English

By B. C. Williams

1. What is wrong with this sentence? "Do you wish cream put in your coffee?"
2. What is the correct pronunciation of "Palestine"?
3. Which one of these words is misspelled? Comptroler, commutator, competitor, ammeter.
4. What does the word "momentary mean?
5. What is a word beginning with re that means "a dreaming or musing"?

ANSWERS

1. Say, "Do you want cream put into your coffee?" 2. Pronounce the i as in time, not teen. 3. Comptroller. 4. Continuing only a moment. "Her happiness was only momentary." 5. Reverie.

Modern Etiquette

By Roberta Lee

Q. Is it obligatory that relatives and friends send gifts to a newly engaged girl?

A. Not at all. Of course, it is perfectly all right and is sometimes done, but there is nothing obligatory about it. Usually the receipt of the wedding invitation is time enough for gift-giving.

Q. Should a letter of application be written by hand or typewritten?

A. If possible, it should be typewritten—and, of course, signed by hand.

Q. May the person who is pouring tea hold the cup in her hand while filling it?

A. No; the cup should be placed on the saucer or tea plate before filling it.

Cook's Corner

CHICKEN RICE CASSEROLE

1 can cream of chicken soup
1 can water
¼ teaspoon salt
½ cup uncooked rice
½ cup diced celery
1 medium onion, sliced
1½ cups cooked chicken, diced
3 medium carrots, quartered
1 green pepper (optional)

Empty soup into large bowl, mix in water thoroughly, a little at a time. Add salt. Combine with rice, celery, onion, chicken and carrots and green pepper.

Place mixture into greased casserole. Cover and bake for 45 minutes in moderate oven (350F). Stir once or twice during baking.

Don't Neglect Slipping

FALSE TEETH

Do false teeth drop, slip or wobble when you talk, eat, laugh or sneeze? Don't be annoyed and embarrassed by such handicaps FASTEETH, an alkaline (non-acid) powder to sprinkle on your plates, keeps false teeth more firmly set Gives confident feeling of security and added comfort. No gummy, gooey, pasty taste or feeling. Get FASTEETH today at any drug store.

Morning Smile

The city girl was on her first visit to the country. She was anxious to show that she was not altogether ignorant of rural conditions, and when a dish of honey was set before her on the breakfast table she saw her opportunity. "Oh," she observed carelessly, "I see you keep a bee."

Pancakes! Doughnuts! Gingerbread! They'll melt in your mouth! FREE booklet gives new recipes. Write Church & Dwight Ltd., Sun Life Building, Montreal.

Music Festival Winner

Receiving the highest marks of the entire festival, St. Peter's A. Y. P. A. of Charlottetown, received 88 and 80 for their singing of the two selections in class 17, in which they were the only entry. — Smith Photos.

DOROTHY DIX SAYS -

Bachelorhood

Miss Dix Lists Advantages, Drawbacks Of Single State

DEAR MISS DIX: What are the advantages of being a bachelor? What are the disadvantages of being one?

J. B.

ANSWER: The principal advantage of being a bachelor is that you are free. You can come and go as you please. You do not have to punch the home time clock. You do not have to rack your brain thinking up alibis when you stay downtown to play poker with the boys. If you want to stay at home of an evening and read, well and good. If you want to step out, also well and good. You are your own master.

You can spend your money on yourself. You can blow it in for a new car or glad raiment or put it in the savings bank. You do not have to see the dollars you have toiled for so hard go for groceries and coal and doctors' bills and baby clothes and millinery.

CAN TAKE MORE CHANCES

Kipling says "he travels the fastest who travels alone." The bachelor can give up a poor job on the chances of getting a better one. The married man can take no such risk. The single man has many doors of opportunity opened to him that are shut to the married man. He can go to many places to which he could not take a family.

These are some of the advantages that the bachelor enjoys. Some of the drawbacks are that, while he is free, even freedom has a pricetag on it that often makes it cost more than it is worth.

It is true that he can go and come as he pleases without meeting any reproaches when he returns, but that is because nobody cares whether he ever gets back or not. True, he can spend his money on himself, but after he has bought himself a few garments and a car, what else is there for him to buy? A family costs a lot, but it is the best old-age insurance in money and happiness that any man can take out.

In every human heart the dominant desire is for love and companionship and for somebody to belong to you. The married man has these and the bachelor lacks them, and that is what makes marriage a paying proposition.

DEAR MISS DIX: I have a fine husband and do not regret marrying him ten years ago, but after I had to ask for carfare, money for a wave or manicure, I just started padding the bills. It seemed simple and saved argument. There are thousands of other women doing the same thing. We do it willingly, for the most part, because we love our men, and if they are willing to spend their money on the grocer and the butcher instead of giving it to their wives, why not put it that way? Ask husband to give us an allowance, you say? Just try it.

C. R. K.

ANSWER: I have tried it. For years I have been nagging husbands about giving their wives allowances, and trying to make the poor, dumb creatures see not only how unfair and unjust they are to expect a wife to work for her board and clothes, but also to realize how it humiliates a woman to have to go like a beggar to her husband for every cent she spends, and how it outrages her sense of justice never to have any of the money that she earns given her as her right instead of as a gratuity.

Men know they wouldn't like to be dependent on the most generous father in the world, and that they would die of self-contempt if they had to ask every morning for a little carfare or the price of a package of cigarettes and know that they couldn't pay their share of any little treat, but they think that being of the feminine persuasion just naturally gives a woman the soul of a parasite.

DEAR DOROTHY DIX: I am 30 years old and am the sole support of my father, a brother 22 and a sister 19. Both my brother and sister are capable of working and taking care of themselves, but they are too lazy to do so. I am engaged to a splendid girl, but they protest against my marrying her. Shall I marry the girl and leave my brother and sister to take care of my father as well as shift for themselves? Or shall I break off the engagement?

SID

ANSWER: You are doing your brother and sister harm in making parasites of them instead of forcing them to stand on their own feet. Marry your girl and leave them flat so that they will have to either work or starve, but as they are, young and inexperienced, you should help them to support your father.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

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ELLEN'S DIARY

By An Island Farmer's Wife

To a new endeavour we came yesterday, which brought us to this home of our girlhood by the Strait, and when we stop to consider it, not at all a task but rather a labor of love. With other daughters of the house, Ellen's mother and Ida—a young matron from a neighboring village, brisk and merry and very willing—we came to assist a small woman here, undaunted yet in spirit, but a bit weary in her years, to attend to the affairs of her seasonal housecleaning. In our listing of helpers, while we remember the adults, we do not forget "Mu" sister to Ellen and others of the grandchildren, kindly and considerate always in attending to their grandparents' bidding, who came and went on various—and varied errands.

• • •

And what are these sisters like—two more of them now grandmothers in their own rights? Cut, we think, and fashioned pretty much alike off the same web, and trained, if they so inclined, in an industrious school of house-keeping, where it was always considered an error in judgment to enjoy any personal and perhaps more likeable interests, before every last note of dust had been captured. It was and is a place where one can still learn many of the arts that go to make a house a home, and as well the requisites of good living. "D—n!" one of the number experimented with her vocabulary today, when an untimely move with a step-ladder gave her a barked shin. And a voice that has not aged spoke up sharply with "Your mother never taught you the like of that!" No, never "the like of that!" It is a fine thing for children to be able to look back to reverence parents' teachings and example, through the years until suns have forever set to "Honor thy father and thy mother." Not altogether that our "days may be long in the land" but better still to try to repay, though it can be only in small measure, the vast debt we owe.

• • •

We think now, as a light-house sends its beam along the lonely waters of the Strait and stars twinkle in the night-blue above, of those of older generations, the parents restricted by times and circumstance in many a direction who acquitted themselves even brilliantly at their task of child-rearing. Not that we would for a moment submit that they reared a better generation of children than the present, but we marvel over that past way of living which required, indeed exacted, respect from the youngest to the oldest member of their family . . . James will have it that this decline in parental authority came about when some ambitious woman "left off calling her husband 'Mr.'" thus knocking the head of the house off his venerated pedestal and lowering him to a plane where the children could spar with him!, which may contain more truth than we suspect. In any event there has been a distinct lessening of authority, noticable because it seems to be the rule now rather than the exception.

• • •

We recall an occasion at Rob's in our winter holding of office there, when the Gage-fellow a likeable child, dimpled back at an order from his father with "I don't want to—I won't!" and went merrily on his way. And Mr. A. neighbor to them, a gentleman of the old school of child-rearing—and likely because of it—commented reprovingly "My, my that will never do! I never never said the like of that to my father, even when I was grown and gone to a home of my own!" "And why didn't you?" we queried curious to know wherein lay the charm of that older generation of parents. "Why, I dont know" he smiled "perhaps it was because we were taught from the very first to obey and respect them. Oh no, we weren't disciplined — or only infrequently when some alarming issue came up, but we knew we were expected to do what we were told with no questioning about it. They knew better than we. I doubt if we were scolded as much as the children nowadays. "Yes" he said, "parents weren't read up on child psychology then, but all the same they had a very good knack of rearing their children. Looking back I can't see that they made many mistakes."

• • •

And so in a body of cleaners, we decorated the old home of our girlhood—ceilings and walls . . . . But, ah me, bed-time is here!

Until tomorrow—Diary — Goodnight.

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Rub 1 teaspoonful of Colman's mustard in powder form into your roast before placing it in oven and taste the difference! For free recipe book, "Culinary Art", write to Reckitt & Colman (Canada) Ltd., Station T, Montreal.

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OBTAINS DIVORCE

EL PASO, Tex., May 21 — (AP) — Marion Hargrove, author of the book about Second World War experiences, "See Here, Private Hargrove," was divorced May 11 in Juarez, Mexico, court officials there said Saturday. The suit was filed May 10 by Hargrove's wife, Alison Bird Hargrove, and alleged incompatability.

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