

W.C.T.U. NOTES

THAT EXTRA JOB

Sometimes in a factory there comes in what is called a "rush job", which has to be done as soon as possible and when that happens everybody gets on to it.

But what would you say, if in a situation like that, everybody worked harder than ever, put in extra time, and in the end got extra results than before?

Do you know what the heart does? It is really a muscle and acts as a pump. It contracts and expands and as it does this, it sends the blood through the arteries and the veins all through the body.

Whenever we work hard, we need extra food and extra oxygen and so the heart has to work harder, pumping more quickly and vigorously.

If the heart is to do its work, it needs to be able to supply more blood, with more food and oxygen, more quickly in an emergency.

There is something which makes the heart beat more quickly—and yet at the same time stops it from doing its work properly.

Alcohol in beer, wine, whisky and these intoxicating drinks affect the heart in just the way we have said. It makes it beat more quickly, so that people really think they are doing more work.

At the same time alcohol stops the heart from doing its work properly. So the result is that the heart works harder to do less work.

Sometimes footballers and oth-

Mt. Stewart Local Teachers' Convention

The Mt. Stewart local teachers' convention opened in Mt. Stewart school on Thursday, August 28th, with the president, Mr. Warren MacGuirk, in the chair.

After the minutes of the last meeting were read and approved the following committees were appointed:

Nominations: Theresa Handrahan, Gerard Fraser and Lorraine Coffin. Resolutions: Sister Margaret Marie, Mrs. Malone and Mary McGregor.

The supervisor's address was given by Mr. Brehaut. He drew comparisons between the well-kept school and the poorly-kept school.

The afternoon session began with an address by Dr. L. W. Shaw, M.A., who dealt at some length with the teaching of "Science".

During the next period a very interesting and profitable Language demonstration was presented by Sister Margaret Marie, which portrayed to the teachers how interesting they could make their language teaching.

Love and discipline—Yes. Hate and discipline—No. The subject of teaching English was then dealt with by Miss Helen Yeo.

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more, that problems should be of a familiar type, and smaller numbers should be used for trial work-outs.

The questions for discussion were taken up at this point and each received careful consideration.

The annual convention was re-commenced at 9:30 a.m. on Friday by the roll call after which the minutes of the previous day's meeting were read and approved.

Mr. Royston Mugford spoke on "Music in the Rural School". He stressed how easy it is for teachers to teach pupils, especially the younger ones, the simpler forms of music and singing even if they themselves are not so talented.

Some of the questions presented in the morning had not received attention due to lack of time. The first portion of the afternoon session, therefore, was taken up with the discussion of those questions which had not been answered.

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Bristol and Vicinity

Miss Frances Sinnott was a visitor to the city on Saturday, September 13th.

Mr. John R. O'Brien has arrived home from Halifax, N.S., on sick leave. He is having trouble with his knees at present.

Mr. John Frost arrived here last week and many gardens and potato fields show the effects of his visit to this vicinity.

It is learned with regret that Mrs. Earl Burke, who moved to Montreal to reside, has been in very poor health during the summer.

The Government dredge that was brought back here from Rustico some time ago returned to Rustico again after doing the needed job.

Several cars loaded with men and boats arrived here on Sunday afternoon for a last ditch battle with the trout. The season closes on September 15th.

Mrs. Clarence O'Brien left on Tuesday morning, September 9th, for her home in Boston, after spending a short vacation with her parents, Mr. and Mrs. James Whalen.

Mr. Ernest Blaxland, who has been on a dredge in Nova Scotia all summer, has put his home here up for sale as he has other plans in the making.

Mr. John F. MacDonald was a business visitor to the city on Saturday, September 13th, seeking employment.

Mr. and Mrs. Grover Coffin have returned from a very pleasant vacation trip to Ottawa travelling by car, they report a wonderful trip. Mr. Coffin is a C. N. R. section man here.

Mr. Doug McEwen of the Co-Operative Store staff here has been replacing Mr. MacDonald at Tracdale who has been on the sick list for some time.

The store in this vicinity, known as McMillan Brothers, has been taken over by Mrs. Carrie MacDougall, a sister of the McMillan boys.

Miss Mildred Jay has arrived from Toronto for her vacation with her parents, Mr. and Mrs. J. B. Jay. Miss Jay has scores of young friends here who are very pleased to see her around again, even for a short stay.

Friends here of little Teresa O'Brien, daughter of Mr. and Mrs. W. A. O'Brien, will be glad to learn she is much improved in the hospital at Charlottetown where she was rushed on Wednesday evening, September 10th, after she was very suddenly taken ill.

Mr. Ernest Tobin, who has been serving as extra man on the C. N. R. section here for many years, part time, has received an appointment to a regular position at Capdigan, starting at once. His friends are pleased to see Mr. Tobin get a position after so long a wait.

It is learned from Mr. and Mrs. Reginald MacDonald that they received several offers for their property here this summer, or at least for the large building built some years ago for a combined house and boat building shop.

Everyone seemed to be Scotch here on Monday night, September 15th, as the now famous Lads and Lassies Band appeared here at the community hall for the first time. Dazzling costumes and smart dancing along with the music of the pipes, brought a big hand. A great many here never saw such a band before and hope they will soon come back again.

The work of repairing the large church at the entrance of the old church grounds at St. Andrew's Catholic Church here, has been completed. The arch, built of cement, was erected some years ago on the one hundredth anniversary of the late Bishop McEabern, and has been almost ready to fall for quite some time.

Mr. A. McKenzie, proprietor of the Morell Garage, and who also keeps a station wagon for hiring out, took a load of friends from here to Tignish on Thursday evening, September 11th, on a sad mission—to attend the wake of the late Mr. Eugene McDonald. The axle of his station wagon broke and Father McKenna, who had gone up in his own car for the funeral, came to the aid of the stranded and loaned Mr. McKenzie his car for a return trip.

TOUCHY TASK. CALGARY (CP)—The fire department has turned the job of rescuing cats up poles over to the electric light department. Deputy Chief Barney Lemieux explained "It's a disagreeable job because you never know what a cat will do."

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Georgetown and Vicinity

Mr. Arthur Jenkins was a recent business visitor to Charlottetown.

Mr. Herbert George has returned home from a visit in Saint John, N.B.

Mrs. Fred Allen recently visited with relatives in Trenton and New Glasgow, N.S.

Mr. William Hughes, M.L.A. of Souris West, spent several days in Georgetown recently and while here he visited various points in the district.

Mr. John George of Saint John, N.B., is paying a short visit to his former home in Georgetown, where he is the guest of his parents, Mr. and Mrs. H. P. George Sr.

Miss Adele Fitzgerald, who is employed with the Simpson Agency in Charlottetown, was a recent visitor to her home in Georgetown.

Mr. McLellan of the Department of Health and Welfare, Charlottetown, was a business visitor to Georgetown on Wednesday, September 10th.

Mr. J. W. Lavers, Deputy Prothonotary of the Supreme Court, is at present on his annual holidays and his duties are being performed by Mr. A. E. Jenkins.

Officer Cadet Charles MacDonald of the Canadian Navy, whose home is in Mt. Stewart, was a recent guest of the Misses Nellie and Sarah MacPhee.

Mayor P. L. Boudreau, accompanied by Councillors Guy Hemphill, Raymond Solomon and John D. Goyell were business visitors to Charlottetown on Wednesday, September 10th.

Mrs. S. C. Knight has returned to her home in Georgetown from a visit with her daughters, Mrs. (Dr.) Clayton George of Lunenburg, and Miss Enid Knight of Toronto, Ont.

Mr. Mervin McInnis of Elliotville, who was principal of Georgetown High School last year, left a few days ago for Antigonish, N.S. where he will study at St. Francis Xavier University.

Mr. Richard DeLory left on Thursday, Sept. 11th for Halifax, N.S. where he will enter Nova Scotia Technical College to continue his studies for his Bachelor of Engineering Degree.

Friends of Miss Leona Blackett, daughter of Mr. and Mrs. Sterling Blackett, are pleased to hear that she is progressing favourably following an operation in the Kings County Memorial Hospital in Montague.

Officer Cadet Cullen DeLory, who has been stationed at the Royal Canadian Air Force station in Summerside during the past few months, arrived at his home in Georgetown on Thursday, September 11th. Cullen will leave in the

East Baltic and Vicinity

Miss Arlene Robertson, Kingsboro, is at present employed in Charlottetown.

Mr. Nick McMillan motored from Ottawa to spend his holidays at his home in Elmira.

Mr. F. J. Robertson, Red Point, was a business visitor to Charlottetown recently.

Mr. Harold Landry, Montague, was a visitor to Souris September 10th.

Mr. and Mrs. Alvah Ching and son Sterling, and Mrs. William Ching, Red Point, were recent visitors to Charlottetown.

Mr. Nick McMillan motored to his home in Elmira from Ontario, where he will spend some time with relatives.

Mr. Lorne Johnson of McGowan's Motors, Montague, was a business visitor to Red Point and North Lake September 10.

Mr. and Mrs. Kenneth MacGregor, Kingsboro, were visitors Sunday, September 7th, to Charlottetown.

Miss Florence Bruce returned to her home in Red Point, having spent some time visiting with relatives in Fredericton and vicinity.

Mr. and Mrs. Vernon Fraser, Charlottetown, attended the Eastern King's Exhibition September 10th.

The Rev. H. R. Bell, retired pastor, preached a sermon in the Kingsboro Baptist Church on September 7th.

Mrs. John Young, accompanied by Mrs. Spencer Llewellyn, Montague, visited Red Point September 10th.

Friends of Mrs. Roy McLaren, Bothwell, regret to learn of her illness and all hope for a complete recovery.

Mr. Alban McDonald, Little Harbour, spent some time at carpentry work at the home of Mr. Charles Ching, Red Point.

Congratulations are being extended to Mr. and Mrs. Kenzie Doucette of Rollo Bay on their recent marriage. They are both well and favourably known as near future for St. Francis Xavier University in Antigonish, N.S. where he will resume his engineering studies.

Mr. Harry Yorston and Mr. Billy Murphy have returned from a week's visit to Nova Scotia and throughout Prince Edward Island during which time they visited such points of historic interest as the Halifax Citadel, the Evangeline Memorial Park, Grand Pre, N.S., Fort Anne at Annapolis Royal, N.S. (site of the first permanent white settlement in Canada), and Fort Beauséjour, Aulac, N.B. The trip covered in all approximately 800 miles. During Mr. Yorston's absence, his business was capably operated by Mr. Gordon Ross.

they taught school in the Red Point and East Baltic districts a few years ago.

Mr. Francis Campbell, inspector for the Loan Board, Charlottetown, spent the weekend of September 6th, at his home in Red Point.

Mrs. Ethel McLean and daughter Dorothy of Kingsboro left September 8th on the start of their long journey to British Columbia. A pleasant trip for them is the wish of all.

The Souris Exhibition which was held on September 10 was a success. A large crowd was in attendance and there were many exhibits. The ladies of the eastern districts put on a large showing of cooking, fancy work, and many other handicrafts, which goes to show that an interest has been taken to make the Fair a success.

DAILY CROSSWORD

ACROSS 1. Carcase 2. An opera by Verdi 3. Run in drops 4. Reptile 5. Body of salt water 6. Endures (Asia) 7. Exchange premium 8. Fun 9. Twice (mus.) 10. Half ems 11. Stitch 12. Humble 13. Damp 14. Mimic 15. Guided 16. Exclamation 17. High priest

DOWN 1. Sign of the zodiac 2. Annam measure 3. Straightforwardness 4. Strange 5. Object to 6. Split wood 7. Appearing as if eaten 8. Any pinaceous tree 9. River (Rus.) 10. Horse's neck 11. Measure of land

Yesterday's Answer 41. Dutch name of river Meuse 42. Upward curving of a ship's planking 43. Ever (poet)

Crossword grid with numbers 1-49 and some filled-in letters.

DAILY CRYPTOQUOTE—Here's how to work it

AXYDLBAAXE; LONGFELLOW;

One letter simply stands for another. In this example A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Study the code letters are different.

A Cryptogram Question

AUPSTOQ QONQ PSOUL NI OBMK

NIA FBCU QONQ PSOUL N. ANS-LYKX GJMJU.

Yesterday's Cryptogram: HE SHOWED ME HIS SWIFT FARE TO TEMPT ME TO DINE WITH HIM—SWIFT.

Advertisement for Lifebuoy soap featuring a woman's face and the text 'IT'S A GREAT NEW LIFEBOUY A WONDERFUL LIFEBOUY'.

FROM HEAD TO TOE...NEW LIFEBOUY STOPS "B.O."

OUT OUR WAY

Comic strip by J.R. Williams showing a man on a horse and a woman on a horse. The man says 'I WANT TO SEE IF THIS BEEF HIDE I GOT SOAKIN' HERE IS READY YIT-- I'M MAKIN' SOME RAWHIDE STUFF THIS WINTER!' and the woman replies 'OWOOH-- HE RUINS TH' END OF A PERFECT DAY WITH THAT AWFUL SMELLY, SLIGHTLY THING!'.

By J. R. Williams

PEPPER PUZZLE

PETERBOROUGH, Ont. (CP)—Mrs. A. McLaren is puzzled by her ornamental pepper plant. Last winter it had small red peppers on it and last spring she placed it in the garden. Now a new crop of small peppers are ripening—with a bluish purple tinge.

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Large advertisement for KOOLVENT ALUMINUM AWNINGS. Features a house with an awning, a list of services (Porches, Patios, Windows, Doorways), and contact information for Koolvent Awnings Ltd. in Saint John, N.B.