



SWEET ARE THE USES

Yes, this excerpt is from Shakespeare's "As You Like It" spoken by the Duke Senior in the Forest of Arden. The Duke gave his reason for saying "Sweet are the uses of adversity." However, although there are many uses for the aprons purchased at the Spring Bonnet Tea, there is nothing adverse about them.

ELLEN'S DIARY

Love's A-Comin Yo' Way
Yes, Dat Is Fo' Shu-Ah!

Storm - windows were taken down this afternoon, storm-doors as well and the screens hung in replacement. Spring is earlier this year. Today April winds were warm, the air mellow and the children came from school flushed with their cycling. Mack complained a bit. "I don't see why I have to wear a sweater now that the nice days are here!" We set aside one window to cover the hotbed it pleases us to make each Spring, not that we are naturally any great success as a gardener, but the seedlings thus started usually return us an early reward. True it may not come up to our expectations but there is enough to give us some beauty to enjoy and renew hopes that we should do better in yet another springtime to come. . . . An old favorite of ours and one we believe not too commonly grown for the flower is quite modest shall be among the seeds sown there: Nicotiana, of some kin we think to the petunias and other blossoms that scatter their perfume in the evening. From our seat on the old stone door-step as we await James' homing from the Summer-fields we shall enjoy the fragrance, smiling we are sure when we find we are listening eagerly as in the more machineless era of our farming for the clank of the harness, the approaching tread of hoofs in the farm - lane and presently the sound of the pump in the yard, an idle device for some years. "There's another of your old friends, Ellen" James smiled this morning, indicating the heron flying in from the river below to be among our summer guests. Like a small plane he taxied in for a neat landing beside the mill-stream. "The swallows will be next," we said. "Not for a day or two yet!" James offered, "They won't risk being caught in a snowstorm!" The grass greens on the pastures and April returns us old friends we enjoy. It bids the branches and gives us to find the crimson tips of the "piney-rose" pushing up through the mould in border the coral of the bleeding-heart too and a pulse in the southernwood to make July bouquets with the pale pink of the Scotch rose. "I lo-ove yo-u" a lad-of-a-robin in the birch tree trilled ingratiatingly this afternoon, when we loitered about the lawn. "You're ma ba-bee. . . . " "Do you think he means it?" a neat lass-of-a-bird in the poplar by the gateway asked with a girlish concern, unconcealed in her chuckle. "He sho' do, Gal!" we smiled, "else why-fo he sing lak dat, right hum de hea'! Lift yo' eyes an' smile all ov-ah yo' face. Yo' dune got love-a-comin' yo' way, dat's fo' shu-ah!" Until tomorrow - - - Diary - - - Goodnight. . . .

MARY HAWORTH

Hack Way
Out Of Fear

Dear Mary Haworth: This is a most embarrassing question, but I do need an objective opinion and I don't know whom I could possibly ask, unless you. Is there such a thing as a frigid person? I am a girl in my late 20's and I have no trouble attracting men. The problem is how to hold their interest. I never have lacked dates, and still don't - probably because I am (fortunately) a very good dancer, a better than average athlete and I have a great capacity for enjoying life. But as a sweetheart I am a complete flop. When a man attempts to kiss me goodnight he gets about as much response as he would from a marble statue. I have no emotion whatever; I just absolutely freeze up. ENVIES THE PETERS I simply can't understand girls who have a wonderful time, so they say, getting on a first date. I am not condemning them; perhaps instead I am almost envious, as I've never had any impulse towards that sort of thing, even after months of dating a man. Yet the sad part is that I want very much to be loved, and to marry - but what man could be interested in a girl like me? I have gone out with a good many

men, and for lengthy periods. And they have really liked me, and I them. But they can't possibly understand, and frankly neither can I, why I have no emotion whatever. Am I just one of those people who are to be denied the glamor of love or romance? Or do you think some knight in shining armor will show up, to arouse a storm of feeling in me? Any help or advice will be greatly appreciated. -A.E.

MANY ARE FRIGID

Dear A.E.: If the experts are to be believed, there are masses of frigid persons. If you do much reading, you can hardly avoid running into chatty statistical reports on the subject. Human interest writers for the women's magazines, as well as professional researchers in the field of psychological phenomena, are perennially bringing the public up-to-date on the status of women's reactions (or lack of same) to the other sex. And it seems to me that almost

invariably his story is that approximately half the female population of the nation is found (on the basis of confidential testimony) to be frigidly inclined, rather than amative, in circumstances that favor lovemaking. So far as I know, the root reasons for this half dead attitude haven't been fully deciphered and defined, as yet. But I surmise that frigidity in women is due in large measure to an unconscious mixture of fear, resentment and hostility towards men; and unconscious disparagement of self (in men's estimate) on the lady's part. AFFECTION FLARED In short, she operates on a blind conviction - ingrained far beneath the level of reason - that men don't really like women; or at least not herself. Hence she is profoundly on guard against the possibility of spontaneous behavior, in dealing with them. She has locked up her feelings in self defence, lest they play her false - and lead to humiliation, exploitation, heartbreak, defeat, etc., in relation to men. Consequently, in dating companionship with a man, she is emotionally frozen. She is a shell of a woman, depersonalized in her social responses. She dances, talks, laughs, shares games, etc., but her essential self doesn't figure in the exchange. She is a stranger to warmhearted cherishing sentiments of appreciation of the man's masculinity, as a wondrous complement to her femininity. This eventually he feels unwanted and in fact repelled, and turns elsewhere for reassurance of his worth. Isn't this somewhat the gist of your failure with men? I doubt that a knight in shining armor will ever appear, to take the initiative in rescuing you. More likely, you'll have to hack your own way out of the thicket of fear, with psychiatric guidance, if you want to be free to enjoy a full range of womanly feeling. M.H.

HOUSEHOLD HINT

Starch that is too heavy can irritate the skin. It will also come off on your iron. Unless it is for something special like a super - stiff petticoat, use just enough to make the garment pliable and smooth after ironing. After buying a new coat or suit, examine the buttons carefully. They are often sewed on rather loosely to make it easier for possible alterations. It's a good idea to reinforce all of them with strong thread. A lost button can be a disaster. LONGEST RIVER Canada's longest river is the Mackenzie, stretching 2,635 miles to the Arctic Ocean.

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Women

Lena Caroline McLure, Women's Editor. Phone 8506

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HAPPENINGS

Miss Connie Rogers and Miss Frances Clark spent the weekend in Halifax.

The Canada Weekly Review, the only Canadian newspaper published in Great Britain, publisher Mr. Roy Thomson, in the April issue gives prominence to two Prince Edward Island men. They are the lieutenant-governor, Mr. F. Walter Hyndman and Mr. Carl Burke, Maritime Central Airways executive.

The Maritime Women's Club of Montreal, Incorporated, have issued their annual report. Miss Mabel Shannon is the president. The vice-president for Prince Edward Island is Miss Florence Sutherland. The provincial representatives for Prince Edward Island are Mrs. R. J. Russell and Miss Jennie Johnstone.

Included in the club's activities is this one of special interest to Prince Edward Islanders. "In January an interesting and educational evening, was enjoyed when Mrs. R. Bruce Marr, a former president of the club, favored us with an illustrated lecture on the beautiful island of Newfoundland, in which was depicted the colorful life and experiences of the folk living there."

Miss Pat Slemon, 20-year-old daughter of Air Marshal C. Roy Slemon, Canadian Deputy Com-

PAINTS 'N BRUSHES

Art Jottings Are Here To Help The Amateur

This is the time of the year when the fisherman looks to his tackle, when the gardener gets out his spade and his rake; and the thoughts of us all turn to the great outdoors. It is now, too, that the artist looks over his paints and brushes, and plans his field trips for the coming season. Sir Winston Churchill, in his little book painting as a Pastime has this to say, "Leave to the masters of art trained by a lifetime of devotion the wonderful process of picture-building and picture-creation. Go out into the sunlight and be happy with what you see. Painting, he goes on, is complete as a distraction. I know of nothing which, without exhausting the body, more entirely absorbs the mind. Whatever the worries of the hour of the threats of the future, once the picture has begun to flow along, there is no room for them in the mental screen. They pass out into shadow and darkness. All one's mental light, such as it is, becomes concentrated on the task, when people rush about, they little know what they are missing, and how cheaply priceless things can be obtained." Art - what a magic word! Its potentialities are great - never more so than today when so many countries have become art-conscious. There is nothing in the history of the world to compare to the present era in relation to art activity, particularly landscape painting, which, as a prominent English artist says, can never be exhausted. Most countries have a large quota of amateur artists and this interest creates

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Three I. O. D. E. Chapters Sponsor The Rose Day

Queen Alexandra Rose Day is officially observed this year in this province on May 2nd. The I. O. D. E. who sponsor the Rose Day prefer to get a day as near Empire Day as possible. There were so many activities this year that the nearest available date was May 2nd. The lovely rose symbols are made in the Queen Alexandra Hospital for Crippled Children in London, England. This hospital which was founded by Queen Alexandra wife of King Edward VII was a very special charitable project of the beautiful queen. The roses are being sold by the three chapters of the I. O. D. E. in this province and the proceeds will be used to support the many good causes of this wonderful organization. There is on display in the Rogers' Hardware store window the sewing work of the three chapters. All these lovelies are sent to refugee camps including Korea and Greece. The I. O. D. E. chapters have also adopted schools and given scholarships. There have been two I. O. D. E. students at St. Dunstan's University Miss Geraldine Sullivan graduated in 1957 and Mr. Ralph Sullivan of Montague is now a Sophomore Mr. Frank Sigworth is studying law at Robert Angne is completing his research in science at Cambridge University and Miss Isabel MacLeod begins her studies this autumn at Cambridge all these young people have been on I. O. D. E. scholarships. Not much wonder the Queen Alexandra Rose Day is a most popular benevolent day.

What Are Quenelles? They Are Liked In France

By IDA BAILEY ALLEN "Quenelles are very much appreciated in the French cuisine, Madame," said the Chef. "Do American homemakers know how to make them?" "Not many, Chef," I answered. "I daresay few know that quenelles are balls made of forcemeat of poultry, veal, fish or shellfish, and that they are added to soup to make it substantial or to a sauce as a garnish." SERVED AS AN ENTREE "There are even more elegant quenelles Madame, made of poultry or fish formed into egg shape, poached in boiling water or broth, and served with a mushroom or mousseline sauce as an entree before the main course at a formal luncheon or dinner." "While in Louisiana, Chef, I learned that homemakers who understand Creole cooking often make what they call sausage quenelles to cook and serve in vegetable soup." Sausage Quenelles Creole: Put enough cooked fresh pork through the fine knife of a food chopper to make 1-4 c. Then grind enough cooked ham to make 1/2 c. Put through the chopper again with 1 small sliced onion and 1 sprig parsley. Add 1 unbeaten egg, 1/2 tsp. salt and 1-3 tsp. each powdered bay leaf and nutmeg. Mix to make a pasty. Shape into walnut-sized balls. Poach 10 min. in covered simmering vegetable soup. TOMORROW'S DINNER Vegetable soup, sausage quenelles, beef grillades New Orleans, hominy grifts green beans vinaigrette, Louisiana cookies, compote of tangerines and bananas. Tea, coffee or milk. All measurements are level; recipes proportioned to serve 4 to 6 Beef Grillades New Orleans: Buy 1-2 lbs. round beef steak.

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and 1 tsp. water. Mix thoroughly. Shape into balls 1 in. in diameter. Place on a lightly oiled cookies sheet. Flatten to 1/2 in. thickness by stamping with the bottom of a small tumbler covered with aluminum foil. Bake 8 min. in a hot oven, 450 degrees F. Makes about 7 doz. TRICK OF THE CHEF Season cooked hominy grits with 1/2 tsp. crushed cumin seed sauteed in 1 tbsp. butter.

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