



DESSERT OF THE MONTH—way of cherry vanilla ice cream, it out frequently to treat your fam-
Cherries in March? You bet... by A dessert special this month, spoonily to June-in-March flavor.

A Hefty Ballerina Is Just So Much Beef" Says Expert

WINNIPEG (CP)—A hefty ballerina is just so much beef on stage. "A long slim leg is a decided advantage," says Marion Knight, examiner for the Royal Academy of Ballet, London, England. "It isn't so much line, but the balance or proportion of line."

Miss Knight, in Winnipeg to conduct examinations in senior ballet classes, said a ballerina should not exceed five feet four inches or so in height and should have a small frame.

"Heavy boning destroys the ethereal quality of ballet," she said. "Beyond these limitations the ballerina begins to look extremely human."

Miss Knight said the prima ballerina must also be exceptionally gifted and should have that magical "something" that is the sign of greatness, as seen in Margot Fonteyn or Alicia Markova.

Miss Knight encourages housewives and business girls to take up ballet as a hobby. It develops grace, poise, co-ordination and mental and physical control.

She says children should not be entered in ballet classes before they are seven or eight years old. They should not be put "on full point" before they are 12 or 13.

Cherry Vanilla Ice Cream Headlines March Desserts

"Cherry-ripe, Cherry-ripe" . . . will either remind you of a song, or will make you think we're rushing the season. What we're actually doing though is introducing a March special in the dessert line—cherry vanilla ice cream—before we go on to suggest ways to bring plenty of this sweet summer flavor to your tables these mid-winter days.

Luscious big cherries wink out from the creaminess of vanilla ice cream in this dessert-of-the-month that's as lovely to look at as it is to eat. All this dairy food asks for an accompaniment is a spoon. . . no saucing, no dressing up is needed, 'cause it's got color, texture, and glamour appeal in every scoop full. So just remember to keep a good supply of it on hand, to take it out of the frig a few moments before you plan to serve it, so it can mellow to its flavorful best. . . then serve it in all its glory to the family who's glad to find June in March come dessert time.

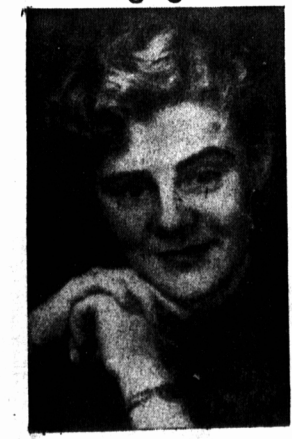
And don't forget that you'll like this delicious ice cream served in baked butter-crumble crust, tart shells topped with whipped cream, or that it's a smashing special between sponge, white or angel cake slices with hot fudge sauce if you like. . . and that in hollowed-out cup cakes, cream puffs or in individual meringue shells you'll have a party on your hands without half trying!

PRALINE PECAN CRUNCH RING
1 cup butter
1 cup brown sugar, firmly packed
1/2 cup pecans, coarsely chopped
2 1/2 cups cornflakes
cherry vanilla ice cream
Into a saucepan place butter and sugar. Slowly bring to a boil. Boil just 2 minutes. Add cornflakes and pecans. Have an eight inch ring mold well chilled. Press the hot mixture lightly into mold. Chill about 10 minutes. Then unmold on serving dish. When ready to serve, spoon ice cream, rounded side up, into center. Garnish with stemmed maraschino cherries arranged in clusters. Makes 8 servings.

CHERRY VANILLA IGLOOS
8 individual pastry shells
1 brick cherry vanilla ice cream
3/4 cup cherry jam
meringue topping
Chill baked shells in refrigerator. When cool fill with cherry jam or preserves and top with scoops of cherry vanilla ice cream. Keep shells in freezer until ready to cover with meringue. Make 8 tarts.

MERINGUE TOPPING
2 egg whites
1 teaspoon cold water
2 tablespoons icing sugar
1/2 teaspoon baking powder
1/4 teaspoon vanilla
Beat egg whites and water until they stand in peaks. Add sugar and baking powder gradually, beating until stiff and glossy. Add vanilla and blend. Pipe meringue on top of ice cream-filled shells, completely covering all ice cream. Brown immediately in a hot oven (450 degrees F.) for 3 to 4 minutes. Serve immediately.

Engaged



Mr. and Mrs. Ernest Johnston, Charlottetown, announce the engagement of their eldest daughter, Annie Verleene, to Donald Lloyd, son of Mr. and Mrs. John A. Wickstorm, Calgary, Alberta. The marriage will take place in the near future.

MT. HERBERT W. I.
Mrs. Russel Farquharson entertained the members of the Mount Herbert Institute at her home for the February meeting.

Mrs. J. Russell Driscoll presided and called meeting to order.

CANADIAN LANDMARK
The Peace Tower of the Parliament Buildings at Ottawa rises 283 feet above the ground.

COOK'S CORNER

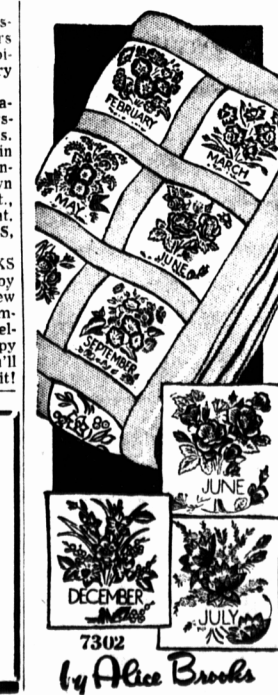
DATE BREAD
1 cup chopped dates, sprinkle with 1 level tsp. soda pour over this, 1 cup boiling water, 1 cup white sugar, 1 tbs. creamed butter, 1 egg, 1/2 cup chopped walnuts, 1/2 tsp. vanilla, 1 1/2 cups flour, pinch salt. This will seem quite moist but follow directions exactly. Moderate oven.

ALICE BROOKS DESIGNS

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Twelve months of lovely blossoms—"blooming" in bright colors on this cozy quilt! Easy to embroider—symbolic flowers for every season of the year.

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ANNE ADAMS PATTERNS



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Pattern 4553: Misses' Sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, 40, 42. Size 16 takes 3 1/2 yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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BABY'S OWN TABLETS

WOMEN

Page 8, The Guardian Thurs., March 22, 1956

Happenings

Mrs. Charles G. Hawkins, wife of Senator Hawkins and Mrs. George H. Barbour, wife of Senator Barbour, entertained at an "At Home" in the Parliament Restaurant Ottawa, recently.

Mrs. Janet Jelks, president of the Junior Ladies Aid of the Prince Edward Island Hospital charmingly presented the objectives of the Aid and the Fashion Show. The following is the text of Mrs. Jelks' remarks: "It is a great pleasure to have the opportunity of bidding you all 'Welcome to our Parade of Spring Fashions'. The Fashion Show has become established as an annual event and its success is largely due to your interest and support. It is this event which provides funds with which we are able to purchase equipment for the hospital, as well as providing for the added comfort of the patients. Each year we receive the whole-hearted support from the Merchants, Advertisers and those working behind the scenes, as well as from the audience. To all, on behalf of the Junior Ladies Aid, I say thank you."

Lieutenant A. F. Morris who has been stationed in Portsmouth and London, England, arrived by plane Tuesday in Charlottetown. Mrs. Morris (nee Miss Helen Holman) returned to Canada some time ago. Lieutenant and Mrs. Morris are receiving congratulations upon the birth of their son.

The Mikado in 1896 in London after a most successful run at Daley's Theatre was followed by a new show "The Geisha Girl" also having its setting in Japan. After last night's bravo, bravo, bravo, the Prince of Wales College we shall hope to have more, more, more.

Mr. and Mrs. R. P. Van Alstine, York Lane, have as their guest, Mrs. Van Alstine's sister, Mrs. W. R. Cannon and her daughter Ruth, of Victoria, British Columbia.

Mrs. G. M. Avarad and Mrs. Sheldon Carson entertained at Mrs. Avarad's residence, Tuesday evening, after the Fashion Show. Both these ladies had been busy models at the show, therefore great appreciation was extended to them for such a lovely party.

Final plans were made for Sure-Gain Amateur Cavalcade to be held in hall Feb. 29th. Each member is asked to make 12 lunches. It was decided to contact all ladies of the district to help with same.

The handicraft van is to be in our home in the near future. And it is hoped that many of the ladies will take advantage of this worthy teaching. The leaders will travel to and from Charlottetown, therefore no board is required.

The annual Red Cross Collection was discussed and was left in the hands of members to collect. Mrs. John MacNevin invited members to meet at her home for next meeting. Roll call will be a "house-cleaning hint". It was decided that thought should be put on the matter of roll as this adds to the interest of meeting, otherwise a fine will be paid.

Lunch committee, sweets, Hilda Beer and Patty Matheson; sandwiches, Hazel Beer and Rita MacLean; Program, Wanda MacPhail and Shirley MacNevin Collection \$12.20. Two members put money in birthday box. A sale of articles took place with Shirley MacNevin as auctioneer. A substantial sum was realized. This sale closed the meeting, and lunch followed.

Continued on page 9

Mary Haworth

Boy Loves Girl Who Prefers To Date Others

Dear Mary Haworth: I am a boy 19, a senior in high school, in love with a girl 15. I realize marriage is out of the question for at least two years.

Lois studies dancing and works with an opera company during the summer, besides being president of her class. I don't know why I like her, and have even looked for things wrong with her . . . but as long as I am near her I am as happy as can be. This never happened to me before, even though I had one other girl whom I liked very much.

I don't dance very well and always said I would never learn; but I am taking lessons since I met Lois; and I have become more active in school and my marks have improved. Lois likes a boy in her class, who doesn't seem to care much for her. She doesn't want to go steady, just wants him to like her more than the rest, she doesn't know why—she says.

HURTS TOO MUCH

I was at a dance with her and towards the end, this boy came in and danced the last dance with her eyes as long as I live; she looked as if she were in heaven. If all I had to do was cut off my arm to keep her for life, I'd be laughing when I did it.

She wants to keep the friendship between us but I don't think I can. If this is puppy love, then I don't—because I want a taste of the real thing—this hurts too much as it is. Can you tell me why I feel this way? and why it hurts so?

Our companionship is as natural as breathing; even she admits this. I like her very much and would like to marry her; yet I don't know why. Can you please help me? J.B.

THE WHOLE STORY

Dear J.B.: It would take a book to straighten you out, in respect to this stage of suffering that has gripped you. And I think I know just the book to do it; namely, Evelyn Millis Duvall's "Facts of Life and Love—For Teenagers."

The book is copyrighted by the National Board of the YMCA and published by the Association Press of 291 Broadway, New York City 7. It really tells the whole story. The volume is divided into 17 chapters and four parts. The subdivisions are titled as follows: 1. "Becoming Men and Women," 2. "Getting and Keeping Dates," 3. "Loving and Being Loved," 4. "Heading Toward Marriage."

Subdivision 3—"Loving and Being Loved"—starts on page 225, with Chapter 10, titled "The Language of Love." And I suggest you dig into the book right here. Later you may want to read the works from cover to cover, to get the most out of it. But Part 3 ought to ease your pain immediately, by shedding light on the inner meaning of your conflicted feelings about Lois.

GROWING PAINS
The author writes understandingly of jealous love, passionate love, hostile love, anguished love (your present brand), tender love, loyal friendly love, brotherly love and love of life. Then, in Chapter 11, comes the question: "Is it Love?"

Hey There, Where Do I Get My Easter Hat? . . .
At ADELLA'S
From a wide range of new styles and your style hats to choose from.
Adella's Millinery
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Ladies First In Eisenhower's Election Campaign

President Eisenhower makes the first appearance of his campaign for re-election before 1,600 delegates to the fourth annual Republican Women's National conference, in Washington. He was given a rousing welcome and reiterated his intention to run "on his record."

ELEANOR ROSS

Accent On Informality

Judging from the displays in home furnishings shows it would seem that designers are well aware of our desire for informality and comfort in our homes. There's elegance, too, of course, but ease and comfort come first.

Modern pieces are more comfortable to live with and use. So, too, are the traditional pieces.

TRANSITIONAL DESIGN

Growing in importance is the transitional design which borrows from both modern and traditional with pleasing results. Most upholstered pieces are low and broad and invite complete relaxation.

The same idea is noticeable in dining room furniture, which now eliminates the need for sitting rigidly erect while eating. One dining group in particular is a far cry from the old style dining table and chairs.

The round table is only 24 inches high but it is sixty inches across and just invites informal, delightful, relaxing dining with it are very comfortable low chairs with broad, well-upholstered seats and backs that are exactly pitched for comfort. The chairs can be used effectively in other household areas. The furniture has a marvellous finish which, besides doing

its job, brings out the handsome grain of the walnut wood.

Storage units are co-ordinated with the dining group and follow the same low, broad lines, measuring only 28 inches in height. These units are lowered to be in scale with table and chairs, but also to facilitate furniture arrangements in the new houses that go in for large, low windows.

MORNING SMILE

While away on a fishing trip on his wife's birthday, a stung husband sent her a cheque made out for "one million kisses." Annoyed, the wife replied, "Dear Bill: Thanks for the generous cheque. The mailman chased it for me."

HOUSEHOLD HINT

"See that scar? I got that when I fell off a twentieth story window." "Twentieth story! And you weren't killed!" "Nope, I was lucky; fell inward."

Words Of The Wise

Don't wait to live! Take a chance—now! (Dr. W. Beran Wolfe)

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MARSHMALLOWS	lb. pkg.	39c
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