

Retain Those Appealing Qualities

(Montreal Star)

In striving to be good wives a great many women overlook their most important assets—the qualities that attracted their husbands to them in the first place.

It's fine to devote a great deal of thought and effort to becoming a good housekeeper. But it is just as important to keep up the interests and nourish the talents that were a part of your personality when you first met your husband, whether that means keeping up with your piano playing or your interest in sports, or whatever.

It's important to give the children all the love and attention they need. But remember, your husband still needs your attention and interest and sympathy, too.

It's time to be economical and a good manager. But not to the extent that you think only of being practical when you shop for your own clothes. No matter how long he has been married a man still wants his wife to look as pretty as possible.

It's good to spend quiet evenings at home. But don't drop all the forms of recreation the two of you used to share. Shared enthusiasms helped to make you fall in love, so why not count on them to help keep that love?

Your Husband's Job Still Counts

Your husband's career was fascinating to you once. Then don't run the risk of getting to regard his business as being more or less of a nuisance to you.

Stop and remember once in a while about the things you and your husband used to enjoy doing together. If you've given up any of those interests, be sure they have been replaced by others, equally companionable.

And try to remember the kind of compliments your husband used to pay you. It's important to keep on rating the same kind. It's wonderful to have him praise your cooking. But not if you've partaken of it so heavily you'll praise yourself that he can no longer praise your figure.

Morning Smile

One Thing Essential

A thug stepped from behind a tree and stuck a gun in the ribs of his victim. "Hand over your money!" he barked, "or I'll blow your brains out!" The citizen promptly replied, "Blow away, brother. I can live in this town without brains, but I gotta have money!"

Take Lessons

Patient: "Every night I have the same terrible dream. I fall into water and struggle in despair until I am bathed in perspiration. Then I wake up. What can I do about it?"

Doctor: "Learn to swim."

That Body Of Yours

By James W. Barton, M.D.

ELASTIC BANDAGE TREATMENT FOR COMPLICATIONS OF VARICOSE VEINS

Before the surgeon removes the surface varicose veins, by surgery or by injection, he makes tests to see if the removal of the varicose veins will interfere with the deep system of veins. If it does, he does not have the patient undergo operation or injections.

There are cases in which the results of operation or injections have been unsatisfactory and further surgery becomes necessary to give relief from symptoms and to improve the appearance of the legs with varicose veins.

In Annals of Physical Medicine (heat, electricity, baths, massage), Drs. H. M. Curwen and B. O. Scott, London, England, report their results in the treatment of a total of 503 out-patients, with chronic swelling, hardening and ulceration resulting from varicose and other conditions of the legs, who were treated by Physical Medicine over a period of four years.

The majority of these patients had failed to respond to surgical and all other forms of treatment over periods as long as 30 years. They were permitted to be up and about and treatment was designed to control partial stoppage of blood in the veins, swelling, and hardening of the tissues, to heal eczema and ulceration.

The basic or main treatment was the wearing of elastic bandages to give support with local deep friction massage to soften areas of fibrosis (hardening) and active exercises to promote drainage. Patients were taught the technique of treatment which was then largely carried on at home. Elastic stockings were used to maintain the limb in a healthy condition after healing.

Of 427 patients under continuous observation, 366 have been discharged as cured. Of this number 12.2 per cent (about 45) had to return for further treatment.

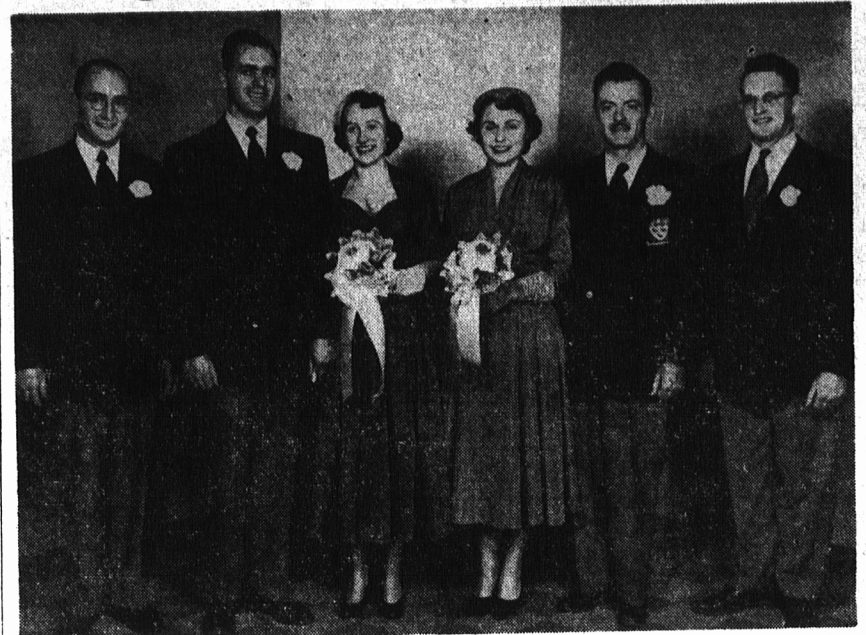
It must be remembered that these patients had all been under treatment, surgical and rest, for years, and were not helped, so that this method of using elastic bandages has much to recommend it despite the failure or partial failure in the 45 cases.

Most physicians and surgeons from long experience believe that surgery is the best treatment for varicose veins and ulcers but the bandage treatment helps cases in which surgery cannot be used or has failed to give relief.

In former years, these cases of severe varicose veins and ulcers, particularly in older people, formed a large percentage of inmates of hospitals, as rest between operations was a large part of the treatment. The bandage treatment, when it can be used, should give relief to many patients and leave hospital beds for acute cases of illness.

BABY'S RASH improves in 2 treatments
Mother Uses CUTICURA
 Writes a mother: "I used Cuticura Soap and Ointment just twice—and saw great improvement—Try! See why Cuticura is so effective."

Exchange Vows At Trinity United Church, S'side



Seen above are the principals in a pretty wedding at Trinity United Church, Summerside, on Monday, October 13th. From left to right are Mr. Rowan Proffitt, groomsmen; Mr. and Mrs. Wendell Proffitt, Miss Kathleen Allen, bridesmaid; Messrs. W. S. McMurtry and Walter Simmons, ushers. The bride is the former Dorothy Allen, daughter of Dr. and Mrs. Harry S. Allen of Summerside, and the groom is the son of Mr. and Mrs. William D. Proffitt, Kensington.

Better English

By V. C. Williams

1. What is wrong with this sentence? "110 persons were hurt when the train jumped off the track."
 What is the correct pronunciation of "clique"?

2. Which one of these words is misspelled? Pompeii, Hawaiian, Philippines, Filipino.
 4. What does the word "nescience" mean?
 5. What is a word beginning with fa that means "easy to do"?

ANSWERS

1. It is not correct to begin a sentence with a numeral. Either write it out as "One hundred and ten," or recast the sentence thus: "When the train jumped off (omit) the track, 110 persons were hurt."
 2. Pronounce as though spelled klee-k. Filipino. 4. Lack of knowledge; complete ignorance. "It is difficult to fathom the nescience of those who refuse to learn."
 5. Facile.

Modern Etiquette

By Roberta Lee

Q. Must a man always rise to acknowledge an introduction?
 A. Usually, yes—whether he is being introduced to a man or a woman, old or young. An exception would be if seated at a banquet table and were being introduced to another person across the table from him, or if he were seated behind a table against a wall where rising would prove awkward. In these cases, a smile and a "How do you do" are all that is necessary.
 Q. How is the best way to invite a wedding guest to the recep-

The Stars Say --

By Genevieve Kemble

For Tomorrow

THE week begins on a high note for quick action and exceptional initiative of radical and far-reaching consequence. All departments of life are affected by the suddenness of swirling events. While there may be leanings toward the bizarre and spectacular, the judgment may also be counted upon to guide strange activities into safe harbors. Heed intuitions and shrewd insight in all activities, but be ready for interference from elders.

For the Birthday

Those whose birthday it is may anticipate a year of the thrilling and exciting, with sudden change, travel, perhaps, and many crises in business as well as purely intimate and personal affiliations. In fact, there may be exceptional and alluring phases in the romantic, intellectual or creative talents or inclinations in which the way may be thrilling, exciting and challenging. This might not gain favor with elders, parents or the serious-minded, but be patient with such interference, refraining from clashes.

A child born on this day has excellent talents and creative abilities for an active and spectacular career.

tion following the ceremony?
 A. By including a small card with the wedding invitation, reading, "Reception immediately following the ceremony 756 Park Avenue—R. S. V. P."
 Q. When a man has taken a girl out to dinner and the theater, should she thank him?
 A. She should not thank him, but she should tell him how much she has enjoyed the evening.

How Can I ...

By Anne Ashley

Q. How can I waterproof shoes?
 A. It is wise to keep a comfortable pair of shoes on hand that are waterproof for out-door use. Apply a dressing made by melting together two parts of beeswax to one part of mutton fat. Apply at night, and remove the next morning by wiping with a piece of flannel.

Q. How can I make smelling salts?
 A. You can make your own smelling salts by breaking one ounce of rock vitrolite into small pieces, covering with eau de cologne, and allowing to stand for a few days before using.

Q. How can I change the size of a cork?
 A. If it happens that a cork is too large for a bottle, cut a small wedge out of the center of the smaller end.

Household Scrapbook

By Roberta Lee

Glass Scratches
 Slight scratches can be removed from plate glass by first cleaning the injured surface by rubbing with a pad of cotton wool. Then cover the pad with a layer of cotton velvet charged with a fine rouge, and this when rubbed over the glass will not only remove the scratches, but will also add a new luster.

Discoloring
 When fruits for salads or dessert are prepared in advance of serving, they can be prevented from discoloring by sprinkling liberally with lemon juice. The lemon juice accents the flavor too.

Black Felt
 Black felt can be cleaned by using a half-cup of cold tea mixed with a teaspoonful of ammonia.

ELLEN'S DIARY

By An Island Farmer's Wife

What have we done with this day, which was delivered to our hands fresh and new in the twilight of morning, and waned away in a shower which sets diamonds on the panes? We recall glancing a long minute beside James, before rising, to draw up a tentative schedule for the hours ahead smiling at the same time to remember that too often the farmwife's planning "gangs aft a-gley."

We cannot budget with any degree of accuracy the time which must be given over to incidents of the out of door interests and it is so easy to loiter over some chore of the yard... "If you had a day of your own, what would you do with it?" we recently inquired curiously of a busy housewife and mother. She considered the question a moment, a puzzled smile on her lips. Doubtless weighing current demands on her every minute against the leisurely days of her youth.

"If... but I don't think I ever shall, Ellen! I'd sit in that chair by the window, hands folded and I'd well! she broke into an infectious laugh. "I'd just sit until I had had my fill!" And an older woman present, sweet-faced in her years, laughed softly with her. "You would soon tire of idleness, my dear, I can assure you," she remarked. "I'd just sit until I've had my busy years like yours—while now you may neither realize nor appreciate them, you are having what you will one day consider as the best years of your life. Enjoy them—your every moment... all too soon they will pass."

Neither could we foresee the measure of joy or on the other hand, our receipts of regret or sadness to come out of the hours ahead. The light of happiness in others' eyes—those gleams which emanate from some secret fount of gladness within.

This very morning we saw rare delight in the faces of these children. We were preparing the breakfast then... mixing the porridge which contributes its appetizing and nourishing share towards that meal; stirring the fire to hasten the cooking so that presently all should come to the work of their day, when a small sturdy fellow, cheeks pink and eyes aglow with excitement, opened the door to announce breathlessly: "You'll never guess what we just found in our kitchen trap! You couldn't find it, I was surprised myself and so was Jamie... he sent me for my wagon to haul it home; we just couldn't carry it. Watch at the window and in a few minutes you'll see!"

Was ever any treasure of youth borne home more proudly or with such happy faces as that drowsed red fox whose stealthy prow across the bridge of balsam poles of summer construction had cost him his life! The jaws of the trap had held fast to a paw, while the black-masked rascal, was precipitated to the stream beneath. "I don't feel at all badly about it!" Jamie said, "for I believe this is the very one that carried away a chicken from the barnyard the other morning." "Well set her again," Gage commented in a business-like way, "and he nodded 'yep' just may get that snelly fellow yet!"

What have we done with this day? Hailed... lived... and presently, not without some regret, shall farewell it.

Until tomorrow... Diary... Good-night...



NEWLY WEDS—Just as happy as newlyweds a third their age, Mr. and Mrs. Jacob Gier of Lethbridge, Alta., hold hands after their wedding. Mr. Gier, 78, met Mrs. Minnie Rogers, 82 a few months ago when an old-age pensioners' association got Mr. Gier a room in Mrs. Rogers' home. (CP Photo)

DOROTHY DIX'S COLUMN—

Cruel Children

They Should Be Taught Kindness By Parents

DEAR MISS DIX: My husband, our 8 1/2-year old son and I are recently arrived immigrants. At present we live in the home of a widower, have the use of a furnished flat and in return I take care of the old gentleman's home and prepare his meals. We are quiet people, more interested in family life than outside affairs.

My problem is my son. He is a neat boy, well-behaved, and I have had many compliments about him. However, there is one family next door, with three children, and for some reason they cannot bear the sight of my child. He can't play with their children and I don't know what to tell him. My husband and I are not young, being 50 and 40 respectively. We go to church, and that about ends our connection with the neighbors. Now, all the other children in the street are following the lead of the three next door and refuse to play with my boy. Perhaps it is because, in their eyes, I am just a housekeeper.



Muriel Nissen

ANSWER: For a person who has been here just a few months you write a beautiful letter—in fact, much better than many people I know who were born and educated in this country. I regretted having to shorten it.

There are, very unfortunately, people in this world who are convinced that anyone not exactly like themselves is queer and therefore should be shunned. The mere fact that you come from across the ocean puts you outside the pale of their acquaintanceship. Such ignorance and intolerance is one of the great stumbling blocks to human achievement in many ways—go to the same church, send your child to the same school, but if you speak with an accent, that is sufficient reason, according to their puny minds, to ostracize you and your family. Not much can be done with neighbors like this; just pray that sometime they will see the light of true charity, which has been given to us in the eighteenth verse of the nineteenth chapter of Leviticus.

YOU'RE NOT AT FAULT

Don't feel that you are at fault because you are acting as housekeeper. The women who shun you probably don't even know how to keep their own houses in order. I suggest a talk with your clergyman, or one of the teachers at the boy's school. They may have titles to suggest that would get the boy away from your immediate neighborhood during his playtime, and give him a chance to make friends among folks who will appreciate his fine qualities. It might also be a good idea for you to engage in some church work, getting yourself known among a wider circle and also helping to pave the way for your son's activities.

The saddest part of your story is that the boy's contemporaries—the children in the neighborhood—are the cruellest to him. Children are born conformists and to them anything they don't comprehend is cause for scorn. Good home training would make kinder citizens of them, and it's too bad so many parents neglect their responsibility in this matter. A kind family creates a kind child, it's a sad commentary on our people when they are so cruel to their children. I certainly hope someone can help solve your problem locally, for I'd hate to believe a few careless people would give you an unfair picture of our country. I'd like to hear from you again.

DEAR DOROTHY DIX: I have been going with a very nice boy for the past six months. He is planning a trip to take a friend back to college, about 200 miles from here. It would be necessary to stay in the college town overnight, and I'd like to know if it would be all right for me to go with him.

L. W.

ANSWER: Most emphatically, no! I'm sure your parents would

Continued on page 11

Anne Adams Patterns

COLGATE TOOTHBRUSH

Finest for your Family

Firmly-set Nylon bristles resist moisture and wear never get soggy.

Ladies' 35¢ Child's 25¢

Just right for children's first tooth

DOLL CLOTHES

EACH CUT FROM ONE PIECE

Birthday or Christmas gift to thrill your little girl—all the latest styles in doll clothes. Raincoat, separates, sack-dress, jumper, party ties and a new-fashion petticoat. Easy, quick sewing, each pattern is only ONE main pattern piece to cut out and sew! For dolls 14, 16, 18, 20, 22 inches tall. Required yardage in Pattern 4593. Send for it now!

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

COLGATE TOOTHBRUSH

Finest for your Family

Firmly-set Nylon bristles resist moisture and wear never get soggy.

Ladies' 35¢ Child's 25¢

Just right for children's first tooth

by Anne Adams

You'll say it's almost a miracle! Floats make-up off like magic!

New liquid cleansing creme cleans cleaner than any soap, any lotion, any cream...leaves your skin fresh as rain, soft as sable!

Revlon 'White Sable'

You'll see and feel the difference instantly! It floats dirt and make-up to the surface, then slides it off as only a liquid can! You need no skin-freshener, because there's no greasy after-film—just a wonderful feeling of radiant cleanliness! And "White Sable" is the only cleanser "complexion-balanced" to normalize your skin... the only non-drying cleanser, because it contains no soap!

Lavish-size bottle. 2.25

For maturing skin... "White Sable" with hormones only facial cleanser that helps rejuvenate as it cleanses! 2.75

So economical to use! just 2.25