Women's realm

Enjoys Work As Supply Teacher In London, Eng.

LONDON, England — (Special) — British children are better disciplined than Canadian youngsters according to Audrey DeBlois, daughter of Mr. and Mrs. Noel DeBlois of Charlottetown, P. E. I., who is supply teaching in London schools while on a year's visit to England.

Trained in Boston as a nursery school teacher, Miss DeBlois finds British children easier to manage and more polite than the Canadian pupils she looked after at Montreal Day Nursery School.

"Five and six-year-olds here snap to attention when the teacher appears on the playground and are extremely good and quiet while in class," she says. She adds that while the children are extremely well disciplined she doesn't feel they are unnaturally inhibited.

Since the children she has taught so far all come from poorer London areas, she admits she thought her charges might be more difficult to control. "Children from similar backgrounds at home are much more difficult to manage," she said.

As a supply teacher Miss DeBlois fills in temporary staff vacancies. This gives her opportunity to visit many English schools.

"Nearly all the children have relatives in Canada or friends who have just moved there," she says.

While English schools are crowded, Miss DeBlois considers they have good equipment. School programs for the very young children are excellent too as far as recreation projects are concerned, she says. However, she doubts whether the English child gains by the early start which is made here at reading and writing. "Tests seem to show that children catch up very quickly if they start learning the three R's at six instead of five," she said. "North American authorities believe a child is better off if the extra year is used to develop a child's interests and make him more familiar with the community in which he lives."

Miss DeBlois says she has taken pictures of Prince Edward Island to show to the children.

How Can I ! ! !

By Anne Ashley

Q. How can I clean the furniture thoroughly before applying the furniture polish?

A. Use a cloth wrung out in slightly warm water, add a touch of vinegar, and wipe the wooden furniture carefully before using furniture polish. The wood will then be thoroughly clean and will take the polish better.

Q. How can I prevent clothes from freezing when hanging them on the line during cold weather?

A. If a handful of salt is added to the rinsing water, it will keep them from freezing.

Q. How can I avoid making bitter-tasting coffee?

A. Coffee should never be allowed to boil. Boiled coffee develops bitterness, and the boiling destroys both the aroma and the flavor.

Better English

By D. G. Williams

1. What is wrong with this sentence? "She is the loveliest girl that I ever knew."

2. What is the correct pronunciation of "rivulet"?

3. Which one of these words is misspelled? Meritorious, melodrama, menegerie, millennium.

4. What does the word "expedient" (adjective) mean?

5. What is a word beginning with def that means "expressing courteous regard for another's wishes"?

ANSWERS

1. Say, "that I have ever known." 2. Pronounce the u as in use, not as in up, accent first syllable. 3. Menagerie. 4. Fit or proper under the circumstances. "It is expedient that we go away." 5. Deferential.

Anne Adams Patterns

WEEK'S SEW-THRIFTY

FLOWER-POT POCKET adds the charm of novelty to this pretty apron! Embroider the flowers in colorful, easy stitches—they seem to "grow" right out of the pocket! Gift yourself or a special friend with this gay number!

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Morning Smile

A story is told of a Texan visiting Australia who just wasn't impressed by anything his Australian host showed him until a kangaroo bounded by.

"Well, I'll grant you one thing, that's for sure," drawled the man from the Lone Star State. "Your grass hoppers are bigger'n ours."

COST OF DEFEAT

The Japanese empire, 773,000 square miles at its peak, was reduced to 147,690 square miles after the Second World War.

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The FASHION SHOPPE

Recently Married In Montreal

Mr. and Mrs. Donald R. Ferguson, photographed above leave Montreal airport following their marriage at St. Joseph du Mont Royal Church. The bride is the former Odette Paquette, daughter of Mr. and Mrs. Arthur Paquette of the Town of Mount Royal, Montreal. Mr. Ferguson is the son of the late Colin C. Ferguson and Mrs. Ferguson of Winnipeg, and is the grandson of the late Senator and Mrs. Donald Ferguson of Marshfield, P. E. I. After returning from their wedding trip, the couple will reside in Montreal.

Believes Children Can Learn Languages Easily

OTTAWA, (CP)—Children under 10 years of age can learn two or three languages as easily as one, an eminent Canadian neurosurgeon told a group of National Research Council scientists here.

Dr. Wilder Penfield of Montreal was sharply critical of the way foreign languages are taught in Canadian schools and said the present system makes it "an almost impossible feat" for the average person to become bilingual in every-day practice.

The brain of a child at birth, he said, possesses speech areas which are "like a clean slate ready to be written on." From the age of one through early childhood up to 10 14 years, these speech areas are "plastic and receptive."

Comes Too Late

At first only the speech areas on the left side of the brain are used, then later the right side is used as well. All this time, the brain is "especially adapted to the learning of languages," but after 10 to 14 it "gradually, inevitably seems to become rigid, slow and less receptive."

"It is then ready for life's fulfilment in other directions, ready for reasoning, self-discipline, understanding, even wisdom."

Yet foreign languages made their first appearance in the educational program long after a boy or girl had lost full capacity for language-learning.

He suggested that children from English-speaking homes should go through nursery school, kindergarten and the early grades until they were eight or 10 under the care of teachers whose mother tongue was French. They would learn no language as such, except in the natural way that "a mother or a nursemaid would teach it." French would be the only language spoken as they had stories and nursery rhymes read to them, as they played and painted and sang songs.

After the first two or three years the French-speaking teachers could be exchanged for Spanish or German teachers if a third language was wanted. The reverse procedure would be adopted for children of French-speaking Canadians.

That Body Of Yours

By James W. Barton, M.D.

FIDDLING AND DOODLING

While the majority of men and women who are under stress and tension do not eat or sleep well and so lose weight, there are some who, under tension, find themselves always hungry and, to relieve hunger and tension, eat snacks between meals, eat large meals, and the weight gradually increases.

While overeating is one method of relieving tension, it is interesting to read of other methods. In Postgraduate Medicine, Dr. Morris Fishbein, Contributing Editor, states that "fiddling" and "doodling" are common methods of relieving tension. He states:

"As one travels about the world nowadays, one comes upon evidence that people everywhere are finding the tension of modern living a little strenuous and are seeking outlets and substitutes to divert this tension into either useless or harmless diversions. In Greece, even on the newsstands, strands of amber beads are sold to busy businessmen and disturbed housewives as a toy to divert mental tension. Men who give up smoking carry such strands of amber beads behind them and play with them while walking about or even when sitting in the evening in social gatherings. These strands are for sale everywhere at low and high prices."

Even in New York City, so-called sterling silver "fidget sticks" are being sold for the use of busy executives. They are shaped like spoons and are to be played with as a substitute for various other methods of relieving tension such as smiling, pencil chewing, knuckle cracking and doodling. Doodling pads have been for sale for some years in many cities.

These methods of relieving tension do help in a world continually upset by wars and rumors of wars. As human beings with sensitive nerves, it would really be strange if we were not all upset to some extent.

This state of tension is common to even level-headed men and women and it can affect every organ in the body and cause such diseases as asthma, hay fever, skin diseases such as eczema, rashes, itching, and many cases of emotional and even mental disturbances.

Dr. Fishbein suggests that certainly it might be worthwhile for some of our more "practical" psychologists or psychiatrists to give serious thought to this question of substitutes and tension-relievers with a view to finding useful methods for aiding those who require something with which to either play or work as a means of relieving tension.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

AIM for goals that are within your reach rather than attempt the impossible. Stick to tasks which you do well and strive for maximum results. Don't try to speed things up because you feel progress is unusually slow. Haste could result in costly errors. Easy does it this day.

During the evening hours be cautious lest an extravagant whim put you under obligation. This period, however, is a good one in which to experiment with new ideas and procedures which might help you to obtain desired advantages. Domestic and family matters are under excellent aspect.

For the Birthday

If tomorrow is your birthday, you should find the coming year marked by unexpected changes and increased responsibilities which should eventually bring about a considerable improvement in your financial status. Real estate and property matters are especially favored during the next six months and, if you are engaged in creative enterprises, the early spring should mark the beginning of an especially auspicious period in your career.

During the second half of 1954, travel and social life are under beneficent aspect and new friendships formed as a result should prove unusually valuable in the future. There is a strong possibility that within the next month you will be shown some form of preferment from a person of influence. Either a promotion or a bonus is indicated.

A child born on this day will be gregarious, jovial and endowed with a great love of travel.

MONTREAL, (CP)—Andre Boissy was acquitted by the appeals court Friday of forgery charges arising out of a $135,000 real estate transaction in St. John's, Que. Boissy, president of the Home Realty Corporation and of A. Boissy and Cie. Ltee., was found guilty by a lower court last May.

A Country Garden

By Mrs. Gordon MacMillan

When many harvests have been gathered in,
And the long years have vanished like a mist,
Will roses then, as now, flaunt crimson cheeks,
And poppies flame with other flowers, wind-kissed.
Here, challenging blue skies, will cornflowers grow,
And prisoned sunlight of day-lilies glow?
Will some small rock-rose and its sisterlings
Still nestle shyly close to earth's warm breast?
Will the gnarled fruit-trees and the dreaming pine
Welcome the Spring when I shall be at rest?
May someone then still love this garden's ways,
And knowing only peace therein, give praise.

—K. Bailey.

• • •

To make a garden is an adventure which, properly handled, will last a lifetime. The eager traveller journeys through strange horticultural jungles, meets new plants, hears tall tales of fellow travellers, does grim battle with wily beasts and stubborn soils, and fishes in the quiet pools of gardening books, pools whose ever-widening ripples may spread to Lapland or Tibet.

It is a tale of difficulties overcome and joys attained after prolonged toil, of a journey in which the recompense lies not only in the goal, but in the struggle towards it, every foot of which is strewn with slaughters and triumphs.

This pursuit is something more than a hobby, and something not much less than a religion, a lifework, which, fully entered upon, weaves such enchantment as no man can resist. With greater knowledge, practice, and exploration, come greater delights, so that in time, the garden, which, godlike, one has created from the wilderness, becomes one's whole world, a world enclosed, in which there are no longer any dragons, and outside influences are powerless to annoy.

• • •

Gardens, however large or small, have to be made, they don't just HAPPEN. If the chosen site has any marked features of its own, use them as a base to work from. The kinds of trees and plants which grow there naturally will be far more harmonious than any imported species, and, if skilfully augmented and enhanced with others of their tribe, will look better and grow better han "foreigners".

Certain elementary principles are involved, whatever the nature of the site, and it is mainly in the grouping of them that the gardeners, ingenuity and art is brought into play. One needs some grass, some trees, some little alpines for the spring, and lilies to rear cool heads into summer moonlight; it is in the planning, the unloosing of the creative force, that the joy of gardening lies. It just depends on how one FEELS about a garden. We get out of it pretty much what we put into it.

Having made the garden for love of it, the mistakes do not matter, we rub them out, and still for love of it do it all over again, a garden being a stage on which the scenery may be regrouped in many forms. The successful gardener, in ministering to his flowers, derives from them some subtle benefit, and in proportion as he spends himself on their behalf, so he becomes refreshed and soothed, and learns to prize the simple things and value them above what are commonly accounted riches.

• • •

I have seen many lovely large Christmas Cacti covered with rosy red bloom and a graceful medium sized one is in flower here in the garden room. At this season of the year. It is more than welcome.

This is one of those heirloom kinds of plants, lasting for years in the home and increasing in size. There are many varieties and hybrids of this species, and many are the recipes for growing the Christmas Cactus, and those who are successful with it naturally think their method is the best. I think that it will not be necessary to change even if some other gardener may do very differently with them.

The African Violets are covered with lovely flowers again since the repotting that was given them a few weeks ago. With me they do well in porous soil . . . some that was gathered under an old straw stack with well rotted cow manure added. These Violets have bloomed for two years and they look good for another year. I would like to have some of the newer hybrids in pink and white.

If seed or leaves are grown it is possible to have dozens of new plants at little cost and every garden magazine describes several methods of growing them. Beautiful illustrations in color are given and windows full of these lovely plants make us wish to do the same.

The African Violet is the most popular house plant and propagation from leaf cutting is perfectly simple. All you need is a leaf with an inch or so of stem, a way to keep the stem wet and the leaf dry, and a little patience.

Plants can be started by dropping a leaf into a small glass with just enough water in the bottom of to keep the stem wet until roots form, then potting it in soil. An easier way is to insert each leaf stem into a three-inch flower pot filled with equal parts of sand, leafmould or peat-moss. Each pot is covered with a small jar and set in pan or dish with a handful of small stones in the bottom to prevent water logging.

They are then placed where they get plenty of light but no direct sun. The jar maintains fairly even humidity, keeps evaporation at a minimum, and encourages growth. It also reduces the number of times that water must be supplied. The little new plants begin to appear 10 or 12 weeks, and in three or four weeks are big enough to be potted separately.

It is possible to grow several pots of Violets in a shallow tray with green moss around the pots to help in keeping them moist in dry conditions in the home. When they begin to bloom they look for all

Continued on page 11

Modern Etiquette

By Roberta Lee

Q. When two men and a girl are getting into the back seat of a car, how should they proceed?

A. One of the men should open the door for the girl, who enters and sits in the middle. One of the men enters and sits at her right, the other goes around the car and takes the seat at her left.

Q. Is it proper for an engaged couple to mail greeting cards signed with both of their names?

A. It is quite all right to send cards together to all who know of the engagement.

Q. I've been told that "You're welcome" is out-of-date as an acknowledgement to "thank you." Is this correct?

A. Most certainly not.

Cook's Corner

MEAT ROLL

(Yield 8 servings)

Biscuit:

1¾ cups all purpose flour (sifted once)
3 teaspoons magic baking powder
½ teaspoon salt
4 tablespoons shortening
Add 2/3 cup sweet milk, mix lightly, roll to ½ inch thickness.

Filling:

2 cups ground cooked ham or beef
1 cup thick gravy, a bit mustard.

Spread on biscuit dough, roll up like jelly roll. Cut in 1-inch slices, lay cut-side down in pan.

Bake until brown, serve hot with tomato sauce. Bake 25 minutes, temperature 4.25 F.

—Mrs. Helen MacLean, South Lake W. I.

Carmichael - Sherry Wedding At Seven Mile Bay

Pictured above are Mr. and Mrs. Robert Carmichael, who were married this fall at St. Peter's Church, Seven Mile Bay. From left to right are, Mr. Ellsworth Noonan who gave the bride in marriage; Mr. Benjamin Carmichael, groomsman; Miss Larraine Sherry, her sister's bridesmaid; Mr. and Mrs. Carmichael and Mr. Rowan Sherry, usher. The bride is the former Mabel Sherry, daughter of Mrs. and the late Mr. Basil Sherry of Albany. The groom is the son of Mrs. Carmichael and the late Mr. Robert Carmichael, also of Albany.

DOROTHY DIX'S COLUMN

Wed After Indiscretion

Young Wife Haunted By Thought Husband Does Not Love Her

DEAR MISS DIX: Last year I was married out of necessity. My husband admitted he didn't love me, but was marrying me just for the baby's sake. He said he'd try to make a success of our marriage, and I thought we could, too, since we have many things in common. We have been fairly happy, but I never can forget the fact that he doesn't love me. He treats me like an angel, and everything is fine until the haunting thought that he doesn't really love me returns. He says I should just forget about it and be happy, as he is. Also, I am terribly jealous of him, and between this jealousy and worrying over him, I'm miserable all the time.

LYDIA T.

ANSWER: If your marriage fails, you'll have no one to blame but yourself. Your husband is doing an adequate job of co-operation. He certainly gets no help from you.

NAGGING WILL ALIENATE HIM

His devotion to you and the baby leads me to believe he really does love you both, though he's unwilling to admit it. Do you want to kill

Continued on page 11

Alice Brooks Designs

RICKRACK JEWELRY

Easy as 1-2-3 to make rickrack jewelry — and it's so dramatic, so expensive-looking, you'll want a set of earrings, pin, necklace. Combine pearls with rickrack — so thrifty! For bazaars, too!

Rickrack jewelry—easy to make! Pattern 7153: all directions.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

Household Scrapbook

By Roberta Lee

Heat Stains

For stains on furniture caused by heat, try rubbing the spots with hot milk; or with kerosene.

Baking Powder

To make baking powder, mix 12 ounces of pure cream of tartar, 6 ounces of cornstarch, and 6 ounces of baking soda. Sift each ingredient 10 or 12 times before mixing. Make it on a bright, dry day.

Weak Ankles

Weak ankles will be strengthened if bathed daily in a solution of salt, water and alcohol. Beneficial results will be noticeable after a few applications.

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HOUSECOATS in flannel, satin, taffeta, nylon, etc., now selling ..... LESS 10%
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