



DINNER A DEUX—In honor of "His Choice" Curry (better named "Your Choice" for the single gals) specialties given extra richness, extra smoothness, extra eye appeal by evaporated milk.

WOMEN

Page 8. The Guardian Wed., March 21, 1956

"It Was A Good Life" Says Pioneer Woman Of West

EDMONTON (CP)—Mrs. Annie Card, pioneer woman of the Mackenzie river district in Canada's far northwest, sums up her 88 years like this: "My life has been one of color and excitement, a little comic, a little tragic, but mostly filled with the drama of history."

Now living in Edmonton, Mrs. Card has time for her favorite pastime of painting and to sit quietly and recall the many years of service in the North with her husband, the late Rev. Gerald Card, an Anglican minister.

He was the first Indian agent appointed to Fort Simpson, N.W.T., on the Mackenzie river about 700 miles northwest of Edmonton.

CAME FROM SOUTH

"We moved from our first wealthy parish in West Virginia to the initial district of Alberta and were in the Vermilion valley when it was opened to settlers in 1904," Mrs. Card recalled. "From my shack window I saw history being made as the first railway was laid in 1905."

After we lost everything in the prairie fire of 1906 we went to Vegreville (about 100 miles west of Edmonton) but found few Anglicans for my husband's congregation."

Then Mr. Card was invited to go to Fort Simpson, 1,200 miles by river from Edmonton, as Indian

agent. With his family and an ex-Mountie turned farmer, he set out from Athabasca landing in May in a flotilla of scows.

"The barges were loaded with supplies, everything to make a new home, including a stove. Some were piled high with sides of pork or mutton, which by the end of the trip was slept on, sat on and stepped on," Mrs. Card said.

LIVED IN TENT

At Fort Simpson, Mrs. Card said, "our first home, a tent, was replaced shortly by a rough log shack. My first callers were a group of curious Indian women, who were captivated first by my mirror and then by my chickens."

New Year's Day was a big festival in those days in the North. At Christmas the natives would bring their furs to the fort, dress them in their best finery and settle around in cabins by the river.

Hundreds of pounds of flour were made into bannock for the occasion and a boiler full of tea was set on the stove early in the morning. At seven o'clock with a salute from their rifles, the natives began calling — squaws carrying papooses in moss bags, the braves bedecked with trinkets received in trade for their furs.

Looking back, Mrs. Card muses: "It was a good life we had. There was wood to burn, food to eat and we found peace within ourselves."



Navy Cocktail Costume

A navy cocktail gown of soft rustling taffeta which was shown in the Parade of Spring Fashions last evening at the Queen Charlotte High School and sponsored by the Junior Ladies' Aid of the P. E. I. Hospital is modelled by Miss Heather MacLean. The gown features a full crinoline skirt and fitted bodice with demure white trim. The narrow straps cross at the back for added interest. Her matching navy jacket is of the short bolero type.

(Guardian Photo)

Women Are Alike Says Portuguese Ambassador's Wife

OTTAWA (CP) — Mrs. Vieira Garin, wife of the new Portuguese ambassador to Canada, says: "All women are alike."

She has had a chance to observe them in Siam, Ceylon, Washington, Montreal, Portugal and New Delhi during the last 23 years.

"I found that women from Afghanistan, Portugal or North America have the same family problems of how to raise children and what to wear," she said.

As for a diplomat's wife, what she needs most is adaptability. She exhibited considerable herself. Having just come to Ottawa from the heat and sultry weather of New Delhi, Mrs. Garin found herself in the middle of a sudden March blizzard. It didn't raise a shiver, she said.

The weather, in fact, was "bracing and refreshing," London, England, is Mrs. Garin's home town. An ambassador's wife must adapt to the weather, but she must also pay close attention to each country's customs. She often adapts them in her entertaining.

The menu in New Delhi was not the same as in Washington. In India beef is never seen on the table. The cow is considered a sacred animal. Many persons there are vegetarians. Many never drink alcoholic beverages.

One of Mrs. Garin's interests is interior decorating. She prefers period furniture for its elegance and grace. She conceded that it may not be so comfortable as modern pieces, but modern decor, she said, has no personality. It's cold.

She conceded, however, that the best effect can be created by mingling modern and period pieces in the same room.

"The diplomatic corps, she added, "is one big family."

"It constantly amazes me to run into friends all over the world," she said. "The first people we met in New Delhi were a Turkish couple who had lived next door to us in Washington, D.C."



Miss Civil Service

Marie MacDonald, a five-foot-three brunette, wears the crown of Miss Civil Service after a contest in Ottawa. She is employed by the National Research Council and competed with 25 girls from other government departments. Her measurements: 34-23-34.

ANCIENT LAND
The island of Ceylon was first settled by Singhalese from India about the 6th century BC.

COOK'S CORNER



MAYONNAISE
1 egg, well beaten
1 cup vinegar
1 tsp. salt
1 1/2 tsp. dry mustard
pepper
Beat together with beater until thoroughly blended. Store in refrigerator.

Special Dishes Suggested For Your Leap Year Menus

"Leap Year coming once in four, February then hath one day more" is one way of announcing that this is the year with 366 days in it—but in the food world, we prefer to do it through suggesting special dishes for a Leap Year dinner—for two of course! Dinner a deux is nothing new, but dinners for two may perhaps be more popular occurrences this year. That's why we've planned some "man-favored" specials for the single-but-not-for-long minded gals, because in case they don't know it, there was a law passed way back in 1288, in Scotland, to the effect that if a man refuses a Leap Year proposal, he must pay the penalty of a silk gown and a kiss!

So for any of the single gals who want to "get their man" or choose to stock up on gowns and kisses, here are some special recipes that will be handy to have up the sleeve — for after all, even in 1956 one might not want to just pop up to a gentleman and propose to him at a busy intersection.

And more seriously, we say that whenever you get set to invite "him" for dinner, just be sure you have the staple and perishable articles needed, and plenty of evaporated milk—the dairy food that helps give these dishes extra creaminess, velvety texture, all in all, smooth eating. Then follow our easy directions for making any of these dishes—"His Choice" Curry (or perhaps better named "Your Choice" Curry), Leap Year Pie, chocolate pie to make him melt, "aye" and a Boston Clam Chowder, destined to show him you can cook good substantial dishes besides "companion" kind.

And all Leap Year joking and jargon aside, we sincerely think that anyone—career girl or homemaker—will find these recipes ideal for feasting.

HIS-CHOICE CURRY
4 tablespoons flour
1 teaspoon salt
1/2 teaspoon pepper
1 teaspoon curry powder
1/4 teaspoon sugar
1/2 teaspoon ginger
4 tablespoons butter
2 cups vegetable liquid or water
2 cups evaporated milk
2 teaspoons lemon juice
Mix flour, salt, pepper, curry powder, sugar, ginger. Blend into melted butter in a saucepan. Stir in vegetable liquid. Cook and stir until slightly thickened. Add evaporated milk gradually. Cook and stir until thickened. Stir in lemon juice and serve. Makes 4 cups.
Vegetable curry: Make curry as above. Pour over any hot cooked or canned vegetables such as whole small potatoes, onions, carrots, asparagus spears, cut green beans, peas, button mushrooms browned in butter, and so on.

LEAP YEAR PIE CRUST
3 tablespoons butter
2 tablespoons evaporated milk
2 1/2 cup sugar
1 1/2 cups coconut
2 tablespoons instant coffee
FILLING
1 envelope unflavored gelatin
1/4 cup sugar
1/4 cup cocoa
4 egg yolks
1 1/4 teaspoon salt
1/4 teaspoon salt
3 egg whites
1/4 cup sugar
1 cup evaporated milk, chilled icy cold
1 teaspoon vanilla
1 square unsweetened chocolate, grated
Butter an 8-inch pie plate. In a saucepan, melt butter. Combine milk, 2 1/2 cup sugar, and instant coffee. Stir into melted butter. Add 1 1/2 cups coconut; mix well. Press to bottom and sides of pie plate. Refrigerate.
Combine gelatin with 1/4 cup sugar and cocoa. In top of double boiler, beat egg yolks; stir in gelatin mixture and milk. Cook over hot, not boiling, water, stirring until custard coats spoon; then beat just until smooth. Beat egg whites with salt until quite stiff, gradually adding 1/4 cup sugar. Fold into custard mixture. Whip chilled evaporated milk, then fold in with wavy motion. Pour into crust, reserving about one third of mixture. Refrigerate pie and reserved filling until almost set; then heap remaining filling on center top of pie; refrigerate until serving time. About 15 minutes before serving, remove pie from refrigerator and let stand at room temperature. Garnish top with grated chocolate.

BOSTON CLAM CHOWDER
2 slices bacon, diced
1 small onion, diced
1 pint shucked clams or 1 (5 1/2 ounce) can minced or whole clams
1 cup water
2 cups diced potatoes
1/4 cup celery
2 tablespoons chopped parsley
1 tablespoon chopped pimiento
1 teaspoon salt
1/4 teaspoon pepper
2 teaspoons Worcestershire sauce
1 large can evaporated milk
2 tablespoons butter
2 tablespoons flour
crackers
Saute bacon until light brown, skim out pieces. Cook diced onion 1 fat until golden. Drain clams of their liquor and add liquor to onion with water, potatoes, celery, parsley, and pimiento. Cook until potatoes are tender. Add seasonings, and clams. Scald milk and add. Thicken with butter and flour creamed together. Cook 10 minutes longer, being careful not to let mixture boil. Pour chowder over crackers in serving dishes. Thickening may be omitted if desired. If left out, add butter before serving. Makes 4 to 6 servings.

ANNE ADAMS PATTERNS

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Woman Notary

Louise Dumoulin, 22, will become the first woman notary in Quebec's history when she completes her studies at Laval University. She is the only woman notary student in the province. Until February of this year the 950-member Order of Notaries of Quebec province had opposed admission of women to the profession. In 1954 the order reversed its decision and a bill putting the decision into effect has been approved by the provincial legislature. Louise's father is Judge Jacques Dumoulin of the Exchequer Court of Canada. (CP Photo).

ELMWOOD W. I.

The monthly meeting of Elmwood Women's Institute was held at the home of Mrs. Stanley Colwill on March 13th. Meeting opened by singing Institute Ode followed by the Mary Stewart Collect in unison.

Roll call was answered by eleven members with an Irish joke. There as two visitors present. Minutes of last meeting were read, approved and signed by president.

The sick and school committee had no report. There were three thank-you notes received for fruit taken. Correspondence was read, a name on citizenship and Red Cross. It was decided to canvass the district for the Red Cross.

A gift is to be purchased for a couple who last all their belongings in a recent fire. Miss Lillian Gallant and Mrs. Stanley Colwill to look after the same. Program committee for next meeting: Mrs. Cyril Egan and Mrs. Ethel Docherty.

The next meeting will be held at the home of Mrs. Wilfred Campbell. Roll call to be answered with something for auction sale to the value of fifty cents. Collected amount to 85 cents. Program consisted of a contest won by Mrs. Neil Campbell. A relay race was conducted by Mrs. Neil Campbell. Meeting adjourned followed by singing "God Save the Queen". Lunch was served by hostess.

ANNIE BREED

The Shetland pony of today is essentially the same type it was in Roman times in Britain.

RENNIES ROAD W. I.

The regular monthly meeting of the Rennie's Road W. I. was held at the home of Mrs. Gordon Matheson. Meeting was called to order by president, Mrs. Matheson. Meeting opened by singing Ode and repeating Mary Stewart Collect.

Roll call was answered by eight members and one visitor. Minutes of last meeting were read and approved. One membership fee was received, also one bill paid. Correspondence was read and discussed. Secretary was asked to send payment for 7 Institute News. Collection amounted to \$141. Program consisted of jokes and readings by Mrs. John Craswell. Roll call for next meeting to be an auction sale of articles. Place of meeting: Mrs. Don Bulman; lunch committee: Mrs. Harry Smith; program: Mrs. John Craswell.

With no further business meeting closed with the Queen. Lunch was served by hostess, assisted by Mrs. John Craswell.



Kim Novak New Garbo

Hollywood critics are viewing lovely blonde Kim Novak as a successor to the great Garbo in dramatic roles. Read how this talented cinemactress switched from glamor to drama and won fame overnight. The story is in The Standard this week.

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Margaret Truman

Margaret Truman said she will marry newspaperman Clifton Daniel in a "very simple ceremony" church at Independence, Mo., where her parents were wed 37 years ago. The 32-year-old daughter, Everett Donald and Harry Truman said she will wear a lace

Happenings

The new Countess of Bessborough is an American girl, the former Mary Munn of New York. Her father, Mr. Charlie Munn is a millionaire, who spends much time in Europe. Thirty years ago he introduced greyhound racing to Britain. Lord Bessborough, when Viscount Duncannon, married Miss Munn in Paris eight years ago. He was second secretary at the British Embassy, but the next year gave up diplomacy to look after the family estate. They have a six-year-old daughter who now becomes Lady Charlotte Ponsonby.

Mr. and Mrs. R. C. Parent who are on a sea voyage to Trinidad write home friends that they are "sitting out on the deck until long after dark enjoying the spring-like air." Mr. and Mrs. Parent have the honor of being at the Captain's table. Other guests at this table are Mrs. Rowet of Ottawa, and Major General G. S. Hallon and Mrs. Hallon also of Ottawa. Mr. and Mrs. Parent expect to be home the week after Good Friday.

Those who had the pleasure of hearing Mrs. Mary Mackinnon Shore play here at a Community concert will regret to hear the news that comes from Toronto. Mrs. Shore had a very charming apartment on Winchester Street in one of the large old houses in that area, many of which are now occupied by well-known artists. Dyna Dynowska of the National Ballet recently had her apartment

MILLVIEW W. I.

On March the regular meeting was held at the home of Mrs. Victor Grant. Meeting opened by repeating Mary Stewart Collect in unison. Roll call was answered by 11 members, and there were two visitors. Minutes of last meeting were read, approved and signed.

Sick committee reported three calls made and sympathy cards sent. School Committee visited school and treated children with apples. All bills presented and paid. New committees were appointed as follows: sick, Mrs. Ralph Sanderson and Mrs. Joe

SMITH; school, Mrs. Edison Drake and Mrs. Bob Drake.

Three new members were welcomed to our group. It was moved and seconded that \$10.00 be given to the Red Cross, also that a rummage sale be held soon. Collection amounted to \$1.00. Mrs. Alex Stewart invited members to her home for the next meeting; roll call to be answered by passing in articles for a bazaar.

A guessing contest was led by the hostess, prizes won by Mrs. Bob Drake and Mrs. Lorne Drake. Lunch was served by hostess, and meeting adjourned.

R.C.A.F. C. W. L.
The R. C. A. F. sub-division of the Catholic Women's League held their regular meeting on Monday, March 12th with a large attendance. Mrs. Quintin Gleeson, president, presided and Rev. J. A. Warren opened the meeting with the league prayer.

Business proceeded with the minutes of the last meeting and an executive meeting read by the secretary Mrs. R. A. McInnis. The

MORNING SMILE

"So you think you can still dress a window to attract women, eh?" the shop manager said to the young applicant. "How would you start?" "Well sir, I'd put a large mirror in the window, then."

"You're hired," beamed the manager.

financial statement was read by the treasurer, Mrs. T. Wilkinson. Correspondence read by Mrs. R. A. McInnis consisted of thank you notes, a letter from the Canadian Red Cross Society and a letter of resignation from the president, Mrs. Gleeson. Mrs. Gleeson, president, read a letter from the national president, Mrs. Marjorie H. Freeman on loyalty to the C. W. L.

The following conveners were present and gave brief reports: Mrs. John Roy, library; Mrs. T. Continued on page 9

Guess who's the proud father?

Exclusive Offer!

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This attractive Training Cup—exclusive with Heinz in Canada—is made of durable plastic and is ideal to help teach your baby to drink. For your Heinz Baby Tumbler just send 25c plus 3 box-tops from Heinz Baby Cereals, or 6 labels from any Heinz Baby Foods. Write Heinz Baby Foods, Leamington, Ontario, state colour desired—Pink or Blue.

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