Woman's Realm / Social and Personal / Fashions / Literature

Lenten Meditations

THE INNER SELF

(The London Times)

Each human being is like the map of some continent in which the outline is sharply defined, the coastal areas and their immediate hinterland are crowded with familiar names, but in the interior there is still a region of mystery, unexplored and indeed impenetrable.

Each man is constituted by a secret meeting with the eternal, and what happens in that realm, the home at once of quiet unspoken resolves and of the shame of covert treason, is hidden from all other eyes. The face which men present to the world is as likely to conceal as to reveal what they inwardly are.

The Gospel portrait of Christ is of one who possesses unrivalled power of penetration into this inner region of mystery. What is veiled from all others is open and accessible to him.

Every man, it may be assumed, has at least one hour in his life at which he awakens to this central mystery of his being. He becomes aware then of what the mystics have called by such names as the "dweller in the innermost," the "ground of the soul."

But peril attends upon such a realization if it isolates a man from his fellows in pride. He needs to perceive that what thus sunders him from them at the same time unites him indissolubly with them. That there should be this shrine at the centre of his being is not a privilege given to him and denied to others; it is the gift of God to every member of our race.

He alone truly recognizes the sacred quality that attaches to his own personality who pays homage to it in every other personality. The maxim: "Treat every man as an end in himself and never as a means" is justified and required in a world in which none has the right to speak of the dignity of his own selfhood save as he reveres that dignity in his fellows. Freedom can be claimed, therefore, by none who is not willing to grant it to his neighbour by an equal right.

When men become aware of the mystery within themselves and of the mystery which answers to this within those whom they meet, fellowship is within their reach. Fellowship lies far deeper than the casual encounters which make up so large a part of life in modern mass society. It arises where men meet, not at the circumference, but at the centre of their being.

With less than this the Christian faith in man, as made in God's image and as his child, cannot be content; nor can the human soul, with its longing for open and unreserved meeting with other souls.

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ELLEN'S DIARY

By An Island Farmer's Wife

We recall now of today that we found it difficult to turn away from a window, or to leave the out of doors — the spreading of the few pieces of wash on the line or helping the children bring the wood to the box, so lovely it was. Fleecy clouds as in Summer wandered along the sunny blue of the sky; balmy winds played low sweet tunes in the boughs of the old apple trees on the slope. Icicles dripped and fell in the pleasant mildness, which set thawing streamlets to trickling. March put fresh scenes that were quite bewitching before us and set new visions in mind. Jamie and his brother at once commenced to make plans to build a seasonal water-wheel to be turned presently by coursing brooklets, and we found our thoughts running on in anticipation of the Springtime to come.

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We wondered whether or not the Honeysuckle vine we had planted so hopefully some years ago, and which grew only indifferently under our care should hold a blossom for us this year. And would the gift bulbs of tulips and daffodils and all, that were planted in Fall about flower bed and border survive the cold and frosts of Winter and rise at the robins' call? The cheerful pair as happy as the day is long, that we like to fancy return to an old nest to love and plan and work and know the joys of parenthood in the wide-spreading white birch on the lawn. The same friendly tree, we confess we are missing these days, that when "ours" were born in the room above the kitchen showed only the topmost twigs against the sky but now as we open or close our eyes to the world about, gives us pearly or colorful dawns, starlit dark or an exquisite moon through the bare or lacey branches. So our thoughts went on towards those days to come, reminded of them by this delightful one that had come in March's train.

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With Gage and the pup-dog that is "Spotty", who is wonderfully wise in consideration of the haphazard training he receives at the hands of his young masters, Rob gathered the mail from the box this morning to bring us an interesting letter from Bill. Bill is a nephew, a quiet studious fellow, brother to Ellen our namesake, and eldest of a family of six. He was born and reared on the farm, and it seems as though only the other day he was a child there, attending to the many duties that came to his hand, finding time for his schooling, and time too to engage in other pastimes. The sea and the "business" thereof has been a first love of Bill's, probably because his home lies so close to the Strait, offering a wide playground to him and the rest of the family. In any event, he is one that from a small fellow enjoyed a trip to the far fishing grounds, and to swim and boat and fish were among his favorite sports.

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His school days were succeeded by college and university, and last June brought an opportunity for experience and adventure when he joined a Geological Group whose surveys took them to the far Canadian North — to the North West Territories. To us this has been a strange hinterland, in mind as distant almost as another planet. Bill's letter however has brought vast distances closer and given us nice glimpses of scenes from the interval spent there . . . And again we recall the word of an old Minister "but time won't permit us to go further into that at the moment!"

Until tomorrow — Diary—Goodnight . . .

Household Scrapbook

By Roberta Lee

Mustard Stains

To remove mustard stains from linen, boil in water in which has been dissolved 1 teaspoon baking soda to each quart of water Boil until the stain has disappeared, and then follow with the usual laundering

Lumpy Salt

To prevent the salt from hardening and becoming lumpy in the saltcellar, mix a little cornstarch with the salt before filling the cellar.

Spiders

Saturate some cotton or cloth with pennyroyal and place it in infested places to rid the house of spiders.

FREE booklet gives many new uses for Cow Brand Baking Soda in kitchen, bathroom, nursery and all through the home. Write Church & Dwight Limited, Sun Life Building, Montreal.

COW BRAND BAKING SODA

Pioneer Days In P. E. I.

By F. H. MacArthur

Today we are able to travel many miles on fairly good highways, but some of our oldest residents still can remember when a trip from Summerside to Charlottetown took many hours.

This was in the days before motor cars, of course, but even if our forefathers had had automobiles, they would have been next to useless on the roads of seventy-five or a hundred years ago. Horses and oxen then were the bearers of burdens. The great improvement in our roads has come since the invention of the automobile.

Poor roads were a great hindrance to travel in pioneer days, and the first settlers in the Island built their humble homes by the sea, or on rivers. Of course, the great forests boasted many trails, mostly the work of our Micmac Indians who used them for travelling long distances to visit their friends, or when they set out in hunting expeditions. When the white settlers moved in, these trails were widened and blazed so that a cart might be drawn along the route. The swampy sections were filled with logs and stones to keep the cart from sinking into the mire.

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The Island was so thinly populated, and the inhabitants so poor, that little in the way of road improvements could be undertaken at that time. Until the Canadian National Railway railroad was completed, stage coaches were the principal means of transportation. On the longer runs, horses were changed several times.

One of the old stagecoach routes was between Summerside and Charlottetown, via Bonshaw and Cornwall. A reminder of those days is the old Duncan House which still may be seen as you pass through the village of North Wiltshire. Formerly an inn, it was later converted into a dwelling house and is, or was, until quite recently, occupied.

Bridges were made of stout logs covered over with brush and clay. Others were built of heavy planks laid across giant beams, but these proved quite expensive as they rotted away in a few years and had to be replaced by new ones. The roads were so narrow and tree-lined that huge mounds of snow drifted on top of them, making winter travel almost impossible. During the spring and fall, they were rutty and knee-deep with mud. Some sections of the province still have byroads, but modern machinery is doing much to rid the country of such quagmires.

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In recent years, some fairly good roads have been built but lack of revenue means that most of our byroads never will be hard surfaced.

Getting a doctor was quite a problem, especially after a blizzard, the roads being impassable the farmer folk had to break trails across fields, cutting gaps in all the line fences that barred their advance.

Often half a day or more would elapse before the old country phy-

Continued on page 8

Taffeta For Dancing

To give delightful informality to evening, a black Chantilly-type lace dress, tight bodiced over honey-coloured taffeta is modeled by Miss Heather MacLean in the Parade of Spring Fashions benefit sponsored by the Junior Ladies' Aid of the P. E. Island Hospital. Miss Joan Bulmer wears a tawny colored taffeta dinner and dance dress —demure for supper parties and strapless for dancing.

—Photo by Garnhum.

That Body Of Yours

By James W. Barton, M.D.

HOME TREATMENT FOR RHEUMATISM AND ARTHRITIS

While rheumatism is considered the oldest disease known to man, there appear to be more cases of rheumatism and arthritis, in proportion to the population, than ever before. More is known about arthritis today than ever before; there appears to be many causes—infection, diet, injury, cold and moisture, emotional disturbances and no single successful method of treatment Because so many cases of arthritis become chronic and the patient has been getting no relief from present-day treatment, many patients and physicians are anxiously waiting for the new drugs, cortisone and acth. All reports to date show that they have helped many cases in which all other forms of treatment have failed.

In "The Canadian Medical Association Journal," Dr F. S. Brien, London, states that if the family doctor will replace his present day pessimistic attitude toward the various types of arthritis with one of cautious but justifiable optimism, with accurate diagnosis and the appropriate treatment, relief from symptoms will occur in the vast majority of cases. Among Dr.

Continued on page 8

The Stars Say -

By Genevieve Kemble

For Thursday, March 16

CONFLICTING development of startling import may seem on the surface discouraging and baffling, with personal upsets commotion, sudden undermining of cherished plans and ambitions. On the surface the prospects seem grim and hopeless, yet back of reversals, stresses and disturbances, there is sharp insight. Determined attack, with persistant and shrewd tactics, changes and perspective, may be swerved into safe and sane channels. Innovations may do the trick. Be ready for suggestions from unexpected quarters.

For the Birthday

Those whose birthday it is, may be startled by a sudden development or reversal in major plans of radical and far-reaching significance in their life patterns. While the astonishing crises seems of ultimate loss and failure yet a ready summoning of latent powers, influence and talents, with practical changes, built up by sturdy and indomitable will, industry and shrewd tactics applied with sagacity, relentless effort, fortitude and courage the balance may turn to spectacular success and joyous culmination. The will to win is potent.

A child born on this day, is excellently equipped to meet life's reversals, and changes, with sterling qualities and abilities, industry, patience.

Fashion Silhouette

Continued from page 2

Blois, Miss Joan Marie McGuire.
Mother of the Bride: Mrs. N. H. DeBlois.
Mother of the Groom: Mrs. W. T. Weir.
Father of the Bride: Mr. Wilfred Inman.
Groom: Erskine Howatt.
Best Man: George Abbott.
Ushers: Ronald Nicholson, Gordon Wellner.

Miss Lorraine Van Maarion during the intermission period gave a modern dance interpretation of moods in music.

Production credits go to the following:

Commentators: Mrs. Alan G. Macmillan, Mrs. Lemuel E. Prowse.

Musical background: The Hammond Organ, courtesy The Willis Piano Co. Ltd. Organist, Royston F. Mugford, A.R.C.O.

Decorations and Settings: Gerald J. Maddigan, Art Department, Moore & McLeod Ltd.

Make Up: Belcano, Beauty Consultant Mrs. M. R. Crowell, Yarmouth, N. S.

Coiffeurs: Nu-Mode Beauty Salon.

Photography: Garnhum Photo Studio.

Gifts: Belcano; Judy Bond, courtesy The Gloria; Chatelaine Hosiery, courtesy Kennedy's Ladies' Wear; Coro; Northern Electric, courtesy Toombs Music Store; Gifts wrapped by The Abegweit Gift Court.

Furs: Island Furriers.

Jewellery: W. W. Wellner Ltd., G. H. Taylor.

Flowers: James Tait, Est. Mrs. John Williams, West End Nurseries.

Shoes: The Wright Shoe Co., LePage Shoe Co.

Clothes: Prowse Bros. Ltd., S. A. MacDonald, Moore & McLeod Ltd., The Vogue, The Fashion Shoppe, Jack Cameron, Sunter's, The Gloria, Adella's, Holmes & Bradley, Kennedy's Ladies' Wear, The Greendal Co. Ltd., Tip Top Tailors, Sport Toggery.

The Junior Ladies' Aid

Honorary President, Mrs. H. G. Leitch; President, Mrs. H. J. A. Brown; Vice-President, Mrs. R. F. Large; Recording Secretary, Mrs. D. D. Ross; Cor. Secretary, Mrs. W. Pickard; Treasurer, Mrs. T. D. DeBlois.

Fashion Show Committees

Convener, Mrs. Alan G. Macmillan; Assistant Convener, Mrs. Lemuel E. Prowse.

Clothes Committee: Mrs. J. S. MacDonald, Mrs. J. T. Lines, Mrs. R. A. DeBlois.

Clothes Committee Assistants: Mrs. C. MacDonald, Mrs. R. E. Kemp, Mrs. A. B. LePage, Mrs. H. E. Hyndman.

Make-Up: Mrs. A. J. Haslam.

Decoration: Mrs. D. D. Ross, Mrs. A. G. Hogan, Mrs. W. W. Reid.

Music: Mrs. F. A. Large, Mrs. G. E. Ives.

Program Booklet: Mrs. J. Power, Mrs. G. B. Rayner, Mrs. G. J. Rogers, Mrs. W. E. Goss, Mrs. W. Pickard.

National Advertising: Mrs. R. F. Large.

Publicity: Mrs. J. A. Likely, Mrs. A. S. Weir.

Tickets: Mrs. W. G. Barbour, Mrs. W. R. MacNeill.

Children: Mrs. Ira Clark, Mrs. W. L. MacDonald.

SWEET INCOME

Canadian maple sugar and syrup sold in 1949 was worth $9,126,000.

DOROTHY DIX SAYS-

Shy Man

Too Timid To Seek Out Wife For Self

DEAR MISS DIX: How does a shy man go about finding a wife? I am a widower, 58 years old, but my health is excellent. Fair income. Two children both married and living away from home. Fairly easy to get along with. University graduate. Prefer woman between 45 and 50 years of age. Not younger. You may wonder why I can't find a wife for myself since I have been married, but I didn't find her. She found me. Besides, the eligible women of my acquaintance were also acquaintances of my wife and somehow I can't think of any one of them filling her place.

MR. TIMID MAN

ANSWER: I should say that in these days the trick is for an eligible widower to stay single.

PLENTY OF WILLING WOMEN

There are always a large number of widows and spinsters who are lonely and who would like to marry, and they require no ardent and romantic courtships. So if you desire to marry, just put yourself in an attitude to receive the blessing, as old-fashioned Methodists used to say, and Heaven will answer your prayer for a wife without even bothering you to utter it. The best advice I can give you is to summon up what hardihood you can and go out to parties and places of amusement where you will meet women and where you will give them a chance.

I think you make a mistake in not considering the women who are your and your wife's old acquaintances as eligible candidates. There are no more comfortable people to marry, none who are likely to make more satisfactory husbands and wives than the men and women we

Continued on page 11

How Can I ! ! !

By Anne Ashley

Q. How can I prevent the broom from becoming lopsided?

A. Bind an old silk stocking around the bloom below the cordings, and this will prevent its becoming lopsided. The broom will be strengthened if wet in boiling suds about once a week.

Q. How can I clean an iron?

A. An iron can be readily cleaned by mixing rottenstone with sweet oil, spreading it on a board, and running the iron back and forth until it is bright and clean.

Q. How can I make celery more tender?

A. Allow the celery to lie in water for about seven or eight hours before serving, and it will be very tender.

Morning Smile

His Version

At a public function one of the diners, a minister, found himself ill at ease with the fish course. He sampled it dubiously.

"Dear me," he said, "whatever is this?"

His neighbour glanced at his clerical collar and adapted his comment to his company.

"Piece of cod that passeth all understanding," he said.

Better English

By D. C. Williams

1. What is wrong with this sentence? "One should always keep himself prepared for any emergency."

2. What is the correct pronunciation of "naphtha"?

3. Which one of these words is misspelled? Oligarchy, obituery, octopus, obeisance.

4. What does the word "incumbent" (adjective) mean?

5. What is a word beginning with ou that means "completely"?

ANSWERS

1. Say, "One should always keep oneself prepared for any emergency." 2. Pronounce naf-tha, and not nap-tha. 3. Obituary. 4. Imposed as a duty or obligation. "All men, truly zealous, will perform those good works that are incumbent on all Christians." — Sprat. 5. Outright.

Modern Etiquette

By Roberta Lee

Q. Should a woman always remove her hat in a theater?

A. Yes. It is considered bad form to keep the hat on, no matter how small it is. And in the case of some hats, it is very inconsiderate of those seated in back of you if the hat is kept on and retards their view.

Q. Is it considered good manners always to leave a little food on one's plate?

A. Absolutely not. It is always a compliment to the hostess or the cook to eat everything on the plate.

Q. On which side of the bridegroom should the bride stand during the wedding ceremony?

A. She should stand at the left of the bridegroom, facing the minister.

Cook's Corner

JELLY ROLL

¾ cup sifted cake flour
4 eggs
1 teaspoon baking powder
¼ teaspoon salt
¾ cup sifted granulated sugar
1 teaspoon vanilla
1 cup tart jelly

Break eggs into a 2-quart mixing bowl. Add baking powder and salt. Beat until foamy. Continuing to beat, gradually add sugar, 1 tablespoon at a time, beating until thick and triple in bulk. Now quickly fold in the sifted flour and vanilla.

Pour batter into greased and wax paper lined pan, spreading it evenly to all edges, and leaving a slight depression in the centre. Bake in a moderately hot 400F oven for 13 minutes, or until a light brown.

Remove from oven and loosen cake with spatula. Invert pan onto a towel or paper lightly dusted with powdered sugar. Remove pan; peel off paper and cut away all crisp edges from cake. Quickly spread with jelly, roll cake and wrap in towel. After a few moments remove towel and allow cake to cool.

-Needlecraft-

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