

The Stars Say

By Genevieve Kemble

For Tomorrow

DIFFICULTIES seem to mount with little in the way of compromise or worthwhile settlement.

For the Birthday

Those whose birthday it is may find their shrewdest and most practical ideas and objectives undermined by invidious, vindictive and malicious tactics from unfriendly or perhaps jealous sources.

Cook's Corner

SAUSAGE PATTY PIE

1 lb sausage meat, or sausage pressed from their casings, 2 medium-sized onions, 1 can condensed tomato soup, 1 cup water, 2 cups once sifted pastry flour, 4 teaspoons baking powder, 1/2 teaspoon salt, 3 tablespoons chilled shortening, 2 3/4 cup milk.

Shape the sausage meat into nine small patties and pan-fry in a little heated dripping until nicely browned and cooked through.

Measure and sift ingredients once, then sift into a mixing bowl, the flour, baking powder and salt; add the shortening and cut it in finely.

Remove meat patties from oven

That Body Of Yours

By James W. Barton, M.D.

STOMACH ULCER MAY DEVELOP INTO CANCER

For years physicians have been satisfied with a report from the X-ray specialist that a stomach ailment was due to an ulcer or to cancer.

That, while X-ray examination has been the best single method of diagnosing ulcer and cancer, Dr. Dean MacDonald, St. Catharines, Ontario, in the Canadian Medical Association Journal, states that a malignant (cancer) possibility is or is not, present at the beginning of its existence, and that a benign (non-cancerous) ulcer does not become a malignant ulcer months or years after it is discovered.

The chief concern of both the patient and the physician, in any case of either proved or suspected gastric ulcer, is to know whether that ulcer is now—not six months from now—benign or malignant.

How can the physician make sure of a correct diagnosis, whether or not it is malignant (cancer)? While many findings from examinations, including laboratory and X-rays, indicate the "possibility" of ulcer or cancer, the only "sure" sign, in Dr. MacDonald's opinion, is examination of suspected tissues under the microscope.

What do we learn from this fact? Waiting to see whether a possible malignancy becomes a sure malignancy by X-ray before doing anything about it is like letting a large blood-vessel bleed without doing anything about it.

and place biscuit dough on top. Return to hot oven, 400 degrees F. until topping is baked, about 25 minutes longer.

ELLEN'S DIARY

By an Island Farmer's Wife

"If you don't mind my saying it," James ventured to remark with a smile to our hostess on a recent "kaley." "This to my mind, is excellent bread!" She looked her surprise for a moment and then laughed happily.

We were visiting folks at a distance—two, neither young nor yet old who have found much happiness in the married estate down their years together.

It sat, we recall, on a dolly—an antique piece of handwork—of yank, scarlet and frilled; a bit of fannel in matching shade in the depths of the kerosene it contained, brightened the lamp's transparent bowl and to us returned memories of less hurried days.

The pie? What would it be but cheese-cake? Of that subtly piquant flavor which tells of tang of curd... bound together with top milk, an egg, sweetened and flavoured and with currants in its folds.

"That's the trouble or" he smiled, "one of many, of this day and age. We don't take time now to give folks the due of praise. Oh, it sometimes registers in our minds and we mean to say it but we let the occasion pass and leave the word unsaid.

And we mentioned something we had read that had caught our fancy: "As the painter, the musician and all other artists find joy in giving beauty to others, so anyone who masters the art of praising will find it blessed the giver as much as the receiver.

Marries Japanese



Staff Sgt. Robert Stroh brings home with him to Kitchener, Ontario, the couple met in Japan 1951.

DOROTHY DIX'S COLUMN

Jealousy

Girl In Love With Ladies Man Can't Overcome It

DEAR MISS DIX: When I first met Martin he vowed he would never get serious over any girl. In fact, he bragged about his feminine conquests. Now we have discovered that we love each other, but I am very jealous of him.

ANSWER:

Since you are well aware that unreasonable jealousy may lose you Martin, you must be equally cognizant of the fact that the solution to your problem is within yourself. Jealousy is a wretched thing, destroying all who give way to it.

ANSWER:

There isn't much I can do to teach you discrimination in selecting men. You should have learned something from the trial-and-error method you've been pursuing, but apparently that doesn't work either.

ANSWER:

I am rather afraid that by this time your son has acquired at least some information concerning the facts you plan to impart. Modern children rarely wait until they are 12 before learning something of sex.

ANSWER:

I have been going with a boy on and off for five years. I want to know if he loves me and if he will marry me. Sometimes he acts as though he cared, but he won't tell me yes or no.

Continued on page 13

Better English

By G. C. Williams

1. What is wrong with this sentence? "This is an exceptional opportunity for any young man to grab on to."

2. What is the correct pronunciation of "irreconcilable"?

3. Which one of these words is misspelled? Irritable, isolation, inelass, irascible.

4. What does the word "inveterate" mean?

5. What is a word beginning with ve that means "pertaining to spring"?

ANSWERS

1. Say, "This is an exceptional opportunity for any young man to grasp."

2. Pronounce ir-rek-on-sil-a-b'l, second i as in sigh, principal accent on fourth syllable. 3. Irascible. 4. Confirmed in a habit. "He is an inveterate smoker." 5. Vernal.

How Can I

By Anne Ashley

Q. How can I thread an embroidery needle easily?

A. By taking a short piece of sewing thread, putting the two ends together, and pushing through the eye of the needle. Then put the yarn through the loop formed and pull it through the eye.

Q. How can I make the white of an egg firm when poaching it?

A. Try putting one tablespoon-

Morning Smile

As He Believed

Dodd—"I notice that in telling about that fish you caught, you vary the size for different listeners."

Rodd—"Yes, I never tell a man more than I think he'll believe."

Discriminating Taste

The theatre manager was, of course, quite astonished to discover that a patron had somehow managed to bring his dog into the place. He was on the verge of booting the twosome out when it came to him that not only was the canine behaving itself very orderly but that he actually seemed to understand the film, seeming to brighten up during the comedy scenes and to grow sombre during the dramatic moments.

So the manager let the man and his pooch remain for the show, but when they were leaving he stopped the man and told him how astounding he found it that a dog should enjoy a movie so.

"Yes," nodded the man. "I'm really surprised myself, you know, he didn't much care for the book."

ful of vinegar into the water in which the eggs are to be poached, to make the white of the egg firm.

Q. How can I easily clean pewter?

A. Stained pewter that has become discolored and dark may be cleaned by use of strong soap suds and hot water.

Dumplings—light and fluffy with MAGIC!

MUSTARD-PICKLE DUMPLINGS

Mix and sift into a bowl, 1 1/2 c. sifted pastry flour (or 1 1/4 c. once-sifted hard-wheat flour), 3 tps. Magic Baking Powder, 1/2 tsp. salt. Cut in finely 2 lbs. chilled shortening. Make a well in dry ingredients and add 1/4 c. finely-chopped mustard pickle in sauce and 1/4 c. milk; mix lightly with a fork, adding milk if necessary, to make a drop dough. Drop in 6 portions, over hot cooked stew. Cover closely and simmer (never lifting the cover) for 15 mins. Yield—6 servings.



False Face

By E. C. Buley

The maid was a long time absent; but when she returned she came empty-handed. "Miss Lola done put them away somewhere," she explained glibly. "Mebbe she send dem to be pressed."

"That will do," Peter said sternly. "Leave me alone now; and when Miss Lola comes in, tell her I wish to see her at once. Off you go."

The maid fled before his scowl; and then Marchant rose and started to explore. He found in a wardrobe a thick dressing gown, small, but warm; and this he threw over the gaudy pyjamas he wore. If the worst came to the worst, he meant to escape in this insufficient attire—that is, if nobody interfered with his movements. But he was prepared for interference as he opened the door of his room, and began to explore the apartment.

The maid appeared from a kitchen, at the sound of the closing door, and made an instant dash for a telephone which was fixed in a corner of the hall. But Peter was too quick for her, and wrested the receiver from her hands. With no more ado he bundled her into the bathroom, where he had noticed a key in the lock; and triumphantly locked her in.

Had he been less obsessed with his idea of escape, and clearer in mind, Peter might have seen something suspicious in the lusty coloured girl. It might have seemed suspicious to him that she made little or no noise, but accepted her fate with a surprising meekness and resignation.

But Marchant entered the kitchen with the air of a conqueror, and proceeded to raid the ice-box, which served as a larder. Here was a sealed bottle of milk, the half of a cold chicken, rolls, butter and other tempting provender. It might have been prepared for him, so well did it serve his need; and Peter made a hurried but hearty meal, conscious of a flood of new strength and a quickened mental alertness, as the food revived him.

He knew little of New York, and was in a district entirely unfamiliar, but had no trouble in finding a subway station. Here, too, he bought a newspaper; for one of the first things he wished to know was the length of his captivity in Lola's apartment. The date of the paper showed him that twelve days had elapsed since he and Marcia had parted at the Hotel Biltmore.

"By this time she was back in England again!" It was a disturbing thought, and showed the way to further perplexing and distressing in the extreme. The situation was one which required careful thought, in Peter's advance of any action.

Why had he been drugged and detained in the apartment of New York dancer? Confronted with that mystery, Marchant's senses reeled at the improbability of it. After spending a very little time in turning over all the solutions which suggested themselves, he decided that there were more urgent questions for consideration. Obviously the first thing he had to do was to regain possession of his effects and money, and to get into communication with Marcia by cable.

He had been staying with the Americans who proposed to become his patrons, at their Long Island house, when Marcia's message summoned him to New York and the Hotel Biltmore. Before he had gone to a hotel not far away, and here all his effects were to be recovered. It might not be so easy, presenting himself in the soiled and rough clothing he wore, to convince the hotel manager of his identity with the stranger who had reserved a room, nearly a fortnight before, and then disappeared.

But it was the obvious source to pursue, and Peter went boldly to the reception room, and faced the supercilious clerk. To be continued

Jacques Cartier planted cabbage, turnips and lettuce when he built a tiny fort at Quebec in 1541.

ASTHMA Get welcome relief from the wheezing, gasping struggle for breath caused by Asthma. Take RAZ-MAH, specially made to relieve Asthma misery. Helps you sleep and work in comfort. Don't lose another night's sleep. Take Templeton's RAZ-MAH today. 65c. \$1.35 at druggists. R-59

Anne Adams Patterns

SMART TWO-PIECER!

Dramatic deep-dip yoke on a two-piece that can be your "go-to-theater" outfit in fall—or your basic "go-everywhere" in wool or winter cotton. The jacket is the most flattering length for your figure. Choice of three sleeves. Pattern—4851: Misses' Sizes 12, 14, 16, 18, 20; 30, 32, 34, 36, 40, 42. Size 16 takes 4 1/2 yards 39-inch fabric.



Household Scrapbook

By Roberta Lee

Angel Food Cake

There may be two things wrong with the angel food cake that falls from the pan as soon as it is inverted. The flour used may have been slightly damp. The cake may also have been removed from the oven before it was thoroughly baked.

Vinegar Cruet

Clean the vinegar cruet by filling it with warm water to which a few drops of household ammonia have been added. Let it stand for an hour, then rinse thoroughly with warm water.

Eyeglass Screws

The use of a small steel pen for tightening the tiny screws in eyeglasses will answer the purpose as well as a screw-driver.

CHOCOLATE REFRIGERATOR PIE

1 cup milk, 1/2 cup sugar, 3 egg yolks, 1/4 teaspoon salt, 2 squares chocolate, 1/2 tablespoon gelatine

soaked in 1/4 cup cold water, 3 egg whites, 1/4 cup sugar, 1 cup cream, 1 1/2 cups vanilla wafer crumbs or cake crumbs.

Make a custard of the milk, sugar, chocolate and egg yolks. Add soaked gelatine, and dissolve. Cool. Fold in beaten egg whites, add the 1/4 cup sugar. Line a buttered pie tin with crushed vanilla wafers, or cake crumbs, add filling. Cover with waxed paper and place in refrigerator 4 to 5 hours. Serve with whipped cream.



"Fleischmann's Yeast never lets you down," says Mrs. G. Arthur MacDonald, Pictou, N.S.

Repeats Baking Successes at 1952 Pictou Fair

With a fresh batch of awards for her prize-winning baking at the 1952 Pictou County Fair, Mrs. G. Arthur MacDonald is rated tops in turning out home-made bread.

Talking shop with her husband (he's a baker by trade), Mrs. MacDonald attributes much of her success to her care in selecting ingredients. "Ingredients are so important," she says. "For instance, you

have to use an extra-good yeast—one with plenty of pep and action—for the best results. I personally never use any yeast but Fleischmann's, because I know from experience how fast and peppy it is."

Right to the point! Across the Maritimes Fleischmann's Yeast is the favorite with prize-winning bakers because they've proved it's so dependable.

Advertisement for 'The Fashion Shoppe' featuring 'Grand Gifts for Her' and listing various clothing items like Housecoats, Blouses, Lounging Pyjamas, Gloves, Slips, Sweaters, Bed Jackets, Housedresses, Night Gowns, Blazers, Briefs & Panties, Purse, Hosiery, Umbrellas, Skirts, Slacks, Evening Gowns, Party Dresses, Station Wagon Coats, Gift Boxes Supplied Free. Address: 141 Great George St. Phone 55.

Alice Brooks Designs

Advertisement for Alice Brooks Designs featuring 'Luscious Roses' and 'Kidney Acids Rob your Rest..'. Includes images of crocheted items and a box of Dodds Kidney Pills.

Advertisement for 'Easier way to make Better cakes' featuring 'New Domestic' baking powder. Includes an image of the product box and text: 'Easier because New Domestic blends smoothly, easily with your other ingredients. No pre-creaming is necessary. Quicker, Thriftier, too! no better shortening at any price'.