

## National Council of Women To Meet in Fredericton Late June

(By Forbes Rhude)

(Canadian Press Business Editor)  
The National Council of Women has some items on its agenda which it thinks should interest business men.

The items, in the form of resolutions, have already passed the Ontario provincial council and, presumably, will come before the full council's annual meeting in Fredericton in late June.

Other provincial councils are considering them, and Miss Muriel Wright of Toronto is in British Columbia to present the views of the Ontario council to the B. C. council.

The resolutions urge removal of excise taxes and careful study of any proposals for tariff reductions which would weaken the Canadian economy, and take issue with suggestions for a guaranteed annual wage in certain industries.

The resolution on excise taxes urges their removal on commodities needed in the home and by the average worker. It says the excise taxes on many goods add substantially to the cost of living of the average wage earner, and is "a tax on an already existing 10 per cent manufacturers' sales tax."

It comments that while the excise tax was once termed a luxury tax, most automobiles and accessories, electrical appliances, motorcycles, clocks, most watches and other necessary commodities can no longer be termed luxury items.

### Competition Healthy

The resolution on tariffs, originally from the Windsor, Ont., local council, urges on one hand that no tariff be lowered, or imports encouraged, if the result is to reduce employment in Canada, and on the other, that no tariff be so high that foreign goods be shut out, thus freeing Canadian goods from the healthy and equitable competition of imports. As one council member put it:

"We want Canadian firms to get business, but we want them to work for it."

The wage resolution, which originated with the Hamilton local council, deprecates the terms "attempts" by powerful union groups, already the highest paid workers in the country, to obtain further benefits at the expense of others and of the nation's economy.

### Low Costs Beneficial

It suggests that "the best course for organized labor would be to ensure the economic stability of Canadian industry by keeping costs down rather than shoving them up."

The preamble, commenting on



### FRUIT PUDDING

2 tablespoons butter  
1 cup brown sugar  
Apples or bananas  
1 egg  
1/2 cup white sugar  
1/4 cup cold water  
1 cup flour  
1 teaspoon baking powder  
Put the butter and brown sugar in the bottom of a baking dish. Place dish on stove and heat until mixture bubbles. Let cool, and add a layer of finely sliced apples or bananas. (Any other fruit may be used.) Make a batter of the remaining ingredients and pour this over the fruit. Bake in a slow oven for about 25 minutes. Serve with whipped cream.

—Mrs. Earle Richards,  
Alberly Plains W. I.

suggestions for guaranteed annual wage contracts in the automobile and steel industries, says:

"History shows that business has revived from recessions only by a lowering of costs and prices, except in wartime, and that a guaranteed annual wage would confront large and basic industries with frozen high costs at a time when the only salvation for industry would be lower costs."

### The Stars Say - -

By Genevieve Komba

### For Tomorrow

TENDENCIES toward irascibility and moodiness prevail during the morning hours, so avoid participating in any activity which might cause a discussion in your home or your job. Keep important plans to yourself rather than risk interference and criticism.

The evening hours are more congenial from a sidereal point of view and favor activities which promote mental stimulation while providing physical relaxation. You should find great pleasure in hobbies which require imagination and skill or in cultural and artistic pursuits.

### For the Birthday

If tomorrow is your birthday, your horoscope indicates that you should avoid extravagance in any form and postpone new enterprises and daring ventures for the next three months. Social activities should be most stimulating during the summer months and, except for a brief period during October when some stress may be present, domestic matters should prosper.

Traveling for pleasure could be most enjoyable during the fall — especially if the trip is shared with loved ones. Do not spend too much money for either traveling or entertaining, however, for this year promises happier results if social programs are kept on the simple side.

A child born on this day will be imaginative, idealistic and altruistic by nature.

### HIGH TIDES

The big tides in the Bristol channel give a rise of 70 feet at Ohepatow

## Chicken Roll-Ups



Prepare pancakes according to basic recipe. Spread each pancake with chopped creamed chicken. Roll up. Serve with hot cranberry sauce.

## Better English

By D. C. Williams

1. What is wrong with this sentence? "The reason they got married is because they had felt in love."
2. What is the correct pronunciation of "bamboo"?
3. Which one of these words is misspelled? Recompense, recommendation, retribution, retribution.
4. What does the word "dissertation" mean?
5. What is a word beginning with "t" that means "limited by time"?

### ANSWERS

1. Say, "The reason they were married is that they had fallen in love."
2. Accent second syllable, not the first.
3. Recommendation.
4. An essay; thesis. "The professor is writing a dissertation on the habits of the vulture."
5. Temporal.

## ELLEN'S DIARY

By An Island Farmer's Wife

March now—month of varied weather: of high gusty winds and wintry ways but as well bearing to us nice foretastes of the springtime: longer days, sweet with the sunshine; little and larger streams bearing after the heavy bands of the winter.

"Perhaps March will bring back first robins," a little lad smiled this morning interrupting the reading of his lesson of school, which had contained the suggestion, "You never know," he continued, "There will be pussy willows before too long," he nodded. "I know because I've been looking to see." Rob chuckled. He had come in then from the stable with our allowance of milk.

"Well," he patted the young head fondly, "if there's going to be pussy willows before too long, there is something I must attend to right away. I'll have to get a big truckload of feed for the hogs before the spring roads are here. Or else," he smiled, "what a hungry squealing there'll be!"

This evening then, reaching out to that spring in the ofing but moving nevertheless amid scenes of winter, a truck brought this supply to lane's end. What a spirited carrying there was then by the teams to the feed-house before all was safely stored within!

At Pat's farm, also in token of spring, there are now "the cutest little new calves ye ever clapt eyes on" of the red poll line. The vanguard of the crop has also appeared at Alderlea in the red and roan of the shorthorns, while at this place we await all such interesting events. "That mother-pigeon, I can't see one sign of her about; he's down in the barnyard strutting there all alone." Gage was concerned today. "Could it be that a hawk has made a meal out of her?" he questioned.

"Could it be that she's . . . ? We smiled mysteriously.

"That's it!" he exclaimed, "I'll just bet she's up in the barn-loft layin'!"

There is now sleet of silver thaw on the windward panes. It, we know, crisscrosses the path which lies between here and Alderlea, maybe, such as directs Pat's steps in at the door again we come to the sun-porch to peer into the misty dark hoping to catch there some indication of his return . . .

The spark of a lantern-light maybe, such as directs Pat's steps through the night. But so far there has been none, not even the faintest glimmer to reward our searching eyes. Rob chuckles over our obvious air of expectancy.

"He's not coming tonight!" he teases. "After all you wouldn't expect anyone to come out in this weather—there's rain falling; the wind is cold and the footing slippery."

"But local legend has it that when Angus, the oldish and red-bearded bachelor—neighbour of your Father's young days, courted his also mature lady-love neither weather nor roads stopped his going," he giggles. "He sometimes made his way out the road to her over drifts or along icy spots, on his hands and knees!"

"Well, I'm afraid that . . ."

"But here now is James, shoulders damp, the dew of rain on his face . . . Home to us again!"

—Until tomorrow . . . Diary

— Good-night . . .

## DOROTHY DIX'S COLUMN

### An Army Wife

#### Woman Worried About Husband Overseas, Who Suspects Her Of Neglecting Home

DEAR MISS DIX: I am 30 years old, have been married since I was 18, and am the mother of four children. My husband is in the Army, currently stationed overseas. He has always been a wonderful husband and father, has provided well for us, and has truly loved his family. I love him too, very deeply. Here is the problem. Shortly after he arrived in Korea, his attitude toward me changed. He accuses me of infidelity, neglecting my children, wasting his money, and has returned all my pictures. His accusations are so far from the truth that they are absurd. I love my husband too much to even think of another man. I've never away from the youngsters, and am actually saving money. I've taken on some home sewing to add to our savings toward a new home when he returns. What more can I do? No matter what I write to him, he twists it into another meaning.

### PROBLEM NOT UNUSUAL

ANSWER: For whatever comfort it might give you, Paula, I can assure you your case is by no means unique. The reaction, set up in your husband to long separation from you and the children, is, paradoxically, the one experienced by devoted husbands, rather than indifferent ones. Try to see your man's side of the story. He has been transplanted clear across the world from you, amid strange surroundings, and with a task that doubtless doesn't appeal to him. The loneliness of men under these conditions is absolutely impossible for home folks to understand.

While you naturally miss your husband, you at least have the solace of the youngsters and of your home. Your husband has nothing but strangers, unfamiliar scenes, and a dreadful sense of isolation. Under these circumstances, his mind is prone to think the worst, rather than the best.

Unconsciously he is envious of your position, which is ideal compared to his. He is open to the laments of men around him, many of whom have actually been let down by their women at home. He is overcome with self-pity, which is thoroughly understandable. Your course is to continue writing. No matter what sort of letters you receive from him, keep your cheerful, uncomplaining, and, above all, without recriminations. Get the children to write to their father, even simple scrawls. Enlist the aid of everyone you know, including your pastor, to send news, interesting letters abroad. Include in your mail every detail of home life, so he'll understand how busy you are.

DEAR MISS DIX: Last month I met a very nice boy who is in the Army. He met my parents, and they liked him, too. On the night he left for camp, we promised to write each other every day. So far he has kept his promise, but my dad won't let me write so often. The boy and I are both 17. Dad thinks once a week is often enough to write.

ANSWER: Dad's concern, I think, is that through intensive correspondence, you and the boy may become more emotionally involved than such short acquaintance warrants. On this score, he's right. It's very foolish to promise daily letters to one who is little more than a casual acquaintance.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

## Modern Etiquette

By Roberta Lee

Q. My husband thinks I am silly to evade the issue when someone asks me my age. What do you think?

A. You most certainly do not have to tell your age. You can evade the question with some pleasant, and, incidentally, the person who bluntly asks another his age is definitely ill-bred.

Q. When I am conducting my wife and a woman friend of hers to a dance at our country club, with which one should I dance the first dance?

A. With the woman guest. It would be exceedingly rude to her if you left her alone at the start of the evening while you danced with your wife.

Q. Is it all right for a man in the rear seat of a car with two women to sit between them?

A. Yes; this is the proper place for him to sit.

day. The appointment to the newly-created position will be effective April 1. Mr. Landry will be succeeded as CBC director for Quebec by Aurele Seguin of Montreal, who will continue to act as director of the French network.

### NEW CBC POST

OTTAWA, (CP)—Appointment of R. P. Landry, 56, of Montreal as controller of administration for the CBC was announced Thursday.

## How Can I!!!

By Anne Ashley

Q. How should salad dressing be served?

A. If possible, serve the dressing separately and let the guests help themselves. Not only does the lettuce wilt after the dressing has been on it for any length of time, but people have so many different ideas in regard to salad dressing.

Q. How can I remove oil stains from bed clothing?

A. Wet the spots with spirits of turpentine and wash out with cold water and a mild soap. Hot water will set the stains.

Q. How can I retain the shapes of knitted garments?

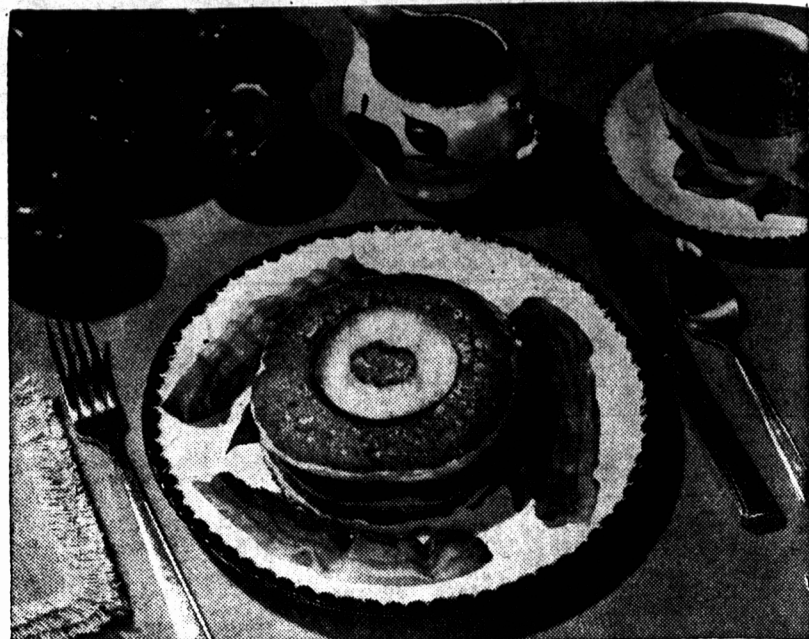
A. Stretch out the knitted articles on a flat surface after laundering and they will retain their shapes.

## Morning Smile

First explorer — Taking your wife with you to Central Africa, eh? Aren't you afraid the climate may disagree with her?

Second explorer — It wouldn't dare!

## Apple Ring Pancakes



(Makes 14-16 pancakes)

- 14 to 16 unpeeled cored apple rings
- 1/4 cup butter
- 2 cups ready-mix for pancakes
- 2 cups milk
- 1 egg, beaten
- 2 tablespoons melted shortening

Cook apple rings slowly in butter for a few minutes on both sides. Combine egg and milk; add to pancake ready-mix all at once and stir lightly. Fold in melted shortening. Put apple rings on hot, lightly greased griddle; immediately pour 1/4 cup batter over each apple ring. Bake to a golden brown, turning only once. Serve on Pancake Day—today!

## Household Scrapbook

By Roberta Lee

### The Complexion

The complexion will be improved if you eat plenty of fruit, drink milk, and also drink water freely between meals. Massage with almond oil, or a good face cream. Keep regular habits.

### Damp Rooms

If blocks of camphor are placed in all corners and on the shelves, replacing them as they evaporate, it will soon take away all dampness.

### Sponges

Clean the sponges thoroughly by soaking them in milk for several hours. Then wring them dry and rinse thoroughly in hot water.

## Contract Bridge

By Josephine Culbertson

### ANNOYING, BUT NOT FATAL

The extraordinary trump break in the following hand should merely have annoyed the declarer — not defeated him.

|             |        |                        |         |
|-------------|--------|------------------------|---------|
| South deals |        | North-South vulnerable |         |
| ♠ A Q 10 4  | ♥ 9 5  | ♠ A Q 8                | ♥ 6 2   |
| ♦ J 9 3     | ♣ 8    | ♦ A Q J 8 2            | ♣ 6 4   |
| ♣ 8         | ♠ 8 2  | ♠ K 10 7 5 4           | ♣ 7 3 2 |
| ♠ J 7 6 3   | ♠ 10 6 | ♠ K 7 3                | ♠ J 6   |
| ♠ A K Q     | ♠ 5 4  |                        |         |

bidding:  
 South West North East  
 1 Pass Pass 1 Pass  
 2 Pass Pass 2 Pass  
 3 Pass Pass 3 Pass  
 4 Pass Pass 4 Pass

West considered opening with three clubs as an attempted shut-out, but his spade holding made that course questionable — it could easily shut out a four or five-card spade suit in his own partner's hand. A one-club opening was another alternative — probably the best — but West decided to pass originally and do his bidding later. (This is almost always a dubious course of action.)

Leading against the four-heart contract (which East presumably "liked too well to double"), West laid down the club king, then shifted to a diamond. This trick was taken in dummy, and declarer then led the nine of trumps. It pleased South when the nine-spot held the trick — East having played low — but it was anything but pleasant to see West show out.

Muttering, declarer risked another diamond trick, but then, apparently fearing that East would ruff a third round, declarer tried to run off some spades. East did ruff the third lead of that suit, and when he returned a club, forcing dummy to ruff, declarer was in trouble. He made the best play, the trump jack, in hope that East would make an error, but that was scarcely possible. East simply covered with the queen, and South finally had to lead away from his 10-7 into East's A-8 tenace.

The last thing South should have worried about was that East might ruff a third diamond. What if he did? Then he certainly would have at least three spades, and it would be easy for declarer to reenter dummy several times to shorten his own trump suit and eventually shut out the heart queen by leading from dummy and "couping" East.

## More Comfort Wearing FALSE TEETH

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## That Body Of Yours

By James W. Barton, M.D.

### THE DAILY FOOD NEEDS OF THE BODY

During World War II it was found that some workers in a large airplane factory seemed so tired about 11 o'clock in the morning that the employers found it necessary to give them a rest. An investigation revealed that these tired workers not only ate a small breakfast but the breakfast contained little or no protein foods — meat, eggs, fish. When protein foods were added to their breakfasts it was found that they were able to work until the noon hour without becoming fatigued.

Another important finding by research food workers is that many men and women feel very tired at the quitting time. Naturally, the first thought is that he or she needs rest, plenty of rest, before the evening meal. On the contrary, our research workers find that these workers need food, that the feeling of fatigue is due to hunger and not to tiredness.

We are inclined to smile at the many meals our British friends eat in a day. I have written before that the meals eaten by the British in some cases number seven or eight in a day, yet if the amount of

food eaten is measured, it would be found to be no more than that eaten by Americans in three meals. Also, the reason the Englishman does not have that "lean and hungry look" on his face is because of the extra food, in small quantities that he eats daily.

The amount of food your body needs in a day depends upon the amount of work or activity of the body during the 24 hours. Our food, or nourishment experts estimate that the amount of food the body needs just to carry on its normal work — pumping blood through the blood vessels, supplying heat and energy, supplying the various organs and glands with nourishment they need — amounts to about 80 per cent (four-fifths) of the food intake. For example the housewife or office worker averages from 2,200 to 3,500 calories daily whereas that needed by the individual doing hard physical work could be as much as 4,000 to 6,000 calories.

Thus we get a general idea of the food we need by the amount and type of work we do. We should take some of all the various food stuffs daily, making sure of eating some protein foods every day, not forgetting the minerals and vitamins. Four of the nine important minerals that should be eaten daily are calcium, phosphorus, iron and iodine. Some of all the vitamins should be eaten daily, especially vitamin B1, B2 and vitamin B complex.

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Modern Science Proves that brushing teeth after eating removes the cause of much bad breath and tooth decay.

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Colgate's firmly-set nylon bristles stubbornly resist moisture and wear—never get soggy! Specially shaped to polish teeth as it cleans. Medium or Hard bristles—3 special sizes.

## COLGATE TOOTHBRUSH

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OUTSTANDING VALUE! Ladies' 35¢ Child's 25¢

## Anne Adams Patterns

### TAILORED STEP-IN

Always ready, always right when you wear a dress that's comfortable and flattering. You need at least one of these smart, simple step-in dresses! Crisp collar, square patch-pockets, contrast piping give a smart tailored look.

Pattern 4519: Misses' Sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, 40, 42, Size 16 takes 4 1/2 yards 35-inch fabric; 3/4 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, 1/2 The Guardian, 60 Front Street West, Toronto, Ontario.



## If You're TIRED ALL THE TIME

Everybody gets a bit run-down now and then, tired-out, heavy-headed, and maybe bothered by backaches. Perhaps nothing seriously wrong, just a temporary toxic condition caused by excess acids and wastes. That's the time to take Dodd's Kidney Pills. Dodd's stimulate the kidneys, and so help restore their normal action of removing excess acids and wastes. Then you feel better, sleep better, work better. Get Dodd's Kidney Pills now. Look for the blue box with the red band at all drugists. You can depend on Dodd's. 52

4519 12-20 30-42 by Anne Adams

## SAFE FOR CHILDREN



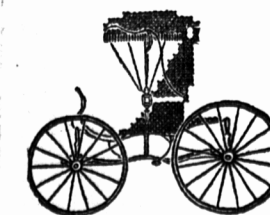
RUB IT IN — WATCH IT VANISH PENETRATES DEEPLY TO POINT OF CONGESTION, QUICKLY RELIEVES

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### JUMP SEAT BARDUCHÉ



### ENGLISH PHAETON



### 7345

by Alice Brooks

## 15 fresh garden vegetables



HEINZ VEGETABLE Soup 57



LITTER QUEEN — Queenie, a beagle from Wheeling, W. Va., set the canine world on its ear when she gave birth to these nine pups. Not only was it rare for a beagle of her type to bear so many pups, but she supposedly set a world's record by delivering in only 50 days. A doctor who helped deliver the dogs says the lowest previous record was 55 days.