

The Stars Say

By Genevieve Knapik

For Tomorrow
WITH the Moon entering Taurus this day, it is an excellent period to take on some extra work or to capitalize on a hobby for the purpose of increasing income.

For the Birthdays
If tomorrow is your birthday, your horoscope promises in the months immediately ahead, a period of rich fulfillment of long-cherished desires and great personal satisfaction in the honors and financial gain which should accrue as a result of past endeavors.

Travel is not particularly advisable during the next few months but, should you have a journey in mind, make plans now for the late spring or early summer when the aspects will be more propitious.

ELLEN'S DIARY

By An Island Housewife's Wife

With us, kin to him, this was the Day of the Wedding. It is a strange thing that no matter the fearful ills and vagaries of this world, despite the fact that the elderly sigh sadly over its backslidings and the topic forms a moot subject for many a conversation, there is no one we have met who does not look forward with kindly thoughts to its continuation in the occasion of some approaching marriage.

If before the day of nuptials, we had been so taken up with the care of our household as to exclude many of the lovely intangibles or living, on the morning of the day which was to bring a plighting of their troths of a couple we knew by name or in person, we should invariably find ourselves at a window at rising, fairly pleading with Old Sol to put on his best smile for the occasion.

But James, long-time and patient husband of ours, with English blood in his make-up is of more practical turn of mind. His ancestors on the distaff side, we suspect, trusted little in the value of signs and portents. They knew nothing of the witchery, the fair and evil tokens to be found in rugged hill and glen.

Although we must admit that in a sense it would appear that he has the gift of second sight... You needn't deny or affirm it, Ellen. He has a said sternly after an absence, "you forgot to feed the rare—and that's all that's to it! I know! Never mind how—I just know!"

This wedding was to bring a grand nephew of James, son of a first niece, to what may have been the happiest event and certainly one of the most important in his life.

It was a twist of fate which no one could ever have foretold that the lad's wedding should fall on Remembrance Day, one which commemorated the untimely though gallant passing of the uncle whom he was never to know but whose name he bears. He with so many Island and Canadian lads gave their dust in the long ago to lie "in Flanders' field."

The bridegroom is a farm-boy, born in a room of an old and gracious farm-house one summer morning, and reared to the life. We suppose that for his years no boy has had more sound of practical experience in farming, and we doubt if any other has had better success. Always since a little boy he has been right-hand man, confident and trusted partner of his Dad on the farm. And if it happens that he comes of lines of enterprising farmers, that is another spoke, indeed more than one, in his wheel of good fortune.

His interest in Agriculture has given and taken him on many a trip "abroad" and it is fitting that a goodly part of the Honey-moon is to be spent amid scenes of that Canadian Fair of all Fairs—"The Royal."

The Bride—was there ever one more winsome than she in whose happiness loved ones, kin and a legion of friends and well-wishers joined tonight?

"Was there sunshine today, Ellen?" James asks. "Oh yes, I remember, there was. I guess," he offers with a smile, shedding now necktie and other bits and pieces of his wedding garment, "it's just as well to have the sun with us—our Wedding Days!"

Until tomorrow... Good-night

We And Our Neighbours

by Ruhamah Scheinfeld Frank

KEEP THE WAY OPEN

Volumes have been written on adolescence or the teen years, and no attempt has been made to deal with every phase of the subject. In these columns, I have been content to point out the basic needs of the adolescent and to offer occasional suggestions that might prove of value to parents in meeting these needs.

The adolescent, we have stressed here, has a normal and desirable urge to regard himself and to be regarded, as no longer a child, but an individual with considerable ability to direct his own affairs. No matter how he blusters, "I am old enough to take care of myself," part of him wants, and of course, needs, the aid of his parents.

If anyone doubts how far from self-reliant the teen-ager is, this almost slavish conformity to the standards of his particular group or gang, is enough proof. He has simply transferred his attachment to parents and home, to these young friends. This is an important and necessary step toward a permanent relationship with some one of the opposite sex, and to building a home of his own.

But if the young person is to achieve real adulthood and independence, the parents must provide a firm home base during this process. The perplexing question is, how much support to give, and how much freedom? And there is no exact answer. Only the parent can tell how the child up to this point, has carried out the responsibilities suitable to his age.

Whatever his personality, arbitrary commands seldom help the child to grow, nor are they likely to result in obedience to the parents' wishes. Like the younger child, the teen-ager must feel that he has a share in the rules and regulations set for him. I have heard young people say, "Oh yes, they asked our opinion, but they listened! As soon as we did not agree with them, it was all up." These young people will usually co-operate if their feelings are considered, and their words treated with respect.

But above all, as has been indicated before, the teen-ager must feel that his parents are there ready to help, and even ready to come to the rescue in an emergency. Wise parents, Keep the Way Open, always, for confidences from their children. The younger child should not be afraid to "tell on teacher," or on a bullying class-mate, or any other disturbing experience. Talking it over with parents, is the only method of discovering the source of trouble.

Teen-agers range still further from home, and it is perhaps even more important to keep the way open between them and their parents. No one can follow them about, the firm rules cannot prevent trouble. But this trust in the fairness and willingness of parents may avert many rash steps, and prevent tragic endings to teenage mistakes.

Nor is the venturesome young person the only one who needs this open way to his parents' goodwill. There is the too obedient, too passive adolescent. What is behind his attitude? Is he afraid to compete socially? Or at school, or at work? He needs even more help and encouragement to grow out of his protecting home.

Passive or active, the young person groping toward independence and adulthood, should feel the way is open to the greater wisdom and experience of his parents. Fortunate are the children of parents who not only say, "do as you please, but don't come to us, if you get into trouble, but instead, "You're doing fine. We're proud of you. But everybody makes mistakes. If you have worries, or need help, come to us. We'll work it out together."

(Note: There are two fine books on adolescence at the Charlottetown Library. One is: Counseling Adolescents. By Shirley Hamrin and Blanche Paulson. The other, more practical: The Adolescent. By Marynia F. Farnham, M.D.)

That Body Of Yours

By James W. Barton, M.D.

A HERNIA SHOULD BE REPAIRED AT OLD AGE

When a patient with hernia (rupture) can drive into the hospital grounds on a Monday, undergo an operation for the hernia, and drive out again Friday, at home for a few days, then resume his former work (light or office work), it seems strange that so many men refuse operation. These patients allow the hernia condition to progress to the point where they are poor risks for surgery, but often the condition makes an emergency operation necessary.

In Geriatrics, Drs. W. Debenham and Cooper Davis, San Francisco, report their study of the results obtained under emergency conditions when the surgeon can select or choose the patient on whom he will operate. There were 365 operations studied in a San Francisco hospital during a three-year period. Of these, 194 patients were men over 55 years of age at the time of operation and the remainder constituted a similar group of patients from 35 to 55 in a comparable control series.

The main interest of these two surgeons was a comparison between those operated on as emergencies because of strangulation and those who had an elective operation at a time of their own choosing. Comparison was made as to the death rate, sickness after operation, and the number of cases in which the hernia returned. Operations were all done by the same method and suture material.

The results of this study showed the death rate in emergency hernia operation was 10 per cent as compared to less than one-half of 1 per cent in those hernias which were operated on at a time "of our choosing." Recurrence, or return, of the hernia is not appreciably greater in elderly patients than in a similar group of young adults.

Drs. Debenham and Davis feel that unless there is some special reason for not operating, all hernias should be repaired regardless of age. "Elective or choosing time and condition of hernia in patients over 55 years of age is a procedure which gives good end results and carries a low death rate and a short period of convalescence. Unrepaired hernias in the elderly often result in strangulation, bowel obstruction. The frequency and severity of strangulation and obstruction increases with age."

Unless definite contra-indications are present, hernia should be repaired whenever discovered regardless of chronological age. It is unfortunate that many men over 55 years of age endure the discomfort of hernia because they have been led to fear the complications of surgery and have been given the impression that the chance of hernia returning is great.

The above information should reassure them that hernias should be repaired at any age.

Better English

By D. G. Williams

1. What is wrong with this sentence? "They spent the balance of the evening arguing over the matter." 2. What is the correct pronunciation of "momentarily"? 3. Which one of these words is misspelled? Conscientious, ceremonious, simultaneous, pretentious. 4. What does the word "caliber" mean? 5. What is a word beginning with f that means "weariness from labor"?

ANSWERS
1. Say, "They spent the remainder of the evening arguing about the matter." 2. Accent first syllable, not the third. 3. Simultaneous. 4. Degree of individual capacity or power. "We measure the caliber of men by their achievements." 5. Fatigue.

Morning Smile

It is rumored that during the Coronation festivities a guardsman and a sailor met and went on a spree. This finished up with both men exchanging headgear. Eventually the sailor put on the guardsman's bearskin and planted his sailor hat on top of it. Then he returned to the depot, woke up his superior officer, and asked: "Do you think I need a haircut, sir?"

Modern Etiquette

By Roberts Lee

How Can I...?

By Anne Ashley

Q. Is it proper to mail birth announcements to all one's friends even to those whom one has telephoned the good news? A. It would seem rather foolish to mail announcements to those persons who have already been told the news over the telephone. But to all others—whether in-town or far away—mailed announcements are in order. Q. Is it proper for a salesman to say "good-by" to the reception girl when leaving the office of a business executive? A. Yes. This is not only courteous, but also tactful. A small courtesy such as this is often remembered the next time the salesman calls.

How Can I...?

By Anne Ashley

Q. How can I boil eggs so that the whites will not be tough? A. To soft-cook eggs, put them into a pan of water that is boiling hot. Remove the pan from the fire and let the eggs stand in it from eight to ten minutes. When cooked in this way, the whites of the eggs do not become tough. Q. How can I prevent the daily newspaper from blowing off the porch? A. Fasten a spring clothespin to the porch railing, or any convenient place near the front door, and any obnoxious paper carrier will be glad to snap it into this pin if asked to do so. Q. How can I make glassware sparkle? A. Either vinegar or ammonia in the water when you wash windows, mirrors, or table glassware, will make the glass sparkle more brightly.

Household Scrapbook

By Roberts Lee

The floors Before applying any finishing coats to a floor, it should be dusted with a cloth dampened in benzine. Every speck of dust that is covered with varnish or paint will become magnified and will spoil the work. Colic To bring relief when baby has colic, give water as hot as can be borne and use the hot water bottle. If this doesn't prove effective dissolve a soda mint tablet in half a cup of water and give a few teaspoonsful. Gravy The housewife can save a great amount of time if she will keep a quantity of browned flour on hand for making gravy.

Rheumatic PAIN

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Cook's Corner

60 MINUTE PARKER HOUSE ROLLS

2 cakes yeast 1/4 cup warm water 1 1/2 cups milk 3 tablespoons sugar 3/4 teaspoon salt 1/2 cup butter 4 1/2 to 5 cups sifted flour Dissolve yeast in water. Put milk, sugar, salt and 1/2 butter into saucepan and heat until lukewarm. Add yeast and flour. Cover and let rise 15 minutes. Turn on floured board and pat to 1/4 inch thickness. Cut with 2" cutter. Brush with remaining butter and fold dough over. Let rise on greased baking sheet for 15 minutes. Bake in hot oven (450 degrees) for 10 minutes. Yield 2 dozen rolls. —Mrs. Olaf Stevenson, Avonlea W. I.

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DOROTHY DIX'S COLUMN

Girl, 21, Wants Own Way

But Mother Wishes Daughter Would Remember Pledge Given To Boy

DEAR MISS DIX: Don't you think a girl of 21 is old enough to do as she pleases? I feel I have a right to handle my own affairs as I wish. Mother doesn't agree with me—but here's the story. Just before Vinny went overseas some months ago, he gave me a diamond ring and asked me to wait for him. Now, for the past three years I have been corresponding with Frank while he was overseas. Vinny read many of our letters and shared my pleasure in them. It was assumed, of course, that the exchange of mail was on purely friendly basis. Then, two months ago, Frank came home, I told him I was engaged, but he called me out. Feeling lonesome, I accepted. After two or three dates, my mother forbade me to go with Frank any more, and finally she took my ring away, saying I had no right to wear it. While I don't feel altogether right about going out with Frank, I see no real harm in it. Do you? BREA G.

ANSWER: Do I see any harm in deceit, in failing to keep the solemn pledge imposed on you when you accepted an engagement ring, in deliberately hiding from Vinny the fact that you are no longer loyal to him? Yes, Bea, I'm afraid I do see a good deal of harm in these things. You assume that the mature age of 21 gives you the right to hurt people, to do wrong, to trifle with the affections of two men. No, my dear, no age gives that right! Twenty-one does give certain privileges, it's true, but the right to trample on someone's feelings isn't one of them.

MOTHER COMMENDED Your mother's actions are absolutely in order, and she's to be commended for her stand. The only objection to it is that if you continue to wear Vinny's ring it might awaken both you and Frank to the fact that you have an emotional obligation overseas. For immediate action I suggest that you break off with Frank, wear Vinny's ring again, and try to act like an engaged woman. Perhaps you'll discover that, after all, you do really love Frank, but in the meantime you've given your soldier a chance before spoiling his dream.

DEAR MISS DIX: While on vacation abroad, I met and fell in love with a foreign girl possessed of beauty, intelligence and a radiant personality. I am well acquainted with her family, our religions are the same and I speak her language fluently. My problem is, would it be wrong to try to win her through correspondence in view of our relatively brief acquaintance? I don't know how she feels about me. I am 24, she is 20.

ANSWER: Surely you wouldn't consider not wooing this person loyal to him? Would she be prepared to leave her own country to come here? That would be the difficulty in her case. Since your business and home are here, she would have to leave her native country and come here. Well, thousands of girls have done it in the past few years. I'm sure your darling wouldn't object to coming to live over here.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

Bringing Up Baby

Hints Collected by Mrs. Dan Gerber (Mother of 5)

In the so-called good old days rigid rules were put above reasonableness. Parents were taught and told the importance of routine, especially where feeding schedules were concerned. Certainly children do thrive on a certain amount of routine (and so do mum and dad). But modern parents avoid letting schedules become more important than baby's real needs. Flexibility, coupled with orderly planning is probably the best-two proposition for all concerned.

A toothsome tale. Little teeth making their debut? That's the time for junior foods! When baby's ready for the switch from strained to junior foods you'll find Gerber's fill the bill beautifully. Evenly minced, they have the just-right texture that tots with a few teeth can manage nicely. And Gerber's Junior Fruits, Vegetable-Meat Dinners and Desserts are famous for naturally good flavor and tempting true colors.

Share and share alike. If you've any tips you'd like to share with other mothers, please send them to me: Box 17, Toronto 18, Canada.

Sole of the matter. Salvageable sections of old sheet plastic can be used to make soles for the feet of toddler's sleepers. Keeps padding feet cleaner... can be whisked clean with a damp cloth.

Send for this lovely Baby Spoon! Famous Winthrop design in heavy silver plate! Regular value \$1.25. Yours for only 25 cents plus one box top from any of the five Gerber Baby Cereals—Mixed, Rice, Barley, Oatmeal, or Wheat. Address Mrs. Dan Gerber, Box 17, Toronto 18, Canada.

Child's Bad Breath often sign of Upset Tummy!

For minor digestive upsets, children so often suffer as a result of overeating or eating too much candy or sweets. Give Children's Own Tablets, new corrective for youngsters 3 to 15. It's quickly helps soothe their stomachs and act speedily to clear out from the bowels, of feeding waste material in a gentle, thorough manner. Made by the makers of Baby's Own Tablets—your assurance of a reliable product. Get a package today at your druggist.

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