



LONG MAY SHE REIGN!

Her Majesty, Elizabeth II, history that a reigning monarch has performed this function. Accompanied by His Royal Highness The Prince Philip, the Queen will travel in a state procession to the Parliament building where she will receive the Royal Salute on the steps of the Peace Tower. She will then proceed to the Senate Chamber, Senators and Members of the House of Commons, she will read the Speech from the Throne. —National Film Board of Canada Photos.

COOK'S CORNER

LEMON CREAM CAKE
 1/4 cup of butter
 1 cup powdered sugar
 1 1/2 cups of pastry flour

2/3 cup of corn starch
 2 teaspoons of baking powder
 1/2 cup milk
 1/2 teaspoon vanilla
 Salt
 4 egg whites
 Cream butter and sugar. Mix pastry flour, corn starch, baking

powder, salt and add to butter and sugar mixture, alternately with the milk.
 Add vanilla and the egg whites stiffly beaten. Bake in two pans. When cool put together with lemon filling and ice with 7 minute icing.

MORNING SMILE

She: Before you went to school you said I was all the world to you.
 He: "Yeah, but I've studied geography since then."

Women

Len. Caroline McLure, Women's Editor. Phone 538

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WE AND OUR NEIGHBORS

Wide Interests Can Ease Some Difficult Situations

Ruhamah S. Frank

An elderly gentleman I know has been having a wonderful time following the World Series. His wife has been taking pleasure in his enjoyment but confessed to me that the game itself was a mystery to her. She just couldn't understand what it was all about — she never could.

"And I certainly wish I could make head or tail out of a baseball game," she said. "For weeks Stan (her husband) and I have been tied in knots thinking about the change in our lives when he reaches the retirement age this Spring. Can he find other work? Can we be extravagant and take a long trip to visit Dorothy in Germany where her husband is stationed? Oh, there are many trying decisions to make. Retiring age creeps up on you — really, the time to plan for it is while you have the full strength to meet difficult situations — the early forties are not too soon. Anyway, Stan followed every move of the game as if he didn't have a care in the world. He laughed, he shouted — and that night he slept like the boy he seemed to be while he watched the game. What wouldn't I give to be able to lose myself that way!"

"But I've seen you absolutely absorbed in a book," I said, "after all —"

"After all, I suppose you think a book is a higher form of entertainment and relaxation, than a baseball game." "It depends on the book, but you read only the best."

"That's the trouble," said the lady, "the 'best' is too real, too true, one is likely to find one's own problems repeated on the print page — with a solution that doesn't fit one's own case at all. There are times when books should be laid aside — for base-ball games — or other pastimes that tax the mind or heart very little."

"In her words," I said, "one should have a variety of interests to draw on. I once knew an old professor of the ancient

languages who looked wistfully at a gay group around the card table and said he wished he could play. "In my youth," he said, "I thought cards a sinful and foolish waste of time. But now — often the heart and mind grow tired."

START EARLY! said the lady, "is that interests start in the early years — in the home. Like your professor, I too would like to enjoy a game of cards but my parents frowned on it and now I find it impossible to learn well enough to make it fun for me — or my playing partners. I am glad Dorothy was encouraged to take part in anything that was harmless and that appealed to her at all."

"Dorothy is an altogether charming young woman," I said. "Her varied interests have led to a varied assortment of friends and she is a delightful companion. As the years go on she will probably drop this hobby of that but never her awareness of it or the people who like it. And she will always have an 'interest bank' to draw on at every stage of her life. You and Stan certainly gave her a good start — you in her love of reading — and Stan probably in — her love of ball-games — and such like."

"You're right," said the lady. "But honestly, if I try real hard, do you think I can learn to enjoy a ball game — and play auction bridge — if not the harder game?"

"Why not? Psychologists say you can learn almost anything, at any age — it may take longer —"

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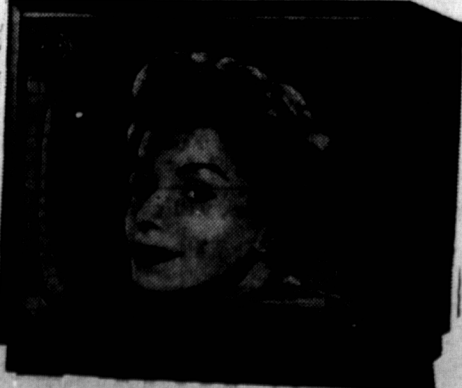
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