

ELLEN'S DIARY

By An Island Farmer's Wife

We had our lawn mowed this evening by a professional, as at Alderlea, it has been our custom in recent years. A brawny fellow, who declares he "must walk miles at it in a day" comes in with his power-machine and makes quick shift of the work. His arrival, if James be about, is a signal for the housewives to come to their feet, near a window, or preferably in the out-of-doors. With any such project it is at least a bad breach of etiquette for us to pursue for the moment any interest of our own indoors. Every last member of the family is expected to be thoroughly conversant with each successive stage of any farm-endavours... "Cutting ratters today, were you?" we observed to James at supper, merely by way of making pleasant conversation, to make our fare more tasteful, if need be. He all but choked on a bite. Then clearing his throat he sputtered: "Ratters, Ellen! didn't you know we were laying silts today?"

The advent of the power-machine operator, at once brings James to the door, to investigate the pall of silence suspended about. "He's here, Ellen," he announces. He says it in a tone disgusted and grieved and hopeless. A "this is all very fine while it lasts but I've often seen an end come to lazy practices like this" voice. "Come, Ellen" James will call loudly, "the man to cut the lawn is here!" We should like as we follow out doors to drop lazily to the old stone door-step to watch the magic of the mowing. To view too, the exquisite play of evening shadows, dark and silver and rose on the pond below. To see twilight flooding in gently beyond a far quiet hill; to enjoy the calm loveliness of a June day preparing now to enter its rest.

But not with James already industriously trimming the grass about the lawn-shrubs, gathering it tidily to a basket to make a choice tidbit for "those pigs in that far off pen. They're off their appetite, I fancy. Oh, not miserable, but not quite as sharp as they might be for their feed." So if we only gather granddaughter's toys out of the way of the approaching machine, or retrieve a highly colored ball of youngest grandson's, we are contributing to the success of the chore, and proving our interest therein.

The spring-planted Spirea is now breaking out into neat blossoms. Sweet Peas are catching the trellis and close by, to be used with these blooms, a thrifty plant of Baby's Breath is growing. With grand-daughter we await eagerly the opening of first Shirley Poppies, she planted early in a small plot by laneside. This is a variety with which we are little acquainted, though we have a visiting gardener's word for it. "If you've never grown them before, what joys you have missed! You throw them in anywhere — and what do you get? — the gayest, friendliest poppies of them all!" In the old flowerbed, their Californian kin make a bright splash of color, the strange woolly unopened buds, often the objects of much conjecture on the part of our small fry. Pink, yellow, orange, white? So many shades they may be... Sister to Jeanie, gone now from her native heath to live in California, arrived at her destination recently and safely, after a trip "which contained so much that was strange and different as we continued, it was almost incredible." Young daughter entered school there without delay and the family has settled down happily to carve a new home and life for themselves in that land of sunshine to the west... And James — where is he? The wide old bed in the room above the kitchen creaks a reply.

Until tomorrow — Diary — Good-night. . . .

TACOMA, Wash., June 28 — (AP)—Vince, the eldest of the baseball-playing DiMaggio brothers, has hooked on with Tacoma of the Western International League. The 38-year-old DiMaggio, who managed the Pittsburgh, Calif. club in the Class-D Far West League until it folded, joined Tacoma Saturday night.

That Body Of Yours

By James W. Barton, M.D.

CARE OF THE AGED

If asked what was the greatest problem facing the medical profession today, most of us would say cancer or, perhaps, heart disease. The greatest problem is, however, one for which the medical profession is itself responsible, that is, the lengthening of the lifespan from 47 to 67 years during the past fifty years.

In the Chicago number of Medical Clinics of North America, Dr. Emmett B. Bay, professor of medicine, University of Chicago, states, "The number one public health problem in the country today concerns the care of the aged. It will increase rather than decrease in the next half century. Among the reasons for its importance is the fact that diseases of the heart and blood vessels of one kind or another are, by all odds, the leading cause of sickness and death in the nation."

"Considering the population at birth, about one out of three is going to die of some kind of disease of the heart and blood vessels. Of the population at age of 50, about one of two is going to succumb from these ailments. These diseases include such conditions as high blood pressure, hardening of arteries and some of their complications such as coronary thrombosis, apoplexy, and kidney failure."

Added to the above is the fact that by the production of penicillin and other germ killers, physicians have prevented death of old people from pneumonia. Now these people are prevented from dying of pneumonia and left to have long lingering illnesses such as chronic heart failure and strokes which may last for years.

While the financial problem of looking after the elderly by the family or even by the state looms very great, the care that must be given them is a strain on the nerves of the family also and on the supply of nurses needed. The strain on the daughter of the invalid and on the children of the demented — the grandchildren makes the household nothing less than a breeding place for fears and anxieties in the young.

What solutions are suggested for the old-age problem? Dr. Bay suggests that this problem be met in part by more institutions to care for the aged individuals supported by public and private bodies, as there are now for cancer and heart disease. Secondly, instead of putting heart patients to bed, many of them could be allowed to walk and report to the hospital for examination at definite times. This might apply in particular to patients who have had only one attack of coronary thrombosis.

Household Scrapbook

By Roberta Lee

Bedroom Curtains

Use a spring clothes pin on each side of the bedroom curtains so that they can be doubled up out of reach of wind and rain during the summer months. If done properly the doubling up will not cause wrinkles in the curtains.

Warmed-over Food

Food may be reheated and served again without any difference in flavor if it is placed in the double broiler and steamed through, instead of bringing it into contact with direct heat.

Glossy Linens

A fine gloss will be imparted to the linens when ironing by covering a piece of beeswax with flannel and rubbing over the surface of the iron.

the Western International League. The 38-year-old DiMaggio, who managed the Pittsburgh, Calif. club in the Class-D Far West League until it folded, joined Tacoma Saturday night.

MacDonald - Martin Wedding



Mr. and Mrs. John Millar MacDonald photographed at their reception, held at the home of Mrs. G. Murray Vernon, following their marriage at Orwell Head Church. The bride is the daughter of Mr. and Mrs. Ernest Martin, Uigg, and the groom the son of Mr. and Mrs. A. A. MacDonald, Charlottetown. —Garnum Photo.

Cook's Corner

DEVILED HAM-PEANUT BUTTER SANDWICH FILLING

1/2 cup peanut butter
1 (3-ounce) can deviled ham
1/2 cup mayonnaise or salad dressing
3 tablespoons chopped dill pickle
Combine peanut butter, deviled ham, mayonnaise and pickle. Yield: 1/2 cup or filling for 4 sandwiches.

WALNUT SMOKED CHEESE SANDWICH FILLING

1/2 cup chopped walnuts
1/2 cup smoked cheese spread
1/2 teaspoon Worcestershire sauce
1/2 cup mayonnaise or salad dressing
Combine walnuts, cheese, Worcestershire sauce and mayonnaise. Yield: 2/3 cup or filling for 4 sandwiches.

SALAMI-EGG SALAD SANDWICH FILLING

1/2 cup chopped salami sausage
2 hard cooked eggs, chopped
1/2 cup mayonnaise or salad dressing
1 tablespoon chopped green pepper
1/2 teaspoon salt
Combine salami sausage, chopped eggs, mayonnaise, green pepper and salt. Yield: 3/4 cup or filling for 4 sandwiches.

Morning Smile

Winner

"What qualifications are required to make a successful card player?" asked Mrs. Bowling casually.

"Well, it's hard to say," replied her husband, thoughtfully. "A man must be cool, calculating, crafty, cunning, and have a louch of meanness in his disposition."

Modern Etiquette

By Roberta Lee

Q. When the guests begin lighting cigarettes after a meal in someone's home, and you find there is no ashtray near you, is it all right to use one of the used dishes in front of you?
A. Never. Don't light your cigarette until you have asked your hostess if you may have an ashtray.

Q. How should a United States Senator be addressed in a letter?
A. The Honorable John Doe, United States Senate, Washington, D. C.

How Can I!!!

By Anne Ashley

How can I clean the teakettle?

A. Rub the outside surface of the teakettle with kerosene and then polish with a dry flannel cloth. To prevent rust, put a clean oyster shell into it.

Q. How can I keep my needles shiny and free of rust in a damp climate?
A. Keep the needles in an emery needle cushion.

Q. How can I prevent gravy from becoming lumpy?
A. Add a pinch of salt to the flour that is used for thickening, before mixing it with water.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A BRIGHT idea, a sudden inspiration in rather spectacular lines, may change a static or menaced situation into most prolific channels, constructive and fundamental in scope and objectivity. This unexpected development may accelerate the mind into entirely new channels — radical and creative — along untried or experimental lines. However, there might be financial risk in promotion. There could be dissension, disagreements.

For the Birthday

Those whose birthday it is, while having a spectacular year, with new adventures, interests and contacts, are advised to protect themselves and their original ideas or plans from dissension, fraud, deception or litigation. The judgment in this respect is not reliable and could be steered into dangerous connections by the novelty or excitement of some revolutionary idea or discovery. With discernment and controlled emotions, the denouement might be dramatic.

A child born on this day may be brilliantly endowed on exceptional lines — creative, inventive, original and spectacular. Its judgment may not be safe as to financial commitments.

The Jade God

By Mary Imlay Taylor

(Continued)

But the regular life that he had led made him fall hungry at regular intervals, by the clock; he had been hungry now for hours. The sensation was new and not without zest; it was part of his freedom. He threaded his way through the crowded streets with the awkward feeling of a recluse suddenly thrust out into the world. But the sights and sounds had an intoxicating effect; he felt like a man let loose into mad indulgence.

He had tramped miles; he was up-town before that insistent, by-the-clock hunger began to clamor again. He smiled to himself; eighty cents would not go far to

Cucumber-Cool

In a Cotton Play Suit



It's no wonder this little miss looks so pleased with herself. What little girl wouldn't wish for such a pretty sun suit? A flower printed cotton edged with eyelet ruffling makes the kind of cool and pretty sun suit a little lady loves to wear. The suit with its penic and skirt effect is all in one piece, and opens out flat for easy ironing. If you would like directions for making this CHILD'S PLAY SUIT, simply send a stamped, self-addressed envelope to the Needlework Dept. of this paper and ask for Leaflet No. E-512B.

DOROTHY DIX SAYS

Generosity

A Wonderful Quality But It Can Be Overdone

DEAR MISS DIX: I would like your opinion in this matter. I have a friend, Sally, whose husband, Gerald, is one of the most generous people I ever knew. When he makes friends, he makes brothers and sisters, moms and dads of them. If he hears of someone in financial difficulties he is ready with a helping hand and puts more food in their homes than they ever had before. He brings gifts to them, they delight in taking with them people who otherwise would never get out of the house. Everyone's problems are his.

He does this to the point of depriving his family of clothes and luxuries. His wife goes along with his plans as long as that is what makes him happy. Regardless of the faith or nationality of people in trouble, he is there to help. I have told him they are just making easy marks of themselves. There is such a thing as carrying this too far. Don't you think his first duty is to see that his family is the best dressed and has the best home in town? Their home is a friendly and loving one, his wife and children are adored by him. He has a good job, makes a good salary but doesn't have a cent in the bank. His wife says they have their health and get pleasure in doing what they can for others.

I think if they keep up at the rate they're going, people won't appreciate their kindness and will soon take them for granted. AMY

ANSWER: You are very lucky to have such people for friends. Perfect charity is one of the rarest virtues in the world, and judging from your description these folks have it.

TRUE SELFLESSNESS

Many people will be generous with money, but those who will give of the time and attention are few indeed. The family of your friends may not be the best dressed in town, nor their home the finest, but they are clothed with the glow of true love—love of one's fellowmen—and housed in a mansion of selflessness that millions of dollars alone couldn't buy.

It is possible that people will take such generosity for granted, and eventually take advantage of it. In fact, it is impossible to assume that everyone is grateful for a helping hand; the truth is that many are not, but we can't penalize those who are truly needy and sincerely grateful for the few ingrates. I do agree with you that your friends should make some provision for their own future. As with all things, a happy medium between liberality and penury would here be the ideal state of life. However, if I had to make a sharp choice between a miser who hoarded his money and love, ignoring the woes of his fellowman, and a Gerald who took the whole world to his heart, my decision would take but an instant. The Lord loveth a cheerful giver—and so do I!

DEAR DOROTHY DIX: I have two grown sons with families and good positions. I am a widow and I live by myself. My sons have each been sending me \$15 every month. With this help I can get along very nicely as I have several part-time jobs. Recently, however, one of my sons has written saying that rather than send the money he would prefer that I go to live with him, his wife, and three children. He believes that the older generation must fit itself to the convenience of the younger. I, however, wish to retain my independence and do not feel that I could be useful or happy in my daughter-in-law's home, even though I like and respect her. What should I do? P. G.

ANSWER: I can't for the life of me see why your son should want to upset the ideal arrangement you have worked out for yourself, to save a mere \$7.50 a month—and it would cost him that to keep you in his own home anyway. His wife, too, must be pretty short-sighted if he considers altering your way of life. A man's wife and mother are always better kept apart. No matter how much they like and respect each other, friction will occur. As your situation is now, everyone is peaceful, happy and content. Your son will be foolish indeed to upset it and you should certainly make every endeavor to maintain the independence you cherish.

DEAR MISS DIX: There are two boys that tell me they love me and want to marry me. I'm not sure which one I want. One of them wants to finish college before he marries. He is always over my house. The other one only comes about once a month. How can I be sure which one loves me and which one I love? HONEY

ANSWER: You make love and marriage sound like a game of penny-meeny-miny-mo. If you're so uncertain about your two swains, neither is the man for you. When true love comes along, you'll know it!

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

appease it here. But there must be a cafe or a tearoom where he could get a cup of coffee and a roll, or tea and a muffin. He remembered, in dim perspective, that muffins were heavy and "filling." He had turned the corner into one of the more sedate streets and was passing the entrance of a fashionable clubhouse — the name was on the door over a brass knocker—when two young men suddenly emerged. Their exit was so abrupt that they nearly collided with Mark, and they both stopped short, staring at him with the eagerness of men seeking a long lost acquaintance. "Stewed!" Mark thought, and pursued his way, looking for a restaurant.

He found one at the other end of the street, with a teapot and the swinging sign. It was down a few steps below the sidewalk, and, as he descended, he was surprised to find the two young clubmen at his heels. It annoyed him, as it could not annoy another man; it recalled the unforgetten days before his arrest, when he was "shadowed." He took a seat near the door and ordered his tea and muffins. The heavy things would at least assuage his hunger. But he felt resentment when he found the two young men had seized upon the table next to his and, without much pretense of eating, themselves, were unquestionably watching him drink his tea and eat his muffin.

They were both young, one big, about his own build, the other small and fat with red cheeks, and they were both fashionably and expensively dressed; they had the air of idle wealth. They were evidently disputing something between themselves, and Mark got the impression that he was their chief interest. It nettled him; he hurried his food down, drank his tea and paid his bill. It left him twenty cents. As he counted his change and thrust it back into his pocket he laughed bitterly to himself. How would Fossil like to face his night in the city, with twenty cents? He was just rising from the table when his two young neighbors suddenly rose, came over, and pulling out the two empty chairs, opposite, sat down, uninvited, at his table.

Mark looked at them coldly, appraisingly; their effrontery began to amuse him; he was no longer minded to go, but sat still; thrusting his hands into his pockets he stared at them. The stout young man leaned forward confidentially, his red cheeks growing redder. "Pardon me," he said courteously, smiling across at Mark; "It's a

Continued from page 3

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "After I bought a new pair of shoes, I threw the old ones in the wastebasket."
2. What is the correct pronunciation of "loathsome"?
3. Which one of these words is misspelled? Septennial, servicable, severance, surreptitious.
4. What does the word "penitent" mean?
5. What is a word beginning with le that means "lightness"?

ANSWERS

- 1. Say, "After I bought a pair of new shoes, I threw the old ones into the wastebasket." 2. Pro-nounce the ts as in smooth, not as in both. 3. Servicable. 4. Sincerely affected by a sense of guilt; repentant. "When asked about his actions, the child seemed penitent." 5. Levity.

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BABY'S OWN TABLETS



Winner in Home Baking at Digby County Fair

Daughter's doing fine on home baking! And Mother's home baking is doing fine at the Fair! Yes, Mrs. Watson A. Peck can be proud of her record at the Digby County Fair—her yeast-raised baking gets prizes regularly. And on the subject of yeast, Mrs. Peck raises an important point. "Sure it takes lots of practice to make the finest home baking," she says. "But more than that, it takes the finest ingredients, too. For buns, rolls, and bread, you have to use a good, lively yeast or your results won't be up to snuff. I've used Fleischmann's Yeast for years... it's one yeast you can count on to have plenty of get-up-and-go."

No getting around it! Prize-winning cooks everywhere give credit for superb results to fast-rising, dependable Fleischmann's Yeast.

Aylmer Tomato Catsup advertisement featuring a cartoon tomato character and the slogan "born of sunshine".

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Advertisement for Snap cereal, featuring a cartoon character and the slogan "Tastes like a million".

Advertisement for Kellogg's Rice Krispies, featuring a cartoon character and the slogan "Speaks for itself...".

Advertisement for Baby's Own Tablets, featuring a cartoon character and the slogan "for BABY'S TUMMY UPSETS".

-Needlecraft-

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