

## Cook's Corner

### ORANGE GINGER BARS

One-quarter cup shortening, 1/4 cup sugar, 1 egg, 1/2 cup molasses, 1 tablespoon grated orange peel, 2 cups flour, 1 teaspoon soda, 1 teaspoon salt, 1 teaspoon ginger, 1/2 teaspoon nutmeg, 1/2 teaspoon cinnamon, 1/2 cup orange juice. Cream shortening and sugar together. Add beaten eggs. Mix in molasses and grated peel. Sift dry ingredients together and add alternately with orange juice. Pour into greased loaf pan and bake at 350 degrees F. for 35 minutes. Cool and slice. Put two slices together with lemon butter frosting.

### ORANGE BREAD

1 medium orange, 2/3 cup dates, pitted, 1/2 cup walnut meats, 2 tablespoons butter, 1/2 cup hot water, 1 egg, beaten, 2 cups flour, 3/4 teaspoon salt, 1/2 teaspoon soda, 3/4 cup sugar. Cut whole orange (peel and pulp) into 6 to 8 sections. Put orange sections, dates and nuts through food chopper. Add to hot water and butter. Pour in well beaten egg. Sift flour, salt, baking powder, soda and sugar; add to fruit mixture. Bake in greased loaf pan in moderate oven, 350 degrees F. 1 1/2 hours. Cool thoroughly before slicing. Serve with orange marmalade, or with cream cheese balls that have been rolled in grated orange peel.

## Household Scrapbook

By Roberta Lee

### Soap Jell

To make a soap jelly for cleaning woodwork dissolve 1 heaping tablespoon of white soap flakes in 1 cup of hot water; then stir in 1 level tablespoon of washing soda, and allow to remain in a cool place to stand until solid.

### Cabbage Water

Do not pour water from boiled cabbage under the drain, as it causes the odor to permeate the house. Pour it on the ground; it is a good fertilizer for many such things as fruit trees, rhubarb, and hardy plants.

### Bed of Stones

Placing a bed of small stones directly in front of the basement windows will prevent mud from splashing up on the windows in rainy weather.

PICKLES made with **MUSTARD** are Pickles with **TANG!**

### CHILI SAUCE

- 25 average ripe tomatoes
- 2 green peppers
- 2 red peppers
- 8 onions
- 8 tablespoons sugar
- 4 teaspoons salt
- 1 tablespoon of ground allspice
- 1 large stick cinnamon
- 1 1/2 teaspoons Colman's mustard
- 1 qt. vinegar

Peel and slice tomatoes. Chop peppers and onions and combine with tomatoes. Mix other ingredients and pour over vegetables. Cook until thick and seal in sterilized jars.

**Colman's** D.S.F. **MUSTARD** CRIG

## The Birthday Murder

By Lange Lewis

### CHAPTER THREE

#### Part Two

Victoria heard the water running in the kitchen, whose door was across the dining room from the hall. People were apt to make themselves at home in her house; it seemed to invite it and she never minded. Her business manager was saying: "Furthermore, what is this cheque for \$100 to a Tina Geller?"

"She's a very old friend of mine, we worked together years ago in New York. She's temporarily broke."

"I give up, absolutely," snarled Ben. "I limit you there—and you break out somewhere else. Do you know what your income tax will be this year? Do you know you have had your dog at a veterinarian who is charging you enough so he should be removing your appendix plus lifting your face at the price? Why should this dog be there anyhow?"

"Just a minor operation. And who makes this money, you or me?"

"You are making it, but are you keeping it? Or are you throwing it around like a drunken philanthropist? Suppose there is no screen sale for \$30,000 next year? What are you doing then?"

"I am buying a tambourine and dancing in the streets. And now I am hanging up."

When Victoria returned to the living room, Moira was slumped in the big chair again, her long and lovely legs stretched out comfortably, her hands with their long nails clasped over her stomach. "What were you doing in the kitchen?" asked Victoria.

"I had to take my pill," Moira said. "Vitamins." She regarded Victoria steadily for a moment, her chin down against her breast bone, and then she jumped up with a nervous little laugh. "I must go now. Thanks for the tea—thank so much."

At the Mexican half door the mellow light of late afternoon, softened by the trees, which crowded about the house, struck both their faces: the young face, smooth and almost edible looking in its peach-colored coat of makeup; the flat-cheeked tan of the older face. The pale aquamarine eyes, like jewels in the cross lightning, met the sparkling gray ones.

"Goodby," said Victoria, and put out her hand which Moira Hastings, after a moment's hesitation, took in her own. But she drew away quickly and turned toward the door, the lower half of which swung open. Moira Hastings stepped out onto the porch with its hanging olives, its faded bullfight poster plastered against one wall.

She turned smartly on her high heels and went down the steps to the driveway where her green topless car was parked. As the sunlight struck her hair it shone with a brassy and unreal luster, and her slim but shapely hips moved under the thin gleaming gray of her dress with a learned and ladylike voluptuousness. Walking away like that, her face not showing, Moira Hastings seemed to Victoria less real than flitting, a figure standing in that moment for something minted by the hundred in this strange town, the young actress all so much alike in the cool drive of their ambition, differing only in the varying ways which served them to achieve what they wanted. Moira Hastings had selected perhaps the best way: a top-notch agent, plus an up-and-coming producer with whom she might rise.

To Be Continued

## That Body Of Yours

By James W. Barton, M.D.

### HELPING THE ELDERLY TO MEET OLD AGE

Something that most of us cannot understand is why, with the life span lengthened by fifteen years during the past fifty years, there are so many men still in the prime of life who are considered too old to continue their present work. It is admitted of course, that while the life span is longer, physical and mental strength may not keep up or even with it and there is naturally more illness, less strength, as men grow old.

There is need for the benefit of labor during times of stress and it is known that many of our older workers are capable of doing their bit. But while many of them wish to work, and are apparently capable of working, close examination shows that two conditions are common among our elderly men that may make them liabilities in the labor field.

Some figures from Prof. Charles V. Kill a couple of years ago, who stated that the participation of men 66 years of age and over in the labor force is steadily diminishing, are revealing. For example, in 1890, 70 per cent of them were employed; in 1950, only 42 per cent were employed and in 1960, only 36 per cent are likely to be employed.

What is to be done for all these elderly people, many of whom, not gainfully employed, are thus left free to give more thought to their physical and mental conditions? This thinking "inward" may cause them to be discontented and unhappy.

In the booklet, *The Clinical Problems of Advancing Years*, Dr. E. V. Cowdry, Research Professor of Anatomy, Washington University School of Medicine, states that the two conditions that must be met by specialists interested in the aging process in man are (1) mental and nervous conditions, and (2) the heart and blood vessel group of diseases. According to his figures, these two diseases account for about half of the total number of chronic invalids in this country. Dr. Cowdry pointed out to the members of the Gerontological Congress (study of aging) that to meet the problem of the aging, one has to think of social adjustment, one has to think of philosophy, religion and every other way of helping the mind as well as the body of people who have to face the music and do better. If you can give spirit and occupation to older people you will thereby not only make them part of the manpower pool but you will also reduce their burden on the medical profession and you will make the home happier and improve morale everywhere.



Princess Elizabeth and the Duke of Edinburgh are shown as they left Christ Church at Niagara Falls, Ont., after attending Sunday morning service.

## The Stars Say --

By Genevieve Kemble

### For Tomorrow

**FAVORABLE** influences abound for advancement which might come through contact made with those important in the financial world, or through some one desiring to show appreciation for help given them in the past. Be alert and take advantage of every opportunity that is found to be sound and worthy.

### For the Birthday

Those whose birthday it is may look forward to a successful year, due to the intervention of trusted acquaintances. Talent and ability should be directed into a useful channel that would increase self-expression.

A child born on this day should be endowed with ability and executive power and be able to follow or to lead as the occasion calls for.

## DOROTHY DIX SAYS—

### Job-Hopper

#### Man's Constant Dissatisfaction Indicates Lack Of Ambition

DEAR MISS DIX: My husband and I love each other dearly and are very happy with our 2-year-old son. Our only trouble is that Ray, my husband, is never satisfied with his work. He changes jobs so much that it's getting on my nerves. I want to go to work myself but he doesn't want me to leave our son. Ray claims a child that age needs his mother. I understand that, but I believe if I could work for a while it would quiet my nerves. I also think it would be good for my son to be with other children in a nursery school. I think I am spoiling him.



BERTHA

ANSWER: Your going to work under these conditions will not solve your problem at all, in fact it will add another one. Your husband's job-hopping tendencies spring from the fact that he isn't interested in working at all. Once he finds out that your pay check will support the family adequately, that'll be the end of Ray's working days.

### HE HAS ABILITY

The fact that he is able to secure job after job indicates he is a man of some qualifications and ability. Surely with these assets he could, if sufficiently interested, secure congenial employment. His failure to do so indicates lack of desire and ambition—not lack of opportunity. His strong opposition to your working outside the home shows that he really wants to be the breadwinner for the family and the head of the house, but he does need encouragement to battle his indifference to specific employment.

Furthermore, your son is too young to be summarily left at a

## Modern Etiquette

By Roberta Lee

Q. Should letters of invitation be sent to a home christening?  
A. These invitations are usually telephoned, or else friends are personally asked. But it is both correct and polite to write notes.

Q. What is the correct position of the bread and butter plates on the breakfast or luncheon table?  
A. At the upper left-hand side of the plate.

Q. Should the wife of the President of the United States be called Mrs. Truman or Madame President?  
A. Mrs. Truman.

## Better English

By G. C. Williams

1. What is wrong with this sentence? "Such statements are nothing else but absurd."  
2. What is the correct pronunciation of "solace"?  
3. Which one of these words is misspelled? Fusilage, fusible, fusillade, furthermore.  
4. What does the word "accouterments" mean?  
5. What is a word beginning with la that means "expressing grief"?

### ANSWERS

1. Saying, "Such statements are nothing else than absurd." 2. Pronounce swa-ra, first a as in ah, second a as in ray, accent second syllable. 3. Fusilage. 4. Articles of apparel; equipment. "They were decked with all the accouterments of war." 5. Lamentable.

## Anne Adams Patterns

### WORKER OR LOUNGER

Housewife? Yes! And what a beauty — on or off duty! Gay ruffles down the front and around pockets, cute squared-off collar, flared skirt. You'll love this for morning's tasks or evening's lounging and television!

Pattern 4847 in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 16 takes 4 1/4 yards 35-inch; 1/4 yard 35-inch contrast.

This pattern easy to use, simple to do, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS care of The Guardian, 60 Front St. West, Toronto, Ontario.



4847 12-20, 30-42 by Anne Adams

## Morning Smile

### Angling Widow

Patience is an angler's virtue — but the angler's wife needs it, too. One woman, whose husband had gone off with a fishing-rod, was feeling sore at being left alone when a friend called and asked: "Where's George?"

"Go down to the river," she told him, "and look around till you find a pole with a worm on each end."

### Good Advice

Joan: "What kind of husband do you advise me to get?"  
Jane: "You get a single man and leave the husbands alone."

## How Can I!!!

By Anne Ashley

Q. How can I make a good nickel cleanser?  
A. Take equal parts of liquid ammonia and alcohol and stir in whitening to the consistency of a paste. Apply with a cloth, leaving

nursery school each day. He needs his mother, and by staying home with him you will do far more to maintain a united family than you will by earning a salary. The youngster should certainly mingle with other children his age, but not at the expense of his mother's companionship. If you think he's being spoiled, let him attend a nursery school for a couple of hours a day, but don't deprive him of security. His chief source of learning is still home and mother.

DEAR MISS DIX: Do you think it would be wrong for me to take a married woman to dinner once a week? Her husband works nights and she is left alone until he returns. I haven't approached her on this matter but I imagine she is lonely. My intentions are those of honor and friendliness.

ANSWER: Regardless of how pure your intentions are, it would be hard to make others accept your weekly dinner date on such a platonic basis. A friendship between an unattached male and a lonely married woman is fraught with dangerous potentialities; in the best interests of all concerned I advise you to turn your friendly intentions into safer channels.

DEAR MISS DIX: I'm 17 and am in love with a boy 14. He can pass for 16 and is very tall. Should I encourage him to see me?

ANSWER: This is a ridiculous situation. Leave the poor boy alone and go with boys your own age or a little older. At 14 a boy should be concentrating on his schoolbooks, not romance.

## DAILY CROSSWORD

<b>ACROSS</b>	<b>DOWN</b>	11. Agree	17. Silver coin (It.)
1. Edge of wound.	2. Mischievous person.	18. Old English (abbr.).	19. Fool
4. (Often) 7. The best	3. Foot	22. Assam silkworm	23. Greek letter
8. Arabian	9. Anaximandrian	24. Honorary titles (Turk.)	25. Appearance
12. Speaks imperfectly	10. Injury	30. Holy	31. Biblical city
13. Remains of a fire	14. Performs	32. Formed of ruler chamber	36. Baking chamber
14. Performs	15. Hissing sound	37. Conflicts	38. Ceremonial chamber (Pueblo)
15. Hissing sound	16. Elevation in golf	39. Dwell	40. Dwell
16. Elevation in golf	17. Distress signal	42. Title	43. Title
17. Distress signal	20. Cravat	44. Man's nickname	45. Levels
20. Cravat	21. Admission	46. Period of time	47. Spread grass to dry
21. Admission	22. Assam silkworm		
22. Assam silkworm	23. Greek letter		
23. Greek letter	24. Honorary titles (Turk.)		
24. Honorary titles (Turk.)	25. Appearance		
25. Appearance	30. Holy		
30. Holy	31. Biblical city		
31. Biblical city	32. Formed of ruler chamber		
32. Formed of ruler chamber	36. Baking chamber		
36. Baking chamber	37. Conflicts		
37. Conflicts	38. Ceremonial chamber (Pueblo)		
38. Ceremonial chamber (Pueblo)	40. Dwell		
40. Dwell	42. Title		
42. Title	43. Title		

### DAILY CRYPTOQUOTE—Here's how to work it:

AXYDLBAAXE  
LONGFELLOW

One letter simply stands for another. In this example A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

A Cryptogram Quotation  
DSK KMN YLK UEXHO ASKH DSK  
GXHO XN KHRYRKO AXDS JDSKL  
GYDDKLN—FEUEXEXEN NMLEN.

Yesterday's Cryptogram: WHITE PEACE BECOMES MEN, CRUEL ANGER WILD BEASTS—OVID.  
Submitted by King Features Syndicate

SAVE 1/3 on

## NOXZEMA skin cream

BIG 6-Oz. Jar now only 98¢

Here's the thrifty way to help your whole family to skin beauty—skin comfort! Get the big 6-ounce jar of greaseless, medicated Noxzema Skin Cream—now only 98¢—and save 1/3 over smaller sizes! You'll use it dozens of ways!

As an all-purpose beauty cream, Noxzema helps skin look lovelier—quickly. It helps heal blemishes, minor skin irritations. It's soothing for burns, chapped hands, before-and-after shaving, for baby's skin. Stock up now! Get Noxzema at any drug or cosmetic counter. Save 1/3!

## MORSE'S TEA

## Phantom Enticement

60 Gauge

Already fashion's favorite—  
—finer texture  
—greater snag-resistance  
—duller appearance  
—longer wearing  
—in the new PHANTOM  
"Stretch Nylon"

Phantom NYLONS