



5 L.B. BAG **59¢**

**PURITY OATS**  
WITH NEW  
**ENGLISH MUG**

Packed in Package

3 L.B. PKG. **59¢**

*Don't Dream*  
**of LOW PRICES!...**  
*Get Them*

**AT YOUR CO-OP**

When your family's large and your budget's limited, it's sort of natural to dream about finding a market with enough low prices to reduce your food bills substantially! Well, STOP DREAMING! STOREWIDE LOW PRICES are a REALITY... BIG SUPER MARKET! And what dreamy SAVINGS AN ACTUALITY... at CO-OP meals you'll cook up with our vast variety of top quality foods to choose from... all at the dreamiest low prices in town!

**35¢ 22¢**  
**13¢ 2 for 59¢**  
**49¢ 69¢**  
**29¢ 13¢**



**IT'S CO-OP WEEK IN CANADA**

**SPECIAL PRICES ON CO-OP LABEL PRODUCTS**

**CO-OP BRAND**  
**TOMATO JUICE**  
2 48 OZ. TINS **59¢**

**HARMONIE BRAND**  
**Cream STYLE CORN**  
5 30 OZ. TINS **89¢**

**CO-OP BRAND**  
**POWDERED DETERGENT**  
37 OZ. PKG. **69¢**

**CO-OP BRAND**  
**CANNED TOMATOES**  
2 30 OZ. TINS **49¢**

**CO-OP BRAND**  
**Strawberry JAM**  
24 OZ. JAR **49¢**

**CO-OP BRAND**  
**CHOICE PEACHES**  
2 30 OZ. TINS **59¢**

**CO-OP BRAND**  
**Boston Brown BEANS**  
WITH PORK 3 30 OZ. TINS **59¢**

**HARMONIE BRAND**  
**GREEN PEAS**  
5 30 OZ. TINS **89¢**

**CO-OP BRAND**  
**Pink Liquid DETERGENT**  
32 OZ. PACK **75¢**

**'NEW' CO-OP BRAND**  
**INSTANT CHOCOLATE**  
1 L.B. PKG. **45¢**

**CO-OP BRAND**  
**BLACK TEA**  
1 L.B. FOIL PKG. **95¢**

**CO-OP BRAND**  
**TOILET TISSUE**  
4 ROLL PACK **45¢**

Plastic  
**PAILS**

REGULAR OR 2 GAL. POURING LIP SIZE **69¢**

**JOHNSON'S HARD GLOSS LIQUID WAX**  
QT. SIZE **99¢** PT. SIZE **59¢**

THE ITEMS ADVERTISED ON THIS PAGE ARE ALSO AVAILABLE AT THE FOLLOWING CO-OP STORES:

**VERNON RIVER NORTH RUSTICO AND SOURIS**

**KING OF THE BEEF ROAST**  
**PRIME RIB** LB. **75¢**

**FRESH ISLAND SHOULDER**  
**PORK ROAST** LB. **43¢**

**ENN-ESS BRAND (A CO-OP PRODUCT) SMOKED**  
**Picnic Shoulder** LB. **45¢**

**ENN-ESS BRAND WAXED**  
**BOLOGNA** BY THE PIECE LB. **29¢**

**ENN-ESS BRAND "MILD CURED"**  
**SIDE BACON** 1 L.B. PKG. **69¢**

**FRESH FROZEN**  
**COD FILLETS** LB. **29¢**

**NABISCO SHREDDED WHEAT**  
2 18 BIS. PKG. **67¢**

**COLGATE TOOTH PASTE** LGE. SIZE **29¢**

**OCTOBER CHEESE FESTIVAL**

**PHILADELPHIA BRAND CREAM CHEESE** 8 OZ. PKG. **35¢**  
**MacLAREN'S WITH THE NIPPY TANG IMPERIAL CHEESE** 8 OZ. PKG. **55¢**  
**IN THE TALL NEW TUMBLER MAPLE LEAF CHED-R-SPREAD** 16 OZ. **69¢**  
**KRAFT'S EASY SPREADING & SLICING VELVEETA CHEESE** 1 L.B. PKG. **1.09**  
**MILD ISLAND CHEDDAR CHEESE** LB. **49¢**

**BIRDSEYE DINNERS** BEEF CHICKEN TURKEY **59¢**

**HIGHLINER FISH CAKES** 12 OZ. PKG. **33¢**

**BIRDSEYE FRENCH FRIES** 2 9 OZ. PKG. **33¢**

**MCCAIN GREEN PEAS** 2 12 OZ. PKG. **39¢**

**Fruits & Vegetables**

**GOLDEN RIPE BANANA** 2 LBS. **35¢**

**SALMON FLESH CANTALOUPE** **27¢**

**LARGE SIZE CUCUMBERS** 2 FOR **29¢**

**LOCAL GROWN Carrots or Onions** LBS. **19¢**

LISTEN TO NEWS AND VIEWS ON GROCERIES—CFXY, THURSDAY, 11 A.M.

**CO-OP SUPER MARKET**  
AN ISLAND STORE OWNED BY ISLAND PEOPLE  
BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU  
FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING