Women's realm

A Country Garden

By
Mrs. Gordon MacMillan

"The Roses red upon my neighbor's vine,
Are owned by him, but they are also mine,
His was the cost and his the labour too,
But mine as well as his, the joy, their loveliness to view.

They bloom for me, and are for me as fair
As for the man who gives them all his care.
Thus I am rich, because a good man grew
A rose clad vine, for all his neighbour's view."

• • •

Neighbors and rural folk were present at the Rural Beautification annual meeting and banquet last week, and it was a great pleasure to see the winners of the year receive their prizes given for beautifying their homes and surroundings.

In the six years since Colonel Johnstone had a vision of what such an organization could do for this Island in making it "The Garden of the Gulf" over a thousand homes, schools, halls, and flower gardens have entered this contest and this year the church grounds of one of our rural churches have been beautified and now presents a very attractive appearance.

Beautiful prizes were awarded to the contestants and far-seeing business firms and also by individuals who have this project at heart; and when a father and mother and son who have all contributed to the making of a more lovely home stand up to receive recognition of their labor and care in their few leisure hours for this work it is a good thing to see.

Every home that is improved in a community is an example to all others and it is safe to say that many, many more homes than the thousand entered in the contest have been made better homes and their owners can now take a pride in them.

At the annual meeting the president and his officers talked over the plans for another year, and how they could get more rural folk interested, and how they could use more money for prizes.

They stressed the needs of community effort in caring for cemeteries and churches, schools and halls and one speaker said that "You can tell by driving through a certain road that some one had entered in this contest at some time or other".

Mention was made of the help the Cotton Memorial Nursery had been to so many and in speaking to the manager he said "Forty-six thousand Tulip Bulbs have been sold this fall, and can you visualize the beauty they will make in this Island next June? The man who gave this wonderful gift to

Cook's Corner

FRUITED OAT MUFFINS

1½ cups once-sifted pastry flour or 1 1/3 cups once-sifted hard-wheat flour
2 teaspoons baking powder
½ teaspoon baking soda
¾ teaspoon salt
½ teaspoon ground ginger
1 cup rolled oats
½ cup seedless raisins, washed and dried
5 tablespoons shortening
1/3 cup lightly packed brown sugar
1 egg, well beaten
¾ cup sour milk
½ teaspoon vanilla

Measure and sift together three times the flour, baking powder, baking soda, salt and ginger; mix in rolled oats and raisins.

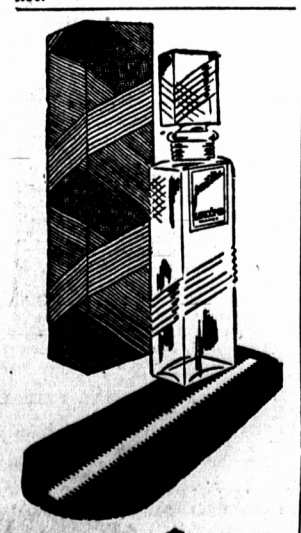
Cream the shortening and gradually blend in the sugar; cream well. Add the well-beaten egg, a little at a time, beating well after each addition.

Combine the sour milk and vanilla.

Add the dry ingredients to the creamed mixture alternately with the flavored sour milk, combining lightly after each addition.

Two-thirds fill greased muffin pans with batter.

Bake in a moderately hot oven, 375 degrees, 20 to 25 minutes. Serve hot.



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ELLEN'S DIARY

By an Island Farmer's Wife

The Annual Meeting of this community's W. I. foregathered its members to an old home down the River Road, one which like many another in the district has belonged to the same name for generations. The farm-house and buildings sit not far from the river, in the lee of a rise and at the end of a longish lane.

It is a nice spot, quiet we assume, but picturesque. All about are the smiling farmlands, of theirs and the neighboring farmsteads. Below, and in many a mood winds the river, and beyond it rising gently to be lost at length in the horizon, other farmsteads. A June twilight would drift in enchantingly there, and come autumn, when fields lie dreaming in the mellow sunlight, how exquisite the haze of season that would then crown the heights!

Summer too, would be beautiful —removed as this place is from "the fret and dust" of traffic, and winter would bring a lovely pastoral of white — white of frost-bound river and snowy field, blue of sun and moon-shadow and dusky green for the spruces that have strayed away from our inland hilltops to stand guard alone or in company along that countryside about.

• • •

The present owner and farmer is an industrious enterprising chap who, while retaining much that meant good farming in bygone days, has introduced modern features about the farm and buildings to make it possible to operate this always fertile and productive place, easily and well. There are both tractor and horses to speed up the cropping, while electricity has given many a convenience to buildings and home. Extensive stables are kept spic and span; horses are stabled cozily and we saw red cows stretch languidly in well-bedded stalls and touch noses to their drinking bowls.

Fowls in the approved flock, red-combed and pretty forsook roosts at the advent of a light and proceeded to scratch and cackle; in their pens, the pigs young and older regarded us from comfortable beds.

Even the dog and cat, reflected their owners pride of occupation, their meticulous care and understanding of the creatures about.

• • •

And what of the house — this nice old home of generations and

(Continued on Page 16)

this small Island had a vision of this beauty to be."

• • •

God gave all men all earth to love,
But since our hearts are small
Ordained for each one spot should prove
Beloved over all;
That as he watched creation's birth,
So we, in God-like mood,
May of our love create our earth
And see that it is good.
—Rudyard Kipling.

• • •

The last week in November is the call for planting unless the weather continues open and mild. It is a good plan to carry baskets of sand, soil and leaf mold, or humus of some kind suitable for potting up house plants and early tuberous Begonias and Gloxinias.

When the ground is frozen hard and the time has come to cover the Hybrid Tea Roses and tender climbers to keep the frost in them as it is the freezing and thawing that does the harm to these plants that need protection; bring earth from a sheltered part of the garden or shed and hill up around as high as possible on the roses and leave until late spring.

November fields are golden brown,
Losing, when the Sun goes down,
Borrowed colour; then December
Sharply changes, you remember,
Sepia earth to silvered furrows,
Ice-tipped grass round rabbit burrows.
Until that sweet, enchanted hour
Persephone shall bring her dower
Of richness, that we call the Spring.
The fields awake, and all birds sing.

—E. R. Gordon.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A SUDDEN and quite unpredictable turn in events — strange, intriguing and of far-reaching consequence — might be the means of changing all plans, re-arranging schedules and probably bringing a new plan of action and enhanced prospects into being. Dynamic and thrilling force, perhaps spectacular and dramatic, will affect private as well as business life and ambitions. The element of romance is not lacking. In fact, under such strange new impetus, it may be thrilling to swim with the tides of destiny.

For the Birthday

Those whose birthday it is need not be surprised at a swift and unforeseeable twist in the coils of Fate, with dramatic repercussions on the business, intellectual, social and romantic status, perhaps changed objectives and aspirations of life. Unique experiences, strange impulses and emotions, with fresh contacts or unfathomable circumstances, could prove thrilling and inspiring in a new program of life.

A child born on this day may experience a life of strange adventure — unique, intriguing — and perhaps enjoy a dramatic and romantic career.

Velvet Popular, In Royal Favour

By Muriel Narraway
Canadian Press Staff Writer

LONDON, Nov. 26 — (CP) — For smart girls who follow the royal trend in fashions, the fabric of the moment is velvet.

Not only did Princess Elizabeth's Canadian wardrobe include velvet outfits, but back home the Queen and Princess Margaret were showing marked favour for the same fabric, mostly for day wear.

When Princess Margaret visited the Canadian Red Cross Hospital at Taplow this month, she wore matching velvet coat and hat. The coat had princess lines, high-buttoned bodice and roll collar. At the wedding of the Marquess of Blandford, she chose a ruby-red velvet coat with waist-deep lapels and matching bonnet trimmed with sequins.

At the same wedding, the Queen chose an edge-to-edge coat with cuffed front, its three-quarter sleeves trimmed with deep, muff-shaped mink cuffs. Her matching hat with arched brim had a peacock's-tail trimming in feathers, giving a softly-waving cloud effect.

With several of her velvet outfits, Princess Margaret has favoured close-fitting high-crowned helmet hats with feather trimmings. A sapphire blue velvet coat was combined with close-fitting helmet hat having large feathered butterfly winging up the left side.

At the recent wedding of Robin Plunket, brother of Lord Plunket, one of Margaret's escorts, the Princess wore a velvet coat with matching tier-crowned bonnet highlighted by winged feather mount.

Smart Christmas Togs

This royal emphasis on velvet has had a marked effect on smart women choosing Christmas outfits. For those who can't afford the beautiful street velvets that stand up to all kinds of weather and are the favorite royal choice, there are warm woollens with interesting velvet insets.

Smart outfit for a winter tramp is a loose, swinging swagger coat in honey gold, grey or sage green with big cuffs and cape collar in black velvet. Combine this with black suede gloves, bag and shoes and tiny velvet cap with feathers or pom-poms and you are ready for any big date.

Little light wool dresses at modest prices with interesting buttoning, neckline and cuffs are effectively contrasted by inserts of velvet emphasising the curve of the cross-over neckline, the height of the collar or the chic panelling of hidden pleats in the side skirt.

For the richer client there are dresses such as the lovely black velvet frock by Paquin with its great bell skirt and exquisitely simple lines. Fit for a princess with its tight, long sleeves and high mandarin neckline, the dress has only one touch of color. The neck is outlined in white pique and white edging slots the glamorous, pointed sleeves.

How Can I ! ! !

By Anne Ashley

Q. How can I clean celluloid?

A. Rubbing with a woolen cloth and a little tripoli, and then polishing with a clean woolen cloth is very effective. Salaratus is also very good for cleaning celluloid.

Q. How can I economize on sugar when sweetening stewed rhubarb, cranberries, or dried apricots?

A. Try adding a pinch of soda when the fruit is nearly done.

Q. How can I prevent my leather gloves from acquiring a disagreeable odor caused by perspiring hands?

A. Dust some rice or talcum powder into the gloves as soon as they are removed.

SHE'S SET FOR SKIS—If you want to be different at the winter resort, try this eye-catching ski-skating ensemble designed by Jacques Jeim of Paris. It features sleeveless, flared tunic jacket in white Mongolian fur, and a Medieval-style head-piece in jewel-trimmed black felt. Underneath, you wear a black wool sweater, and if the weather is frightfully cold, black tights.

Women Will Vote First Time In Indian Election

(By Jyoti Sen Gupta)

BOMBAY, Nov. 26 —(Reuters)— Indian women, once the most sheltered and restricted in the world, are in a position to make India's new government a "housewife's choice."

Women's organizations are hard at work mustering the female vote for the forthcoming general elections in this new republic. Their main targets are the millions of "shy sisters" who have voiced dismay at their newly-found freedom and want to continue leaving things to the men.

For example, 3,000,000 women in the states of Bihar, Madhya Bharat, Uttar Pradesh, Vindhya Ptadesh and Rajasthan lost their vote by refusing to divulge their names to the registration officers. Women's organizations protested and sent their workers to "educate the shy sisters."

There are about 85,000,000 women among India's 175,000,000 voters. The republican constitution, which gave India's 342,000,000 population universal adult suffrage, has made the country's women a key factor in the body politic.

Political parties with big stakes in the projected elections have gone all-out to please women in election manifestos, choice of candidates and slogans.

The All India Women's Conference, the most representative body of Indian women, has demanded that at least 10 per cent of the 4,000 candidates be women.

Candidates include Kapurthala Princess Amrit Kaur, New India's health minister and a long-time associate with Mohandas Gahndhi, and Mrs. Vijaylakshmi Pandit, retiring Indian ambassador in Washington. The two have more than 20 years of public service behind them, and have become examples of the rising generation of Indian women.

DOROTHY DIX SAYS—

Withdrawn Child

Her Attitude Largely Due To Father's Domination

DEAR MISS DIX: I have four children, three of whom have the same ambitions and personalities. They like to work and get ahead are able to get along with everyone and each other. The fourth, a girl of 14, is only interested in church, is afraid to go ahead with anything, afraid of criticism and crawls into a shell. She does not have dates yet. Her father thinks we should put a stop to all church doings and make her get out into something else. I'm on the fence. I think no harm can come of church, and I'm afraid if we take the other angle she may go all out in other directions. Her father is very dominant and she resents his hard ruling and resents me for staying with him. The other children have adjusted themselves to it.

DOT

ANSWER: Your husband has been lucky in making you and three of his children conform to his domineering ways; he apparently has found his Waterloo in the youngest child. Church to her provides security and refuge from the tyranny and uncertainty she has at home. Her father undoubtedly realizes this too; hence his desire to get her away from the one place that represents peace to her.

PARENTS FAILING HER

The adolescent years are difficult ones for an impressionable child. The youngster needs loving guidance through this period, and your daughter does not have that security. Her parents are failing her at a time when she needs them most. Won't her father listen to reason and be more understanding with her? She does seem to be working out her own destiny with amazing clarity, but if she must depend entirely on her own resources, she will eventually erect

(Continued on Page 16)

Morning Smile

They Would Too

"Your methods of cultivation are hopelessly out of date," said the youthful aagricultural college graduate to the old farmer. "Why, I'd be astonished if you got even ten pounds of apples from that tree."

"So would I," replied the farmer. "It's a pear tree."

Seems to Know

They had just been introduced. "Really," she said, timidly, "your face seems so familiar to me, I think we must have met before."

"Impossible!" he sighed. "If we had met before I should have been engaged to you, married to you, or dead of a broken heart ere this!"

Going Too Far

"It is high time," said the reformer, "that we had a moral awakening. Let us rise in our might. Let us gird our loins. Let use bare our arms. Let us—"

"Hold on!" exclaimed a tall, thin woman near the platform. "If this is to be a moral awakening, don't you dare take off another thing!"

Household Scrapbook

By Roberta Lee

Dust Cloth

The following is a good treatment for the dust cloth: Pour about two tablespoonfuls of furniture polish into a glass jar; then pour it out and put the dust cloth into the jar, leaving it in there for two days before using. The cloth should be kept in the jar after using.

Loose Casters

Loose casters in furniture can be exceedingly annoying. Remove the caster, fill the hole with melted paraffin, and then quickly reinsert the caster. There will be no further trouble.

Prevents Slipping

A towel or a piece of cloth pinned around the leaf of the sewing machine will prevent silks from slipping off while they are being stitched on the machine.

Better English

By W. C. Williams

1. What is wrong with this sentence? "He could scarcely believe it when he discovered that there was hardly enough food for dinner."

2. What is the correct pronunciation of "inamorata"?

3. Which one of these words is misspelled? Akimbo, acme, alacrity, allabaster.

4. What does the word "tumultuous" mean?

5. What is a word beginning with fe that means "fidelity in allegiance"?

ANSWERS

1. Say, "He could hardly believe it when he discovered that there was scarcely enough food for dinner." 2. Pronounce in-am-o-ra-ta, first a as in am, second a as in ah, final a as in ask unstressed, principal accent on fourth syllable 3. Alabaster. 4. Agitated with conflicting passions; disturbed. "He was aware of a tumultuous rush of emotion." 5. Fealty.

Modern Etiquette

By Roberta Lee

Q. Is it really considered smart to be a little late for all engagements?

A. That is nonsense! It's probably true that lateness on occasion is tolerated in those whose compensating qualities of charm are sufficiently great. But even so, our enthusiasm can be greatly strained after repeated experiences with people who are never on time.

Q. Is it all right to provide music of some kind at a funeral held in one's home?

A. If this is the wish of the bereaved, yes. There are some

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Career And Family Both Successful

My MARK BARRON

NEW YORK, Nov. 26 — (AP) — Versatility in the entertainment world has been declining in recent seasons as stage, screen and television have had to go in for fine type casting to produce the many programs needed for the divergent mediums. There remain only a few exponents of the craft of acting in its truest, individual form.

One such is Virginia Sale, a good looking woman far different from the homely features of her humorist brother, Chic Sale.

Virginia looks like a teen-age debutante off stage when she isn't playing character parts but she isn't a teen-ager. She is the mother of 15-year-old twins, a girl and a boy, who are named Ginny and Christopher Wren. Their father is Sam Wren, movie director.

During her college studies at the University of Illinois, Virginia said she went on a one-woman theatre tour because she needed money, "like most college students" to finish her education. She finished that tour by returning to her alma mater "for the first of my thousand and one 'farewell appearances'." The auditorium seating 2,500 was sold out within an hour after tickets were placed on sale.

Chatting with Miss Sale after one of her performances at New York's fashionable Town Hall, I asked why she had given up a lucrative career in motion pictures and radio to play one-night stands.

"Actually it wasn't my own choice," she said. "When I was in Hollywood playing character roles in films, I used to do parlor sketches to entertain my friends. Professional bookings stemmed from these impromptu shows, and I soon found myself unable to meet my film demands and still accept offers for stage shows. I became convinced that the real American theatre is still in the grass roots."

"Americana" Sketches

Miss Sale's "Americana" sketches, all of which she writes and stages herself, range from the voluble "School Ma'am" that we knew in our childhood, to the tired hostess with a fixed smile who is bidding her guests a "cheerful" goodnight at three o'clock in the morning.

A pair of glasses, a few hats and wigs, and a couple of wrap-around costumes are all Miss Sale needs in the way of props. Her greatest assets are her chameleon-like changes of expression, and an incredible variety of voices. Occasionally she emerges as the good looking girl she really is.

In her longest scene, a poignant dramatic sketch titled "Dakota Fever", she plays seven different characters in a story dramatized from letters written by Miss Sale's 85-year-old aunt, Anna M. Robins, relating how she gained a deep religious faith in her early pioneer hardships.

Miss Sale says she has succeeded in keeping her husband and two children and their professional careers separate.

"Our family pattern is a sort of four-way partnership," Miss Sale said. "Each member makes his own contribution to our mutual family life, but when it comes to show business, each goes along independent of the others.

"During the last two years, Sam has directed summer stock productions as well as his movie work. I've played leads and character roles. The children have done all sorts of jobs around the theatre, including acting, scene painting and hunting for props."

Christmas Toys

Soft cuddly toys, an all-time favorite with children, are attractive and easy to make. "Katie the Kangaroo and Baby", pictured here, is 11 inches high and has a personality all her own, baby is 4½ inches. They are knitted from double knitting wool in brown and beige and are stuffed with kapok. The eyes, embroidered in black and white, stand the wear and tear of children's play. If you wish to make this toy, a direction leaflet is available. Just send a stamped, self-addressed envelope to the Needlework Department of this paper requesting KATIE THE KANGAROO AND BABY, Leaflet No. CW-26.

Anne Adams Patterns

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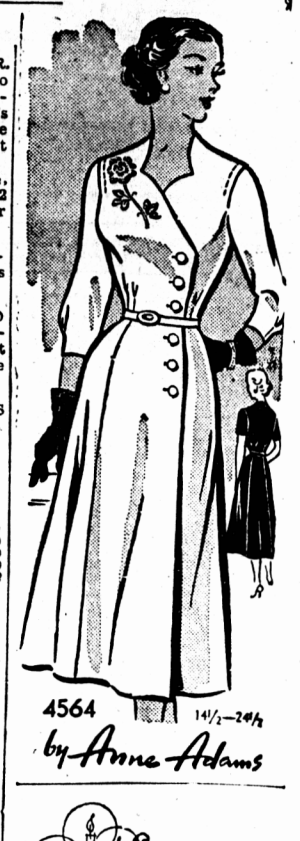

That Body Of Yours

By James W. Barton, M.D.

EXTRA SYSTOLES, EXTRA HEART BEATS

I have written several times about premature systoles, more commonly called heart beats. When an individual, with his fingers on his pulse or listening to his heart beats through the wall of his chest, hears or feels these extra systoles (on the first beat of the heart), he is apt to be alarmed because anything unusual or different occurring in or about the heart is so often considered heart disease. And heart disease is the greatest single cause of death.

It will be comforting for those with this extra heart beat to learn from an authoritative source that this condition may be found in normal hearts.

After the discovery that extra systoles did not necessarily mean heart disease, it was stated by some physicians that extra beats coupled with a very fast heart rate, 100 beats or more to the minute, was a sign of real or organic heart disease. Drs. Kurt Berliner and Victor F. Huppert, New York, N. Y., reported their study on this theory to the Twenty-Fourth Scientific Session of the American Heart Association.

There were 27 patients with extra systoles who had no heart disease. One-third of these patients free of heart disease had heart rates of over 120 beats to the minute. From these findings, Drs. Berliner and Huppert came to the conclusion that premature systoles occur at fast and slow heart rates; they are not uncommon in the presence of attacks of tachycardia (sudden rapid beating of the heart and just as sudden return of the normal beat), which attacks may last for minutes or hours. Premature systoles (extra heart beats) occur in persons with normal hearts and in patients suffering with heart disease.

From the above it is learned that these extra heart beats which occur before the usual first beat of the heart are found in normal hearts.

Now the fact that extra systoles or heart beats are found in normal hearts does not mean, if present, they should not be reported to your doctor, as, if present with an early symptom of heart disease—shortness of breath —the cause should be investigated. Certain drugs (adrenalin) alcohol and disturbance of the central nervous system may be causing them which, of course, have nothing to do with the heart.

organ and choir recordings available, which are suitable to this purpose.

Q. May the phrase "Please reply" be used on an invitation, instead of the well-known initials, R. s. v. p.?

A. Yes; some people prefer this

FOR COUGHS COLDS- YOU CAN'T BEAT BUCKLEY'S MIXTURE

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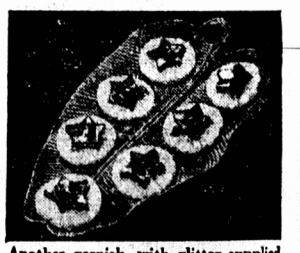
For a festive cup of coffee, add a fluff of sweetened whipped cream, made extra-good with a few drops of Shirriff's fragrant rum flavouring. Shirriff's Extract gives that master touch!

Lemon-lovely apple rings to garnish the Christmas bird, or to eat like candy. Simmer till tender in 1 cup water, 2 cups sugar, 2 teaspoons Shirriff's True Lemon Extract. They're swell!



Another garnish, with glitter supplied by Shirriff's tingly Mint Jelly. Gently roll the jelly out of the jar, cut stars with cookie cutter, and place on pineapple slices. Shirriff's True Fruit Jelly is a treat with any dish.

All your food will look prettier, taste more exciting if you just add a little Shirriff's Flavouring Extract, pure Food Colour, or a shimmering garnish of Shirriff's True Fruit Jelly. It's worth it!

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Alice Brooks Designs

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