



## Cook's Corner

### CUCUMBERS SLICED

2 doz. cucumbers.  
6 small onions.  
1 qt. vinegar.  
1 gill olive oil.  
1 tablespoon celery seed.  
6 tablespoons salt.

Method: Peel cucumbers and slice. Also onions. Let stand in salt for 2 hours, then add celery seed, olive oil and mix all together. Bottle in sterilized bottles.

—Mrs. Wallace MacKay.  
Sterling W. I.

## Morning Smile

A doctor told a film actress that she was run down and needed a change.

"A change!" she said. "During the last eighteen months I've had three husbands, four cats, three jewel robberies, eleven cooks, two divorcees, and seven landlords. What other change can you suggest?"

Meat

Take the meat out of the paper before putting it in the ice-box, as paper has a tendency to absorb the juices.

## DOROTHY DIX'S COLUMN

### Envious Women

#### Mother Of Happy Brood Tells Of Neighbors' Silly Gossip

DEAR MISS DIX: My husband is a wonderful man, good provider and fond father. We have four children, and I am expecting another. My problem is that my friends and in-laws seem so shocked at the fact that we are going to have another child. My husband and I love our children, and want a good-sized family. While we do have to manage carefully to take care of them, we are able to provide everything necessary. I am very tired of the ridiculous comments people make.

Francis K.

ANSWER: Wouldn't it be a fine world if people would only refrain from making thoughtless or unkind remarks? Most of the comments you've been getting can be put down to envy—sour grapes, in other words. Women who haven't children envy—consciously or otherwise—mothers of large families. Certainly there is no better job, no finer career, than to mother a brood of fine youngsters. Each child is a blessing from God, and its upbringing is your acknowledgment to God.

### RIGHT MEANS MIGHT

Perhaps at the moment you are unduly sensitive to the reactions of those around you. Just remember that you — not they — are in the right; that such criticism would come only from rude, inconsiderate people, and that your family compensates for everything. If you can squeeze a bit of reading into your busy day, borrow "Cheaper by the Dozen" from your library and see how well a really big brood was managed by two intelligent, understanding parents.

Knowing yourself to be a part of this mothers-of-large-families sisterhood should give you a decided lift.

DEAR MISS DIX: I'm a junior in high school and like a boy the same age who attends another school. He seems to like me, since he walks me home from dances, basketball games, etc., but the trouble is he treats me more like a sister than a girl friend. He just won't take me seriously. We have lots of fun together but he's always joking and kidding.

Linda

ANSWER: You are very lucky to be accepted by the boy on this basis. A boy likes, above everything else, a girl who's fun; by cultivating this side of the friendship, you stand a very good chance of winning the boy as a steady. Don't try to change him or your status. He's only 17, with several years ahead before he will get truly serious. Make the most of these happy times.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

## Anne Adams Patterns

**EASY-SEE DIAGRAM!**

SEW-EASIEST sun-outfit is also the prettiest! Look at the diagram—see how little cutting, how few seams! No fuss or frills—laundering is a jiffy job. Choose pretty peppermint cotton, no-iron nylon or seersucker.

Pattern 4776: Children's Sizes 2, 4, 6, 8, 10. Size 6 dress 2 1/2 yards 38-inch fabric; panties, 1/2 yard; bonnet, 1/4 yard.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

**BUSY PORT**

Dakar, capital of French West Africa, is one of the busiest seaports on the African coast.

776  
2-10  
by Anne Adams

## ELLEN'S DIARY

By An Island Farmer's Wife

Maybe, we reflected we should try that we bought one day from the itinerant salesman, only because he seemed to be in need of our's and other's patronage. (And James said later: "How many times have I warned you, Ellen, since you got taken in so badly by that magazine salesman the other year, not to buy from every peddler who comes along! Much of it's only trash anyway, and besides you'll be chasing the crows for the price of it, if this depression we're into, bears heavier... or I miss my guess.") In passing a shelf we had dusted the jar again yesterday.

We might even harking back to the beautifying of Grandmother's day, as is now the trend we notice in more than one direction, to make up and apply an oatmeal pack to the face adding to it a dash of lemon perhaps for an astringent. This would tend to lighten the tell-tale marks of our years though we find a certain charm and distinction in these as we see them on others. We might even, with James safely away, indulge in a few setting-up exercises to limber our muscles and recapture a more youthful carriage. (James who likes to be sure that no action is idle, would be bound we could acquire this better by carrying chaff to the poultry or by cleaning their feeding-floor).

We moved toward the pantry-sink, I admit temporarily inspired by the anticipation of the charm we should thus acquire. The black dog seated on the roof of the cellar-run, just beyond, turned and smiled at us, then looked away to bark with more greeting than concern. Who was passing? Certainly! The Mailman, snug in his furs, the horse bit-trotting along on his rounds. We quickly donned our headscarf, jacket, snow-boots and were off then to lane's end for the mail.

We lunched a bit later, off a tray by the fire, drinking tea as we often had done in happier seasons at this place: from one of Karolyn's prettiest china cups. And then, beautifying quite forgotten we read. Not from the classics nor even the new "Best-seller" but from the fetching volume, thick and attractively illustrated that had come in the mail.

"Oh, Gran's better!" we recall a youngster relate of an oldish lady in our school-teaching years. She was one, whose listlessness after a trying illness had caused much concern to her loved ones. "The Doctor says she's on the mend now," she asked for the catalogue today!

And how did you spend your day, Ellen?" James asked in the evening. And James smiled. "I guess she read it away" he offered. "She was reading when we came home from school. Oh yes" he remarked, "that reminds me: did the new 'Mail-order catalogue come?'"

The day-how sunny and mild it has been! The night beautiful, lit by the silver beams of a moon now at its full.

Until tomorrow . . . . Diary  
Good-night . . . .

## That Body Of Yours

By James W. Barton, M.D.

### NEW METHODS OF TREATING MENTAL PATIENTS

When we learn that the majority of patients in state institutions are mental patients it gives us a shock because there never was a time in history that mental patients were given as good care and treatment as at present. In fact, so thorough is the diagnosis and treatment of mental patients today that more than half of these patients can now be safely discharged from mental hospitals cured or able to take a normal place in their community. This condition has been made possible by a more thorough understanding of the cause of mental illness and how to treat it.

In the Journal of the American Medical Association, Dr. Sol Levy, Spokane, Washington, states that improvement in medical care and general living conditions have definitely lengthened the average span of human life. Each year a greater percentage of the population reaches advanced ages and statistics indicate that this trend will continue. Consequently, there are constantly increasing numbers of persons subject to degenerative changes, especially in the central nervous system, therefore, there has been an ever increasing demand for admission of aged persons to private and public mental institutions and at the present time more than one-third of all persons first admitted to public mental hospitals in the United States are over 65 years of age.

When we study these figures, realizing that for each patient requiring mental care in a hospital there must be several who can be cared for at home and are therefore not admitted to mental hospitals, it gives some idea of the work ahead of us. Naturally, with such a problem, new methods are always found to deal with them. Until recently, when a patient reached a certain stage in his mental illness, it was felt that nothing more could be done for him, whereas today many of the patients with the severest form of mental illness, whose mental illness occurred late in life, are found to become more normal as they grow older instead of becoming worse mentally.

Some of the new methods now used include home care for the aged. Also, by the use of oxygen, it is possible to help mental confusion, errors in judgment, headache and inability to concentrate, which may be caused by lack of

## Better English

By D. G. Williams

1. What is wrong with this sentence? "Although it was a pretty close race, they blamed the loss on Bill."

2. What is the correct pronunciation of "preamble"?

3. Which one of these words is misspelled? Courageous, ontageous, conscientious, constituency.

4. What does the word "banal" mean?

5. What is a word beginning with "at" that means "an incentive"?

ANSWERS

1. Say, "Although it was a very close race, they blamed Bill for the loss." Never blame a thing on a person, but blame a person for a thing. 2. Accent second syllable, not the first. 3. Contagious. 4. Conscienceless. 5. Stimulus.

## Darrach - Paul Wedding at Hampton



Mr. and Mrs. Hector Darrach with their attendants, Mr. Alex Darrach, best man (left) and Miss Eleanor Carson, bridesmaid (right).

## Modern Etiquette

By Roberta Lee

The marriage of Ina Irene, youngest daughter of Mr. and Mrs. William Paul, Bonshaw formerly of Kingston, P.E.I., to John Hector Darrach of Mr. and Mrs. Daniel Darrach, New Argyle, took place on Saturday, Feb. 20 at 4 p.m. The ceremony was performed by Rev. Mr. Baxter in the manse at Hampton.

The bride wore a suit of pale blue with hat to match, navy and white accessories and grey top coat. Her corsage was of red roses.

Eleanor Carson, who wore a suit of deep rose, white hat, Bathurst blue top coat, with navy and white accessories. Her corsage was of yellow roses. The groom was attended by his brother Mr. Alex Darrach.

Amidst showers of confetti, the bride party, accompanied by Mr. Robert MacNeven motored to Charlottetown where supper was served at the Queen Hotel.

Mr. and Mrs. Darrach left on a short honeymoon trip, to points of interest in the Maritimes.

## How Can I . . .

By Anne Ashby

Q. When one has received an invitation two weeks in advance of a large dinner party in a friend's home, when should one acknowledge this invitation?

A. Immediately. There is nothing so inconsiderate as keeping a hostess waiting for a reply to such an invitation.

Q. When a man and his wife are invited to drive in a friend's car to a convention in another city, should the guest offer to pay for the gasoline?

A. This is a proper offer to make, but if the hostess refuses, then don't make a big issue of it by insisting.

Q. What do you consider the most important factor of the correct dinner table?

A. Simplicity, above everything else. Flamboyant decorations are in very poor taste.

## Household Scrapbook

By Roberta Lee

Twine Holder

A good twine holder can be made by placing the ball of twine or cord in a jelly glass. Punch a hole in the tin lid of the glass for the cord to run through.

Tiling

To clean tiled grates and hearths, use a paste of fullers' earth and washing soda. Leave this paste on for about an hour, then wash off with soap and water.

Babies' Bibs

A Turkish towel cut into quarters makes four nice bibs for the baby.

## Contract Bridge

By Josephine Culbertson

### TWO ERRORS IN ONE

It is not always fatal to choose a second-best line of play. Consider the following hand, for example. South's general plan was certainly not the best available, but it would have been good enough if he had simply used more care in its execution.

North dealer.  
North-South vulnerable.

AK107	42
K53	J8762
K	Q109
AK554	43
653	97
104	8
762	6
QJ10	5
97	32

The bidding:

North	East	South	West
1♣	Pass	1♠	Pass
4♣	Pass	4NT	Pass
5♣	Pass	5NT	Pass
6NT	Pass	7♣	Pass
Pass	Pass	Pass	Pass

When the Blackwood Convention revealed that the partnership had every ace and king, the grand-slam contract became an excellent investment. It would have worked out all right if South had taken some precaution. When, however, he risked the lead of dummy's second club honor, preparatory to ruffing East's prompt trumping-in wrote "finis."

Since South selected the club-ruffing plan, he should have drawn two rounds of trumps before cashing the other club trick. He needed only two trumps in his own hand for ruffing, so he could well afford the two leads as something of a safety measure.

The really logical line of play, however, was almost 100% safe. At the second trick South should have cashed the diamond king, then led a heart to the ace and ruffed a diamond with the spade ace. Next, the spade seven to the eight, and another diamond to the ace. Now overtake the spade ten and draw trumps. This plan would succeed against everything but an incredibly bad series of suit breaks.

## Alice Brooks Designs

EASY TO CROCHET!

Add luxury to your living-room with this set designed for any chair. Note the pretty combination of stitches—spider-web with pineapple design!

Easy Crochet Pattern 7282: chair back 11 x 17 inches, arm rest 5 x 11 inches in No. 30 cotton.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

BRAND-NEW and beautiful — it's the 1954 Alice Brooks Needlecraft Catalog. Four patterns printed inside. Plus the most popular embroidery, crochet, sewing, color transfer designs to send for — ideas for gifts, bazaars, fashions. Send 25 cents for your copy now!

7282  
by Alice Brooks

## The busy woman's short cut to beautiful curls—22 curlers or less!

# YOUR CHOICE OF 3 METHODS!

## RICHARD HUDNUT

all-new home permanent

with beauty rinse neutralizer

guarantees best results

whichever method you use.

- SALON METHOD:** This is the professional way to get deep, lasting, natural-looking waves and bouncy curls. And because of Beauty Rinse Neutralizer, there's never any "first day frizz"!
- ON-CURLER METHOD:** With this method you let your hair stay wound until dry. Beauty Rinse Neutralizer works instantly to safeguard your hair. It's the step-saving way to get firm, springy curls!
- PINCURL METHOD:** This pincurl permanent really takes, because the soft waves and casually curling ends are locked in with Beauty Rinse Neutralizer.

You'll find easy directions for all 3 methods in the package.

22 curlers or less

If you want a smooth top, soft-curly permanent, you can have a flattering and fashionable one with the Richard Hudnut Home Permanent, using 22 curlers or less.

New Richard Hudnut Home Permanent with Beauty Rinse Neutralizer, \$1.75

The easiest Pincurl Method of all... with the prettiest results!

## YOUR CHOICE OF 3 METHODS!

## RICHARD HUDNUT

all-new home permanent

with beauty rinse neutralizer

guarantees best results

whichever method you use.

1. SALON METHOD: This is the professional way to get deep, lasting, natural-looking waves and bouncy curls. And because of Beauty Rinse Neutralizer, there's never any "first day frizz"!

2. ON-CURLER METHOD: With this method you let your hair stay wound until dry. Beauty Rinse Neutralizer works instantly to safeguard your hair. It's the step-saving way to get firm, springy curls!

3. PINCURL METHOD: This pincurl permanent really takes, because the soft waves and casually curling ends are locked in with Beauty Rinse Neutralizer.

You'll find easy directions for all 3 methods in the package.

22 curlers or less

If you want a smooth top, soft-curly permanent, you can have a flattering and fashionable one with the Richard Hudnut Home Permanent, using 22 curlers or less.

New Richard Hudnut Home Permanent with Beauty Rinse Neutralizer, \$1.75

The easiest Pincurl Method of all... with the prettiest results!

The really logical line of play, however, was almost 100% safe. At the second trick South should have cashed the diamond king, then led a heart to the ace and ruffed a diamond with the spade ace. Next, the spade seven to the eight, and another diamond to the ace. Now overtake the spade ten and draw trumps. This plan would succeed against everything but an incredibly bad series of suit breaks.

7282  
by Alice Brooks