

That Body Of Yours

By James W. Barton, M.D.

TIC DOLOREUX (TRIGEMINAL NEURALGIA) SOMETIMES CAUSED BY JOINT BETWEEN UPPER AND LOWER JAWS

I have always been interested in tic doloreux or trigeminal or facial neuralgia, perhaps because the operation to remove the plexus of nerves was the first major operation I witnessed. It was explained to us by the surgeon that the pain was unbearable, could not be relieved by the most powerful drugs, and the operation was the only method of giving the patient relief.

Today, by means of injections of various drugs at strategic points of this large nerve, relief for short and even long periods (months and years) is now obtained.

General surgeons and dental surgeons are now reporting that the joint in which the lower jaw articulates or works with the face or upper jaw bone, below the ear, may not be in its exact or proper position and pressure is put upon an important part of the trifacial, face, or trigeminal nerve, as it is variously called.

In Postgraduate Medicine, Dr. Edmund A. Smolik, Associate Professor of Neurologic Surgery, St. Louis University School of Medicine, and Dr. E. J. Hemstead describes trigeminal neuralgia (tic doloreux) as a sudden agonizing attack of pain involving one or more branches of the trigeminal nerve. The pain is sharp, cutting, piercing, unbearable, spreading from one portion of the face to another, occurring in paroxysms (suddenly)—hence called tic doloreux.

These physicians state that back in 1773 a Dr. Fothergill pointed out (1)—that this pain occurs most often in people over 40 years of age; (2)—that it seems to occur more often in women; (3)—that many of these people have lost their teeth; and (4)—that the pain is brought on by chewing, sneezing, coughing, that is, the way the teeth or gums in lower jaw and those of the upper jaw came together, did not meet properly (mal occlusion).

This improper meeting of upper and lower jaw produces a "shift" in the point of lower and upper jaw which puts tension on the nerves surrounding the joints—the trigeminal nerve. The next step, naturally, was for physician and dentist to put the bones of upper and lower jaw in the correct position so that tension would be removed from trigeminal nerve. This correction might mean removing some teeth and putting in artificial teeth in spaces where teeth had been removed. This altered the "bite" of the patient. Drs. Smolik and Hemstead state that this correction will

give relief in many instances, thus removing the necessity for surgical measures. They report on 54 patients within the past 3 years, 15 severe cases with 4 failures and 21 less severe with 7 failures. Certainly this cause of tic doloreux should first be sought in all cases.

ELLEN'S DIARY

By An Island Farmer's Wife

Caught between the horns of a dilemma this morning, on the one side dutiful, on the other desire, we at length reached a decision which took us on an outing to the city. James will have it that when such occasions present themselves to a feminine mind there is no decision to be made! It was settled for us away back at Time's beginning to follow our sweet fancy and then in consequence it falls to the men to await our pleasure.

In a predominantly masculine household in the yesteryears at Alderlea, we found the three there had distinctive ways of waiting for female accompaniment on an outing. One allowed no time for loitering in preparation. So we made a bed or more, tidied a room, put his apparel to air, donned our Sunday garb, brought in kindling, let the fire die away, and put out Tabby, all in one breath; and usually found we still had time on our hands, despite his reminding words at the outset.

A second man was, and continues to be, quite lenient with the housewife that would accompany him. Though casually he mentions the deadline he must meet, so that we can govern our affairs by this — to do or leave undone. A third offered us passage with the comment "... and no leeway given, "just as soon as I can get away!" With an explanation that I served to hurry one, "You see, I have a number of things to attend to there today — and besides, I should like to be home in time ..." to resume some interrupted endeavour of the farm.

With the second, we travelled this morning — and James called after us at parting: "Now see, Ellen, that you don't keep the boys too long ... a fine day like this is not made to be wasted in trying on a hat or a bit of a dress in town. No indeed — not when there's more lumber to be cut! And Spring at our heels!"

Rarely do the busy little trucks go outward bound to the city, without some representation of livestock confined in the rear. "Are you certain — sure we're going to town?" Mack questioned his mother, after he glanced out the cab window to the back, on an autumn day, on a second trip which was to bring in extra store-feed. "I can't believe it," he said with an incredulous smile, "because," he nodded, "there's not one pig back there!"

A collector's number went out this morning gathered from Mr. A's as well as Rob's, with others from a neighboring farm. And the burden of return? Mostly in the queer cycle of farming which serves to keep a-bill the Family pots-of-wealth, imported feed for the hogs; and in the shelter of the sacks a pair of calves, this spoil of hunt divided equally — and amiable as are all the dealings — between this place and Alderlea.

"What!" James spoke sternly, "not another call! And where are you to put him?" He asked it with a casual air which did nothing to hide the interest we saw in his eyes before he turned to step away to the barns. Presently he paused ... came back to help lift the newcomer down. "Pretty small!" he commented.

"And young!" Rob said. "Did you buy on a lowering market?" he queried suggestively. "With hopes of it rising," Rob chuckled, his father smiled. "I suppose you won't be the first farmer to be disappointed — but let's get him indoors in case he should get a chill. I guess," his eyes wandered to the fields that would one day nurture him, "he'll grow into something" ... What a nice companionship exists between the three — James and his sons! ... And on our outing what did we buy — and see?

Until tomorrow — Diary — Good-night ...

Lunch Pail For A Lady At Coronation



During the long coronation ceremony, peereesses have been allowed by fashion designers to carry their lunch in handbags such as this. In long ceremonies of the past—before convention made this concession to appetite—many ladies and gentlemen of the court carried a snack under their coronets.

A Country Garden

By Mrs. Gordon MacMillan

Instinctively we brace ourselves, with the onset of March, for stormy weather, but always with a feeling of exhilaration; for we know that he will wear us a way from winter durance to the fair and fickle April, to the full bird-song, blossom and leafage of spring.

March is the month that the tuberous begonias are brought up from the house cellar where they have been resting for several months. Clean off the roots and place them in a warm spot and keep them moist but not wet. They hardly need to be planted but just placed on top of the sand or peat moss with a very little garden loam added. When roots form, plant them carefully in good rich porous soil and bring to the right soil and they will be around the begonia after growth is well started and this will help to keep the plant firm as they are so heavy when in bloom.

After keeping these begonias for several years the corms become very large and need large containers. Last year some of these plants reached the height of three feet and were covered with dozens of beautifully colored blooms, just in time for the garden. The gardeners were impressed as the gardeners always wish them.

Tuberous begonias make a very colorful corner in any shaded, sheltered spot, they can be planted after danger from frost is over and they will continue lovely for over four months. There are many varieties in all colors except the violet shades.

Double Camellia and Plectranthus are among the best and the double frilled and hanging or Pendula begonia is especially lovely for hanging baskets or window boxes. The classical and most beautiful Rose form of tuberous begonias has reached in the few years a standard of quality beyond previous expectations.

If you add a few tuberous begonias to your spring order you will enjoy their color and beauty all summer.

When bringing the dormant corms of these begonias to the light and moisture I was reminded of the rest periods of so many varieties of bulbs, such as ... Cyclamen, Gloxinia and Achromis. Just the other day I was asked by someone "What should I do with this bulb of a Cyclamen?" I then realized that they are a large number of folk who love flowers but they are not familiar with the varieties that require a rest period of several weeks, and perhaps they think they are dead and threw them away when they are only resting. It is impossible for plants to keep on forever and rest is needed just as rest is needed for humans.

We shall continue our study of famous men in plant history with the life of Carl Linnae. This year of 1935 marks the hundredth anniversary of his great work when he published his Species Plantarum. The idea of a scientific name in two parts — genus and species — that would be accepted all over the world was by no means original with Linnaeus. In fact, centuries before, the eminent Theophrastus had inaugurated the idea. However, it remained for the dynamic genius, Linnaeus, to bring order out of universal names for plants. He had the vision to see things clearly in his desire to clarify and simplify. In the past two centuries, great strides have been made in classifying plants.

Linnaeus was more than a scientist. He was a poet, a man of letters, a thinker, a humanist — one of Sweden's great figures. As the years passed, honors were heaped upon him, and he was given the title of a nobleman — Von Linnae.

From early childhood Carl was attracted to plants, for his father, who had a keen knowledge of botany, had planted a sizable garden around the rectory, notable for its rare and curious specimens. It was his custom to give the child flowers while he took him into the garden and pasture where the youngsters might be close to things growing. His father laid for him that indispensable foundation for a naturalist, the long view and the quick sight.

At the age of nine, he was sent to school where his principal studies were the classical languages and ecclesiastical subjects. As he progressed, the eminent scientist, Rothman, encouraged him to read the outstanding scientific works of the day, especially in the field of botany which delighted student and teacher alike. Then later he became a lecturer and demonstrator at the University's botanical garden. Carl Linnae came into the world by way of Rasmult in the South of Sweden — a modest village that he has immortalized in his writings, as the poet, Robert Burns, did for his beloved Alloway.

The science of Linnaeus set its stamp on cultural life ... the 1700's can with justification be called the Linnaean century; with

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How Can I ...

By Anne Ashley

Q. How can I mend the broken wire of an electric light globe?

A. It can oftentimes be mended by turning on the current and tapping lightly on the side of the globe with the finger. This causes the broken wire to vibrate and touching one of the other wires while vibrating, it becomes welded.

Q. How can I make a violet talcum powder?

A. By mixing 14 ounces of powdered talc, 2 ounces of powderedorris root, 1/2-ounce extract of cassia, 1/2-ounce extract of jasmine.

Q. How can I clean felt?

A. A little steel wool rubbed on felt the wrong direction of the material will clean it very nicely. Do not rub too hard.

Better English

By N. C. Williams

1. What is wrong with this sentence? "I had I have known it, I could have stopped with my friends for a few days."

2. What is the correct pronunciation of "associate"?

3. Which one of these words is misspelled? Dirigible, perceivable, believable, imitable.

4. What does the word beginning with tra that means "surpassing; extraordinary"?

ANSWERS

1. Say, "Had I (omit have) known it, I could have stayed with my friends." 2. Pronounce a-s-o-shi-at, third syllable as in ship, and not a-so-si-ate. 3. Dirigible. 4. Being at variance with. "The illustrations were incongruous with the theme." 5. Transcendent.

Modern Etiquette

By Roberta Lee

Q. I know that ice cream, when eaten alone, should be conveyed to the mouth with a spoon. But how is the ice cream that is served with pie alomade eaten?

A. Both the pie and the ice

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Linnaeus the tree of knowledge became one with the tree of life, because he devoted to his research not merely his reason but his senses as well.

Morning Smile

Nowhere

Miss Frost: "Before we drive any farther I want you to understand that I don't flirt, so don't try to hold my hand or kiss me. Is that clear?"

"Yes."

"Now that that's settled, where shall we go?"

"Home."

7119

by Alice Brooks

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DOROTHY DIX'S COLUMN—

A Matter Of Infatuation

Young Mother With Sensible Husband Becomes Enamored Of Another Man

DEAR MISS DIX: I'm a young married woman of 24, with three small children. I've been married for seven years, most of which time I have not loved my husband. However, I have to put up with a good front and



Muriel Nissen

my husband and children would be better off without me? MRS. M. V.

ANSWER: Let me tell you, first of all, most emphatically, that if you yield to your present desires, or convince your husband to do as you wish, you'll be a very sad woman. The surrender of home, husband and children to satisfy a love that probably exists only in your dreams, would be a tragic mistake. You have a very wise and patient husband.

The solid stuff of your life is encompassed within the walls of the home you have created, even though at present you feel imprisoned within them.

CONSULT A MARRIAGE COUNSELOR

Follow your husband's suggestion to see a marriage counselor; you'll find it amazingly easy to discuss your problem with someone trained in dealing with similar affairs. A physical check-up, too, might be helpful in uncovering some deficiency that would account for your lack of energy.

The solution of your difficulties lies in a replacement of images. Cast out the sentimental picture of yourself as a disillusioned wife who has fallen in love with an unattainable man. This is the stuff of which Grade B movies are made. Visualize, instead, the reality that is within such easy reach: yourself as the capable housewife and devoted mother. Don't follow the path of your present inclinations; it will lead to bitter regret.

DEAR MISS DIX: Six months ago I met Dick while he was stationed at a nearby army camp. I liked him at first, but soon became quite bored with his conversation. I told him I didn't like his talk, and then he changed, and doesn't seem to be interested in me. I had thought I could reform him, but now I wonder if I was too hasty in my decision. I am 18.

ANSWER: Dick apparently was taking conversational inventory before advancing to a more definite stage—an inevitable progression according to his crude method of reasoning. You were quite right to let him know you disapproved of his subject matter. If he liked you at all, he would have acceded to your wishes, and continued the friendship. The fact that he stopped seeing you immediately after your reproaches clearly shows the way his mind worked.

DEAR MISS DIX: All my girl friends do their homework and studying while baby-sitting. My father, however, won't let me baby-

Continued from page 2

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