

That Body Of Yours

By James W. Barton, M.D.

MIRACLE DRUGS TREATMENT OF CHRONIC RHEUMATIC FEVER

It has been truly said that "rheumatic fever is childhood's greatest enemy," because, unlike some children's ailments which occur only once in a lifetime, rheumatic fever may occur several times and with each attack, the heart may be seriously damaged. It is in these cases of rheumatic fever that so many victims pass away at an early age with heart disease, many before reaching 40 years of age.

It is known that rheumatic fever attacks more children of the poor, as was shown by studies conducted in Chicago in which a marked difference was found in the percentage of cases of private school children from families of upper middle class and among children attending school in one of the poorest sections of the city. This was because of the poor diet, lacking particularly in meat, eggs and milk (protein foods). Thus, as stated some months ago, the percentage of rheumatic fever in poor districts was nearly 3 per cent, whereas in the upper middle class children, it was about one-half of 1 per cent.

While ACTH, the miracle drug, was believed, when discovered, to be the special drug to cure rheumatic fever, rheumatism and arthritis, it was found that whenever used the patient always improved in spirits, even if his special ailment was not helped.

Remembering that ACTH gave most patients a "lift" or "boost," Drs. D. Young and M. Rodstein in archives of Internal Medicine, Chicago, report their findings in which eight children with chronic active rheumatic fever were treated with cortisone or corticotropin (ACTH) for prolonged periods. One

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ELLEN'S DIARY

By An Island Farmer's Wife

"... that was the night he proposed." "On his knees?" we teased. "Yes, right in the dust and dew of the roadside as he was walking me home!" she laughed. "Nevertheless," she nodded, "it was that night... and am I not silly to be mentioning it?" "It sounds exciting," we suggested.

"It was," she smiled. "I suppose a proposal always is—to every girl. The declaration is so amazing, well, you sort of have to pinch yourself to believe it! And all at once you are wearing rose-colored glasses—everything in the world about and everyone is so lovely!"

"It's as Pat would say, a 'quare feeling!' we agreed. "But the gown—how was it made?" "It was pretty... It had a yoke of fine lace, the frill about front and back of it continuing along the sleeve in an elegant, dropped-shoulder effect—you remember that was quite fashionable then—the skirt was fitted about the hips but flared towards the hem where it was finished with two rows of frills—flounces, you know! They lent more grace to ones walk..."

"And also made the laundering more interesting," we laughed. "The transparent part of the bodice, or 'waist,' it was then, gave a glimpse..." "A very modest one of course," we interrupted with a nod. "Of the ribbon threading the corset-cover..." "I don't we both remember the pink or the blue! tied in a spot of color near the..." "Centre of the breast-bone," she giggled. "So there I was 'all dressed up,'... sweet sixteen" but kissed, and exceedingly happy that night."

"Was there moonlight?" the subject was so fascinating we liked to pursue it. "Yes—the night was like day—only the light was more mellow. Moonlight always lends an air of mystery about; sets the scene for romance... especially in June," she smiled. "When I ever come perfect days, and nights," we offered. "It was warm and lovely... the air clean and scented—you know how it is! Dear me," she sighed, "the years that have gone over our heads since then—and the changes we've seen! It makes one lonely just to think of them."

"Did you notice this piece?" she turned again to the quilt. "My wedding suit was of this. It's not exactly a gray. There's a hint of brown in it. It was the best of stuff to wear—it had to be in those days when new suits didn't come to one every day! I wore it until styles changed and then..." "You made it over for one of the children?" we chuckled. "That's exactly what I did, Ellen!" she replied. "You remember the thriftily inclined bride always had her wedding clothes made with an eye toward making over..." "Now this," she said. "is..."

But now there were voices on the verandah. And James saying: "You just can't be sure about potatoes—they may be at the peak-price now; or again that may be reached in spring. When we grew potatoes—not that we ever had any great quantity of them—I believed in 'easing' them away whenever a fellow had a chance. You don't catch the 'big' money always but you're bound then to get a share of it."

And with the wistful promise to the housewife: "We may hear more another time," our visit came to an end... It is the quilting season on farms again. How bewitching will be the tales that may one day come out of their colorful patches! Until tomorrow... Diary... Good-night...

Morning Smile

Obliged "Boy (with bundles): "Would you please open the gate for me?" Gentleman: "Why of course, sonny." Boy (inside yard): "Thanks. It was just painted and I didn't want to get my hands messy."

Let's Start Over Again

A Liverpool post office counter clerk, very busy with customers in the holiday rush, penciled the postage amount, with the intention of sticking the stamps on afterward. "What did you do that for?" asked the customer. "Now everyone will know how much the parcel cost to send." "That's all right. I'll stick the stamp over the figures," said the counter clerk. "In that case I suppose it won't matter," concluded the customer.

The Stars Say

By Genevieve Kemble

For Tomorrow

NOW is the time to get busy on long considered and long desired projects—especially if the objectives are of more than passing consequence. Such ideas and plans should be pushed even though, in their experimental phases, there may be slight setbacks and delays frequently encountered in new enterprises. In fact, such temporary situations can actually add verve to accomplishment, lend greater zest to final achievement. While the day augurs well for all aspects of daily living, it specially favors plans that, while bound, require daring moves and originality for

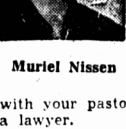
DOROTHY DIX'S COLUMN

By Dorothy Dix

Deserted By Wife

Now In Love With Another Girl, Husband Would Seek Divorce

DEAR MISS DIX: Seven years ago I married a divorcee with two children, but permitted them to stay with their grandmother, who lives quite a distance from our home. We visited them once a year. Two years ago my wife went back to see them, and extended her visit month by month. Twice I sent her the money to come home, but she kept putting me off, and still hasn't returned. She hasn't even written in several months. Now I have met a girl with whom I have fallen in love, and I'm sure she returns my affection. My problem is whether or not I am within my rights to divorce my wife. My friends tell me I have been patient long enough.



Muriel Nissen

ANSWER: Since you have quite clearly been deserted by your wife, you certainly are within your legal rights to bring a divorce action. I would suggest further discussion of the matter with your pastor, if you have a church affiliation, and certainly with a lawyer.

CALL A LAWYER You are definitely entitled to an explanation of your wife's long silence. If she refuses to answer your letters, and if a trip to see her is not feasible, have a lawyer contact her. That you fell in love with someone else is not surprising. You were left in a very vulnerable position for an attack from Cupid's bow. I do strongly urge, however, regardless of the justification for your new romance, that you let it remain in the background until you have straightened out your marital difficulty. Your life is sufficiently tangled at the moment; don't add to its confusion.

DEAR MISS DIX: There are two young men in my life; one is overseas, and I know he loves me, but I'm not so sure of my feelings for him. The other is home, and I know I love him, but, though he says he loves me, he continues going out with other girls, and isn't very considerate about keeping dates with me. I'm 18. Should I continue to try winning the boy at home or stick to my soldier sweetheart?

ANSWER: Bluntly, any girl is a fool for trying to win a man who shows her by constant thoughtlessness that he doesn't care a rap for her. Words are easy; actions are what count, and when a young man doesn't keep his dates, is so inconsiderate that he delights in hurting you with stories of his conquests, you may be sure he has no love for you. However, don't turn to your soldier lad just because he likes you. Unless there's a possibility of your reciprocating his love, don't buy him up with false hopes. Perhaps your solution lies with a third boy! Try dating others for a while.

DEAR MISS DIX: Dolly and I have been going together for over a year, and were just about set to become engaged when she began going out with another boy. I have given up smoking and drinking for her, and have agreed to join her church. I am 21, she is 20.

ANSWER: You certainly have made enough concessions to Dolly, and if she isn't satisfied with them, she must be a difficult girl to live with. Expecting you to stand by while she dates another boy is a bit too much. Of course, she is young, and probably immature for her age at that—she sounds so. Don't try to rush her into a decision. Date other girls yourself, and give Dolly time to make up her own mind.

DEAR MISS DIX: I am a girl of 16, in love with a married man of 28. The only time I see him is when I baby-sit for his two children. How can I get over this feeling for him?

ANSWER: The first thing to do is squarely face the fact that your emotion is wrong, and will bring you nothing but unhappiness. Stop daydreaming over the man, which is what I wager you do with most of your spare time. Next, give up the baby-sitting job, no matter how much you need the money. There are other jobs.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Household Scrapbook

By Roberta Lee

Burns

A good remedy for burns is equal parts of linseed oil and lime water, applied with a soft cloth and then covered with a soft cloth to keep out the air. It is well to keep a bottle of this solution on hand for emergencies.

Polishing Damp Shoes

No matter how damp boots and shoes may be, they can be polished in a few minutes if a drop or two of kerosene is added to the blacking. This will also prevent the leather from cracking.

Silver

Sprinkle a little carbonate of soda into a damp cloth and rub well when cleaning and polishing silver. Then wipe with a dry chamois.

For the Birthday

If tomorrow is your birthday, you should find ample opportunity during the coming year for putting over your most ambitious plans and testing your skills or inventive genius. Capital is at hand, together with the generous endorsement of influential persons or institutions, so get busy on those revolutionary ideas, those startling experiments you've had in mind for so long. Take steps toward winning that promotion you've waited for. This is the time for you to have confidence in yourself—a self-confidence which will win not only material rewards, but new friends as well. A child born on this day will have originality, inventive genius and such constructive ability as to assure support in high places.

Better English

By G. C. Williams

1. What is wrong with this sentence? "Treat her the same as you would your sister."

2. What is the correct pronunciation of "creator"?

3. Which one of these words is misspelled? Syringe, syrup, syren, sycophant.

4. What does the word "contention" mean?

5. What is a word beginning with pi that means "the summit"?

ANSWERS

1. Say, "Treat her just as you would your sister." 2. Accent second syllable, not the first. 3. Syren. 4. A point maintained in an argument. "History would seem to support this contention." 5. Pinnacle

Modern Etiquette

By Roberta Lee

Q. Is it absolutely required that a person give the reason for declining an invitation?

A. While not absolutely required, it still takes the "sting" out of a refusal to state the reason. Many hostesses might resent a curt "Sorry, I cannot accept."

Q. What is considered the most formal manner of introduction?

A. "Mrs. Johnson, may I present Mr. Williams?" "Present" is considered more formal than "introduce," although the latter term is equally proper.

Q. Are relatives and friends obligated to send gifts to a girl who has just announced her engagement?

A. No.

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A Country Garden

By Mrs. Garden MacMillan

"Winter Diversions of a Gardener," written by Richardson Wright, is one of his finest garden books, and in the chapters describing the plant collectors of long ago we read that in the twelfth century monks of the Buddhist religion travelled from China to Japan and in their scant luggage were slips of a precious tree they had grown around their monasteries at home, in this way tea was introduced into Japan, followed by the Tea Ceremony, or symbolic flower arrangement.

Japanese gardens were influenced by the naturalistic symbolism. Nine hundred years before that, two Persian monks had assisted in the migration of a necessary plant. Determined to learn the secret of making those marvelous silks that for generations had been brought out of China over the long trail into Persia, they set forth eastward. They returned, so legend says, with silkworms and mulberry leaves hidden in their pilgrim staves.

From those distant times and lands, it is no far leap to the present. Scarcely a country but has its gardening parsons. A French preacher once vowed, "I shall never rest satisfied till I have three chestnut trees, a potato garden, a cottage, and a cornfield at the bottom of some valley." Dean Swift set the same aspiration to verse:

I've often wished that I had clear, For life, six hundred pounds a year; A handsome house to lodge a friend, A river at my garden's end; A terrace walk, a half a rood Of land set out to plant a wood.

Scarcely a flower can be named but a parson has had a hand in its history. In 1660 the sweet pea was sent first to England by a member of a religious order in Palermo, Sicily, and it was an English parson who started hybridizing the sweet pea to its present loveliness.

In the first half of the last century the zonal pelargonium was perfected at the country estate of Rev. E. Benyon, and new garden methods were adopted quickly by the clergy, and very early a water garden was made at the rectory garden in Cornwall, England.

When we come to roses, the English parson fairly shines and many books on roses have been written by them. The lovely mauve Darwin tulip was named for the Reverend Ewbank who did splendid work with the rare irises we know today. And those to whom the delphinium is a flower above others, should remember the early work upon this superb perennial done by the Reverend Parnell.

From the very beginning of its Church's history up to today, horticulture, botany, and floriculture have recruited outstanding leaders from the British clergy. When they undertook the cultivation of the soil, they became leaders in the work. Among the studies required of the Saxon parson was a knowledge of medicine, and this involved a familiarity with medicinal herbs, their cultivation and their preparation for use. Not content with one, gardeners have worked upon two patron saints: St. Phocas and St. Flaccus. Both, apparently, are legendary figures—but then, one must never examine these legendary tales with too exacting an eye.

Quite an extensive chapter is written in this book on the manner in which the monastic illuminators of missals, books of hours

Anne Adams Patterns

By Anne Adams

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How Can I... By Anne Ashley

Q. How can I remove grease spots on woollens or silks? A. Try using a little talcum powder. Rub the powder over the spots; then brush off with a clean, stiff brush after standing for a day or two. This method eliminates any danger of leaving rings, as often happens when applying liquid cleaners.

Q. How can I kill plant insects? A. One tablespoonful of smoking tobacco soaked in one quart of water overnight, and poured on the soil about every thirty days, will destroy plant insects and also fertilize the plant.

Q. How can I make steel wool last longer? A. If the steel wool is dried in the sun, or on the radiator, each time after it has been used, it will last much longer and will prevent rusting.



4699 by Anne Adams

Alice Brooks Designs

By Alice Brooks

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and lives of the saints used flowers and garden pictures in their work. They have left us in these books records of the most valuable garden records we possess. Nor was this custom restricted to Christian monks. The painting of water plants, narcissi, orchids, and plum blossoms in the Ming period of China was the work of Taoist monks. Again and again, in the literature of devotion, and in the lives of the saints we encounter not alone these pictures, but also countless intimate illusions to gardens and gardening that could scarcely have been written except through actual contact with them. St. Patrick preaches the Trinity with the trefoil in his hand, and with the trefoil in his hand, and St. Francis fairly powders his de-

Continued on page 12



7252 by Alice Brooks

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