

Woman's Realm Social and Personal Fashions Literature

Lenten Meditations

CHARITY
(The London-Times)

Whatever may be the secondary lessons of the parable of the Good Samaritan, its main teaching is clear. It is the primary importance for the Christian disciple of charity, in its fullest and most comprehensive sense.

The comprehensive social planning of the modern welfare State may have produced in some people the feeling that responsibility towards their fellow-men has been in large measure removed, and no doubt in some particulars this is true.

The Christian needs constantly to be on his guard lest he become unmoved by suffering and unresponsive to the deeper human needs. "Thy neighbour," as the parable indicates, is any human being who needs the help that his fellow-man can give, and the exercise of compassion is by no means to be limited to the giving of help that is purely material.

To love one's neighbour as oneself is to be deeply concerned about his needs—spiritual as well as material—as about one's own. The welfare State, efficient and humane though it may be, cannot in the nature of things provide that element of personal sympathy which in times of suffering and distress can bring new courage and hope to the sufferer.

Such an ordering of society may appear on the surface to meet man's varied needs, but inevitably it leaves untouched the deeper springs of his life, and, indeed, may help by over-concentration on the material to create a void of whose nature he is not fully conscious—a void which can be filled only as he recognizes the spiritual nature of his need and of his potential resources.

"Go, and do thou likewise," is our Lord's summing up of the lesson of the parable. Let your compassion reach out to those in need, whether friend or foe. To "pass by on the other side" is to commit the cardinal sin against charity, no matter how small indifference may be excused or rationalized. And since the commands of Christ always convey the enabling power to obey, obedience to them is never beyond a man's capacity.

Morning Smile

Different
He asked the lady for her hand; She yielded to his wishes; But now that they are wed she sets His hand to washing dishes!

Hard Luck
"I had bad luck with both my wives."
"How is that?"
"The first eloped."
"And the second?"
"Didn't."

MOSTLY WASTELAND
Nearly 70 per cent of Norway is covered by mountains, glaciers, moors and rivers.

HIGHEST ANDES
The Andes mountains reach their highest peak in Peru, where they tower above 19,000 feet.

Timely Notes On Nutrition

By Marjorie G Hill

Did you know that: 1-5 of the city family's food dollar, on the average, goes for dairy products—milk of all kinds, cheese, ice cream, cream and butter?

Have you ever tried a brown-bread sandwich made with a filling of well-flavored mashed cooked beans? Besides having appetizing appeal, it is valuable nutritionally, and economical as well. The filling of the sandwich may be mashed-cooked beans plus chopped meat; chopped-hard-cooked eggs or cheese; with catsup, minced onion, chopped celery or pickle relish added.

Here's a Tippy Tip for homemakers—a tippy pan on the range is both unsafe and inefficient. Before buying a saucepan or frying pan, make sure that it stands steady on a flat surface and that the handle is not so heavy as to throw the pan off balance. An unsteady pan can tip and spill hot food or water, does not cook food evenly and wastes heat. Look for the pan that "hugs the stove", and has a close fitting lid.

And still more talk about potatoes in the United States—several shippers in Maine have adopted the new consumer grading system, making easier potato-shopping for the housewife. Under the new grading a United States housewife may buy potatoes marked U. S. Grade A, Medium to Large. These potatoes will range from 2 1/4 to 4" in diameter, most of the bags have a mesh window in the front to allow her to see what these potatoes are like without handling them.

Other Grades are: U. S. Grade A Small—ranging from 1 1/2 to 2 1/4 inches; U. S. Grade A Medium—from 2 1/4 to 3 inches; and U. S. Grade A Large—from 3 to 4 inches. Thus if she wants small potatoes for boiling or large potatoes for baking, the United States housewife can make her own choice in size. Could be that island shippers may take this tip from their neighbours in Maine? Have you ever wondered why the same nationally advertised brand of coffee is cheaper in the United States than in Canada? In Canada we are dependent on the same source, we pay a duty of two cents per pound plus ten cents dollar exchange, plus 8 per cent Sales Tax, which causes higher prices for the same coffee. We can do much about the duty and dollar exchange, but the Canadian Association of Consumers has asked the Federal Government to remove the 8 per cent sales tax on coffee and is reiterating its request that the "hidden" 8 per cent tax be removed from all food products on which it is levied.

Happy Easter everybody!

China Cement
An effective cement for broken china can be made by mixing plaster of Paris with the white of an egg to the consistency of a cream. Then apply as you would any prepared cement.

Burning Feet
A little powdered tannin or powdered borax shaken into the stockings will work wonders if you suffer from burning feet. Either remedy is very soothing.

Griddle Cakes
Smokeless griddle cakes are made by rubbing a raw potato over the griddle instead of greasing it. The cakes will brown just as well.

That Body Of Yours

By James W. Barton, M.D.

CANCER IS NOT LIKE ANY OTHER DISEASE

The first week in April is known as Cancer Week, during which time as much as is known about cancer is given to the public. This information is encouraging each year, because, while the actual cause of apparently normal cells acting in such a disorderly manner is unknown, what cancer is not is gradually becoming known. This information is worth much to everybody. The other valuable knowledge is that early cancer is curable by the present methods of treatment—surgery, X-ray, and radium.

In "The Handbook on Cancer for the Medical Profession," issued by the Canadian Medical Association to all Canadian physicians, a simple but complete definition of cancer is: A cancer is a mass of new cells which multiply without control, and which invade surrounding tissue spaces and in some cases the lymphatics and blood vessels. All other biological or body processes have a meaning; cancer has no meaning whatever. Every ordinary cell in the body has a twofold job to do: (1) its function in the body and (2) to multiply or reproduce itself. In cancer the idea of reproduction is present, but the cancer cell has no use, no function to perform in the body. There is just a purposeless and never-ending cell division or multiplying of cells. Cancer cells may be termed the gangster cells of the body.

Unfortunately, in their early stages the cancer cells cannot be recognized as they so closely resemble normal cells, but fortunately, even in their early stages, cells that are cancerous or likely to become cancerous are recognized by their behavior. These cells grow in a disorderly manner and have no boundaries; they will grow in such numbers that they destroy every other tissue in their path. While it is known that irritation will "start" a group of cells to become cancer, it is not known what causes the cancer cells to "continue" to grow, it is this continuing to grow that is the object of research in all laboratories.

Until the cause of continuous multiplying of cancer cells is discovered, we must have all "suspicious" symptoms investigated.

Household Scrapbook

By Roberta Lee

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Gay Cabana



The youngsters will have fun in the sun in these washable cotton cabana outfits from Gay Togs. The border prints feature sand and water motifs in gay colors.

The Stars Say - -

By Genevieve Kemble

For Thursday, April 6

A SUDDEN and quite unforeseen turn in the wheel of fortune may bring to spectacular crises fulfillments of perhaps unusual or unique import, rising to dramatic heights. Business ventures, inventions, travel, some novel or inventive performance, all could rise to surprising culminations with endorsement and practical support from influential sources. Seek such assistance in business as well as private aspirations or ambitions.

If It Is Your Birthday

Those whose birthday it is, are urged to be ready for a surprising and breathtaking turn in which all sorts of hopes and wishes rise to "new highs" in fulfillment and performance. The creative talents, skills, drives, originality and dramatic incitements, may win practical support from high places; all promising thrilling culmination, romance and stirring inner gratifications.

A child born on this day is dramatically blessed with exceptional talents, originality, and spectacular urges and emotions, winning collaboration and happiness through high development.

Better English

By D. C. Williams

1. What is wrong with this sentence? "After shuffling the deck, he dealt out the cards to the players."
2. What is the correct pronunciation of "verabim"?
3. Which one of these words is misspelled? Meticulous, rediculous, tuberculous, conscientious.
4. What does the word "censure" (verb) mean?
5. What is a word beginning with not that means "worthy of observation"?

ANSWERS

1. Say, "he dealt (omit out) the cards."
2. Pronounce "ver-ba-him," u as in fur, a as in bay, accent second syllable. 3. Ridiculous. 4. To find fault with or condemn as wrong. "Shallow wits censure everything that is beyond their depths." — Proverb.
5. Noteworthy.

Modern Etiquette

By Roberta Lee

Q. Is it necessary for the bride to cut the entire wedding cake to serve portions to the guests?

A. No, this isn't necessary. If she wishes, she may cut only the first piece, then permit one of her attendants to cut the remainder of the cake.

Q. If a man doesn't smoke and is escorting a woman who does, should he supply her with cigarettes while with her?

A. Yes; unless, of course, she has already brought along her own package of cigarettes.

Q. When dining in a restaurant, what should a woman do with her purse and gloves?

A. Place them in her lap or on a vacant chair, but never on the table.

ELLEN'S DIARY

By An Island Farmer's Wife

We agreed today we "never saw the like of this March!" so mild and altogether lovely it was, forgetful for the moment that its delight could change very soon to give us such a raging blizzard as belongs to this variable month in memory and legend. Farmers within our knowledge discarded Winter sweaters, found lighter caps, and whistled happily about the choring. In the smoky haze that lingered above the far fields, one could fancy that already a new life was pulsing in the drab earth. On a sunny sheltered bank Mayflowers would, we thought, commence to straighten flower-stems, to have them crowned presently with pink florets, the fragrance of which when full blown is the essence of all that is charming and beautiful. Now indeed is the Winter past, and the warmer seasons with their myriad of colors and new and ever unfolding delights all before, to have and enjoy. Past Springs too are in the subtle scent of them, for those of us who are older, in a lengthy succession of them, that has been swift in passing, and yet in recollection offers many a bewitching scene.

"Some like Roses best of all the flowers" we recall a tiny and dainty old lady in the long ago "and there's no doubt they are beautiful, and fragrant. And for some there's nothing can equal the pines with their rich colors and innocent faces—rich bit of perfume. And there are those that like stocks with their heady scent—and some go into ecstasies over a Peony—and with some its Lilly-of-the-valley. But do you know these are my favorite flowers?" On the table near her chair, beside her reading glasses and a worn Book, sat a low bowl filled with Arbutus. "Oh, I like every flower but somehow, it's these I feel sort of," she smiled "clannish too!" Perhaps it is because the memory of these go back so far. We used to gather them as children at home—they grew—and there was a pause which indicated that she was looking into the very pot, not far from the house, along the lane that went to the fields.

I mind how proud I would be to find the first one to carry them home to mother!" It was strange to hear an elderly woman say "Mother," spoken so reverently, hallowed we suppose by scenes out of pioneer days and doings we should never see. "I don't know if any grow there now—and there's none around here. These? The Minister's wife brought them in—she divided a bouquet someone had given her. She's like that—she seems to know, and is kindly. Yes, she smiled touching one tenderly "I like Mayflowers best of all!"

The millstream was in the freshest this evening to an extent that Jamie considered fearful-not in the sight of it, but as it was "but in the sound it makes" as gathered.

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RECIPE FOR PLAIN GELATIN EGGS

- 1 envelope unflavored gelatin
 - 1/4 cup cold milk
 - 1 1/4 cups scalded top milk
 - 3 tablespoons sugar
 - 3/4 teaspoon salt
 - 1/2 teaspoon vanilla
- Soften gelatin in cold milk about 5 minutes. Dissolve in scalded milk. Add sugar and salt. Blend well. Cool. When mixture begins to thicken, stir in vanilla. Pour gelatin mixture from small pitcher into 6 dried shells. Fill full as gel tends to contract. After gelatin has firmly set, carefully crackle and remove shell.

RECIPE FOR CHOCOLATE GELATIN EGGS

- Proceed as for plain gelatin.
- Grate 1/2 square unsweetened chocolate and heat with milk to melt.
- Increase sugar to 3 1/2 tablespoons.
- Blend with rotary egg beater. Cool.
- Add vanilla and proceed as above.

DOROTHY DIX SAYS -

"Married Parasites"

Reader Resents Power "Dull" Wives Hold Over Husbands

DEAR MISS DIX: The man is handsome, popular and successful. His wife is dowdy, plain, uninteresting, an utter failure as a wife. Her husband gives her a generous allowance, provides everything for her comfort and gives her first consideration over all others, but he comes to me for companionship, understanding and diversion. He has had my youth, my vitality and my love. Yet he gives me the remnants of his time and goes home nightly to the woman who bears his name. Why is it that these married parasites, the women who do absolutely nothing to hold their husbands, have a power to keep their men until the end of the world?

LOUISA D.

ANSWER: Every woman who has ever met a philandering married man, whether she encountered him in his office or in society, knows that his approach is via the sympathy route. He is always unhappily married to a woman who is not his real mate, who does not attempt to enter into his life and inspire him, and so on.

WON'T GET DIVORCE

But after the girl has thrown her cap over the windmill and wrecked her life for him, he doesn't even consider breaking his old ties and putting her in his wife's place. He has got what he wants and as for the girl—well, it is just too bad, but there is nothing on earth she can do about it. She can't make a married man marry her if he doesn't want to.

Why men still stick to wives whom they have ceased to care for is generally regarded as one of the unsolvable mysteries of life. Yet really the explanation is very simple.

It is, first, because marriage is not the dominant thing in a man's life that it is in a woman's. If a man's married life is disappointing, he has a thousand outside interests and distractions to take his mind off his disillusion. Another reason is that business has taught a man to regard a contract as more binding than it ever is to a woman, and so he is a better sport about sticking to his bargain than she is. Then, too, a man recognizes that in case of divorce the father loses the children who may be the very core of his heart. And, finally, thousands upon thousands of men cling to their old wives as they do to their old shoes and their old coats because they are easy and comfortable, and don't require any primping up or making a fuss over. All of which is a warning to sympathetic or avareicious young women who think it is as easy to take a husband away from an old wife as it is to take a stick of candy from a blind baby.

DEAR MISS DIX: I am a young woman 22 years old. Have been happily married for nearly two years to a wonderful husband and am the proud mother of a 5-month-old daughter. I do not wish to complain, but since the baby has arrived my life is growing less interesting day by day. My whole time is occupied with washing mending, darning, taking care of the baby. My husband refuses to take the out. He thinks no one else can watch over the baby but Am I being selfish in wanting to get away from the routine of housework and baby-tending once in a while?

KIT

ANSWER: You are not being selfish. You are simply being rational in trying to save yourself from becoming a nervous wreck. For

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Cook's Corner

SPAGHETTI RING SOUFFLE WITH CREAMED HAM

- 1/2 8-ounce package spaghetti
- 3 tablespoons butter
- 3 tablespoons flour
- 1 teaspoon salt
- Dash pepper
- 1 1/2 cups milk
- 3 eggs, separated

Cook spaghetti in 1 1/2 quarts boiling salted water until just tender. Drain and rinse well. Melt butter, blend in flour, salt and pepper. Add milk gradually and stir over direct heat until sauce boils and thickens. Cool sauce and stir into beaten egg yolks; fold in spaghetti. Beat egg whites until stiff; fold into mixture.

Turn into well-greased ring mold and bake at 325F. for 40 to 50 minutes. Unmold onto hot chop plate. Fill centre with mixture of 3 cups

How Can I!!!

By Anne Ashley

Q. How can I make certain when buying shoes, that they will be comfortable and not too tight?

A. If the feet swell readily, all ways buy shoes in the afternoon. By this time the feet have spread to their greatest extent and the new shoes will be comfortable at all times.

Q. How can I relieve the pain of heartburn?

A. It is often effective to dissolve one teaspoonful of salt in half a wineglass of water and drink it slowly.

Q. How can I quickly clean the bath tub, wash bowl, or other porcelain articles?

A. By using half of a lemon and of seasoned white sauce to which has been added 2 1/2 cups diced cooked ham.

-Needlecraft-

— FOR THE HOME —

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OLD BUILDING

The oldest public building in the United States, the Museum of New Mexico, was built in 1610.

2122 SIZES 12 - 42



"You're wonderful!"

"I'm a Lux Girl" says
SUSAN HAYWARD

SUSAN HAYWARD as she co-stars with DANA ANDREWS in the SAMUEL GOLDWYN production "MY FOOLISH HEART"

Here's a complexion care that really makes skin lovelier! In recent Lux Toilet Soap tests by skin specialists, actually three out of four complexions improved in a short time. Give your skin this gentle care screen stars recommend.

"Lux Soap facials give skin, quick new loveliness," Susan Hayward says. "I work the creamy, fragrant lather well in, rinse, and then pat gently with a towel to dry." Try the generous new bath size too—so fragrant, so luxurious.

9 out of 10 Screen Stars use Lux Toilet Soap

Decorative Egg Favors



FUN TO DO

For a festive Easter table, make lively favors using "blown out" egg shells. Children and grown-ups alike will love them.

Use colored paper, crepe paper, water color paints, candy and anything else to achieve a realistic character. Set them on round stands of sturdy paper to simulate collars and watch everyone laugh and enjoy them. And it is so much FUN!

Directions for "blown out" shells. Puncture a hole in each end of raw egg using a needle. Make the hole in the large end of the egg the diameter of a pencil. (The other hole should be smaller). Hold the egg over a bowl and blow through the small hole forcing the liquid out of the large end into the bowl.

The Flour that Blooms in the Oven

RIGHT FOR ALL YOUR BAKING!

BLOSSOM FLOUR