

Woman's Realm Social and Personal Fashions Literature

Plant Your Own Vegetable Garden

By F. H. MacArthur,

If you have never eaten vegetables grown in your own garden, then you have not tasted them in all their crisp freshness. Growing vegetables in one's own garden is a very satisfying experience for each day after the first green shoots lift their heads above the soil, one can watch them growing until, finally, they burst into gorgeous blossoms. A little later, comes the vegetables themselves which, when we begin to eat them, causes everyone to exclaim: "How delicious!"

The growing of vegetables is not at all difficult. Nature does her part in producing the fruits of one's labour and we, the gardeners, must see to it that nature gets the chance to do her best work.

First, the soil must be spaded and given the necessary food elements to promote healthy growth. Our plants, in order to put their best feet forward, must have sufficient sunlight, air and space. By following this advice, our vegetables will not fail to produce their full yield.

Many city folk don't bother with a garden because they fancy that little plot in their backyard is not big enough. Don't let that stop you. Carrots, beets and radishes, for example, require very little space and most varieties of vegetables have already been developed by expert gardeners to produce good crops in a small area.

Dig your ground thoroughly, this is a must. Then break up every lump of soil, and remove stones and other stuff. Don't be afraid of spading to a depth of one foot, but on the other hand, don't bring to the surface any of the hard subsoil.

Be cautious of starting your garden too early in Spring. If the ground is not in shape, it will surely bake and give you a lot of extra work.

Here's a simple way to test the soil so that you may know when it is to cultivate. Take a bit of clay in your hand and squeeze it. If it stays doughy, it's too wet to dig. If it falls apart, you have the go-ahead signal. Before planting your seeds, it is best to mix some fertilizer with the soil. Ten pounds to every 200 square feet of soil is sufficient.

Plant your garden with thoughtful care and you'll get a full return from your plot. This may sound like a tall order but actually it's quite simple. Carrots, peas, radishes, etc., can be planted early enough to get a second crop—that is, if you select early varieties and like to have these things all through the growing season.

For the second sowing, you'll need another dash of fertilizer. Always plant a leaf crop, such as lettuce, after the beets, radishes, etc. This rule works the other way as well. The reason for this rotation is that different crops take certain definite elements from the soil. This practice helps to keep the soil from becoming exhausted and does much to eliminate poor crop and the spread of plant diseases.

Of course, there'll be plenty of weeds but a good hoe and a bit of elbow-grease will keep your garden clean. If you will remember to keep the weeds down at the start, you'll have gone a long way in destroying them. Once the vegetables get a good start, they'll be able to more than hold their own against their enemies.

Thin your vegetables in gradual stages and you'll have delicious greens for your table all summer. On every package of seeds that you buy, you'll find instructions for planting, thinning and general care; so when seeding time rolls around, plant that vegetable garden you've dreamed about so long. Then when the Fall comes, you'll

Call For Pleats In Summer Wear London Fashions

BY MURIEL NARRAWAY

Canadian Press Staff Writer LONDON, April 14 — (CP) — Pleats are a forefront fashion-note this spring.

As a compromise on the hard lines of the Paris "chemise" dress, British designers are pleating from shoulder to hem. This gives freedom and grace to an otherwise unattractive style, softening the hard straightness of the line.

There are pleated spring and summer dresses in light wools, georgettes, shantung, nylon chiffon and many other of the newest rayon materials.

Pleating is carried in all types of silks from the sheerest georgettes to the heaviest satins. This covers a vast range of dresses from evening and cocktail dresses to gay, simple holiday prints and beachwear.

There is small choice in the types of pleating. Generally knife or box pleating is used, the difference lying in the width of the pleat.

Most chemise dresses are sleeveless, the long shoulder line finished by contrast cuff, suggesting a cap-sleeve. Necks are either round or collared, all are high and clean-cut to give emphasis to the straight pleat-line. If a set-in sleeve is used this is generally of narrower pleating than the dress and caught in a tight cuff.

Pleating Sizes Many designers use two different sizes of pleating to emphasize waist, hemline or yoke.

In pastel-colored shantung a box-pleated dress has cuffed set-in sleeve and tiny collar. Narrow pleating from knee to hemline gives the new hulk-look to the knee-line. A chiffon waistband decorated with two bunches of artificial flowers adds a touch of femininity.

In moss-crepe a knife-pleated dress falls from sleeveless cut'd shoulderline to full swinging hemline. It has tiny round neck with side-button front and narrow waist-belt.

Many shawl-collared, garden-party dresses have unpleated bodice and full, sunny skirts. Tubelock, strapless, cuff-top dresses may have pleated bolero-top.

Pleating is also used in the backs of loose, swing jackets; in yoke-to-waist panel in suit jackets; in back or all-round pleating of blouses. The new, mannish, shirt-blouse styles with high neckline and bow tie are often softened by minutely pleated chiffon vest.

Pleating is also used for decoration—in hem panels, shawl collars, cape-sleeves or stole.

Morning Smile

His Idea

The teacher had been explaining the poem "Excelsior." "Now," she said, "what is meant by the line, 'The shades of night were falling fast'?"

"It means," said Tommy, "the shop windows were being shut up at closing time!"

Irony

A woman got on a bus and took the only empty seat, next to a harmless-looking reveler. Soon she opened a map of Manchuria and began to study it.

The reveler gazed at the map for a while and finally addressed the woman in an interested tone: "Sure you're on the right bus?"

have vegetables to carry you through the better part of the winter; and, what's still better, you'll have the satisfaction of knowing you produced them in your own garden and with your own hands.

ELLEN'S DIARY

By An Island Farmer's Wife

Nor was it ended by this morning, the wintry storm which had descended so surprisingly at weekend, out of preceding seasonal weather, to temporarily put an end to motor traffic, and pretty well isolate country folks amid their snowy surroundings "for Easter." We suppose it brought its disappointments and heartaches to many a one detained at a distance, snow-bound and unable to join their families in the pleasant and customary observance of the Day.

In such a misfortune, we are apt to become acutely aware of the delights and privileges of that home we may not reach, however humble, which can hold within its walls, so much that contributes towards making life sweet for us, and good. And sometimes in an enforced absence, this sentiment comes in an over-whelming nostalgia, to make one "long for the wings of a dove" to follow in the direction that thoughts pursue.

We recall being considerably startled one Easter Sunday morning in the long ago, when rainfall and muddy roads contrived to make the day rather dreary. We looked up from some interest of the moment to find a guest of the family in tears. "I can't help it, Ellen," she said trying to smile "but there's no use denying it—I should have gone home for today." "And why?" we queried. "Oh I don't know why," she replied slowly, "it's just a sentiment I can't very well describe. I only know—and what must you think of me! that I'd like to be ho-o-me!" It comes back as clear now as in that far away yesterday. At the time, James was in the yard, scattering an armful of hay to the flock of sheep—they crowding about him, bleating plaintively. And we remember the thought came to mind, one would like to be away from Alderlea, while right before our eyes was another who loved to be at home. That was it—the key to happiness—Home.

"I'd like to be there, to go to church with the family," she sniffed, "not that I'm so religious," she went on, "but the Easter services in the church at home are worth a dozen other Sundays to me—it's more holy... sanctified—and hopeful and happy. The sad part of the Bible-story is past, Ellen, like the passing of Winter, and in its place is hope and Spring. And the dinner," she whispered in so tragic a tone it brought a chuckle, "with mother and dad and the children. Oh I know they tease and are noisy, but they're good-hearted and nice. And the baby's cute now! Yes, Ellen, definitely I want to go home. But there now," she shrugged and smiled brightly, "what's the old saying? 'what can't be cured'..." "Must be endured!" we laughed, "and by tomorrow, perhaps the weather'll be better, and you'll be able to go home." "But this feeling will be gone then," she said, "it belongs only to today—or on a Christmas, I guess, or Thanksgiving!"

If our thoughts strayed at times during yesterday's inclement weather to "The Hills of Home" and beyond to another "Home" where a twin are along with their memories, it was not to repine over our present circumstances, but on the contrary to remember withal, how good the day was to us as a family. Small lads were happy in the early finding of Easter baskets. ("You go first, and I'll follow!" we heard one remark, rather timid of exploring the stillness below stairs. And then a decided "No! We'll go together. Here—you take my hand!") And if the Crow, an Easter character with whom we have had little acquaintance, and whose habits are

(Continued on page 10)

DEAR MISS DIX: I acquired a mother-in-law in my home soon after my marriage. My wife is grand, but we both admit that her mother just about has us on the ropes. My mother-in-law would be a peach if she lived 500 miles away. But in the house she is a pain in the neck. She commits no one great offense. She just piles up little things. She interferes in everything, especially the upbringing of our child. Nobody can speak in the house after she goes to bed without her coming charging sleepy-eyed to ask: "Is there anything wrong, darling?" And only the other day I overheard her say to my wife: "I'd keep a pretty good watch on Jim. He is on the road now and you have no way of knowing what he is doing. I certainly would not put as much trust in a man as you do in him. You are too sure of him."

My wife, good sport as she is, replied: "Well, mother, he has just as much right to check up on me." But I still think I made a mistake in not choking the old lady. Why should she try to create suspicion in my wife's mind?

ANSWER: I think Jim has drawn about the best picture that could be made of the good woman who is a bad mother-in-law, and who, with the best intentions in the world, does more harm than malice itself can invent.

DON'T REALIZE FAULTS She is the head of the home-wrecking crew and she doesn't know it. You couldn't convince her that she had anything to do with the disaster even when she saw her daughter sitting on the ruins of the house of happiness with her divorce decree in her hands. And the case is hopeless because it is just as impossible for a middle-aged woman to change her habits and way of looking at things as it is for a leopard to change its spots. Mother has run a house for forty years and she still thinks she has a right to run one, no matter if it is her daughter's.

There are so many good women who would be admirable mothers-in-law if they lived 500 miles away, as Jim says, and that is why so often in this column I urge mothers to have a heart and not to go to live with their children unless it is absolutely financially necessary. And if they do, to try to remember that they are guests and act as guests.

DEAR MISS DIX: Will you umpire this fight between my husband and myself? He thinks that a mother should make a slave of herself to her children and should be at their beck and call any hour of the day or night. For instance, our daughter, a capable college girl, was away for the day. I kept her dinner piping hot for her until 7 o'clock. She did not return until a much later hour. That was quite all right, as she was having an innocent good time and I was glad of it, but my husband thought that when she did return I should go out and prepare her a hot meal, which I refused to do. Which of us is right?

ANSWER: I think you are exactly right and that your husband is all wrong, and that you take the only possible means of retaining your children's respect when you force them to accept their share of responsibility in family life. There is no other crime that a mother can commit against her children that is so cruel as for her to spoil them. It utterly unfit for life, for she can't soft-peddle existence for them. She can't do their work for them and coddle and pamper them when they leave home.

Far, far better to teach children to stand on their own feet as soon as it is possible. Far, far better to teach them to save their own weight in the boat. Far, far better to teach them to try to save Mother than to make Mother work herself to death trying to save them.

DEAR DOROTHY DIX: I am a widow 43 years of age, unusually young-looking and in excellent health. I have no encumbrances as both of my children are married. I have no income whatever and would like to be self-supporting, but I don't know what to do. What do you advise?

ANSWER: In reality, a woman of 43 is just coming to the best of life, and she isn't a bit too old to start out for herself on any sort of career that appeals to her fancy and for which she feels that she has an aptitude.

My advice to you is to sit down and have a heart-to-heart session with yourself and find out what you really want to do, then go to some vocational school that teaches that particular thing. It doesn't make a bit of difference what you undertake to do if you can turn out a first-class job at it. The world is anxious and eager to pay for expert service. Fit yourself to give this and people will clamor for you.

Modern Etiquette By Roberts Lee

Better English By E. C. Williams

WON'T SLIP! You can wear nobelt Panties with confidence due to nobelt flat RUBBER waistband

The Prince Takes a Look



Their Majesties the King and Queen recently drove in the Irish State Coach with a Sovereign's escort of the Household Cavalry for the State Opening of the new British Parliament. Their Majesties were cheered all along the route from Buckingham Palace to the Houses of Parliament. The procession marked the opening of London's biggest week of pageantry since the war, the streets being gaily decorated for the State visit of the French President. Among those who watched the procession was His Royal Highness Prince Charles. He saw the procession from the wall of Clarence House with his nurse. This picture shows His Royal Highness Prince Charles watching the procession on its way to the Houses of Parliament. (Picture circulated March 1950).

DOROTHY DIX SAYS -

Home-Wrecker

Reader Describes Good Woman Who Is Bad Mother-In-Law

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That Body Of Yours

By James W. Barton, M.D.

LONELINESS OF HOSPITAL PATIENTS

We all have a great deal of sympathy for the lonely children in various children's institutions. It is hard enough for men and women away from loved ones to have the days and nights pass in loneliness, but a little child without loved ones to comfort him brings an even sadder vision.

I have written before about the children's hospital in which the nurses "cuddled up" little children and babies. This soothed the little ones mentally and physically and helped them to eat and sleep peacefully.

That patients in various military hospitals are suffering loneliness was disclosed by a survey conducted by the psychiatry and neurology division of Veterans Administration. This was reported in "The Journal of the American Medical Association." Of 5,000 one-third have been visited by neither family nor friends for a year or more.

In one hospital only 219 of 785 patients had had a visitor during the previous year. While this seems terrible neglect on the part of the families and friends it is only true that some veterans are better off without visitors because there is something of which the rest of us know nothing, that causes severe disturbances when visitors and patient meet. I have written before of a boxer, who had been "knocked out" by blows to the head several times, when I visited regularly for some years. I was about to get him discharged from the hospital. He took a job and did well for awhile but finally had to return to the hospital. When I made my next visit, although I was his only visitor, I disturbed him and the physician in charge of his case agreed that my visits would not help him.

Dr. Harvey J. Tompkins, chief of the psychiatry (behavior) and neurology (structure of brain and nerves) division states that while visitors might be disturbing in some instances, they would be highly beneficial to the patients in the majority of cases.

The thought then is that when family and friends do not visit a patient, for reasons best known to themselves, you and I should try to take away some of the loneliness of these unfortunates by trying to visit them regularly.

Household Scrapbook

By Roberts Lee

Paint Lines on Furniture

A narrow line can be painted successfully when decorating painted furniture by drawing two parallel lines with a pencil. The proper distance apart. Then use a small brush and fill in with paint. Hold a small card close to the line to help confine the paint to its proper limits.

Whipped Cream An egg white beaten in for each cup of whipped cream will make it firmer. Beat the cream separately and combine both when ready to serve.

Care of Chamolis The softness of a chamolis skin can be retained if one will make a habit of washing it after each day in warm water to which a pinch of soda has been added.

How Can I!!!

By Anne Ashley

Q. How can I darn stockings and socks more efficiently?

A. Darn the stockings diagonally across the wear and tear stretches, preventing holes from appearing around the darn. Stockings can be more effectively darned at night over a lighted flashlight.

Q. How can I clean plaster walls?

A. Use a solution of curd or laundry soap in lukewarm water, and scrub the spots and stains until they disappear; then sponge with clean water.

Q. How can I make a skin whitener?

A. An application of equal parts of rose water and lemon juice makes a good skin whitener.

The Stars Say --

By Genevieve Kemble

For Tuesday, April 18 A PLEASANT, profitable and successful state of affairs is noted in the present planetary aspects. There is a sign of a strong accent on the personal influence on all affairs, in business, employment, finances, as well as in all domestic and romantic relations and activities. It would be well to be direct, energetic and active, and study plans and programs carefully. If you do, high ambitions may be put over, affording gratification and your enjoyment.

If It Is Your Birthday Those whose birthday it is may expect a pleasant and prosperous year, with all affairs reaching happy and progressive activities. There may be trips, or change, or fulfillment of cherished ambitions in which the personal relations and aspirations give substantial gratification. Use charm as well as talents and initiative, with co-operation and harmony advancing all interests. Journeys, new projects, as well as pleasure trips, should flourish.

A child born on this day is versatile, energetic and ambitious, with its business as well as personal relations giving much joy.

Cook's Corner

THRIFTY TRIFLE

1 envelope Gelatine
1/2 cup hot water
Pieces of dry cake
Fruit juice to make 2 cups
Slices of fruit
Jam as required
Arrange pieces of left over dry cake in a mould, and then spread these with jam. Now place in slices of any fruit available. (Left over preserved fruit may be used up in this way.) Now dissolve the gelatine in the hot water, add the fruit juice, which can be any sweet juices you have handy. When the mixture thickens a little pour over the cake and fruit, and allow to set. Serve with custard.

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-Needlecraft-

— FOR THE HOME —



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TWO BEDROOMS POPULAR

WALTHAMSTOW, England — (CP) — An analysis of housing needs here showed 2,319 families wanted one - bedroomed houses, 3,808 wanted two bedrooms, 1,944 three bedrooms, 170 four bedrooms and 35 five bedrooms

Moodies nobelt panties



WON'T SLIP! You can wear nobelt Panties with confidence due to nobelt flat RUBBER waistband

nobelt Moodies