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"The strongest memory is weaker than the weakest ink"

PAGE 4 TUESDAY, DECEMBER 22, 1964

No Age Limit

Department Santos are said to be modernizing their problems with modernizing this year.

There is no reason, of course, why toys shouldn't keep up with the times.

Parents find a lot of the new toys as intriguing as their children do, though they may be ashamed to admit it.

But children are loyal to their old loves and are not always tempted by the latest scientific gadgets.

"As rockets whirred and a jet clipper flashed its lights for take-off from a counter runway, one package-laden youngster flopped happily down in a red wagon beside a pair of Raggedy Ann and Raggedy Andy dolls.

But it is the choice that counts, and there are indeed choices galore in the thronged toy departments everywhere at this time.

Arctic Disarmament

As Canadians, we have every reason to be interested in the Arctic region and the possibility that this region may provide a useful area in which the initial stages of a world disarmament agreement could be developed.

It is felt that working in the Arctic region has some very concrete advantages. It is the only area in which the United States and the Soviet Union have a common frontier—between Alaska and eastern Siberia.

The area has only a minimum of arms at the present time, and thus many difficulties will be avoided.

of potential conflict with the USSR. The exact area to be chosen could be left to negotiation subject to the principle that any agreement must be such as to give no military advantage on either side.

The strategic forces of both countries differ with regard to their composition and tactical emphasis, and a major goal in evolving an agreement of this type would be that of building mutual trust.

The broader disarmament plan would include the entire Arctic zone. This would involve the inclusion of Canada as a major partner as well as minor regions of Norway and Sweden.

"Doubtless we shall hear more of this proposal in the near future. The article in which it appears was written jointly by a professor of physics at Massachusetts Institute of Technology and a professor of geochemistry at Moscow University.

The Right Approach

Canadians complain that they do not know what being a Canadian means. They worry about their cultural identification, and criticize other countries for ignoring them.

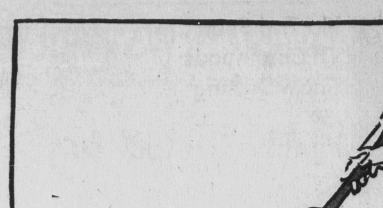
The best antidote to these complaints, suggests the Toronto Globe and Mail, are programs for the younger generation.

This program began last summer with 1,000 high school students. By 1967 there will be 20,000 students criss-crossing the country to live in homes far from their own and to see Canada.

The Canadian Red Cross Society has expanded on this idea with a program for bringing more than 100 youngsters from about 50 countries to visit Canada during the summer of the Centennial.

EDITORIAL NOTES

Canadians, argues the Orillia Packet and Times, are not by any means the neurotic, self-doubting, worried people they are represented to be in Canadian magazines, television commentaries and newspaper columns.



DACHSHUND PULLING CONTEST

OTAWA REPORT BY Patrick Nicholson

"Carnivorous Diet" For MPs Recommended

Before the coloured lights twinkle on the Christmas tree at dusk on Christmas Eve, Father will probably be a strong shot. He will certainly have earned one.

"Go ahead, Buster, and take one — take another if you like. But, warn the doctor, 'if you are worried about the effect of a chaser, drop a raw egg yolk into it. Then on the day after Christmas, you will feel like the morning after the night before."

"With your egg yolk, and your clear conscience, you can castigate your critics too," add the doctors with a little red Christmas cheer. "Tell them you're out the candy which her hand reaches for between turning the pages of her magazine. Tell Siss to lay off that apple and ice cream. And tell Junior to stop sipping from that bottle of soft drink while he watches those TV thrillers."

"It is important to realize that in this diet, quantity is NOT a factor, but rather it is based on the type of food only," says Dr. Howe. "The diet eliminates almost all carbohydrates, which we normally eat in large quantities. It comes in us in the form of sugar, flour and starch, and hence these in all forms must be eliminated."

PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest to the most of those who early endorse the spirit of correspondence in this column. The editor enters into any correspondence regarding letters submitted.

CITY EXPENDITURES

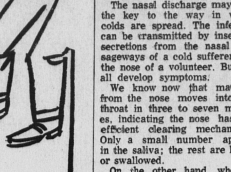
Sir—Some estimates as to costs of 2.2 million for the City of Charlottetown run as high as \$400 per day at certain times during the past two and one-half years. And at least two of those formerly paid by this municipality are now being paid by the City. How much is the city now paying in Mr. Lettice's is more than \$75 per day? Has the total amount paid to this firm been at least \$200,000? Perhaps the Finance Committee will enlighten our citizens on this point.

Then there is the Appeal Board. What is it cost the city per diem? And what useful purpose has it served? It was a waste of time for most of those who appeared before the Board. Apparently Mr. Lettice cracks the whip and the Board smiles in acquiescence. Is there no way for citizens to obtain redress in cases of appraisals of older properties (in less desirable areas) which have been assessed far beyond their actual market value?

Other extravagant expenditure during the past year—travels, banquets, cocktail parties, gifts and mementoes to visiting delegates attending all conventions (in spite of the fact that the year 1964 was not the centennial year for Charlottetown) as well as on the erection of two practically useless monuments (one looking like a modern day obelisk, the other a tall, thin, tapered column) which have been assessed far beyond their actual market value.

Colds Hard To Contract

By Dr. Theodore R. Van Dellen Colds and other respiratory infections are so common, more than 30 million people are sneezing and coughing every day.



DE GAULLE

On the other hand, when a nasal infection exists, the nose is teeming with micro-organisms. A thousand times more infective agents are sprayed out on sneezing or blowing the nose than with coughing or talking.

"The chances are that the laxative is responsible. You don't give the intestine an opportunity to function normally."

STOP THE LAXATIVE

Mrs. R. writes: My four-year-old son has a daily movement. However I give him a laxative. Do you think he has something wrong with his intestines?

REPLY

"The chances are that the laxative is responsible. You don't give the intestine an opportunity to function normally."

SMOKE AND BREATH

J. V. Z. writes: What disease might a person have if he develops a cough and a hoarse voice generally at the bell-line. If we choose a diet in the same composition as our body, it naturally will be healthy."

REPLY

"Those who smoke cancer have many reasons to dislike smoking. Cigarettes irritate and taste bad when the throat is sore or bronchitis exists."

ULCERATION

L. G. writes: Is inflammation of the colon the same as ulcer? No, but ulceration of the colon may develop during the height of the winter months.

TRACTION FOR BACK PAIN

A. P. writes: What does traction applied to the legs do for back pain? It relaxes the muscles of the back and reduces pain from spasms.

TODAY'S HEALTH HINT—

Store guns and ammunition separately. NOTE: All correspondence to Dr. Van Dellen should be addressed to: Dr. Theodore Van Dellen, c/o Chicago Tribune, Chicago, Illinois.

MORE COTTON USED

MONTREAL (CP)—The Canadian textile institute has reported that Canadian raw cotton consumption for November totalled 39,594 bales, an increase of 2,100 over the 18th figure.

It's Here The New "Chain Saw"

"The Woodsman's Best Friend." \$129.00 Keith Carmichael 25 Brantley Pk. Rd. #4403 Sherwood

Coast Guard Under Fire

The Infant Canadian Coast Guard is under fire for its parent lack of effort and lack of organization that resulted in the death of two lobster fishermen off the Nova Scotia coast.

NOTES BY THE WAY

At the Ashland county courthouse they have one of the few cigar store Indians left in this area. He stands in the lobby.

Grave Nuclear Decision

Canadian governments have often been accused of slavishly following American or British lines in foreign policy. This may soon develop where an accusation of toying with nuclear power is made against the Canadian government.

The matter arises out of British proposals for a new or modified NATO nuclear command now being discussed in alliance circles.

British Prime Minister Wilson talked over his proposals with Prime Minister Pearson in Ottawa Wednesday. At the same time, British Foreign Secretary Gordon Walker was in Ottawa over the same ground with External Affairs Minister Martin.

DE GAULLE STILL BOSS

President de Gaulle's rigidity and his threats of withdrawal from Canadian participation in a revised NATO nuclear force.

The U.S. proposal is aimed at giving its European allies some degree of control over the use of strategic nuclear weapons, although it is still clear that the U.S. would maintain control in this field.

De Gaulle Still Boss

the balance from the ECM community fund. The new grant program is effective in mid-1967.

To the outside world, the inance of President de Gaulle is the Common Market may mean a slowdown of free trade developments or possibly a new tariff group opposing outside influence over the use of strategic nuclear weapons, although it is still clear that the U.S. would maintain control in this field.

Both Germany and Italy finally agreed to a proposal which allows free flow of the products of the expansion of its agriculture in the six nations. They will recompense their own farmers with subsidies, partly paid by their own governments, partly by the other five.

one and all

one and all Merry Christmas and a Happy New Year!

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