

ELLEN'S DIARY

By An Island Farmer's Wife

Autumn heightens now her colors along the farm-lands, retouching subtly a maple sheltering a white house on a hill until it glows in the sunlight. Above, segments of white cloud drifted in the October blue and below, and about, fields wore the neutral tints of the season. And we wondered if somewhere another Island farmer was resting her cares of the moment as we were to gather such delightful scenes to mind.

Shaping loaves for the pans, we were then—from the dough's second rising which had been hastened as had the first by the extra cake of yeast, we had added, working busily within. We debated whether or not we should save a portion to make a raisin loaf... pan of rolls perhaps, or a cinnamon cake, a nutmeg bread James' mother used to make with a piece of dough. And should we not like to taste again the steamed rolls of childhood which served hot with cream and sugar, especially after a meal of the vaunted salt herring, made a satisfying dessert? How would the boys like them, these two of somewhat fanciful tastes and this afternoon of the first week of their Fall holidays away to town to spend time with their mother?

A line of graceful old trees of a hedgerow, changed to deeper bronze and brighter red and groves of hardwood tucked here and there amid the green firs and spruces of the wooded slopes where they climb towards the hilltops brightened with lovely hues the surroundings. At Alderlea now, how prettily the mill would today sun itself in the lee of the old wide-branched maples... gray gables against flame! Would a heron as silent as the heart of a country night stand in the shallows of the pond nearby? And would today's breeze, gentle and warmed by the sun ruffle the water there lightly, as might a fond mother her child's curls with tender caress in passing?

The workers at Alderlea today—James, the younger farmer, and two brawny helpers—were taken up with the labor of building a wall of cement beneath an end of kitchen of the old house. Not so much to support it, as to provide suitable shelter for the modern water system with fountain-head there. "It's a strange thing, Ellen, how an improvement about the place leads to another," James remarked, when the idea was in its infancy. "Now we have our winter-choring at the barns all under cover... just as we had hoped, and the next item is to have the water brought in there."

Modern Etiquette

By Roberta Lee

Q. What rules apply to a bride's displaying her wedding gifts?

A. Sometimes the gifts are shown only to the relatives and close friends. It is quite all right, however, to let all the guests at the reception view the gifts, a special room being set aside for displaying them.

Q. When a young woman is attending church with a young man, shouldn't her escort furnish her contribution when the collection is taken?

A. No; she should contribute her own money.

Q. When eating a biscuit and jelly at the table, should the jelly be applied to the biscuit with the fork?

A. No; the knife is used for this purpose.

Better English

By W. C. Williams

1. What is wrong with this sentence? "I have no doubt but that they will marry soon."

2. What is the correct pronunciation of "fat"?

3. Which one of these words is misspelled? Fricasee, franchise, frontispiece, fictitious.

4. What does the word "discordancy" mean?

5. What is a word beginning with "t" that means "a small species of wolf"?

ANSWERS

1. Omit but. 2. Pronounce fi-at, i as in fine, a as in at, accent first syllable. 3. Fricasee. 4. State of disagreeing, or not being harmonious. "There was much discordancy in that organization. 5. Coyote.

"Not too long ago we thought this farm was favored above many because in summer most of the fields were watered, and in winter the stock could go to the stream. But now" he smiled, "we haven't time to untie and tie them up again... we must have the water beside them." And in both houses, we offered the suggestion. James shrugged. "Well, after we get it to barns and piggeries, Ellen," he offered "then'll we'll see." And "What did you think of that?" Granddaughter queried with a puzzled smile after the door closed behind him.

"Did you bake bread today, Ellen?" James lowers his reading to inquire. "That's good!" he nods. Then picks up his newspaper offering casually "We've a notice of digging the potatoes here tomorrow!"

Until tomorrow --- Diary --- Good-night....

DOROTHY DIX'S COLUMN

Housekeeping Art

Mother Frowns On Girl's Bent For Domestic Study

DEAR MISS DIX: Do you think a mother should be responsible for teaching her daughter cooking and housework? I am 18, engaged to a boy whom I expect to marry when he comes out of service, about eighteen months from now. I want very much to be a good, efficient housekeeper, and have appealed to my mother to teach me domestic procedure. I work during the day, but have Saturdays and Sundays free. She claims she hasn't the time or patience to teach me. Mother is a good cook, and I want very much to follow in her footsteps. She has never required me to help with the household, or permitted me to assist with entertaining, sewing or the like. How can I learn the things I want to know?



Muriel Nissen

ANSWER: At what point does the average mother assume that her maternal responsibilities terminate? Some women seem to think that the time a child enters school, further training is up to teachers. Far too many, like Beryl's mother, do not realize that the training of a son or daughter is an endless job. The best teachers in the world can accomplish just so much for a youngster; the rest is up to the parents, and one of a mother's obligations is to train daughters—and son, too—to carry on home responsibilities. Even a very young child can learn to help with dusting, bed-making, table-setting. True, the teaching at first involves more work for Mom than doing the tasks herself, but the primary object is not the completion of a job, but the education of the child.

No girl should reach the age of 18 without being able to prepare a good meal and have some knowledge of every form of domestic work. The mother who has failed to achieve this measure of teaching has failed in one of the primary purposes of her job as a parent. Few girls today can expect to marry so well that they will have a staff of servants at their command. A wife well-trained in domestic tasks has already hurdled one of the obstacles that beset many a marriage. A man who has been accustomed to a pleasant home life wants to continue the same sort of living. A bride's tough biscuits may be a joke, but endangering a husband's digestion can easily sour marriage. Naturally, a young wife isn't expected to be an expert in culinary matters, but she should at least know her way around a kitchen and be able to run a vacuum cleaner efficiently.

If you can't make your mother see the error of her ways, Beryl, I suggest a domestic science course at a local high school, or college offering evening sessions.

DEAR MISS DIX: I am 26 and am getting married to a man 26 in the near future. We are being married in my church and by my pastor, but I don't know who is to ask the pastor, or what to say.

ANSWER: Both parties usually approach the minister together. See him at his home, simply state that you plan to be married, and he will handle the affair from then on. You should be sufficiently acquainted with your pastor so that the interview does not loom as an ordeal.

DEAR MISS DIX: I am a 16-year-old girl and have been going steady with a man of 25 for several months. Much to my dismay I discovered he was divorced and the father of two children. Recently his wife asked if they couldn't try things again. My mother thinks I should give him up. I don't know if I should follow her advice or try to keep him.

ANSWER: Follow your mother's advice by all means. You have everything against you in this triangle, and absolutely nothing for you. You are much too young to be involved in such a serious problem; you would be making a grave mistake to interfere in the possible re-establishment of a home that involves small children; and the man's deceitful conduct in withholding from you the fact of his marriage proves him to be an untrustworthy person.

Cook's Corner

MAPLE BRAN CREAMS

1½ cups maple syrup
¼ cup cream
¼ teaspoon salt
¼ cup ready-to-eat bran
¼ cup chopped nuts
Place the maple syrup, cream and salt in a saucepan and stir until blended. Place over heat; when mixture starts to boil, cover for one minute so that steam will wash sugar crystals from side of pan. Cook slowly to 236 degrees F or until a soft ball forms when a little of the mixture is dropped in cold water. Pour into a cold wet platter, add cover with a spatula, folding it over and over until it begins to grow firm. Knead with hands until smooth and creamy. (Form into balls the size of a large hickory nut and roll in ready-to-eat bran cereal which has been crushed and mixed with nutmeats.)
Yield: 18 candies (¼-inch in diameter).

WESTERN APPLE PIE

Line a 9-inch pie plate with rich pastry. Chill. Sift together ¼ cup sugar, 1 tablespoon flour, and ¼ teaspoon salt. Mix together 1 beaten egg, 1½ cups sour cream and ½ teaspoon vanilla and beat them into the sugar mixture until smooth. Add 2 cups finely chop-pastry-lined pie plate. Bake at 425 deg. Fahr. for 15 minutes, then reduce heat to 350 degrees Fahr. for 30 minutes.

The Stars Say

By Genevieve Kemble

For Tomorrow

THIS could be a day of excellent achievement and brilliant results if splendidly stimulated forces and faculties are utilized astutely and with determined effort. An honest and earnest tackling of major opportunities could bring forth lasting and worthwhile culminations. Energy, mentality and aspirations are keyed to high purpose, but any show of treachery or schemes could complicate, bringing dire results. Use vital energies with above-board tactics.

For the Birthday

Those whose birthday it is have a year of excellent prospects for cashing in on particularly brilliant ideas, with initiative moving into practical creative channels, possibly with unusual crises. All should be kept on the up and up, with energy and forthright honesty and determination, else pitfalls or sinister schemes could find disastrous reactions through collusion or fraud. The "straight and narrow" is the only way to apply

How Can I!!!

By Anna Ashley

Q. How can I make woolen blankets softer and cause them to hold their shape better?

A. After laundering hang the blankets on the line dripping wet instead of wringing them. Whip lightly several times while drying, and after thoroughly dry, with a wire carpet beater. They will be soft and light.

Q. How can I make smelling salts?

A. Fill a wide-mouthed bottle containing a glass stopper nearly full of sub-carbonate of ammonia in coarse powder form, and pour on enough oil of lavender to barely cover the ammonia.

Q. How can I easily cut a bar of soap?

A. Cutting a bar of soap very often proves difficult. It will cut quite easily, however, if the knife is first dipped into boiling water.

Morning Smile

Lots of Rain

The Sunday-school lesson was from 2 Kings xxii, and read: "Josiah was eight years old when he began to reign and he reigned thirty and one years in Jerusalem." On describing the lesson to his mother, John, aged four, said, "The lesson was about a good rain and there was a little boy named Josiah and it began to rain when he was eight, and when he was thirty-one it was still drizzlin'."

Make Up Your Minds

As the car drew up at the crossroads two hands were thrust out. Mrs. Driver's signalling a turn to the left, Mr. Driver's a turn to the right.

"What do you two want?" said a policeman strolling up.

"A separation."

superb ideas and vitality in a practical and profitable way. A child born on this day is blessed with splendid mentality and live energies and vigor, although inclined to adopt the easiest way. Craft and expediency could mar its career.

That Body Of Yours

By James W. Barton, M.D.

THE FAMILY PHYSICIAN CAN NOW CONTROL EPILEPSY

Although the cause or causes of epilepsy are not fully known, what is known by physicians is how to control epilepsy so that the great majority of epileptics can be gainfully employed. Notwithstanding this fact, Drs. Richard L. Masland and Main J. Rosenblum, of Winston-Salem, N. C., in North Carolina Medical Journal states: "Experience of a number of clinics for the treatment of convulsive disorders has shown that epileptic patients are not receiving the maximum benefits from medical treatment now available."

Treatment of epilepsy, which formerly consisted of use of bromides and preventing patient hurting himself during an attack, is now by use of the barbiturate drugs, cutting down on starch foods and all liquids, and increasing fat foods.

To determine the improvement which can be achieved with medical treatment, these physicians summarized their results in a series of 45 patients selected at random under treatment, the number of patients having one attack or less from 3 to 27. In other patients, every six months was increased less favorable results were obtained. Similar results to those obtained at Winston-Salem were reported recently from a clinic in Birmingham, Ala. Patients who had never received any treatment averaged 18 epileptic seizures per month. Patients who had had treatment of one sort or another prior to entering the clinic averaged fourteen seizures per month. Following treatment in the clinic, the frequency of seizures was reduced to two per month. Only 15 per cent of the patients were capable of working before treatment was given, while 45 per cent were doing at least part time work under the

Household Scrapbook

By Roberta Lee

Castor Oil Substitute

Prune juice is a good substitute for castor oil. Soak the prunes overnight, then stew in the water in which they have been soaked. When tender, pierce them with a fork to let out the juice; do not sweeten.

Prevent Blowing Down

When airing coats or any other garments, use two coat hangers instead of one. Hang them on the line so that one hook opens to the right and the other left. This will prevent their blowing down.

Omelets

When making the next omelet, add one-half teaspoon of baking powder to every four eggs, beat thoroughly, and the omelet will be lighter and more tasty.

Alice Brooks Designs

FOR PARTY OR PLAY

Be thrifty! Quick, make the prettiest dress for fall for party or play. She loves the dainty embroidery and eyelet trim on sweetheart pockets and the collar. Pattern 7099: Child's Sizes 2, 4, 6, 8, 10. Tissue pattern, transfer motifs. State size. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



by Alice Brooks

treatment provided for that group. At the Winston-Salem and Birmingham clinics, where these gratifying results were obtained, no method of treatment was used that is not available everywhere. This means that the treatment given these patients elsewhere was not adequate.

As we look at the above statements, Drs. Masland and Rosenblum explain that there are probably three reasons why many epileptics are not receiving adequate treatment to control epilepsy: (a) ignorance on the part of the public, (b) wrong diagnosis, and (c) inadequate knowledge of the newer medicines now available.

This means that all of us should suggest to the patient and his family that their physician can now give treatment to control epilepsy.

Anne Adams Patterns



SO FLATTERING!

You're going to love this dress! It's the smartest style of the season, with Dandy sleeves, new tiny yokes at neckline, slender though eyesek skirt. Ant it's most attractive in a soft drape easy material such as rayon crepe, a luscious silk or soft sheer wool.

Pattern 4870: Women's Sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 takes 3½ yards 39-inch fabric.

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