

# Engagement



Mrs. and Mrs. William F. MacGillivray, 196 Argyle St. Sydney, announce the engagement of their youngest daughter, Imelda Celestine MacGillivray, R.N., to Dr. Douglas A. C. MacDonald, son of Lt. Col. and Mrs. Wm. J. MacDonald, Charlottetown. The marriage will take place September 8 in St. Anthony Daniel Church, Sydney, N. S.

## DOROTHY DIX'S COLUMN—

### An Unfortunate Union

Wife Thought Marriage Would Reform Mate, But She Is Disillusioned

DEAR MISS DIX: Five years ago, at the age of 19, I married a man several years older than myself. During the six months of our courtship I grew to love him deeply and I was sure our marriage would be a success. He came from a distant city, and after our wedding we went to see his people. There I discovered that he had been an habitual drunkard, had lived with a woman for almost a year, breaking up only when he met me, and was known as a spendthrift and gambler. I was deeply hurt, but I felt that our marriage had changed him. Needless to say, it had not! He soon reverted to all his old ways—and then some. Our children and never have an easy moment. We never know when he'll come in roaring drunk to tear the house apart and, likely as not beat us all.



Marjell Nissen

ANSWER: One of the unanswerable questions of the ages is, why does a woman shop for a dress or piece of furniture with exquisite care, demanding exacting guarantees for her purchase, then select a husband helter-skelter? Nothing could be so foolhardy as marrying a man without knowing at least some essentials of his habits and of his family. Yet, how many girls fail to do this and then they are shocked when they discover that their expected prize package is gravely disappointing. No one expects a husband to be perfect, or to have a perfect background, but surely a record of adultery and drunkenness would be enough to restrain any woman, no matter how foolishly in love she might be.

#### MAY HELP OTHER WOMEN

Perhaps your story, Nora, may carry a moral for other women who may be about to make the same hasty mistake. For your immediate betterment, I suggest an interview with your local welfare agency, such as the Family Service Association. Your affairs are so tangled that only personal help will unravel them. I certainly think you should remove your youngsters from the atmosphere of physical brutality. The recommended agency can help you to readjust from there.

DEAR MISS DIX: Since my mother is a teacher, she wants me to go to college to train for the same profession. However, I would rather go to business school and become a secretary. I'm 14 now, and a sophomore in high school.

S. V.

ANSWER: While it's a good idea to give some thought to your career now, you are still too young to know exactly what you'll want to do three years hence. Finish high school first, then see if you still have the same goal. You know, even though you want to be a secretary, a college education will be valuable to you. Don't insist on ending your education at the high-school level, if your folks want you to go on to college. They are offering you a fine opportunity, but by the time you finish high school, you should be permitted to choose your career. For one thing, teaching is a fine job that should be undertaken only by those who feel a real calling for it. It's exacting work, and an unwilling teacher will never do justice to the profession. Point this out to Mom, and I'm sure she'll realize that you can't be forced into something you don't like.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

## Anne Adams Patterns

### WEEK'S SEW-THRIFTY

Swing out in this charmer with the Peter Pan collar and the swirl-away skirt. A dream to sew—not a complicated stitch anywhere. And those big patch pockets are such gay fashion. Choose short sleeves, or sleeveless just like big sister's favorite dress.

Pattern 4518: Girl's Sizes 6, 8, 10, 12, 14. Size 10 takes 3 1/2 yards 35-inch; 1/2 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

### Modern Etiquette

By Roberta Leo

Q. Is it correct for an employer to introduce his secretary to a caller by saying, "Mr. Jones, this is my secretary, Miss Brown," or does he give the woman's name first, as, "Miss Brown, this is Mr. Jones"?

A. In the business world, the most important person is mentioned first, regardless of sex.

Q. Must a bride's father stand in the receiving line with his wife at his daughter's wedding reception?

A. This is optional. He can "receive," if he wishes, or mingle with the guests.

Q. Is it considered necessary to thank a clerk in a store, when he or she has been particularly attentive and patient?

A. Why not? It certainly is very courteous, and marks you as a person of good breeding.



4518  
SIZES  
6-14



SCALDS • BURNS  
Dab one paste of Baking Soda and water and cover with a damp cloth.

**COW BRAND BAKING SODA**

# Women's realm

PAGE TWO THE GUARDIAN SEPTEMBER 3, 1953

## ELLEN'S DIARY

By An Island Farmer's Wife

"Are you better, Ellen?" It was an echo of recent queries of James that was expressed by a visiting vacationist this afternoon. . . Gray and damp had been the morning but by now the sun had lifted his veil of cloud to beam reassuringly down upon the farmlands. With we thought, signs of remorse, for his absence of late, an omission for which he would now seek to make his amends.

The grainfields reflected brightly the smile. Jewelled glints shone too, in the millstream, there where it broadens in a pasture before it slips away beneath Mr. A's bridge and runs on to turn (now) sawing-wheels below. And now in from the western hills came a sunny breeze, clean and invigorating and sweet with the myriad scents of the harvest. And it came to mind that these folks would have lovely scenes to review when the miles which lie between the here and there should presently return them to their home.

Skippping the odd year, this pair comes to spend a summer holiday on The Island, choosing to make their temporary home in a pleasant tourist court, whence, when they fancy it, they make leisurely excursions to visit relatives and friends, or if they wish, entertain folks there. He is a son of The Island, another, who setting out adventuring in his youth did well in the Land to the south. Nevertheless, it is his pleasure to come Home holidaying, to follow once more the proven trails of those days when his world was young. And among these to "go a-fishing."

A pet dog, a small attractive terrier, is an esteemed companion and one which the little lad of this Family found especially appealing. He spoke of it this evening when the spreading colors of the sunset brought him in to his homework of school. . . "I was passing the car on my way to the barn when all at once I found myself looking into two bright eyes. I just could not believe what I saw—he was so tiny and cute. And 'Hello, little doggie!' I said. 'What's your name?' 'Do you know what that dog did?' Barked a pleased little bark!"

New England folks these are, retired now from busier days to, we would say, ideal westerling years—to leisure well earned the better to appreciate and enjoy it.

"Or maybe, Ellen, you weren't miserable at all," she smiled. And we laughed, recalling James' anxious expression that morning, torn as he was between two duties—one to his wife, the other to his calling.

"Oh yes," we said. "Providence has put us in a place, with children and grandchildren and all, where we must be truthful!"

Past "The western waves of ebbing day," we are now, sleeping over the threshold that is Night's. Bears the wren of twilight whispers reassurance of another summer to come; a sparrow-bird in an eave's nook murmurs sleepily; from a dusky field a cow lows and hearing; the shaggy black dog barks sharply from the lawn beneath our window. . . And car lights in the lane herald James' homing!

Until tomorrow . . . Diary . . . Good-night . . .

## That Body Of Yours

By James W. Barton, M.D.

### THE FIGHT AGAINST MENTAL DISEASE

When we know that there are more patients in our mental institutions than there are in all other hospitals combined, it should strike us hard. However, we are getting so used to this fact that we accept it and blame it on present world conditions.

Before the common sense of our general practitioners who are now alert to early signs of mental disturbances and thanks also to our mental specialists—psychiatrists and neurologists with their newer methods of treatment—headway is really being made in meeting the problem of the increase of mental disease.

Before the establishment of mental clinics and of wards for mental patients in our general hospitals, the physicians in charge of patients in mental hospitals were able to discharge 6 of 10 mental patients to their homes or to their former work.

Today, with mental clinics to get patients in the early stage, many are saved from entering mental institutions. Also, by means of the shock treatments—insulin, metrazol, electric—7 in 10, now can be discharged as cured or not in need of institutional care.

Despite the advances in treatment, there are now more patients in need of mental care and treatment than ever before; the mental hospital patient population is higher this year than it was a year ago. In News Release, Public Relations Department, National Association for Mental Health, Inc., Dr. George S. Stevenson, medical director, makes an appeal for the Mental Health Fund Campaign "which is seeking to raise \$5,000,000 to promote improved treatment for the mentally ill, to help create psychiatric clinics, to further research on cure and prevention of mental health disorders, and to sponsor mental health education."

"To encourage those who may be feeling discouraged at the rising tide of mental cases, Dr. Stevenson cites as instances of progress in the past ten years:

1. The creation by the government of the National Institute for Mental Health which conducts research, trains personnel and makes grants-in-aid to the various states for training and education.
2. Passage of the Hospital Construction Act with specific provision for the expansion of hospital facilities for mental and emotional disorders.
3. Improvement of psychiatric education in medical schools.
4. Extension in mental health education in teacher training and mental health guidance programs in the schools.
5. Expansion of psychiatric clinic service whereby the early cases of emotional and mental disturbances attend regularly as they would for any physical disturbance.
6. Provision for vocational rehabilitation of people discharged from mental institutions so that they can make a living in the world, without need of outside help.

It is gratifying to know that in addition to government aid, the general public is aiding in this great need of every community.

be going pretty well for you just now, why deprive yourself of final success by being over-confident and careless?

Curtain spending tomorrow. Even though you may feel that you are getting a bargain, it would be easy to fool yourself just now. Generally speaking, this is a good time for a little self-analysis. Stop and think before taking any action and face your own motives squarely. You might be surprised at the results.

#### For the Birthday

If tomorrow is your birthday, it would be advisable during the coming months to keep your spirit of adventure under control and to rely upon well-tested methods in pursuing your goals. There is a strong possibility that you will be aided in your career this month by a person of importance, but since this person is likely to be exceptionally conservative, his favor could be alienated by any impulsiveness or rashness on your part.

Domestic and social affairs are well-expected and, for the single romance should prosper—particularly toward year's end. Late in September, there is the possibility that you may be involved in some litigation but the outcome should prove favorable.

A child born on this day will be versatile, energetic and self-reliant.

## Cook's Corner



### PIN WHEEL COOKIES

1/2 cup butter  
1/2 cup sugar  
1 egg yolk  
3 tablespoons of milk  
1/2 cup cake flour  
1/2 teaspoon baking powder  
1/2 teaspoon salt  
1 oz. of chocolate melted  
1 teaspoon vanilla  
Cream butter and sugar, add egg yolk and beat, add vanilla and milk. Sift flour, salt and baking powder. Divide dough into two equal parts add the melted chocolate, chill at least 1 hour. Roll out both parts quickly and lightly about 1/4 inch thick and place chocolate dough on top of light dough, press together with a rolling pin. Roll up same as a jelly roll, roll in wax paper and keep in refrigerator until firm. Slice and bake.

—Mrs. Charles MacKinnon  
North St. Eleanors W. I.

### The Stars Say --

By Genevieve Kemble

#### For Tomorrow

THE astrological influences this day favor those with an ingrained sense of responsibility. Obligations neglected in favor of pleasure and relaxation can become more onerous with the passing of time and such procedures alienate the good favor of those whom you should want most to impress. Concentrate on stability. After all, things should

## Blue Bouquet



## Household Scrapbook

By Roberta Leo

### Greener Ferns

A teaspoonful of household ammonia added to one quart of water and poured over your fern will give it a rich green color.

### Lace Curtains

To mend fine lace curtains, starch a piece of mesh as near like the curtain as possible. Cut the starched patch one inch larger each way than the place to be mended, and with a warm iron press it over the hole. If done carefully, it will be difficult to detect the patch.

### Grease on Leather

Grease spots can be removed from leather furniture by a cloth wrung out of warm soapsuds. Carbon tetrachloride removes such stains from other furniture.

## Morning Smile

The golfer annoyed, at the loss of his ball, started to scold his caddy for not having been more careful in watching its flight.

Replying thoughtlessly, attempting to excuse himself, the caddy said: "Well, it don't usually go anywhere, so it sort of took me unprepared like."

## Better English

By D. C. Williams

1. What is wrong with this sentence: "I took you for John when I talked to you?"
2. What is the correct pronunciation of "carburetor"?
3. Which one of these words is misspelled? Loathsome, handsome, lissome.
4. What does the word "braggadocio" mean?

ANSWERS  
1. Say, "I mistook you for John when I talked with you." 2. Pronounce kar-bu-ret-er, the first e as in net (not rate), accent first syllable. 3. Ransome. 4. Empty boasting. "He had a swaggering air of braggadocio." 5. Levity.

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7017



by Alice Brooks

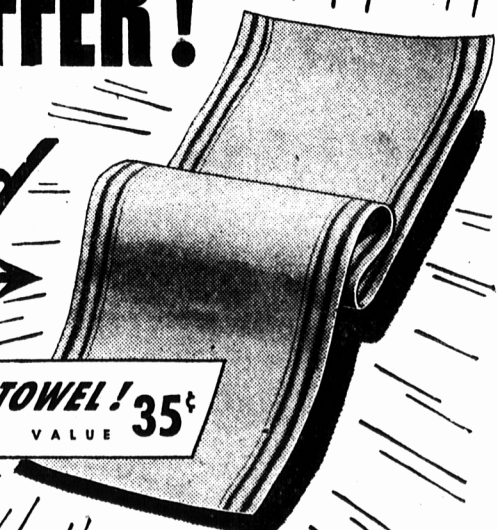
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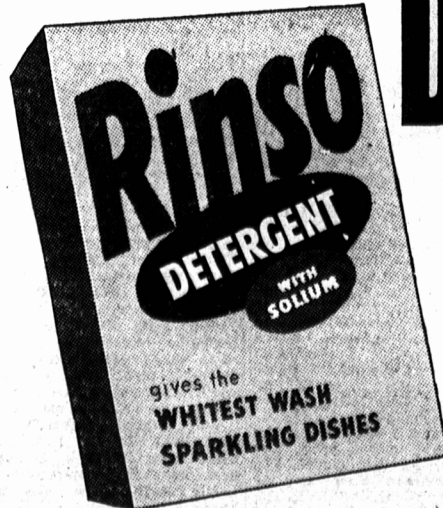
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