

Believe and Succeed Program Underway Soon

The "Believe and Succeed" campaign is something that most students have heard me talk about, but not very many understand. Believe and Succeed is a fancy name for a simple program. Many philosophers and inspirational writers have always said that if you really believe that you will succeed at something, then inevitably, you will. When you believe in yourself, this too has a profound effect on your entire personality. Greater respect for yourself and the people around you soon permeates your subconscious, and most of all, your confidence level goes up. This, then is why the campaign I am about to describe is called a "Believe and Succeed" campaign.

First of all, why bother with such a program? After all, is this what student unions do? Well, the answer to the latter part of this question is "No". Student Unions usually don't do this kind of thing, but remember, we are talking about the UPEI Student Union. It has always been on the leading edge of things! As for the question "why bother with this?", well, that's answered fairly easily. In a recent Michigan State University survey, 75% of the students said that their single biggest problem was lack of confidence. I think that's reason enough to start a program like this one. In a nutshell, this program is designed to hopefully help the Student Union and its members. It helps the organization by providing a means of converting student fees into something concrete that can be offered to students, and it helps the student by hopefully gathering confidence and perhaps feeling good about what they are doing.

In order to explain how this will be achieved, I will try to explain some of the various components of the program. First of all, we plan to use some very powerful helpers. These helpers are nothing more than sentences. That's right... plain old sentences. These won't be normal sentences, though. Did you ever notice that when you read or hear an inspirational sentence it makes you feel pretty good? Here are some examples: "Success is failure turned inside out", or "All storms pass", or "The deepest feeling shows itself with teeth". Well, if we could only hear these more often, eh? Well, we intend to get them to you. Posters, radio messages, and one-liners in the Gem are going to permeate you from now on.

The best way to become inspired however, is to listen to someone else who has used his or her belief in themselves to succeed. This leads us to the biggest part of the "Believe and Succeed" program. Starting on Wednesday, the 18th of January, we will have weekly speeches come to the Robertson Library Pit to speak to students about how important positive thinking and belief in yourself really is. Every Wednesday following this, we will be having a speaker. So you can look forward to approximately ten speakers this semester. We have some very good speakers lined up so take advantage of this and have a listen.

There are a number of other aspects to this campaign but I won't mention them here. I'll leave that for the Grande Opening of the campaign Wednesday, Jan. 18th when the premier, Joe

Ghiz will be here to open it and speak to students. All of us at the Student Union sincerely hope that this program will be of help to you and be most enjoyable to you. If you would like to help out with the campaign, there is lots of room for anybody. Just call the Student Union office at 566-0398 and leave your name and number.

Your S.U. Prez,
Dean McMillan

UPEI STUDENT RECEIVES BURSARY

The Prince Edward Island Advisory Council on the Status of Women is pleased to announce the awarding of two bursaries to women students. This year's recipients are Geneva Faulkner of Charlottetown and Dawn Ambler of York.

Criteria for the awards includes full-time enrollment in a program at Holland College or the University of Prince Edward Island; prior absence from school for at least two years; and demonstrated financial need.

Dianne Porter, Chairperson of the Advisory Council, states: "We had thirty-seven applicants for the bursaries this year, which is more than we have ever had before. It is really encouraging to see more and more women furthering their education, particularly those who, for whatever reason, have had their studies interrupted for a number of years."

Dawn Ambler is currently enrolled in a Bachelor of Arts program at the University of P.E.I. and plans to study law.

Ghiz to open "Believe and Succeed Program"

On Wednesday January 18, premier Joe Ghiz will be on campus to officially open the Student Union "Believe and Succeed" campaign. Mr. Ghiz will be the first in a line of speakers that will come to the library pit stop every Wednesday from now until April.

Mr. Ghiz will be opening the program and giving us some inspiring words to think about. As premier and an accomplished

lawyer, Mr. Ghiz knows what positive thinking is all about. Hopefully he will show us some of his positive attitudes with us next Wednesday.

The premier will be speaking at approximately 11:30 in the PIT. It is probably best if you come early to get good seating. We hope to see everybody there for will surely be a great kick off to the "Believe and Succeed" campaign.

The Gem staff meetings will now be at 5:30 on Tuesday evenings. Members are urged to attend and new people are always welcome.



East Coast Fitness Centre Has A Special Offer for Students!

4 Month Aerobic Fitness Memberships for only \$75.00

Free Aerobic Classes from Jan 9-16. So Come On In And Try Out As Many Classes As You Like.

Fitness Class Schedule:

- M-W-F 9:30-10:30 am. No bounce (beg.- int.)
- M-W-F 12:10-1:00 Noon hour fitness (int.)
- T-Th 4:30-5:30 Low-impact (beg.- int.)
- M-W 5:00-5:30 Stretch and strength (beg.- int.)
- M-T-W-Th-Fri 5:30-6:30 Advanced Aerobics
- M-W 7:00-8:00 Intermediate
- T-Th 7:00-8:00 Co-ed Fitness
- Sat. 10:00-11:00 Intermediate
- Sun. 1:00-2:00 Intermediate

We Offer You Top-notch Instruction In Excellent Facilities.

Youth Ministers Allocates up to \$265,000 for Education

Ottawa

Jean J. Charest, Minister of State for Youth, Fitness and Amateur Sport, has renewed funding up to \$265,000 with the Canadian Association for Cooperative Education (CAFCE) to stimulate more work/study projects for community college and university students.

"Canada's unique experiment with cooperative education has proven to be very effective in helping young people make the school-to-work transition," Mr. Charest said.

"That's why we are interested in seeing CAFCE emerge as a strong and independent advocate of cooperative education," he added

The funding, subject to an annual review over three years, will enable CAFCE to promote partnerships with employers, the government and education so that all sectors are involved in cooperative education. One of CAFCE's

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