

FREE KNIFE RACK

One packed in every large (16oz.) box of Kellogg's ALL-BRAN

Yours! FREE...

handy kitchen knife holder now in every large (16 oz.) package of delicious Kellogg's ALL-BRAN!

MODERN, CONVENIENT! Holds 4 knives! The right knife is always "handle up" against the wall—out of children's reach! No more cut fingers! Knives never touch one another—keep sharp longer! Durable, bright red plastic holder, easy to attach to wall or shelf!

FREE OFFER invites you to try Kellogg's ALL-BRAN of today! Sweet! Crisp-tasting! Wonderful as a breakfast cereal—or in ALL-BRAN muffins! For a batch of these light, tender muffins tonight, see recipe on ALL-BRAN box!

LAXATIVE, TOO! If suffering from constipation due to lack of bulk in the diet, enjoy a bowlful of Kellogg's ALL-BRAN every day and drink plenty of water. Delicious natural laxative cereal!

HURRY! Get your ALL-BRAN kitchen knife holder now, while the supply lasts! Visit your grocer quick! Offer made by Kellogg's of London, Ont.

WORLD'S MOST POPULAR LAXATIVE CEREAL

for Constipation

DUETO DIET DEFICIENCY OF BULK

Hold 4 Knives
Attach to wall or shelf
Safe, Handy
Get yours today
Supply Limited!

Gorethy Dix Says —

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people have no hesitation in stopping at the country house of even a casual acquaintance at lunchtime and demanding to be fed.

Sundays, instead of being days of rest and relaxation for country people, are days of horror when the woman who does her own work spends her time over the cooking stove preparing food for ravenous unexpected guests, and when the woman with servants expects any minute to have them to give notice and quit because of the extra work imposed upon them.

There is no excuse to be made for these deadbeats, because every road is lined with good restaurants and soft-drink and sandwich stands, where they could refresh themselves before going to call upon a friend. Country people have not forgot how to write or telephone or telegraph and any one may rest assured that if he was desired as a guest he would receive a specific invitation.

As for people's disregard of one's property, that goes equally for country or town and is probably no worse in one than in the other and is a peculiarity of human nature that no one can explain.

DEAR MISS DIX: I am the mother of three children, a girl aged 8, one boy of 4 and one of 1 1/2 years. They are healthy, intelligent children, but as soon as they reach the age of 3 they become nasty and impudent to me. Talk back and laugh at me when I try to correct them. I have tried spanking, but it doesn't work with them. This morning my son of 4 threw a spoon at me and cut my head. It breaks my heart to think that the children I love are growing up with no respect for their mother. What can I do?

ONE WHO NEEDS YOUR HELP

ANSWER: When children are impudent to their parents it is invariably the parents' fault. It is because the children have not been taught to respect their father and mother.

I am opposed to the beating of children, but I am sure that regeneration and reformation depend upon judicious spanking when children are too little to reason or know the nature and quality of their acts and when they must be taught not to do certain things by having it impressed upon them that they will suffer for it if they do.

If the first time one of your children was ever impudent to you you had laid him over your knee and applied the hairbrush where it would do the most good until he howled for mercy, no 4-year-old would have hurled a spoon at you and cut your head open.

Your children will respect you exactly the way you demand. If you are weak and vacillating with them you cannot control them. If you have no laws that they have to obey you will have no authority over them. If you let them tease you into doing something they should not they will soon defy you. If you will stand for it they will insult you.

DEAR MISS DIX: I am very much in love with a girl and wish to get married, but I have two sisters who make their home with me and whom I support. My sweetheart refuses to marry me and have my sisters live with me, as they have always run the house and would expect to continue to do so, but I hate to tell them that they will have to look after their own home and support after this. What shall I do?

PERPLEXED MAN

ANSWER: There is no reason for you to sacrifice your life to your sisters. Help them get jobs and tell them they will have to stand on their own feet after this. Your duty is to the girl who is in love with you.

DOBOTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Ellen's Diary

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mented quietly. "And isn't that what was bothering me — I missed it as it was, what with thinking the potatoes were getting soggy from the waiting and the gravy was actually crusty! It's my opinion that less words would have done. Now take it this way, and speaking with all reverence, if the Good Lord had a few more old codgers like that to listen to, well, what time would He have left for the likes of you and me?" And mother-to-us smiled and said "Run out now and play, children!" words that often concluded many an interesting discussion, we should wish to have continue. Yes indeed, those were, according to our recollections, more leisurely times than those which know no lingering at all.

Janet's husband was an un-hurried man, but industrious and most dependable in word and dealing — and affectionate. Once upon a time, we remarked to Aunt Kitty Mahoney of a girl in the community about to be wed: "What a queer match that will be!" "And what makes you think so?" she queried. "Why," we, smug in our youthful knowledge, that knew how to make over a whole world and straighten out many an ill of it, leaving little to a Providence that did and does make like so beautiful, in His own way, and good time, and seeing to it that in most cases of marriage it "like attracts unlike", "water mostly finds its own" and well-matched "level", "she's so bright and merry, and he, why he's really dumb!" And she laughed merrily and said "I'm thinking you'll be changing your notions, Ellen, about such things as you get older. If the two were alike, think how tiresome their living would be! And he's not dumb, as you say, just quiet and kind. But he'll make her a very dependable man, yes, very dependable."

So Janet's husband was dependable and always very nice... But what a train of thoughts the sight of Jamie's Valentines returned to our minds! Rob interrupts it now with "Your boyfriend is on the line!"

Until tomorrow — Diary—Good-night....

Lenten Guideposts

Continued from page 2

discipline. And again prayer and faith were pillars of strength to me. This was the right medicine since I did go out and beat Dempsey in two straight fights. And the one moment when I was closest to defeat—I had been knocked to the canvas for a count of nine produced the most humorous touch.

Father Duffy Prayed

Father Francis Duffy, the great World War I chaplain of the Fighting Sixty-ninth, and a close friend of mine, was at the fight. Sitting behind him was a very demonstrative young man. When I was lying dazed on the canvas, this young fellow went wild with excitement and noticed that Father Duffy, sitting in front of him, was a priest, pouncing him violently on the back.

"Father, for Judas' sake, pray for Gene!"

Father Duffy told me afterward that he instinctively began to pray, not that I would win over my opponent, of course, but that I would do my best and deliver to the fullest extent of my powers. Right, Father! That's the prayer of a sportsman.

I wonder how many millions of people face similar fears in their own lives. Not necessarily fears of physical nature either. Perhaps they too have been thinking too destructive thoughts.

A simple illustration is that of a man who is afraid of losing his job. He dwells on the imaginary scornful remarks his friends will make, the loss of face. Soon he visualizes a completely pitiful picture of himself. And it is more than likely in this case he will lose

CO-OP SUPER MARKET

Wishes to draw your attention to the Rochdale System under which this Store is operated. As announced in our ad last week we will explain one of the four main principles each week and today we are dealing with:—

OPEN MEMBERSHIP

The essential feature of this principle is a recognition of the universal brotherhood of all human beings as consumers. Membership is open to all who are in sympathy with the movement, regardless of race, creed, sex or station.

The Co-Op Super Market invites you to a demonstration of the popular coffee "NESCAFE" by Mrs. Clive MacMillan, at our store Thursday, Friday and Saturday of this week.

While here we suggest you buy your grocery, meat and fruit needs and we know you will be pleased with the quality and price.

You benefit when you

Trade at The CO-OP

SUPER MARKET

QUEEN ST.

PHONE 2807

OUR BOARDING HOUSE

MAJOR HOOPLE

WELL, MR. PERCHWORTHY! LET ME HANG UP THAT HANDSOME OVERCOAT, WE'LL REPAIR TO MY LABORATORY WITHOUT FURTHER ADD AND ENJOY A PREVIEW OF MY LIFE-SAVING SAFETY DEVICE!

OKAY, MAJOR! I'VE ALWAYS HAD A SOFT SPOT FOR INVENTIONS—HIT THE RIGHT THING, SAY I, AND GRAB ALL THE MARBLES!

SO THAT'S HIS PROSPECT! THE SIDE-SHOW SHORT-CHANGE ARTIST'S IDEAL TYPE!

A SOFT SPOT IN YOUR HEAD, WE HOPE!

2-23

THERE OUGHT TO BE A LAW

by Fagoly & Shorten

THE MISSUS HOPPED ALL OVER JERKIMER LAST NIGHT WHEN THEY WERE EXPECTING VISITORS—HE HADN'T SHAVED FOR A FEW HOURS—

AW! I SHAVED THIS MORNING!

STOP ARGUING! MRS. QUNGLY'S BRINGING HER WEEK-END GUESTS OVER TO INTRODUCE TO US—AND YOU WITH THOSE WHISKERS! DO YOU WANT THEM STARING AT YOU? THE LEAST YOU CAN DO IS GO UP AND SHAVE!

SO NICE OF YOU TO HAVE US OVER, DEAR! MY GUESTS ARE HERE ON U.N. WORK AND I DID SO WANT YOU TO MEET THEM—

WELL THE COMPANY ARRIVED—AND IT LOOKED LIKE AN AMBUSH PARTY—

Thanks TO GEORGE TODD NEW YORK, N.Y.

For Deep Seated CHEST COLDS

The penetrating, soothing heat of THERMOGENE Medicated Wool is so soft and comforting... wonderful for children. Helps relieve chest colds, sore throat, bronchitis, sinusitis, and other aches and pains.

Inhale THERMOGENE Rub, a companion product, to help clear up head colds. Buy both at your drugist today!

THERMOGENE MEDICATED WOOL

RE NELLIE MARSH

NOTICE IS HEREBY GIVEN that an application on behalf of Florence Loney of Dorchester, Massachusetts, U. S. A., has been made to the Court of Chancery of Prince Edward Island, for payment to the said Florence Loney of the money in Court representing the share of her sister, the said Nellie Marsh (nee McCullum), in the estate of their brother, the late Duncan McCullum,—it being alleged that neither the said Nellie Marsh nor her husband nor any child of hers is now living; and that the said application has been set for hearing before the Master of the Rolls at the Court House, at Summerside in Prince County in Prince Edward Island on Tuesday, the fourth day of April, 1950, at 11:00 a.m.

DATED at Summerside, Prince Edward Island, this twentieth day of February, 1950.

DONALD O. STEWART,
Solicitor for Florence Loney.

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nasty-tasting laxatives or harsh, griping cathartics. Give Children's Own Tablets. This new corrective made especially for growing youngsters' needs is so pleasant to take—acts so gently and normally without disagreeable reactions that even the fussiest child won't object to their use. Make laxative-taking slow easy on the child and yourself. Mother! Get Children's Own Tablets today at your druggist. 20¢.

For limited time only

SPECIAL More-for-your-money

1 1/2 LBS. AT REGULAR 1-LB. PRICE **59¢** 2 1/2 LBS. AT REGULAR 2-LB. PRICE **98¢**



Johnson's NEW PASTE WAX

a brighter shine, a longer lasting shine with less polishing!

What's NEW about Johnson's New Paste Wax?

A way has been found to improve the blend of waxes in the familiar red-and-yellow can.

The new blend in Johnson's Paste Wax gives a greater gloss... a harder, more durable polish! And it actually requires far less rubbing to bring up the shine!

Of course you'll want to try Johnson's New Paste Wax. Try it now in the special introductory more-for-your-money can.

At your dealer's.

S. C. JOHNSON & SON, LTD.
BRANTFORD, ONTARIO