

A Country Garden

By Mrs. Gordon MacMillan

Where oleanders flushed the bed of silent torrents, gravel spread and crossing, oft we saw the glister

Of ice, far up on mountain head. —Tennyson
Here were cyresses taller and straighter than any I had ever seen: long green alleys ending in small temples; high walls over which oleanders tossed themselves, their branches heavy with the bloom of their exquisite pink flowers; and all the long afternoon of the late June day the nightingales sang. This is the way Mrs. Earle describes a villa near Florence.

Oleanders grow on the banks of the Meles, the river dedicated to Homer. They flourish best by water courses, and in torrid beds in tropical and sub-tropical countries. In the South of France and throughout Italy their scent rivals their beauty. They are used as funeral flowers and are thought to be poisonous. The flower has valuable medicinal properties, and is one of the best heart tonics we have.

The Oleander in this garden is covered with fragrant soft pink flowers and it has grown from a small slip given to me several years ago by a good neighbor who grows flowers and has lovely plants through the years. She grows the white Calla Lily to perfection and is always eager to give slips of her flowers.

A visitor to the garden tells me of the tall bushes or shrubs that grew in the country when he lived for some years, and which he prized because of the associations and the care bestowed upon it.

The new perennial phlox is blooming and the colors are beautiful. I hope to have a large collection as Phlox is necessary in every garden where bright color and fragrance is needed. It is possible to have eight weeks of beauty from perennial Phlox if the early Miss Lingard is planted and then very late blooming ones are added to the garden. The new varieties are long-lasting and vigorous.

Sidalea, (Greek Malva), is a native of North America and a true Malva with the distinctive, admirable flowers of that large family, which has representatives all over the world, and claims such species as the tropical Hibiscus and the better known Hollyhock. The Mallovas are a genus of the family Malvaceae, of the Latin malva, which is also the origin of the word mauve, as many of the flowers are rose-purple. Sidalea is a hardy herbaceous perennial with the appearance of a small hollyhock. The open saucer-shaped blooms are borne on upright stems rising from two to four feet high. The plant was first sent to England in 1838, but were not exploited until recently. Now there are a number of handsome varieties and hybrids within the scope of every gardener, giving many weeks of color and beauty in the garden and they are also splendid for cutting.

The name Sidalea is from side, an old Greek name for a kind of Malva and alba, strength or healing virtue. These hardy, easy-going plants need only good ordinary soil and a sunny bed where they should be planted in the Fall. They give a lovely lacy effect in the borders and they have grown here for several years without any care.

How Can I

By Ann Ashley

Q. How can I remove mildew from linen goods?
A. Wet the linen with soft water and rub it well with white soap. Then scrape some fine chalk into powder and rub well into the linen. Lay it on the grass in the sunshine, keeping moist with soft water.
Q. How can I make use of the

ELLEN'S DIARY

By An Island Farmer's Wife

On these Island farms, and we fancy on many another, thoughts turn now with titillating anticipation towards the various attractions of Old Home Week. No matter our age or our air of nonchalance at its mention, despite our seeming indifference over its varied features — for have we not in our successive years of attendance already seen everything, yea, know it all by heart? — along about now, or was it not yesterday morning, we felt that unmistakable tug of season at heart?

And as we went about the affairs of the washing while others of the Family followed the trail thither, did we not too, go mile for mile in mind with them? As we have done so often in the flesh with James all down our years together.

But what changes there have been that interval... amazing, miraculous! Since those days when we drove the distance to the Exhibition of old. Now along the same reaches of countryside, machines replace on the majority of farms, the teams of once. While from about, where cars pass and dust, leaving it may be a cloud of dust in their wake in the summer stillness, invisible fingers of Radio reach out to glean from that very air words and music and the like which human ears regarders of their keen hearing, may not catch.

"Are you going this year, Ellen?" James asked us on a day towards the close of the haying when it happened a cloud in the west and an indifferent sunset forecast a delay. "Oh, it's unlikely," we replied, "the heat and noise and the crowds are..." Yet knowing in the secret recesses of our being that with the thousands, we too shall be numbered among those present. Somewhere a "Why Ellen?" James would remind us in offering a description, "you're actually fat now!" woman, neither short nor tall, white of hair, spectacled, and a man of rather tall boyish figure, also of hoary head and favoring still the bruised shoulder and arm will walk together once more those old-new exciting paths.

Because finding our cue in the lilting tune of Calliope at the very entrance to a godly measure of the general atmosphere of happiness and excitement obtaining, to carry with us for the duration of the week... A little smile of pleasurable anticipation will play about James' mouth; he will shrug a bit as though to shake off every care of home in the gesture before we take our place in the throng of humanity about.

And when allowed scant time to appraise and admire the display of handicraft, the baking, the flowers and whatnot, ever of interest to the farm-wife, but with James for an escort we shall be taken to view every last quadruped on hoof. He will find in some more mature animal "That fool of last year, Ellen. Do you remember? And how well he is developing!"

And it is likely that as we continue our tour, he will eventually forget, or at least allow to lie quiet in his subconscious, the fact that "That wood of ours will never be better for storing than it is now."
... We heard that subject aired in the presence of several members of the Family this morning.
Until tomorrow... Diary... Good-night...

vinegar in which mixed pickles are packed?
A. This vinegar gives a delicious spiced flavor to salad dressing, much better than ordinary vinegar.
Q. How can I make wallpaper paste?
A. By mixing flour and water to a thin paste. When the mixture boils add a little powdered alum. Boil until the proper consistency for paste.

Anne Adams Patterns

EASY-SEE DIAGRAM!

How easy it is to double your wardrobe — that 8-gore skirt mates with all your blouses — that wrap-and-button halter goes sunning now with shorts and slacks — dating later, with swishy skirts! It's an easy sew, too — diagram proves it! Send now, sew quickly!
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DOROTHY DIX'S COLUMN

Overcritical Friend

She Means Well But Her Comments Annoy Advisee

DEAR MISS DIX: I have a woman friend who criticizes me incessantly. Over a period of time she has taken me apart from head to toe, voluntarily offering suggestions on the sort of hat I should wear and with what dresses it looks best, how I should have my hair cut, how I should apply my lipstick, what height heel I should have on my shoes. She fusses with my collars, putting them over my coat and re-arranging any clothing that happens to displease her. Now, I am certainly not a slovenly person; in fact I am considered a perfectionist and "crazy clean."



Muriel Nissen

Finally I became too irked at her attentions, spurted out my objections to her gratuitous opinions and informed her she was downright rude.

I am open to constructive criticism—yes. However, her uncalculated opinions were more than I could take. I do not consider her the epitome of fashion nor a connoisseur of style. She countered with the accusation that I am oversensitive, and claims her suggestions were offered in good faith. I must watch everything she says in the future, it might be better if we didn't see each other again. What is your opinion?

ANSWER: One of the essentials of friendship is that we accept our friends complete with virtues and faults, making the most of the former and minimizing the latter. If, on the whole, a friend's virtues outweigh her faults, if her compatibility as a companion is offset by minor vagaries, the lesser flaws must be ignored in favor of the greater merits.

HER NUMBER IS LEGION

Your friend definitely is not in a class by herself; her number is legion. Everyone at one time or another has experienced similar reconstruction from a pal. We all know the friend who comes to the house, then proceeds to redecorate it for you. Or the one who corrects your system of bringing up children, or suggests methods of improving your cooking. Now, on the whole, such criticism is good. At the moment we may not like it, but on reviewing the lecture we often can find points of justification that can be used for self-improvement. No one is perfect enough to be beyond the pale of criticism or correction. However, when the passion for reform becomes almost a crusade, as it has with your particular friend, none but the most patient soul can bear up under it.

Sometimes the incessant reproaches can be stopped with a quiet, "Well, I like to wear my hat this way, so I think I'll continue to do so." Or, "My hair style suits me, I won't bother to change it right now." A change of subject might also be in order as at least a temporary cure.

If, however, the critic simply will not be stayed in her campaign of improvement, and her unwarranted suggestions become too great a strain on your patience, the only cure is to see less of her. Cultivate, instead, friends who are more tolerant of your individuality.

An inferiority complex is usually the dictator behind a personality such as your friend possesses, and if you can do anything to change her own point of view you will be doing both her and yourself a great favor.

DEAR MISS DIX: I am a teen-ager with a mother problem rather different from what most youngsters my age have. My mother is a wonderful housekeeper and a marvelous wife and mother. However, she is running around with two men and, as a result, I don't dare bring my friends to the house for fear the men friends will be there.

ANNABELLE

ANSWER: Are you sure you aren't letting an adolescent imagination run away with you? It seems a trifle incredible that a mother would bring men friends to the house where they would meet her children, if there was anything more than casual friendship involved.

If the situation is serious, it is beyond the scope of a youngster your age to handle. It is also something that should not be taken outside the boundaries of your home, except to a very trustworthy and understanding adult. Indiscriminate confidence, in a case like this, could lead to very serious trouble for your entire family. Your minister would be the most logical person for your confidence.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A DIFFICULT day, with much to negate, confuse and complicate issues because of several vital and contradictory aspects among major planets. Affairs may tension and tempo under hectic tension and stress — all of which could lead up to a sudden blind alley to blunder, an astral blind alley, an experimental fresh start, could lead to impetuous or turbulent moves. Financial loss, impaired influence and standing are possible, with prestige and possessions in the balance.

hardiness is seen a gleam of light beneath such hazard and fool through a flash of intuition.

For the Birthday

Those whose birthday it is are advised of an anniversary complicated by "confusion most confounded." While the mental drives to be up and doing in definitely alluring lines — constructive and creative, perhaps outside conventional bounds — the prospects for mistake, error and blunder seem to negate or complicate cherished endeavors. Nonetheless, some novel idea, an experiment, a fresh start, could lead to glamour or thrill to certain disillusion.

A child born on this day may find a unique flash of inspiration.

DAILY CROSSWORD

- ACROSS
- Young oyster
 - Hurl
 - Melody
 - Gramps
 - Flock
 - Cloze
 - Race course circuits
 - Begins
 - Constellation
 - Title of a knight
 - Plump
 - Musical instruments
 - Railway (abbr.)
 - Uncle (Scott.)
 - Juice of a plant
 - Public notice
 - Per. to a faction
 - God of the underworld
 - Prince (Abyssinia)
 - Part of "to be"
 - Bring to light
 - Cut
 - Divine instruction (Heb.)
 - Sudden attacks
 - God of mischief
 - Toward the lee
 - Sand dune (Eng.)
- DOWN
- Desert (Afr.)
 - Equip
 - Affected manners
 - Little child
 - Differentiates
 - Scope
 - Neckerchief
 - A shrew
 - Escape (slang)
 - High, craggy hills
 - Closely related (rare)
 - Pig pen
 - Cottage cheese
 - Mischievous person
 - Cebine monkey
 - Book of Psalms
 - Sum up
 - Att. according to rules
 - Rodent
 - Springs up



Yesterday's Answer

- Seine
- Shop
- Ireland
- Fodder vat
- Obese

DAILY CRYPTOQUOTE—Here's how to work it:
is LONG FELLOW
A X Y D L B A X R

The letter simply stands for another. In this example 'A' is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

A Cryptogram Quotation
F D S G E G Y B N G C D - Y C J R U I M

Yesterday's Cryptogram: HE'S GONE, AND WHO KNOWS HOW HE MAY REPORT THY WORDS BY ADDING FUEL TO THE FLAME?—MILTON.

That Body Of Yours

By James W. Barton, M.D.

EMPLOYABILITY OF EPILEPTICS

An employer can hardly be blamed if he hesitates or refuses to employ an epileptic as he has in mind not only the epileptic himself getting hurt but possibly injuring others. And there is always, of course, the interruption of work if an epileptic attack occurs in an employee.

However, as there are now thousands of epileptics gainfully employed and whose work is always up to par because of their carefulness, it is of interest to the epileptic and his family to learn more about epilepsy and employment.

In Medical Annals of District of Columbia, Washington, we read that "the 7,000 employees of the United States Government Printing Office include persons with various types of handicaps such as deaf persons, some with healed tuberculosis, amputees and 11 or more with epilepsy." The United States Civil Service Commission does not reject epileptics for light or desk work provided "the person is under medical supervision and the disease is well controlled."

An epileptic, even if the disease is under control, may try to hide his illness but, when he learns that the medical staff is ready to help him, he is anxious to unburden himself. Those in whom the epilepsy is not under control and those who have severe seizures (grand mal) are immediately taken off hazardous work and placed on work that is not hazardous to themselves or to other employees.

In the cases of epileptic employees, all symptoms are under control with various medicines, particularly the barbituric drugs and drugs to drive water out of the system, and a diet low in table salt. The conclusion of the physicians in charge is that "painful employment is unquestionably one of the

Cook's Corner

MACARONI SALAD RING

(For Six)

- 1 cup raw macaroni
- 2 tablespoons butter
- 2 tablespoons finely chopped onion
- 2 tablespoons chopped green pepper
- 4 tablespoons flour
- ½ teaspoon salt
- Dash of pepper
- 1 cup milk
- 1 cup grated Canadian cheddar cheese
- 2 tablespoons chopped parsley
- ¼ cup chopped pimento

Cook macaroni in boiling salted water until tender. Rinse with cold water and drain well. Add French dressing and mix well. Combine macaroni, onion and green pepper in top of double boiler. Place over direct heat and cook for five minutes. Remove from heat and add flour and seasonings. Blend. Gradually add milk and place over boiling water. Cook, stirring constantly until mixture is thickened, then add cheese and stir until melted. Add cheese sauce to macaroni and blend well. Add parsley and pimento and press mixture lightly into an eight inch ring mold, which has been rinsed with cold water. Chill for several hours until firm. Unmold by loosening edges of salad with a knife. Turn out on a bed of crisp lettuce leaves and garnish with tomato roses and cheese triangles.

When we remember how attacks of epilepsy were treated formerly, by the depressing drugs, the bromides, and that when an attack occurred during work, all work nearby was suspended temporarily and the patient dismissed from his job for his own and the safety of others, we can appreciate what epilepsy control means to the patient's morale and to the comfort and happiness of his family.

best forms of treatment for epileptics.

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Modern Etiquette

By Roberta Lee

Q. How does a married woman sign her name to documents?
A. A woman who was born Ruth Clark, and who married James Taylor, would become Ruth Clark Taylor, and should sign her name that way, or as, Ruth C. Taylor. The prefix "Mrs." is used only in a letter to a very slight acquaintance or a stranger, and always this prefix is enclosed in parentheses.

Q. When writing a social letter, is it proper to close the letter with "Respectfully yours"?
A. No. This form is used for business letters, or when an employee is writing to his employer. If the person is of equal social position it would be better to close the letter with "Sincerely yours."

Q. When helping oneself from a dish that is passed at dinner, which contains both a fork and a spoon, which does one take in the right hand?
A. The fork is taken in the right hand, the spoon in the left.

Household Scrapbook

By Roberta Lee

Blackheads
An excellent wash for blackheads can be mixed with the following: 36 grains of sub-carbonate of soda, 8 ounces of distilled water, and 6 drops of essence of roses. Apply with a small sponge after each washing, using gentle friction, always upward.

Perfume for the Room
Fill a bowl or vase about half-full of warm water, add a few drops of violet water or violet perfume, and it will give a fragrant scent to the room.

Meringue
Meringue can be prevented from falling by adding one-fourth teaspoonful of baking powder.

Better English

By G. C. Williams

1. What is wrong with this sentence? "I hope we can prevent such another accident, although I know you differ from me in this."
2. What is the correct pronunciation of "mores" (customs)?
3. Which one of these words is misspelled? Spontaneous, spontaneously, sporadic, spectacular.
4. What does the word "involunt" mean?
5. What is a word beginning with rep that means "to cast off or renounce"?

ANSWERS

1. Say, "I hope we can prevent another such accident, although I know you differ with me in this."
2. Pronounce mo-res, o as in mole as in be, accent first syllable, 3. Spectacular. 4. Unable to pay one's debts. "The company was insolvent, and filed a schedule in bankruptcy." 5. Repudiate.

Morning Smile

Taking No Chances

"Are you fond of toffee?" asked the little fellow of a lady who was assisting at a party.
"No, thank you, my dear."
"Then will you look after these caramels for me?"

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