

# WOMEN

Page 8 The Guardian Thursday, July 22, 1954

## Hints On Serving Sea-food

Garnishes and sauces are the best accompaniment for sea-food or any fish.

These are a few ideas: a few capers and a distinct flavor; chives which have been snipped with scissors; grated cheese; bits of crisp bacon; toasted, silvered almonds; crumbled blue cheese; glazed or pickled onions; parsley which has been snipped with scissors; ripe olives sautéed in butter; croutons rolled in cheese, pimento or a dash of paprika.

Marinated tomatoes are excellent, particularly now when they are large and juicy. Peel and slice 1 1/2 lbs. of tomatoes and cover with 1/4 lb. of scallions, thinly sliced. Sprinkle with salt and pour 1/2 cup French dressing (2 parts oil to one part vinegar) over all. Chill and drain. Serves 8.

## That Body of Yours

By James W. Barton, M. D.  
FIRST AID IN BLEEDING AND UNCONSCIOUSNESS

Yesterday we considered first aid in cases of fractures and dislocations. Today let us consider what we can do to help in bleeding and when a person becomes unconscious. It is understood, of course that a doctor should be called at once but there are some things we can do in the meantime which may help to save life.

In bleeding the point to think of is the stoppage of the flow of blood as soon as possible, irrespective of whether it is from an artery or a vein. This is accomplished by placing the finger or a pad of any kind directly over the bleeding point. Elevate the bleeding part. Cold water or ice retards the bleeding. Warm water or warmth of any kind will increase the flow.

Bleeding from the nose is sometimes obstinate. The injection of cold water into the nose, or application of cold water to the forehead or back of the neck are also useful. Bleeding from the lungs (bright red and frothy) is treated by having the patient rest quietly in bed. Bleeding from the stomach (dark red) is treated by rest in bed and swallowing small pieces of ice.

The treatment of unconsciousness depends upon its cause. Here are some of the commonest: Brain Convulsion, Compression or Abscess: Lay the patient down, head slightly raised, loosen clothing, keep the head cool and feet warm. Keep quiet and do not give stimulants.

Intoxication: Give him something to make him vomit, such as mustard and water. If the skin is cold and the pulse feeble, apply heat and friction.

Sunstroke: Lie down in the shade. Apply continuously ice or cold to the entire surface of the body. Ice pack behind ears and about head. Fainting: Lay the patient down with head lower than body—apply smelling salts to nose and sprinkle cold water on face.

Opium Poisoning (such as an overdose of sleeping pills): Empty stomach. Keep patient walking, slapping him with a towel. Keep him awake.

Lightning or Electric Shock: Treat as in resuscitation for the drowning; that is, begin artificial respiration.

CONSORT'S DEATH  
Prince Albert, Queen Victoria's consort, died of typhoid Dec. 14, 1861.

# DON'T SKIMP ON COFFEE DRINK MORSE'S New Instant COFFEE



## Cook's Corner



### NUT BREAD

1/2 cup sugar  
4 cups flour  
4 teaspoons cream tartar  
2 teaspoons soda  
1 teaspoon salt  
Put all through sieve together.  
1 cup ground walnuts  
2 eggs  
2 cups sweet milk  
Bake in moderate oven one hour.

—(Miss) Phyllis Britten.

### Contract Bridge

By Josephine Culbertson

### A TIME FOR DISCRETION

South in the following deal suffered from the fault of not knowing when he was beaten.

7-22

South dealer.  
Both sides vulnerable.

♠ K1097532  
♥ J1096  
♦ 96  
♣ 9643

♠ A J  
♥ A 8 6  
♦ K 4  
♣ Q 10 8 5 4 3

♠ K Q 10 8 7 5 2  
♥ 4  
♦ A 8 6 3 2  
♣ 4

The bidding:

South	West	North	East
1♠	Pass	2♥	Pass
3♠	Pass	4♥	Pass
4♠	Pass	Pass	Dbles.
Pass	Pass	Pass	

West opened the club king. South ruffed and, in an effort to steal a heart trick, led his singleton. Unfortunately for himself and partner, the only result of this effort was the loss of a time-unit. East won with the heart ace and continued clubs. South ruffed again and when he knocked out the trump ace he was subjected to still another club lead, which reduced him to West's length in trumps. The queen of spades dropped East's jack, but this was of little consequence—South still had to establish his diamonds. He played the ace and a low diamond, unblocking in dummy. East won and forced declarer's next-to-last trump with another club. Now, on a diamond play to dummy, West ruffed in and forced declarer's last trump with a heart return. South then had to surrender the last two tricks to West.

South could have saved 500 points of the 800-point penalty by resigning himself to defeat and trying to salvage whatever was possible. Obviously, there were at least two spade losers, one heart and one diamond in the combined hands. Even if declarer could hold his other losers to three tricks. So, after ruffing the first club and knocking out the trump ace, he should have concentrated on setting up his diamonds, and by thus avoiding too many forces he would have held the penalty to one trick.

12,000 POST OFFICES

There are more than 12,000 post offices—urban and rural—in Canada.

## HOLMAN STORE NEWS

— G. H. M. —

### "IN THE GOOD OLD SUMMERTIME!"

... You'll want to lounge in your own back yard and the most luxurious lounging arrangement that I've seen in a long, long time is the FEATHERWEIGHT ALUMINUM CHAISE LONGUES. The Furniture Department of Holman's in Charlottetown and in Summerside has beautiful Chaise Longues in three price ranges. All are the same basic construction, it's the mattresses that makes the difference: for instance—the Chaise Longue with the Felt Mattress covered with colorful Canvas is \$29.95—the Chaise Longue with the Hair-Loxk Mattress covered with bright Duck is \$44.50 and the Chaise Longue with the Hair-Loxk Mattress covered with rich, serviceable Saran is \$59.50. You'll really and truly enjoy your leisure lounging on one of these rubber tired Chaise Longues of the lightest and strongest Aluminum from the Furniture Department of either Holman Store.

### "IN THE GOOD OLD SUMMERTIME!"

... Set your table with colorful simplicity, and nothing could be simpler than the smart new "GAIETY" patterned English Pottery designed especially for Summer meals at your home or your cottage. The flat type plates are a soft chartreuse shade while the bowls and cups are a highly glazed black—really startling, and a conversation piece (if I have ever seen one). To introduce this interesting Pottery the China Departments of Holman's in Charlottetown and in Summerside have these STARTER SETS, consisting of Place Settings for Four, marked at a very reasonable 9.95. You'll love the fresh and happy shades—you'll love the deep cups and bowls—you'll love the saving price of "Gaiety" Pottery in the China Department of either Holman Store.

### "IN THE GOOD OLD SUMMERTIME!"

... And especially this "Good Old Summertime" the girls have gone in for huge sticky-out Skirts—and to give them the desired stickiness they need crisp, full CRINOLINE PETTICOATS. The Ladies' Shop in Charlottetown and the Lingerie Section of Holman's in Summerside have crackling CRINOLINES of fine Paper Taffeta. They are circle width at the hemline and are in a stitched tier style. Sizes are small, medium and large and the price is just 2.98. Choose a Crinoline of fine Paper Taffeta for your Summertime underpinning, you'll find just what you want in the Ladies' Shop, Charlottetown or the Lingerie Section of Holman's in Summerside.

### "IN THE GOOD OLD SUMMERTIME!"

... Bared shoulders, toasted to a golden brown, are the height of fashion. The best and easiest way to acquire this lovely shoulder shade is to wear a SUN TOP. The Ladies' Shop in Charlottetown and the Sportswear Department of Holman's Summerside Store have SUN TOPS of fine quality Denim with a cuffed trim of crisp bilster cotton. These faded blue, red or charcoal Sun Tops are lined, boned and fittingly shaped. They are available in brasserie sizes and the price is a wee small 96 cents—so you can afford several! Best shop soon for the denim Sun Tops, there is Not an Unlimited supply and you'll want that tan as soon as possible. Sun Tops are in the Ladies' Shop, Charlottetown and the Sportswear Department of Holman's in Summerside.

## DOBOTHY DIX

### Girls Premarital Plaint

DEAR MISS DIX: Is it a good foundation for marriage when a man steps out often during the week? I plan to be married shortly to a man who is hard working and possesses a strong sense of responsibility. He is 26 and I am 20. However, he is not overgenerous and I think he lets his ego get the better of him.

For instance, he doesn't believe in devoting himself to a marriage. He has numerous social activities, attends school two nights a week, and intends to continue this program after the wedding. While I'm not trying to chain him to the house, I do believe that when a man marries, his chief concern should be the home. If my fiancé just continues to attend lodge meetings, it will mean that one week in the month he'll be out three nights; I think that's excessive. B.E.

### EDUCATION IMPORTANT

ANSWER: You are certainly right in your premise that a husband's chief concern should be home, but I would consider school attendance as part of his home responsibility. He isn't studying as a form of recreation, but to better himself, so that in turn his family will have the benefits accruing from his improved education. You would be very foolish to discourage his school work. The only other activity you definitely name is lodge meetings; one night a month devoted to a social group doesn't seem excessive to me. Since he doesn't drink, gamble, or have any other evident social weakness, I can see nothing wrong with his program. However, I think you should have all difficulties ironed out before marriage.

If the man's school attendance is going to bother you, or the lodge meeting will be a source of conflict, adjust yourself to them. If you have you arrange a new schedule. If you marry him with this bothersome detail hanging over you both, trouble is bound to ensue. I do think you should make the adjustment, since his nights out are chiefly for your welfare. If the lodge has a ladies' auxiliary, why not join up yourself? It will give you mutual social contacts, and will provide diversion for you both.

DEAR MISS DIX: I'm a girl of 22, in love with a man 33. He is one of my former teachers. He is a wonderful person and although I see him seldom, he is very nice to me when we meet. We don't have mutual acquaintances, or move in the same circles, so it's difficult for me to get to know him better. Can you suggest a way for me to further our friendship? L.G.

ANSWER: Aside from taking advantage of every opportunity to make social contacts, there isn't much you can do. As you are mutually interested in music, you might arrange a musical evening at your home and invite him, or wangle some excuse to ask him to a concert. Perhaps you could dig up some point on which to ask him a question. There actually seems to be little potentiality in your one-sided love affair and you would really be better off to use your efforts in a more promising friendship.

### MISCHIEVOUS MONKEY

BUFFALO, N. Y. (AP)—When a small rhesus monkey swung through a window into Mrs. Ralph Rothang's fourth-floor apartment, housework went out.

In rushed a swarm of would-be monkey catchers—a net-swishing SPCA agent, the veterinarian from the hospital the animal escaped, children brandishing bananas, and reporters and photographers. Twenty minutes later, the vet, seizing one of the woman's blankets, pounced on the mischievous monkey, and Mrs. Rothang returned to her housework—much more housework.

### 12,000 POST OFFICES

There are more than 12,000 post offices—urban and rural—in Canada.

## To Wed In August



Mr. and Mrs. Arthur MacKay, Albany, announce the engagement of their daughter, Vodia Phyllis, to Mr. Kenneth Ross Parker, son of Mr. and Mrs. Kenneth Parker, Charlottetown. Both Miss MacKay and Mr. Parker are graduates of Mount Allison University. Mr. Parker enters his senior year at the Dalhousie School of Medicine in September. The wedding will take place August 7.

## The Stars Say

By Estrellita

For Tomorrow  
Diplomacy can be an efficient weapon for you today. Keep that in mind if you must engage in any business transaction, seek a favor or negotiate in your own interests generally. Get an early start and most matters should run smoothly under present planetary aspects.

A stranger you may meet now could become a staunch friend in the years to come, and there is also the possibility of good news arriving from a great distance. Romance, courtship and social activities are under good aspects during the evening hours.

## For the Birthday

If tomorrow is your birthday, matters concerned with your job or business may occupy much of your time and interest during the next few months. And your horoscope indicates that you will be able to take care of every situation confronting you so tactfully and successfully that your ability may bring unexpected rewards in more cash or in advancement.

There may be some slight tension in domestic or romantic affairs during September, but the situation can be cleared up satisfactorily by means of your own insight and understanding. Creative enterprises will be under fine aspects in the late fall, and there is a strong possibility that, during December, you will receive an unexpected monetary reward for past services.

A child born on this day will be quiet and companionable, a good listener, but inclined toward secretiveness where his own affairs are concerned.

## Morning Smile

By Estrellita

An old lady had lost her purse. She rushed into a police station and told her story. The officer in charge was very kind. Putting his hand on her arm he said: "We'll leave no stone unturned to find your purse madam."

Leaving the station, she noticed a group of workmen busy tearing up the street for a new sewer system, and remarked to herself: "Well, they don't lose much time I'll say that for them."

## Household Scrapbook

By Roberta Lee

### Too Much Salt

When it is discovered that too much salt has been added to cooking food, stretch a clean cloth tightly over the vessel and sprinkle one tablespoon of flour over the cloth. Allow it to steam for a few minutes and the flour will absorb the salt.

### Grease Spots

For grease spots on delicate fabrics, touch the spots with chloroform or ether. Then rub with a dry cloth until the spot is perfectly dry.

### Fresh Fish

Fish can be kept fresh much longer if they are sprinkled with salt and then kept in a cool place.

### LABORITE DEAD

LONDON. (Reuters)—George Hicks, Labor member of Parliament from 1931 to 1950 and Parliamentary secretary to the mining industry during the war, died at his home here Monday, aged 75. So July spending summer gold sets

## ELLEN'S DIARY

By an Island Farmer's Wife

Fine showers we have had today to suspend, it is true, the haying, but to bring needed refreshment to the crops—the grain, the potatoes and roots; the gardens too and the lawns where the flowers have been languid of late.

This evening they lift grateful faces to the blue of the heavens. And some stand more proudly—the delphiniums, the white peonies and "tiger" lilies, the latter reminding that July is fast spending her days.

Nothing new today? No lovely science to remember? None worthy of being put away in Memory's strange files? What of the dance of raindrops of the morning, soft on our face, hastening our steps at the choring about? Raining, blithely of roofs and so soon, these little lost brooks of the clouds, trying to find their way back to the sea which had given them. What of the lilt in the voice of the clean west wind which came down from the afternoon hills? It blew a signal to the sun to tear aside its bars of gray cloud and behold the unmatchable charm and inspiration of a fresh-washed world. How beautiful it was then, as the gold of it dimpled the fields! "Did you ever, when you were a little girl feel the soft of a rain-puddle on your feet?" Gage questioned with a smile. "It's nice, isn't it? I guess that's why tiny ducks like them so well."

"Mo' rain, mo' rest?" we chuckled to James when the showers silvered the farmlands. But soon, when these eased, there were fixings for the storing of hay to be installed or adjusted in the barns—the hayforks and cables put in order, and succeeding items to round out the farmer's day. Not before the sunset splashed the western sky did James himself come to any moments of leisure. Then it was he walked away along the fields to inspect the haylands ("We'll never get the haying done, Ellen!") and the grainfields ("The rain will freshen them, Ellen—put a new color in the blades!").

Summer: strawberry-clover-daisy-time! And visitors from far places coming and going. Returning it may be to spend holidays with loved ones and old friends; leaving after all too brief stays, with obvious regret.

"We're not going to see Mr. A. any more this summer," Gage said with a sigh at supper. "They're going in the morning—away back to their home. And I'm going to miss him too—miss him from the fishing places down along the stream. I wish, he didn't have to go... not so soon anyway."

"We're looking forward to attending the Tea at... a housewife said the other day. "There, I'll be meeting the old friends vacationing, some I haven't seen for years."

Until tomorrow — — — — — Diary  
— — — — — Good-night . . . . .

## Modern Etiquette

By Roberta Lee

Q. Should a bride-elect write notes of thanks to all the guests who attended a shower in her honor?

A. This is not necessary. Her thanks at the affair itself should be sincere and gracious enough. However, she should be sure to write a note of thanks to the hostess of the shower, and she can entertain the guests at a luncheon or bridge party, either before or after the wedding.

Q. I see people in public eating places who persist in breaking crackers into their soup. Isn't that very ill-bred?

A. Once upon a time it was considered improper. But now it is quite proper to do so.

Q. Is it all right for a man to use only his initials when signing social correspondence?

A. No; he should sign his full name.

## TIPPING

Try this crumb topping for your favourite coffee cake. Sprinkle it with spicy oatmeal cookie crumbs which have been mixed with a little brown sugar and moistened with melted butter or margarine.

## How Can I?

By Annie Ashley

Q. How can I economize in the use of paraffin?

A. Save all small pieces of paraffin as they are removed from the jelly glasses, washing each piece and placing them in a container. When needed, these pieces can be boiled, and the result will be a nice quantity of clear paraffin.

Q. How can I make use of sour cream?

A. If the cream is only slightly sour, put in a basin, add the juice of one lemon and one tablespoon of sugar. Then whip until stiff. It will be delicious to serve with a pudding.

Q. How can I seal an envelope so that it cannot be steamed open?

A. It is claimed that an envelope sealed with the white of an egg cannot be steamed open.

## Better English

By D. C. Williams

1. What is wrong with this sentence? "She doesn't seem to understand what I am saying."

2. What is the correct pronunciation of "malefactor"?

3. Which one of these words is misspelled? Propagate, proprietary, proportionate, propinquity.

4. What does the word "scrutiny" mean?

5. What is a word beginning with inc that means "casual"?

ANSWERS

1. Say, "It seems that she doesn't understand what I am saying?"

2. Pronounce male-fak-ter, both a and as in at, first e as in me unstressed, principle accent on last syllable.

3. Propagate. 4. Close examination. "She endured his scrutiny for several minutes." 5. Incidental.

## NOTABLE EVENT

The charter of the United Nations organization became effective Oct. 24, 1945.

## VEL SOAKS DISHES CLEAN

saves you all the hard work!

Vel makes dishes shine without washing or wiping—even pots and pans glistening.

don't wash—just soak  
Dishes soak grease free in seconds. Vel leaves no soap scum or ring around the pan.

don't wipe—just rinse  
Dishes dry streak-free without wiping—saves you all the hard work.

Mild, Mild VEL is kind to hands

# LUSHUS 'N ICE CREAM

## A NEW DESSERT every time you serve it!

It's a real treat!

Try strawberry banana sherbet

Here's fresh "strawberries 'n cream" flavour in a new exciting way with strawberry

wonderful with the fresh tangy liquid fruit flavour of Strawberry Lushus. Just follow the directions for the basic recipe for Lushus 'N Ice Cream, given below—using 1 package Strawberry Lushus... fold in a sliced banana when the mixture is partially set.

YOUR FAVOURITE BRAND ICE CREAM

Every drop of liquid fruit goodness in this 'bud' adds extra flavour to your jelly desserts

LUSHUS strawberry JELLY POWDER

MADE BY Shirriff's

You can have an altogether new dessert... different and delicious... with each fresh fruit that comes into season... with each one of the seven tangy Lushus fruit flavours. All you need is a package of Lushus and a pint of vanilla ice cream. In Lushus 'N Ice Cream you're using the best flavour ingredient in the world... "freshness". Fresh ice cream; fresh, ripe fruit and Lushus with the extra tangy freshness of liquid flavour, sealed "fresh" in the Shirriff's Flavour "Bud".

## Make Dozens of Different Desserts from One Basic Recipe

1 pint vanilla ice cream  
1 pkg. Lushus (any flavour)  
1 1/2 cups boiling water

Dissolve the pkg. of Lushus in boiling water then stir or beat in the vanilla ice cream 'til it is completely melted. When this is partially set, heap into sherbet glasses or fill a baked pie shell. Chill 'til firm and decorate to suit yourself.

Try your own variations, using any one of the seven liquid fruit flavours of Lushus and any fruit you like—fresh or canned (pineapple must be canned).