

How Can I!!!

By Anne Ashley

Q. What are some of the uses for wire brushes?

A. They are useful for removing caked mud from rubbers and shoes, for cleaning thistles and burrs from the dog's coat, for cleaning perches and swings in the bird cage, for removing food stuck to the cooking utensils, and for restoring suede shoes.

Q. How can I treat a cut which persists in bleeding?

A. If a cut will not stop bleeding, apply flour or ground rice. Either one is an effective remedy.

Q. How can I revive faded colors in wash goods?

A. Use strong soaps or washing soda; add a spoonful of vinegar to each quart of rinsing water.

Cook's Corner

APPLE FRITTERS

(Serves 4-6)

One and one-half cups flour, 2 teaspoons baking powder, 1/2 teaspoon salt, 1 egg, 2/3 cup milk, 2 sour apples.

Sift together flour, baking powder and salt. Beat egg, add milk and stir in dry ingredients. Pare and core apples, then dice. Drop small pieces into batter. Stir. Drop by spoonfuls into deep fat and fry to a delicate brown.

BAKED CABBAGE WITH APPLES

4 cups shredded cabbage, 2 cups sliced tart apples, salt, pepper, 1/2 cup brown sugar, firmly packed; 2 tablespoons vinegar, 2 tablespoons butter.

Arrange alternate layers of cabbage and apple in greased baking dish. Sprinkle salt and pepper over cabbage, and brown sugar over the apples. Add vinegar and dot top with butter. Cover and bake in moderately hot oven 375 degrees F. about 30 minutes. Yield: 6 servings.

Modern Etiquette

By Roberta Lee

Q. When a girl has completed a dance with a man at a college prom, and there is no hope of her next partner's finding her in the crowd, and she knows her present partner must hurry to the girl, he is dancing with next, what should

Better English

By G. C. Williams

1. What is wrong with this sentence? "We were just going to open the meeting when the two last men arrived."

2. What is the correct pronunciation of "intaglio"?

3. Which one of these words is misspelled? Abdominal, arsenal, diagonal, ephemeral.

4. What does the word "initiative" (noun) mean?

5. What is a word beginning with co that means "abundance"?

ANSWERS

1. Say, "We were just about to open the meeting when the last two men arrived." 2. Pronounce in-tal-yo, i as in, a as in at, o as in no, accent second syllable. 3. Abdominal. 4. An introductory step. "I am willing to take the initiative in this matter." 5. Copiousness.

Household Scrapbook

By Roberta Lee

Burned Food

Badly burned food can be removed from enameled utensils by use of washing soda added to water in the proportion of one tablespoon to the quart. Boil the liquid in the utensil for ten or fifteen minutes, then scrape out with a cloth.

Added Weight

The thin person can sometimes add more weight to his body by forming the habit of taking a little cream or olive oil after each meal.

Poaching Eggs

Try putting one tablespoonful of vinegar into the water in which the eggs are to be poached, to make the white of the egg firm.

she do?

A. She may say, "Will you take me over near the door so that my partner can find me?"

Q. If Bob invites Jim to drive out into the country with him for a day, and stops to buy gasoline, should Jim offer to pay for it?

A. This is not necessary, but most certainly Jim can offer to pay for their luncheon.

Q. What should a girl wear to a dance when she is not certain whether evening dress is required or not?

A. Her best plan in this case is to ask her escort.

That Body Of Yours

By James W. Barton, M.D.

SUCCESS AND FAILURE OF GLUTAMIC ACID IN RAISING THE INTELLIGENCE

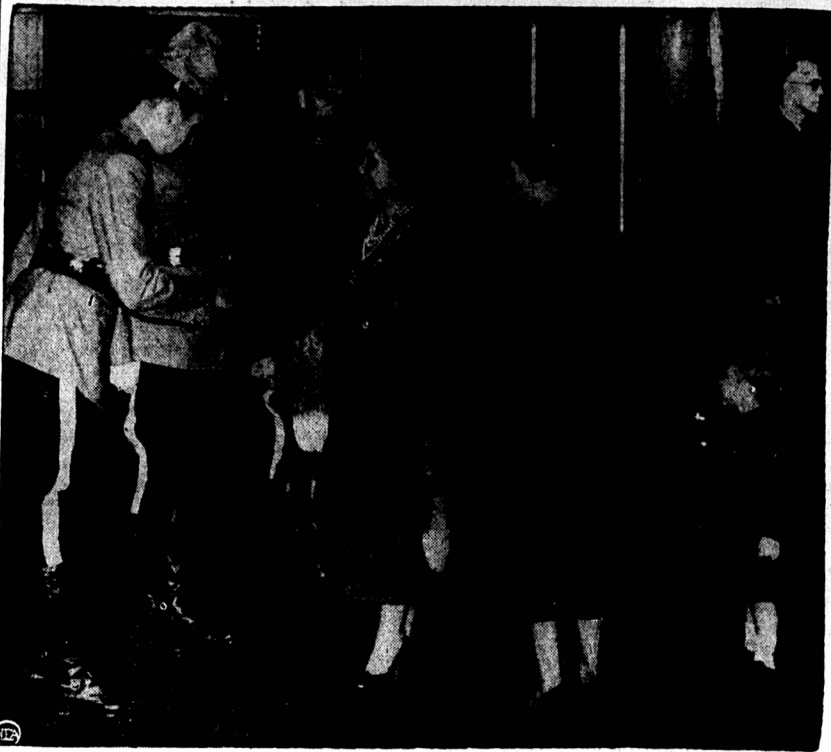
During the past five years I have reported the help received by "backward" children from the use of glutamic acid by four different groups of investigators. While not completely successful in all cases in bringing intelligence up to normal, most of the children were improved in their daily health and other habits.

In April of this year we recorded the work of Drs. F. T. Zimmerman and B. B. Burgemeister in the New York State Medical Journal, who, during one year raised the intelligence quotient of 34 per cent of 28 "borderline" cases up to normal level. Other cases were improved that they became useful members of the school. They did odd jobs, took better care of themselves and were more obedient. However, from a high source, the University of California, Drs. Harold G. Loeb and Read D. Tuddenham, The Permanent Foundation, report their experience in 33 feeble-minded cases without epilepsy or other defect of brain or nerves. The 33 cases were divided into two groups matched as to intelligence quotient, sex, age and type of feeble-mindedness. They were mostly teenagers. One group received 24 Gm. glutamic acid by mouth daily, for 17 weeks. The other group (the controls) received a placebo (same size and shape tablet containing sugar plus but no glutamic acid). Throughout the investigation, both the experimental and control cases were patients in the same institution under the same rules and regulations and receiving the same care and diet.

Both groups were given the same intelligence tests - Stanford-Binet, Cornell-Coxe Performance Ability Scale and other tests. These research workers state that as far as their tests were concerned, there was no significant difference between the experimental and the controls and conclude that a beneficial effect of glutamic acid in the treatment of feeble-mindedness was not shown. Why did glutamic acid help these other four groups and not the group at the University of California?

One reason may be that the group under Drs. Zimmerman and Burgemeister were borderline (nearly normal in intelligence), whereas the group under Drs. Loeb and Tuddenham were feeble-minded in an institution. In some children of nearly normal intelligence, borderline cases, glutamic acid gave the needed mental lift in one-third of cases in which it was used.

Total number of women employed in Canadian Industries in 1951 was more than 1,100,000.



ROYAL WELCOME - Britain's Princess Elizabeth, home in London again, introduces her mother, Queen Elizabeth, to three of the Royal Canadian Mounted Policemen who accompanied the royal pair on their recent Canadian tour. At right, is Bonnie Prince Charlie, the Princess' three-year-old son.

ELLEN'S DIARY

By an Island Farmer's Wife

Kin, not taken up with the frost and snow of our Island winters, delightful as these can be, commence now the long trek south by car, coming thither by easy stages, leaving the fall-chill and the bare trees of the north behind to meet at length along green fields the bloom and beauty of another summer on the way. And following these in mind, we today searched the blue for dark fascinating wedge of creatures winging in escort.

But so far no migrating Canada goose has appeared within our line of vision, nor has any lone-ly call been wafted down from the heights to us earth-bound mortals below. Only the dark ravens that hover above the woodlands or make short excursions from it offer their throaty calls to us about the affairs of our farming. But gone now are all our feather songsters of summer, gone too the comradeship of the swoop and lift of wings about yard and pond.

The pond washes red these days kept in a turmoil as it is by November's showers and dampness. But there still we can read the traceries of the winds and too we can sometimes catch the glory of moonlight, the wonder of star-shine winsomely mirrored there.

By day the small white boat, neglected since the close of the trout season frets at its mooring and sometimes when valley and height lie in an air of quiet expectancy—waiting to hear a new season's footfall, one may catch a ghostly rattle in the plantation of cat-tails close by. Eerie, we think, or is it only a resignation we catch in that vague sigh?

If the farmers declare that probably due to the number of foxes on the prowl "we scarcely ever see a rabbit anywhere about" our red-brown squirrel was out on a bough of the hemlock by the mail-box this morning. She was conversationally minded and chuckled some over our obvious concern at the moment. "Well, you are in a state, Ellen!" she called.

We robbed the box of its contents and stood a minute in that sunny sheltered spot amid the elders at lane's end. The sound of hoof-beats was growing faint in the distance and presently as we watched, man and beast—the mailman and his horse, dropped from sight over the rim of the rise. "I can see you're in a hurry," our squirrel friend laughed, "and all on account of that man of yours I suppose? Is he minding Mack and the house across the lane, so that you could come here? Or did you just slip away on some other excuse? The young folks and granddaughter are in town, are they? I thought so!" she nodded. "Well, Ellen, you'd better not loiter here, you'd James is chafing at the bit to get to work!"

He had been cleaning the poultry house, valiantly sweeping and dusting it, small Mack nose against a window indoors watching him at work. Later, having first reminded us that "Mrs. - - - or Mrs. - - - would be ashamed to ask their men to help at the like of this—they would consider it a privilege to do it all by themselves!"

James and his women-folk washed the interior with a sprayer to have all in readiness for the new crop of layers. Then with a relieved "That's that!" he was off with a brisk step and a smile to the field-work. "It's kind of nice to be rid of him!" granddaughter offered, "but it isn't women's work, is it? Or," on another thought, "perhaps he was just making-believe!" We nodded: "Yes, just making-believe!"

Until tomorrow . . . Diary . . . Good-night. . .

DOROTHY DIX SAYS—

Mixed Marriage

Two Religions Cannot Mate Without Some Concessions

DEAR MISS DIX: About six months ago I met a girl with whom I have fallen in love. I haven't seen her too often, as she lives quite a distance from me, but we have maintained a regular correspondence. I have asked her to marry me, but we are of different religions. She will not change her religion, and I don't care to change mine, either. I have suggested that we marry and live our own lives as far as religion is concerned.



L. A. R.

ANSWER: It is a fallacy to assume, as you do, that religion can be shunted into the background of marriage and remain there, completely ignored. People of different faiths cannot be married at all without one of them making a concession—not a compromise! The ceremony must be performed in one creed or the other—one party must give way! One family will be hurt, one church will frown upon the marriage! These are facts that cannot be hidden, cannot be overlooked. A couple contemplating mixed marriage should consult with clergymen of both faiths involved; they will be frankly shown the obstacles to be overcome, the problems to be encountered. They will be warned of the difficulties ahead, and should heed the warnings!

The solution definitely will not be to disregard the admonitions and proceed on the always dangerous, always fallacious theory that "we can live our own lives!"

RELIGION BASIC TO FAMILY

Religion is—or should be—an inherent factor in everyone's background. It should be the very foundation of a new family. Youngsters should be taught their prayers as soon as they can talk; they should be taken into church and Sunday School at an early age; they should be inculcated with the truths of faith before they learn their ABC's.

A heated family argument as to what prayers, what church, what faith can destroy the harmony of a home almost before it is established. All these problems should be settled before two people of different worships marry. They are not to be lightly discarded in the beginning, for they will sooner or later have to be faced.

You have not known your girl friend very long and having seen her so seldom, you cannot even be sure of your mutual love. You are therefore beset with much room for doubt. Consider all your problems, talk them over with your clergyman and with hers. Don't marry at all until, and unless, agreements can be made covering all points that will occur in your future.

DEAR MISS DIX: I'm 18 and engaged to be married. Is it proper for the boy to give the girl money for her wedding outfit? It has been done in my home town several times, and is now considered a custom.

PATRICIA

ANSWER: While rare occasions may occur in which a wealthy young lad gives his less well-to-do fiancée money for a wedding outfit, it certainly is not customary and is against the best rules of etiquette. I have not heard of any community where the custom is an established and accepted practice.

A bride's outfit should be only as elaborate as she can afford with due consideration for her financial situation or that of her parents. To exceed your means in this respect is ostentatious as well as fool-garment. Simple clothes adorn a bride just as charmingly as do elaborate. Buy what you yourself can afford, and avoid the temptation to be luxurious.

DEAR MISS DIX: Please advise me what to do with a lazy sister. She is a year and a half older than I, and refuses to do anything to help clean the house. She is inconsiderate and laughs when I ask for help. I am very tired of cleaning our bedroom as she does not take care of her clothes, although she has more than anyone in the family. My mother will not help me.

M. L. M.

ANSWER: Your mother is making a big mistake in letting her lazy daughter get away with too much. The girl is being spoiled and mother will one day rue her error.

Every young girl should be at least responsible for the care of her own clothes and room. To permit her to neglect this duty is to pave the way for real trouble when the girl marries. She has all the makings of a careless, indifferent housekeeper—and that could be the ruin of any marriage she is lucky enough to make. Mom better get busy with sister and teach her some household skills.

DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.

Men sure go for a MAGIC cake

COCONUT FUDGE CHIFFON CAKE

Mix and sift into a bowl, 1 c. plus 2 lbs. once-sifted cake flour, 1 1/2 tsp. Magic Baking Powder, 1/2 tsp. salt, 1/2 c. fine granulated sugar; mix in 1/2 c. desiccated coconut. Make a well in the dry ingredients and add in the order given (do not stir mixture), 1/2 c. corn (salad) oil, 2 unbeaten egg yolks, 1/2 c. plus 2 tb. water, 1 tsp. vanilla, 2 1/4 ounces unsweetened chocolate, melted and cooled. Stir the liquids to intermingle, then stir in the dry ingredients; beat until batter is smooth. Measure into a large bowl 1/2 c. egg whites (at room temperature) and sprinkle with 1/2 tsp. cream of tartar; beat until the egg whites are very stiff—much stiffer than for meringues, angel cakes, etc. Add flour mixture, about a quarter at a time, and fold after each addition until batter and egg whites are thoroughly combined. Turn batter into an ungreased 8" angel cake pan; bake in a rather slow oven, 325°, about 1 hour. Immediately cake comes from oven, invert pan and suspend cake until cold.



Anne Adams Patterns

FASHION NEWS

PAPER-DOLL SILHOUETTE! New natural shoulder-line, tiny waist, bouffant skirt! The jacket and skirt make the smartest day time suit-dress. For dates, whisk off the jacket to show off that little formal bare-top blouselet!

Pattern 4566, Jr. Miss sizes 11, 13, 15, 17. Size 13 jacket, skirt 4 1/2 yards 39-inch, 1/2 yard contrast. Blouse 1 1/2 yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS care of The Guardian, 60 Front St. West, Toronto, Ontario.



4566 11-17 by Anne Adams

Career Advisor Reached Success After Many Jobs

NEW YORK — AP — If you want to find the right job, choose the work that comes naturally to you, says Anne Heywood. She has helped nearly 5,000 persons change careers. In Miss Heywood's case what came naturally was a formal bare-top blouselet!

Send order to ANNE ADAMS care of The Guardian, 60 Front St. West, Toronto, Ontario.

But she herself tried 34 jobs in many different states before her own career pattern crystallized. Then she launched the career-changing clinic here two and a half years ago, and found herself with so many clients that now she has adopted a group therapy method.

She has interviewed 5,500 people who wanted to change their careers, and says that 87 per cent of them made the change successfully.

"Don't, she urges, choose your life work because you 'majored in mathematics,' or a big desk goes with it, or it offers a chance to travel or papa picked it. "The secret in finding your life work is doing what comes naturally—so naturally you think anybody can do it," says Miss Heywood. "Ask yourself what you remember easily. The things that stick in your mind are the things you have a natural faculty for doing."

"If, after you have finished a piece of work, you get a terrific feeling of virtue and achievement, watch out. You've been doing the wrong work. What you should feel is self-indulgence."

All Are Individuals

Observation has convinced Miss Heywood everybody has a talent which can be of service to some segment of society, and they can find it if they will keep punching long enough.

Miss Heywood, an Iowan, has boiled down what she learned about job problems in a new book "There's A Right Job For Every Woman". She has appeared on radio and plans a television show. Every time she airs her ideas she is deluged with pleas for help from people who say they hate their work.

"Society seems to be doing everything possible to louse up the natural magnetism by which the thing that's for you is attracted to you," she said. "People are crack-brained on the subject of doing 'creative work'. They must be writers or editors or lawyers—or at the least executives. Kids who are geniuses with machines must get a college degree and then try to make like a bigshot in business. "Wives keep husbands at jobs they hate because they want 'security'. Husbands keep wives in kitchens they hate, because 'women are really happier at home'. There are a lot of displaced persons like this."

Morning Smile

Why Bother

A reserved man was travelling in a train and an American fellow passenger spoke to him. "Excuse me," he said, "but your

The Stars Say - -

By Genevieve Kemble

For Tomorrow

WITH conflicting planetary configurations, the inclination to put over new deals, or to experiment along irregular or unconventional lines, the mental slant may not be reliable. Discourt rumors and idle talk and forge ahead on experimental lines, considering novel ideas, ways and means. Even impulse and "hunches" might show the way.

For the Birthday

Those whose birthday it is may find themselves in a perplexing predicament, with an impulse toward the unusual, the irregular and unconventional. While ingenuity, creative ideas, innovations may be alluring, capped by singular success, it would be easy to make erroneous decisions, or to be influenced by gossip or idle talk. Analyze carefully before taking action.

A child born on this day could be adventurous, original in thought and action, although easily influenced by other minds. "He is hanging out."

Unemotionally the man answered: "What of it? Your pocket has been on fire for the last five minutes, but I haven't bothered you, have I?"

Which?

A group of businessmen, most of them overweight, had decided to join a physical culture class. At the gymnasium, they were assigned to a muscular instructor, an ex-pugilist, who started them off with an exercise a bit too violent for their condition.

As they began to flush, puff and wheeze, the ex-pug called, "Wait a minute, you guys! And tell me, what is dis—a gymnasium or a panthouse?"

HONORS CANADA—This stamp just issued by the Republic of Korea, honors Canada as one of the 19 nations that have sent forces to her aid in the Korean war. Canada has assigned a special brigade of about 10,000 men in Korea in addition to air transport and naval forces.

Alice Brooks Designs

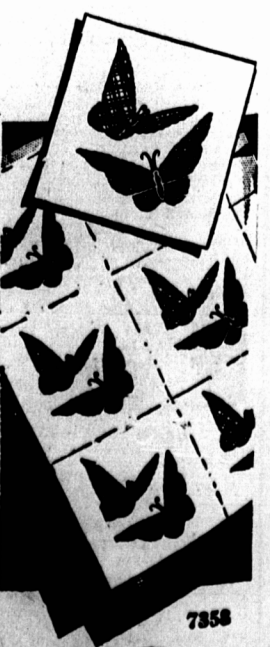
BUTTERFLY QUILT

Use two materials for these butterflies or raid your scrap bag and make them all different. Either way it's a beautiful applique quilt. Each butterfly is one patch piece with a bit of embroidery. Pattern 7358 pattern pieces; directions.

Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

MUSCLES ACHE? RHEUMATISM SPRAINS

Get WARM, soothing relief... massage gently with PAINKILLER



7358 by Alice Brooks

NEW LIFEBOUY

with pleasing new scent... gives longer-lasting, all over protection

New Lifebuoy actually purifies the pores for better all over protection

Now LIFEBOUY has a grand new scent... really different and pleasing! That's because New Lifebuoy contains PURALIN, the new scientific ingredient. And PURALIN in Lifebuoy gives you better protection, longer-lasting protection, too. It purifies the pores... stops "B.O."... keeps you safe, fresh all over. So, bathe with mild, gentle Lifebuoy and know you're free from offending—from head to toe. Get the New Lifebuoy today.

IT'S THE MODERN WAY TO STAY FRESH ALL DAY

FROM HEAD TO TOE... NEW LIFEBOUY STOPS "B.O."