Add 2 heaping teaspoons of QUIK powder to your glass of cold milk—stir—and drink. It's ready instantly—instantly good! QUIK has a rich, real chocolate flavour, the kind only Nestlé's can make!

Delicious QUIK stays mixed too—it's always chocolaty all through. Today—try QUIK for the chocolate drink that needs no fuss—no bother. Serve it hot or cold—it's delicious either way.

GOOD HOT OR COLD

WITH THAT FAMOUS NESTLÉ'S SWISS CHOCOLATE FLAVOUR

It fairly melts in the mouth!
Barbour's
STABILIZED
PEANUT BUTTER

Women's Institutes

MILLVIEW W. I.

The April 1st meeting of Millview Women's Institute was held at the school with an attendance of seven members, with the vice-president, Mrs. Walter Crane presiding.

The meeting opened with the Creed, followed by roll call. Minutes of the last meeting were read, approved and signed.

Reports from the sale of sandwiches showed a neat profit. Members were asked to pay 40 cents toward expenses.

The sick committee reported $1.40, and the school committee that it was necessary to get more dustbane.

Correspondence consisted of letters of thanks. It was decided to buy a shut-in a gift. Seven members paid 25 cents for Institute News.

Plans were made to hold a dance in the near future, and a committee was then appointed to take care of same, as follows: Mrs. Myrtle Crane, Mrs. Mary Hynes and Mrs. Emma Storey.

It was decided to leave the lights on in the school for another month.

The next meeting is to be held in the school.

Collection amounted to 35 cents. Lunch was served by the committee in charge, after which the meeting adjourned.

CLYDE RIVER W. I.

On Monday evening, April 6th, the monthly meeting of the Clyde River Women's Institut was held at the home of Mrs. John and Mrs. Lorne MacNevin. The meeting opened with the Institute Ode and Collect. There were 14 members and four visitors present. Roll call was answered by a question for a question box. Next roll call will be answered by an exchange of flower slips or seeds.

The minutes of the last meeting were read, approved and signed. The treasurer reported that $8.50 had been received from members for the Flood Relief Fund. $1.50 was added from the funds to make a total of $10 which had already been forwarded.

Various plays had been obtained and were discussed, but it was decided to leave any decision to a later date, owing to the busyness of the season now at hand.

The sick committee presented bills for $2 for treats sent to sick members. These were paid by the treasurer. The school committee received authority to purchase several small items for the school. The teacher reported that the children were progressing nicely with their singing lessons, and that they were entered in two classes in the Music Festival.

Correspondence was then read and dealt with. After considerable discussion it was decided to authorize the expenditure of $20 for the purchase of markers for the district.

Mrs. Robert Matheson invited the members to her home for the next meeting. Collection for the evening was $2.20 and several members put their contributions in the birthday box. The meeting then adjourned and closed with "The Queen".

The programme for the evening consisted of replies to questions in the question-box. Question master was Mrs. W. A. MacLean. This was followed by a contest on Island place-names conducted by Mrs. John Darrach. Lunch was then served and a chat brought a very pleasant evening to a close.

KINGSTON W. I.

Kingston Women's Institute met at the home of Mrs. Edgar Newson on April 16th for the regular monthly meeting.

The meeting opened with the Ode followed by the Creed. Roll call was answered by 11 members and two members paid their dues. Minutes were read, approved and signed. A two minutes' silence was observed for Mrs. MacSwain, a departed member of the Institute.

The sick committee reported fruit sent to three, and the school committee reported toilet paper sent to the school. Committees were reappointed.

Correspondence was read and discussed. It was moved and seconded to send 10 cents each to the A.C.W.W. fund and 25 cents for entertaining the delegates from other countries in Canada. A card of thanks was received from Mr. MacSwain and family for flowers and kind expression of sympathy; also a card from Wilbur Younker thanking members for the fruit sent him while sick. Letters of thanks were received from teachers and pupils for things the Institute bought for the school, and a note thanking the Institute for the sewing sent in to the Red Cross.

A committee was appointed to see about getting a play. It was moved and seconded that each member make three pounds of sugar into candy. It was decided to get 50 towels to hem for the Red Cross. It was reported that two "get well" cards had been sent. Collection amounted to 75 cents, and friendship fund to 33 cents. Bills were presented and paid.

The next meeting will be at the home of Mrs. Leith and Zylpha Newson. The lunch committee will be Mrs. Edgar Newson and Mrs. Tyrus Holmes.

STANHOPE W. I.

The April meeting of the Stanhope W. I. was held at the home of Mrs. Horace Marshall, on April 7th.

The president opened the meeting by having the "Collect" repeated in unison. Sixteen members answered the roll call, by handing in a card, and there were seven visitors present.

The minutes of the last meeting were read, approved and signed. The sick committee gave their report on calls made, and the school committee reported the need of paper towels, which are to be purchased. New committees were appointed as follows: sick, Mrs. Pat Horgan and Mrs. Keith Douglas; school, Mrs. Thomas McCabe, lunch, Mrs. Louis Marshall and Mrs. John Misener; programme, Mrs. Harry MacLaughlan and Mrs. Alvin MacLaughlan.

Correspondence was read and discussed and it was decided to give $5 each to the Flood Relief Fund and the Red Cross Society. The Government grant of $3. was received. The treasurer was asked to purchase a quilt batt and 10 yards of flannelette to enable the Institute to finish its two quilts at a quilting bee to be held at the home of Mrs. Pat Horgan.

Mrs. Lea Misener was welcomed as a new member, and given an honorary membership for a year.

Mrs. Lawson kindly invited the members for the May meeting. Roll call is to be answered by an exchange of plant slips or seeds. Collection amounted to $2.31.

The singing of the National Anthem brought this part of the meeting to a close. Two contests were then put on by Mrs. Lawson, which were very much enjoyed. A delicious lunch was served by the hostess, assisted by the lunch committee, and a social hour enjoyed by the hostess and a pleasant evening enjoyed.

SPRINGVALE W. I.

The regular monthly meeting of the Springvale Women's Institute was held in the school house on April 14th. Due to an epidemic of influenza in the district many members were unable to attend and the president being among the absent, the vice-president presided.

The meeting was opened by singing the Ode, repeating the Creed and all joining in a silent prayer. The roll call was answered by each member paying for cards.

The minutes were read, approved, and signed. The financial report was given. Complimentary remarks were given by the members and visitors on the new floor covering in the school and one member thanked the members for a card received. The school committee reported towels and drinking cups needed and the sick committee reported making several calls. These committees were re-elected: school, Miss Edith MacLeod, Miss Erna Collis; sick, Mrs. Austin Sentner and Mrs. Frank Crabbe. The members suggested that the sick committee not be expected to visit influenza patients as this sickness is very contagious. The correspondence consisted of an acknowledgement card, an interesting letter from Mrs. Howard Wood, on Home Economics, a receipt for the money paid to the European Disaster Fund, and a government grant of $2.50.

It was decided to go to the school for the next meeting, The lunch committee to be Mrs. Hans Peterson, Mrs. Dale Proude and Mrs. Austin Sentner.

The meeting closed with "The Queen," after which a delicious lunch was served by the committee assisted by the teacher.

NEW GLASGOW W. I.

The April meeting of New Glasgow Women's Institute was held at the home of Mrs. Harold Dickieson on Monday evening, April 6. The meeting opened with reading by the president, followed by singing "The Maple Leaf Forever", and the Creed.

Roll call was responded to by 16 members, and four visitors were present. Minutes of the last meeting were read and approved, and unfinished business discussed. Reports from committees were then given. The school committee reported that toilet articles were needed. New committees were then appointed: School and lunch, Mrs. Percy Dickieson, Mrs. Lorne Stevenson; sick, Mrs. Edwin Stevenson, Mrs. Murray Orr; program, Mrs. George Whitehead, Mrs. Vince Deveaux.

The committee appointed to pack a box for a boy in Korea was Mrs. Richard Dickieson, Mrs. Harold Dickieson, Mrs. Earl Houston, Mrs. Chalmers Leard, Mrs. Harland Hill, Miss M. E. Campbell, and Mrs. Revel Dickieson. It was moved and seconded that all bills be paid.

Correspondence was read and discussed. New business was then discussed. It was moved that the Emerald play be invited for Thursday, April 16th. The entertainment part of the convention to be held in the New Glasgow Hall was discussed. The secretary was instructed regarding the 40th anniversary of the four oldest Women's Institutes on the Island, to be held in the Prince of Wales College.

Mrs. George Whitehead kindly invited members to her home for the May meeting when roll call is to be answered with an exchange of flower slips and have a penny auction of them afterwards. Three members paid dues. One member gave 25 cents for the A.C.W.W.

The program consisted of two contests by Mrs. M. Watterworth and Mrs. Harland Hill. Lunch was served by the committee assisted by the hostess. The meeting closed with "The Queen". Collection for the meeting amounted to $1.40.

ANGLO RUSTICO W. I.

Mrs. Noel Hooper entertained the Anglo Rustico W. I. at her home for its regular monthly meeting on April 7th. There were eight ladies present.

The president opened the meeting with "The Maple Leaf Forever." Roll call was answered with "Cleaning Helps" when many favorite and new short cuts were discussed.

Minutes of the last meeting were adopted as read. The Government Grant of $2.50 was received. A receipt for $10 from the Flood Relief was also received. Paper towels and cups had been purchased for the school.

Correspondence was read and discussed. An interesting letter from Mrs. Howard Wood, convenor of Home Economics, was read Quilt squares were passed in, but it was decided to discontinue the making of the quilt for the present.

Reports of committees were heard and new ones appointed. The school committee was re-appointed, and the sick committee will be Mrs. Roland Buntain and Mrs. Blair Rollings.

Refreshments will be in charge of Mrs. S. Parkman and Mrs. B. Rollings. The next meeting will be at the home of the president, Mrs. Read Stevenson. Roll call is to be answered with seeds, slips or shrubs for an auction sale.

Collection amounted to 90 cents. Plans for the celebration of the 25th anniversary were discussed. Mrs. Toombs and Mrs. LePage were appointed to see about the list for invitations and Mrs. Stevenson and Mrs. Hooper were to see about other details, both committees to report at next meeting.

The meeting closed with the National Anthem. A delicious lunch was then served by the hostess, assisted by Mrs. Toombs.

HEADS C. G. I. T. — Mrs. P. R. Hampton of Toronto has been named national chairman of the Canadian Girls in Training committee, succeeding Mrs. Beatrice Wilson, who held the office for the last five years. Her appointment was announced at the annual meeting in Toronto of the department of Christian education of the Canadian Council of Churches. (CP PHOTO)

PARK CORNER AND FRENCH RIVER W. I.

The regular monthly meeting of Coronation Women's Institute met at the home of Mrs. George Howatt on April 9th.

The meeting opened with the vice-president, Mrs. Fred Bernard, in the chair by singing "The Maple Leaf Forever" and repeating the Creed in unison. Roll call was answered by 13 members and three visitors, each giving their favourite home remedy.

The minutes of the last meeting were read and approved. Correspondence was read which consisted of a letter from the Centennial Y's Men's Hobbies Exhibition, a paper and letter from the Home Economics convener, and "thank-you" letters from those who received treats during the past month.

It was decided to inquire about a swimming instructor for the coming summer.

The sick committee reported that four treats have been sent. The school committee reported they had visited the school.

A spelling match was the programme of the evening, and proved to be very educational to all. Mrs. Edna Stewart and Miss Margaret Campbell called sides, with Mrs. Stewart's side winning the match.

The next meeting will be at the home of Mrs. Maurice Cousins.

Collection amounted to $1.25. The meeting closed with the National Anthem, after which lunch was served by the hostess and committee.

CLINTON W. I.

The April meeting of the Clinton Women's Institute was held at the home of Mrs. George MacKay. With the president in the chair the meeting opened with the Institute Ode, followed by the Creed in unison.

Roll call was answered by eight members with a housecleaning hint. The sum of $78.00 was collected in the district for the Holland Flood Relief. Red Cross work was given out and four pair of sockees, three pair panties, two dresses, two sweaters and two nighties were passed in.

There were four sick calls made. Correspondence was read and discussed and it was decided to have a pantry sale.

The next meeting is to be held at the home of Mrs. James MacKay. On the lunch will be Mrs. Jones MacKay, Mrs. Charles Woodside and Mrs. George Riley; programme, Mrs. Leslie Paynter and Mrs. George MacKay. Roll call is to be answered by an exchange of slips.

Collection was taken and amounted to 60 cents. The meeting closed with "The Queen." The programme consisted of a photographic contest by Mrs. Wilfred Pickering, won by Mrs. Willard Riley and Mrs. Charles Woodside. The hostess and her committee then served a dainty lunch.

GREENVALE W. I.

The regular monthly meeting of the Greenvale Women's Institute was held in the school on April 14th. The president presided and the meeting was opened by singing "The Institute Ode", followed by repeating the Creed in unison. Roll call was answered by five members. Minutes of the last meeting were read, approved and signed.

It was moved, seconded and carried that $10.00 be given to the cemetery fund.

The school committee reported towels and soap had been sent to the school. The sick committee reported making several calls and taking fruit; also that a potted plant had been sent. All bills were presented and paid. The Red Cross committee reported a sweater and a nightie had been handed in.

A letter from the convener of Home Economics was read and discussed.

Mrs. Spence was asked to write to the Pownal players, asking them to present their play as soon as possible.

At the next meeting, of which the place is undecided, roll call will be an exchange of seeds or plants.

Collection amounted to 50 cents. The meeting closed by singing "God Save The Queen".

THISTLE AND SHAMROCK W. I.

The regular monthly meeting of the Thistle and Shamrock Women's Institute was held at the home of Mrs. Anthony Stordy for the month of April. There were 13 members and three visitors present.

The meeting opened with the Ode, followed by the Creed. The roll call was answered with an exchange of articles for housecleaning.

The minutes of the previous meeting were read, approved and signed. Committees gave their reports, and new committees were appointed as follows: School, Mrs. Alfred Kelly and Mrs. George Hughes; program, Mrs. Freeman Welch and Mrs. Anthony Stordy; sick, Mrs. Joseph Mulligan and Mrs. Aeneas Hughes.

Correspondence was read, also a thank-you card for a treat received. It was decided that each member would knit several 4 x 8 squares to make an afghan.

Roll call is to be answered by "What country you would like to live in and why". A new member has joined the Institute.

Mrs. Freeman Welch invited the members to her home for the next meeting. An enjoyable program was put on by the committee in charge.

It was moved and seconded that the meeting be adjourned, and an enjoyable lunch was served by the hostess.

EGLINGTON AND HOWE BAY W. I.

The March meeting of the Eglington and Howe Bay Women's Institute was held at the home of Mrs. Jas. L. MacKenzie. The meeting was opened by the president, Mrs. Alex Fisher.

Roll call was answered with Irish jokes, and collection amounted to 90 cents.

"Thank you" notes were received from several members and some Red Cross work was handed in.

A paper on education was read by Mrs. Reid Underhay.

Mrs. Chas. Mills invited the members for next meeting, which will be held on May 5th, roll call to be answered with 25 cents. The usual collection for the Souris Hospital will be handed in that night. The lunch committee will be Mrs. John J. MacDonald and Mrs. Russell Mills.

The meeting closed with the National Anthem. Lunch was served by the hostess and a pleasant evening enjoyed.

The Neighbors

By George Clark

"We're getting along fine, dear. Daughter's learned to bake a ready-mix cake and we have it three times a day."

In Just 60 Seconds SWEETER BREATH Brighter Smiles-Less Decay

Modern Science Proves that brushing teeth after eating removes the cause of much bad breath and tooth decay.

So keep an *extra* Colgate Toothbrush handy—for use after *every* meal.

Colgate's firmly-set *nylon* bristles stubbornly resist moisture and wear—never get soggy! Specially shaped to *polish* teeth as it cleans. Medium or Hard bristles—3 special sizes.

COLGATE TOOTHBRUSH

Guaranteed by Colgate - Maker of the World's Most Popular Toothpaste

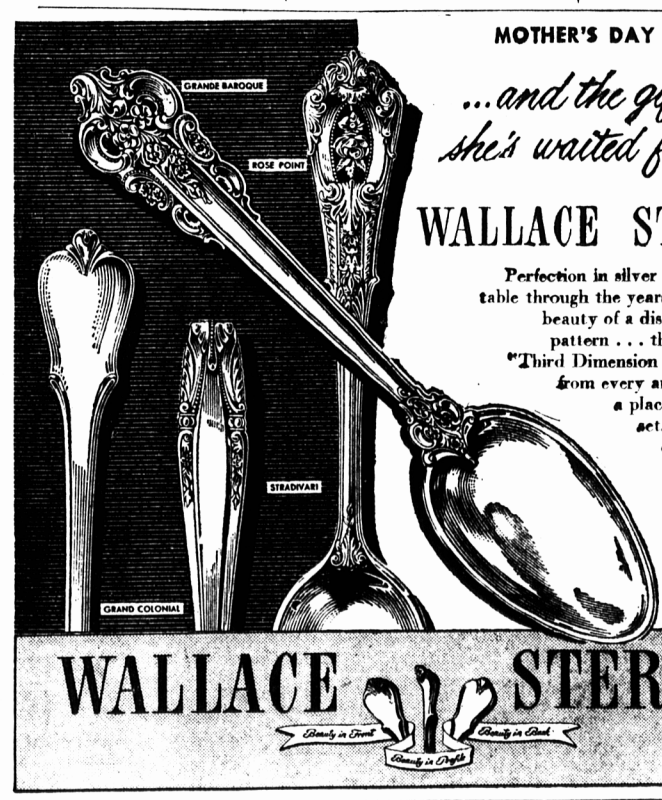
OUTSTANDING VALUE! Ladies' Men's 35¢ Child's 25¢

MOTHER'S DAY MAY; 10

...and the gift she's waited for

WALLACE STERLING

Perfection in silver crafting to grace her table through the years . . . the enchanting beauty of a distinctive WALLACE pattern . . . the only Sterling with "Third Dimension Beauty" . . . beauty from every angle. A single piece, a place setting or a starter set, added to on special occasions will be her constant treasure.



AT BETTER JEWELERS EVERYWHERE

Wallace Silversmiths Toronto

WALLACE STERLING

Beauty in Front Beauty in Back Beauty in Profile

Coronation Pageant

STANDARD-BEARER

He carries the Standard of New Zealand in the procession up the nave, and then hands it to a baron of the Cinque Ports. Colors: Cloak—scarlet, white fur-lined. Breeches, cape—white. Coat—blue, embroidered gold. Standard—blue and scarlet.

Dorothy Dix's Column—

Continued from page 2

fail to win or keep the attention of nice boys. Most girls don't mean anything by indiscreet speech; they just think it's a way to win a boy's favor. They couldn't be more wrong, as you point out so strongly. I do hope that many girls reading your letter will amend their ways and realize that ladylike behavior is much more appealing to young men.

It's extremely bad form, at any rate, for a girl to telephone a boy and indulge in long conversations, whether romantic or not. That sort of telephoning is the prerogative of the boy.

DEAR MISS DIX: In first term high I liked a boy who liked me. That is, he did until a few of my girl friends and I decided to play a joke on him. He didn't take it the way we intended, and has been angry with me ever since. Even though I apologized, it didn't do any good.

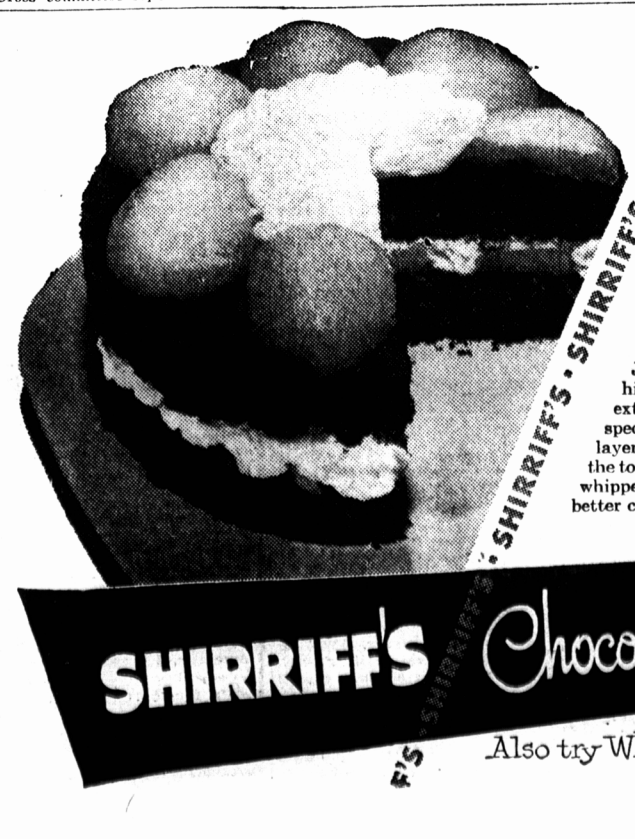
TERRY

ANSWER: Practical joking is in very poor taste, and never should be carried out unless one is absolutely sure that the object of the joke will take it in the proper spirit. Your apology should have been accepted, however, and the boy proves himself ungracious by turning it down. Better forget him, and profit by the incident.

Miss Nissen cannot reply personally to readers but will answer problems of personal interest through this column.

You know it's good because it's HEINZ

3-13



SHIRRIFF'S • SHIRRIFF'S • SHIRRIFF'S • SHIRRIFF'S

Peaches 'n cream cake

Make supper a special occasion with this fairytale dream of peaches and cream. Fabulous looking, yet so easy to make! Bake a handsome cake with Shirriff's Chocolate Cake Mix. Nothing could be easier, for all the pure ingredients are measured and mixed for you. Just stir in milk, bake, and there you are with a high, moist, fragrant chocolate cake. The flavour is extra rich, extra good because Shirriff's use a specially imported blend of Dutch chocolate. Fill the layers with peach slices or halves, cover the top, then frost all over with sweetened whipped cream. There never was a better cake!

SHIRRIFF'S Chocolate Cake Mix

Also try White Cake & Gingerbread