

and/or oral sex. Around 50 percent of you are having regular sex. 60 percent of sexually active women and 80 percent of men claimed to not be getting enough.

Contraception

30 percent of men and 16 percent of women claimed to not use any form of contraception. One woman said she practises the notoriously unreliable method of early withdrawal. 55



percent of sexually active men said they use condoms and 15 percent said their partners take the pill. 40 percent of sexually active women said they use both condoms and the pill. 24 percent reported using the pill alone. 70 percent of sexually active women are currently on the pill. 46 percent of all women are on the pill. 20 percent of women said they use condoms alone. Several women also said they use spermicidal foams along with a condom. A recent study reported that two-thirds of women use at least two differ-

ent methods of birth control, and 36 percent use at least three. Below are the actual use failure rates of various contraceptive methods:

- Abstinence 0%
- Withdrawal (coitus interruptus) 18%
- Combination oral contraceptive Triphasic Pill (b.c.p. containing estrogen and progesterin) 3%
- Sponge (contains spermicide) 18-25%
- Cervical cap with spermicide 18%
- Spermicidal foam, cream, jelly, suppositories or film 21%
- Condom 12%
- Diaphragm (with spermicide) 18%
- Vasectomy .15%
- Tubal ligation .4%

Partners

22 percent of men said they have only had a single partner; 23 percent said two; 26 percent were evenly spread between 3 and 9. 21 percent had ten or more. The most prolific male lover had over 25. 30 percent of women said they've had one partner. 21 percent had two. 13 percent had 3. The rest were again evenly distributed between 4 and 9. 8 percent had over 10.

Fakin' it

38 percent of sexually active women said they have faked

orgasm at one time or another. One guy also said he has. Surprisingly, in *Details* recent sex survey, one quarter of men reported having faked orgasms.

55 percent of men claimed they could tell when their partner was having an orgasm. Puzzlingly, two women said they couldn't.

How can a guy tell when a woman is having the big O? Men's and women's orgasms are actually quite similar: a quickening of breath, a momentary suspension of movement at the onset of the orgasmic rush and genital muscle contractions. For those who just need to know, these contractions can be felt by placing a finger on the anus or the mouth of the vagina (or in-between the two). One male also stated: "A woman's heart beats like crazy after she's come. You can feel it."

Casual sex

55 percent of men and 57 percent of women claimed they have had at least one one night stand. Added one woman: "I like it better that way." The numbers of one night stands were too small and varied to offer any conclusion.

Strokin'

58 percent of men and 26 percent of women said they >>>

may be a figment of the user's imagination. Spanish Fly is a chemical extracted from the European beetle. When ingested, it produces inflammation of the urinary tract and dilation of blood vessels in the genital area. This can lead to prolonged, often painful erections of the penis. Spanish Fly is considered a dangerous chemical that can lead to serious illness or even death.

During sex you may swallow as much as one quart of your partner's spit.

When women are having more

sex, they masturbate more frequently. Men tend to masturbate less when they are having more sex.

A recent Kinsey Institute study indicated that one in three American men have had sex with a prostitute at least once in their lives.

When the woman is on top during intercourse she is more likely to reach orgasm, likely due to the fact that she can exert more control over her movements.

Many women experience physical discomfort or psychological

shifts prior to menstruation (PMS). These include irritability, fatigue, uterine cramping, fluid retention, headaches, backaches, anxiety and depression. In 5 to 10 percent of women, the symptoms may be severe enough to interfere with daily activities. Menstruation may last 3 to 7 days. Some women experience an increase in sex drive before and during menstruation.

The debate continues over circumcision, the removal of the foreskin of the penis, leaving the glans (head) fully exposed. The practice is a part of Jewish religious >>>