

Happenings of The Week

On the present visit to Canada the loyal and affectionate welcome long prepared for their Royal Highnesses (says The Times) is the warmer for the emotions that have been stirred by the recent dangerous illness of the King, for the sympathy that has been felt for the Queen and the Princesses during their days of acute anxiety, and for the relief that has been given by the consistently favourable reports of His Majesty's progress since his operation.

Here in Canada there awaited the distinguished visitors an enviable journey of 3,000 miles from ocean to ocean through some of the most romantic scenery in the world, inhabited by a people of limitless hospitality. This is in no sense a state progress. It has been planned to give their Royal Highnesses a holiday tour, free of political implication and allowing as much informality and leisure as is compatible with the universal desire of a widely dispersed people to see as much of their guests as possible in the brief time at their disposal.

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Alice Brooks Designs

DOES A GOOD JOB! HERE'S that wonderful Cobble Apron! Three handy pockets cross the front, all decorated with ripe red cherries. You'll find this easy sewing and easier cross-stitch, 6 to the inch! Potholder to match! Pattern C7154; transfer of motifs; tissue pattern; medium size. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

Montreal's Welcome For Royal Couple Boasted 100,000 Cheering "Fans"



Fresh from triumphant tour of Western Canada, Their Royal Highnesses are seen admiring Indian craft at Fort William, Ont., where they received an illuminated scroll on behalf of its inhabitants. Later, Royal couple travelled to Port Arthur and then on to Montreal to be greeted by 100,000 loyal subjects and 17 well-spent happy hours in lakeside cities.

Cook's Corner

GRAPE-GRAPEFRUIT APPEZIZER It is well to make this recipe with the smaller quantity of sugar, and add more if necessary. The sweetness of the ginger ale will have some effect on the final taste of the cocktail. Yield: 6 punch glasses. 3 or 4 tablespoons granulated sugar 1 cup water 1 cup grape juice 1/2 cup grapefruit juice 1 cup ginger ale. Measure the sugar and water into a saucepan; bring to the boil, stirring until the sugar dissolves, then boil 2 minutes. Remove from heat and cool. Stir grape and grapefruit juices into cooled syrup. Chill.

HOMEMADE PINEAPPLE ICE CREAM

2 eggs, 1 1/2 cups sugar, 1 table-spoon cornstarch, 1 cup milk, 1/2 cup unsweetened pineapple juice, 1 cup heavy cream, 2 drops lemon extract. Turn the freezer control on your refrigerator to its coldest setting. In a double boiler, mix together the eggs, sugar, cornstarch, milk, and pineapple juice; cook, stirring, until smoothly thickened; chill thoroughly. Then whip the cream, flavor and fold it into the chilled pineapple custard. Pour into refrigerator tray and freeze until very firm. Turn out into a bowl and beat with rotary beater or electric mixer until creamy. Return to tray and refreeze. Makes over a quart, or 6 servings, of smooth, delicately-flavored pineapple ice cream.

Household Scrapbook

Blonde Hair All the lights in blonde hair can be brought out without injuring the hair by placing as much borax as can be held on a quarter-of-a-dollar, adding this to a gallon of water, and using as a rinse. Casement Windows If your home is equipped with casement windows, oil the hinges occasionally to prevent any possibility of their rusting. Polishing Boots Boots may be polished by rubbing with a bit of orange. Allow to dry, then polish with a soft brush or cloth.

Better English

1. What is wrong with this sentence: "Mr. Brown said for you to deliver this message." 2. What is the correct pronunciation of "exquisite"? 3. Which one of these words is misspelled? Civil, civility, civily, civilian. 4. What does the word "provocative" mean? 5. What is a word beginning with "v" that means "exercise of the will"?

Jewel Case

Costume jewelry packing is always a problem. It should be placed in a soft, pliable container to protect against breakage. The case pictured here is made of quilted taffeta, lined with a contrasting color and has a zipper fastening. Directions for making this case are available by sending a stamped, self-addressed envelope to the Needlework Department of this paper, requesting JEWEL CASE, Leaflet No. E-1496.

DOROTHY DIX SAYS—

Wife vs. Mother Two Sides To Eternal Problem Presented

DEAR MISS DIX: You write often on mothers-in-law; let's have a word about daughters-in-law. My son and daughter-in-law have three children. I have helped them in my home and in a financial way, yet nothing I do is ever appreciated. If she knows I am in favor of something, she is against it. I love the children and have their interest at heart, and they love me. She surely is not jealous of her husband as he is not affectionate and scarcely ever comes to see me. This problem has made me sick and I pray that God alone will give her a change of heart. U. S.

DEAR MISS DIX: I have been married for eight years to a man who still listens to everything his mother says. According to her, I don't know how to dress or raise my two children. She calls my husband on the phone every night at dinner time. She will not speak to me and is always persuading him to do things for her. If I leave him, his mother will support him and he won't have to work—that is the sort of life he wants. His mother has money and a good job. ANSWER: Here are two extremes of the same problem—obstacles deliberately put in the way of a good relationship between the two women a man loves most, his mother and his wife.

The mother who binds her son with possessive ties that will be broken is not so commonplace now as she was a generation ago. Older women are finding that there is a place for them in the world and the marriage of a son no longer leaves them emotionally bereft. A boy who will never be able to sever this bond shows distinct signs of his immaturity before marriage, and his fiancée is so well aware of the situation that she is foolhardy indeed to combat it.

With the decrease of possessive mothers-in-law, there is an increase in the number of smart-alecky young girls whose main intent in marriage is to keep the young husband away from his mother all the time.

MOTHER DESERVES CREDIT When daughter-in-law has looked over the field of eligible males and picked herself the perfect mate, she must be mindful that his preferences are due to the training of his mother. His moral training, his ideals, and to a large part his education, are products of a mother's constant watchfulness and sacrifice. For these blessings, daughter-in-law should be truly grateful.

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ELLEN'S DIARY

"I think" James commented of the plowing, and we read a measure of longing in his tones "it would be better to 'finish off' that piece with the horses — it would be handier, I am sure . . . and that headland too, I would say." And Rob and the younger farmer who had left their plows for the moment to come to the truck exchanged meaningful smiles, but respectful sons as always, kept silent.

We had come with James to the other farm, ostensibly to move a load of stones from the path of the plowmen but really to view the progress of the work there. The cool frost-mist of early day had been lifted from the valley and now the sun smiled warm and serene on the farm-lands. The fields empty now of the stock that had pastured there through the summer seemed wide and deserted; the trees in the orchard lifted bare old arms to the sky, and it came to mind that all about had entered its loneliest season.

But the plowmen had been re-digging a near field and strange sight that it was so far removed from the neighborhood of tidal river, a flock of seagulls like so many domestic ducks or geese ranged along the plowed ground, gleaming, we suspected, angle worms and whatnot from the fresh-turned earth. The gray-white of their feathers, made a fetching picture against the reddish-brown of the slope. And now our load gathered, the sons returned to their plows while we lingered awhile to watch the busy machines at work — a shining sheaf cutting into the green of the sod, leaving a width of "the good earth" in their wake.

James sighed and murmured as though he was speaking to himself: "The changes in methods of farmwork, I've seen in my day! To my mind, almost unbelievable. Those" he nodded "are a far cry from the old iron plows that first broke furrows here, I'm sure . . . one furrow at a time — and no one complained of the work entailed of the time it took to 'turn over' a field — then I reckon! And when the gang-plows came to the farms . . . what a marvel in machinery they were! I can remember that I was quite proud of the purchase of one — and the price then too, represented something of an outlay!"

He chuckled. "The world has come a long way since then — and values have changed! And at length" he continued "that way-turning two furrows at a time, proved to be too slow . . . so they invented something faster — more shares, more furrows. I suppose in a few years, even the best machine shops can produce now, will be considered slow and quaint!"

All the same, Ellen" he said, moving to start the truck, "I believe I should bring the team and 'gang up' to the headland . . . The old days are gone, Ellen — and they were good days too! But I guess" he said smiling at Mack and granddaughter tucked in beside us on the seat "these — the here and now will be 'the good old days' sometime to the like of these!" Yes.

"These are the happy times. But like remembered rhymes We do not know it yet, These are the days, somehow, That older years shall praise. I wish we knew it now — These are the happy days!" Until Monday — — Diary — Good-night

Morning Smile

The Cook Two ex-servicemen were discussing the forthcoming marriage of a third. "He's getting a wonderfully accomplished girl," said one of them. "She can swim, ride, drive a car, play tennis and golf, pilot an airplane — she's a real all-round girl." "Yes, they should get along fine," declared the other. "You re-

That Body Of Yours

WORLD-WIDE STUDY OF HIGH BLOOD PRESSURE I write often about the damage done to heart, blood vessels and the whole nervous system by the tension of our way of life. . . . Compared with most other peoples of the world, we still strive to keep up with the Joneses. It is reported that the Joneses are now finding it hard to keep up with themselves.

In "The American Heart," published by the American Heart Association, Dr. Louis N. Katz, president-elect and director of the Cardiovascular (heart and blood vessels) department of Michael Reese Hospital, Chicago, proposes that the impact of the fast pace of living in Western civilization and the role of the nervous system and the glands receive deeper exploration in probing for the causes of high blood pressure. Dr. Katz suggests that a team of research investigators composed of internists (medical specialists), psychiatrists and cardiovascular specialists spend ten years traveling around the world to learn why some national groups get high blood pressure and others do not. Nutrition, climate, work and custom would be studied.

It is already known that American and Canadian citizens have a lowering of their blood pressure after living in China for a while and Chinese citizens have an increase in their blood pressure after living in the United States and Canada. It is the difference in the pace of life that accounts for these decreases and increases in blood pressure.

Plans for a similar study of a typical American community were described by Dr. Robert W. Wilkins, Chairman of the Council's Medical Advisory Board. Dr. Wilkins said a group of epidemiologists would make a two-year population study to search for clues to high blood pressure causes in eating and working habits, family susceptibility, economic standing and emotional condition.

Another organization working on the serious matter of high blood pressure is the American Association for High Blood Pressure, merged with the American Heart Association in 1949. These organizations are acting as one to learn more about that deadly enemy that carries off so many of our men and women in the prime of life by coronary thrombosis and apoplexy.

Two important matters for investigation will be the glands of the body and the nervous system. While much is known about the effects of the brain and nerves on high blood pressure, little is at present known about the full effects of the glands and their juices — thyroid, pituitary, adrenal, sex and others.

with a garden spray, and it will freshen the atmosphere of the entire house.

How Can I . . .

Q. How can I prevent costume jewelry from leaving greenish marks on my skin? A. The jewelry should be washed in warm water and baking soda occasionally. Rinse and dry carefully. Q. How can I treat cellar walls that are moldy? A. Apply some unslacked lime

Anne Adams Patterns

DOLL FASHIONS THE BEST DRESSED DOLL will wear these cute little outfits this winter! Eight items in Pattern 4850, all so easy for the doll's grandma to sew. A little mother might even help too! Use scraps for the smaller items, the others take very little fabric. Clothes are cut for dolls 14, 16, 18, 20 and 22 inches tall. For yardage requirements, see pattern.

This pattern may be used, simple to make, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

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Warm Appreciation From Her Majesty Queen Mary To The Needlework Guild

The following letter was received recently by the Secretary of the Charlottetown Branch and will be of interest to the members of the Queen Mary Needlework Guild. "Marlborough House, London, S. W. 1.

"Dear Mrs. Coak: "Her Majesty having just seen the contents of the Charlottetown box commands me to say how grateful she is for this lovely consignment of garments, and to ask you to tell all those kind ladies who made them how delighted Her Majesty is and to thank them all most warmly on Her Majesty's behalf.

"The garments arrived at a most fortunate moment as Queen Mary's Needlework Guild had their annual display and allocation of work the following week. "Queen Mary divided the Charlottetown gift between the Queen Mary Needlework Guild and Queen Mary's Maternity Home. "Her Majesty is deeply touched that the Charlottetown Branch of her Guild should continue year after year to send such a magnificent contribution to her and I am to assure you that the lovely warm garments and shawls are a great boon to those who receive them — people who are finding life difficult and prices ever rising. "Again assuring you all of Queen Mary's most grateful thanks.

"I remain, "Yours very sincerely, "Constance Milnes-Gaskell, "Lady-in-waiting to Her Majesty Queen Mary."

The Stars Say --

By Genevieve Kemble

For Tomorrow IT is probable that the week may end on a high note of enterprise, initiative and brave adventure rather than the usual holiday program of relaxation and diversion. In fact, the drive may be dynamic, possibly in a vivid attack on matters of high powered enthusiasm to engineer new ideas, inventions, experiments, scientific exploration into the occult or unknown. However, this high tension could find outlet on just an exciting trip into unfamiliar highways or byways, in pursuit of unique or novel "escape."

For the Birthday Those whose birthday it is are not likely to encounter any measure of ennui or boredom, as the faculties, energies, aspirations are set to vivid, perhaps hectic, exploration of the unique, unknown, creative, flashed to ignition by unusual urges of singular mental and emotional drives for expression. Excitement, thrill, fanciful, perhaps "atomic" in its dramatic scattering of explosive energies and compulsions.

A child born on this day could be a highly charged engine for exceptional thinking, feeling, creating and accomplishing, in spectacular performance.

Daw After Tomorrow The horoscope holds augury of exciting conditions, with affairs of church and state of vital importance. While earnest attention may be paid to these, there may be fascinating activities in which sudden and strange developments call for intelligent consideration, lest an uncertain turn of events prove of drastic or crushing significance. Keep insight and rigid self-possession could avert erratic conduct, with some spectacular crises.

If It Is Your Birthday Those whose birthday it is may be involved in a period of unusual and conflicting situations. While sound sense and rational carrying out of ambitious plans could lead to exceptional and enduring success, it could be easy to shatter desired plans by some impulsive or erratic course of action. Tempest and fury could be fatal to much sound ground work.

A child born on this day may possess a strange combination of the sound, capable and ambitious, but under a thwarting urge of the erratic, tempestuous, impulsive conduct.

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