

LET'S EAT

Make Mincemeat Tarts for Holiday Feasting

By Ida Bailey Allen

MAKE MINCEMEAT TARTS

"There's a saying in England," I explained to the Chef, "that for each mincemeat tart eaten at a neighbor's house between Christmas and Twelfth Night, a person will enjoy one happy month during the year."

"And also the pleasure of many happy mince tart bites," chuckled the Chef.

CANNED MINCEMEAT

"The tarts are very quick to make with canned mincemeat and ready-made mix or the sticky pastry now on the market. These I concede are real convenience foods."

"Let's make several dozen mince tarts to serve during the holidays, Chef. Then wrap and freeze them. They'll keep a month or more."

CHRISTMAS EVE BUFFET DINNER

Hot or Cold Tomato Juice
Quick Boston Baked Bean Casserole
Frankfurter Topping
Boston Brown Bread
Tossed Salad and Grated Carrot Bowl
Mince Tarts
Cheese
Coffee
Tea
Milk

Quick Boston Baked Bean Casserole: Empty the contents of 2 (21 oz.) cans baked beans into a buttered 2 qt. casserole. Stir in 2 tbs. minced onion, 1/2 tbs. table-mustard mixed with 1 tbs. water and 1 minced seeded green pepper. Cover; bake 1 hr. at 350 degrees F.

Twenty minutes before completion, top with skinless frankfurters, halved lengthwise and slashed. Dot with butter; continue to bake until lightly browned.

Mince Tarts: Prepare 1 recipe American pie pastry or use a mix; in either case add 1 tsp. lemon juice with the water. Roll to 1/8" thickness.

Line large shallow muffin pans or fluted party pans with the pastry. Fill with canned mincemeat either plain or mixed with fruits of your choice; then cover with the pastry.

Press the edges together with the tines of a fork. Slash 3 times to allow the steam to escape. Or use a criss-cross lattice topping for the tarts.

Bake 30 min. in a moderate oven, 375 degrees F., or until the pastry is golden brown. Best served warm or reheated.

Fruited Mincemeat: Combine 1-3 the quantity of fine-chopped tart apple with canned mincemeat.

Add 2 tbs. commercial cranberry sauce and 1 tsp. lemon juice to each 2 c. prepared mincemeat.

Add 1-3 the quantity chopped, drained, soaked, dried apricots to canned mincemeat, together with a few blanched filberts and sugar to taste.

TRICK OF THE CHEF

Place a slice of Cheddar cheese on each mince tartlet, and heat in the oven until the cheese melts.

Summerside Vows Unite Couple

The marriage of Miss Naomi Mae Coughlin, daughter of Mr. Charles Coughlin, North Rustico, and the late Mrs. Coughlin, and Mr. John Everett McLure, son of Mr. and Mrs. Ernest McLure, North Rustico, was solemnized at the United Church maase, Summerside, at 2 p.m. on Saturday, November 5. Rev. Daniel Matheson officiated.

The bride chose a silver grey suit of wool gaberdine with navy accessories and a corsage of red roses. She was attended by her sister, Mrs. E. Smith, who wore a pearl grey wool suit with matching accessories and a corsage of pink roses.

Mr. Chester McLure, brother of the groom, was best man. A reception was held in the evening at the home of the groom's parents. The guests were received by the mother of the groom who wore an ensemble of wine crepe with white accessories and a corsage of white carnations. The bride's table was decorated with flowers and a three-tiered wedding cake made by the bride's aunt, Mrs. Edwin Coughlin.

The couple will reside in North Rustico where the groom is engaged in farming.

HISTORIC LINK

Railway connection between Nova Scotia and central Canada was established in 1876.



Princess Margaret

Vivacious Margaret Holds Royal Spotlight This Year

By KEN METHERAL, Canadian Press Staff Writer
LONDON (CP)—Princess Margaret held the Royal spotlight in 1955.

The vivacious and beloved "little sister" of Britain's Royal Family was in the limelight from early in the year when she made a triumphal tour of the British West Indies until the year drew to a close with her dramatic, moving decision to forsake romance because of her duty to church and Commonwealth.

Not since the early 1930s when the Duke of Windsor was in his heyday as Prince of Wales has any member of the reigning family other than the sovereign so completely dominated newspaper headlines around the world.

NORWAY STATE VISIT

The year also saw a three-day state visit to Norway by Queen Elizabeth and the Duke of Edinburgh and a three-week visit to Canada by the Princess Royal.

The diminutive princess, a shade more than five feet, won ovations in February for her first major public appearance test. Unaccompanied by other members of the Royal Family, she swept through a heavy, four-week British West Indies tour with a poise and grace that brought the whole Caribbean at her feet.

Back in England, she undertook a heavy round of public engagements lightened by visits to the latest west end shows and to smart set dancing parties.

The fanfare of publicity rose to a crescendo in mid-October when she began a series of trysts with Group Captain Peter Townsend, divorced father of two children and at 41 her senior by 16 years.

FRENZIED SPECULATION

For three weeks the Princess and the wartime fighter pilot, a former equerry to King George VI, met at intimate dinner parties at the homes of mutual friends and for weekends at country houses. Each meeting set off a frenzy of romantic speculation and editorial pencils were sharpened for discussion of constitutional issues involved in the marriage of a member of the Royal Family to a divorced person in opposition to the Church of England's uncompromising stand against divorce.

Then on Oct. 31, with speculation almost unanimous that the marriage would take place, she announced her agonizing decision: "Mindful of the church's teaching that Christian marriage is indissoluble and conscious of my duty to the Commonwealth... I have decided not to marry Group Captain Peter Townsend."

The simple but dramatic statement ending the fairytale romance between Princess and commoner was hailed by Commonwealth officials and religious leaders throughout the world as a "shining example" in an age when personal inclinations too often took precedence over responsibilities.

Townsend returned to his post as British air attaché at Brussels and the Princess to her public duties.

ROYALTY ACTIVE

While Margaret stole the headlines, other members of the Royal Family quietly went about their arduous job of maintaining a close link between the Crown and the people. On a typical day the Queen visited a pottery factory in the Midlands; her husband inspected the underground workings of a coal mine in the north of England; and the Queen Mother chatted with youngsters in a hospital in the south.

In June, the Queen and the Duke of Edinburgh paid a three-day state visit to Norway. The visit was the couple's first outside the Commonwealth together since the Coronation.

PRINCESS ROYAL'S VISIT

The Princess Royal in October made a three-week visit to Canada at the invitation of the Canadian government. Among other places she visited Quebec City, Kingston, Ont., Montreal, Ottawa, Toronto, Winnipeg and Victoria.

MARY HAWORTH'S MAIL

Discouraged Youth Wants To Be Cured Of His Abnormality

DEAR MARY HAWORTH: What are the chances of being cured of homo-sexuality? I don't want to just understand it; I want to be cured, wholly and completely, and will put every fiber of my being into action against it.

I am discouraged and disgusted with myself. I wasn't always this way. At one time I was completely okay. I never consciously did anything to invite this problem; I abhor it as much as anybody. And so far as I know, nobody else ever influenced me.

Don't advise me to pray. Pray-let me down. I prayed for deliverance but things got worse. And this problem is one that you just can't accept in a spirit of resignation. I got a raw deal, and I hate everything and everybody; and will, until I am okay again. Tell me why did this happen to me? I never hurt a fly.

I am scheduled to see a psychiatrist, but have to wait my turn to start treatment. Meantime can you tell me any techniques for using for will power also? I have already tried it, but my trouble is something compelling and unconscious. My once good name is gone. I shall be looking for your answer; don't let me down. I need some kind of sign that I will be okay soon. H.H.

OPTIMISTIC VIEW

DEAR H.H.: One of the most hopeful aspects of your difficulty is your rational wholehearted desire to be rid of this conflict; to be completely restored to emotional integrity, as a normal male, if you were confused, uncertain, weakly resigned, or belligerently or suavely defensive about your "unconscious compelling" disorder — as you apply say — the chances of good recovery might be less.

A specialist with whom I have discussed your appeal takes an encouraging view of the situation. In his 40 years' psychiatric and analytical practise, he has treated a substantial number of clients who sought to be cured of deviate tendencies. And long diagnostic experience has acquainted him with the fact that (1) involvement in homo-sexual episodes, or (2) obscure inclinations in that direction, that outfit efforts at right self-control, don't necessarily mean that a man is essentially homosexual.

Medical evidence indicates that homosexual behavior is generally symptomatic of something else, the doctor says — "Very basic disturbances in one's first formative relationships; unsolved problems carried over from childhood days."

FAMILY BACKGROUND

To illustrate the sort of childhood stress that may lead to symptomatic deviations from the sexual norm, the specialist hypothesizes the case of a man whose infantile mixed up mother burdens him (from his earliest memory) with awareness of the emotional travail she suffers in relation to his dad — in the sex children. It is instilled into the son that mother hopes he never will marry and impose such a fate on a girl, etc.

Thus the son is conditioned unconsciously to inhibit his masculinity in deference to his mother's theories; and to slight the society of girls, or to extinguish sex interest in them, as a compulsive safeguard against violating his mother's taboos. However, a person denied healthy satisfaction of the normal hunger to love and be loved, in a maturing pattern of heterosexual attraction, tends to become automatically in auto-erotic solace — which may lead to homosexual experience. And this doesn't solve the initial problem, of course; but merely puts a new face on it.

The doctor suggests that something of the kind is analogous to your case; and he commends your wisdom in arranging for psychiatric help, to get you back on the main track after shedding light on what threw you off. Meanwhile, don't worry about symptoms that seem uncontrollable. They will disappear as the underlying compulsive factors are eased. M.H.

MORNING SMILE

Tehn there was the bitter golf match between the two business rivals under a broiling sun, in which one of them had a stroke — and the other made him count it.



WILSON-MacEACHERN VOWS AT ST. DUNSTAN'S BASILICA

Saint Dunstan's Basilica was the scene of a pretty wedding recently when Helen Theresa MacEachern, daughter of Mrs. Jane MacEachern St. Columba, and the late Paul MacEachern, became the bride of Noel Wilson, son of Mr. and Mrs. Albert E. Wilson, Charlottetown.

The Nuptial Mass was celebrated by Rev. Francis Corcoran and during the wedding ceremony solos were sung by Miss Joan Murnaghan and Mr. Frank MacIntyre.

Mrs. Joseph Dougan was organist. Given in marriage by her brother, Mr. Plus MacEachern, the bride wore a floor-length gown of nylon tulle and lace over slipper satin embroidered with seed pearls. A Juliet cap held her fingertip veil of nylon tulle and she carried a bouquet of Sweetheart roses.

Miss Adeline Peters was maid of honor in a floor-length strapless gown of avocado crystalite with knife pleated bandeau and gloves of matching material. She carried a bouquet of autumn colored baby mums.

The bridesmaids were Miss Adele Campbell and Miss Norma Sinoit. They wore matching floor-length gowns of fuchsia crystalite with knife pleated bandeau and gloves of similar material. Their bouquets were of autumn colored baby mums.

Dr. Albert Wilson, brother of the groom, was groomsmen and Messrs. Melvin Richard and Wilbert MacInnis were ushers.

A reception for 75 guests was held at the Keppoch Beach Hotel which was decorated with gladioli and snapdragons. The toast to the

bride was proposed by Dr. Albert Wilson.

Following the reception the couple left for New York City on their honeymoon. For travelling the bride wore a charcoal grey knitted suit and winter white hat with matching accessories and a corsage of white Tullman roses.

while the bride is a technician at the Charlottetown Hospital. The groom is a telegrapher with the Canadian National Railways, has taken up residence in Charlottetown. (Photo by Barter's Film Lab).

KEEP IN TRIM

A Lipstick Red Dress At Christmas Started It All

By Ida Jean Kain

Shortly before Christmas, the only thing likely to entice dieters to read on would be the promise that they can soon wear a smaller size. So here we go with the story of the lipstick red dress.

"In a recent column, you suggested that a smaller dress size be used as an incentive to reduce. Let me tell you — it really does work."

Last December, I bought myself a real bright red jersey dress — one of those pleated jobs with a wide belt. I didn't try it on because I was rushed for time... and I bought it because I liked it. It was size 24 1/2.

"Well, to make a long story short, I had to go to a banquet with my husband... it was a Christmas party with the top brass of the company. I used to wear a lot of red and pink, as I always looked better in bright colors than I did in navy blue and black. So naturally I thought I'd wear my lipstick red dress."

"I put it on — and to my horror, I looked immense. Even the belt didn't close. I always took a 24 1/2 dress. I wasn't only disappointed. I was actually ashamed of myself. My husband told me to get my money back on the dress, and I told him I would return it to the store."

"But what I did was to hang it in the back of my closet. And I started to diet, just so I could wear that red dress. In 4 months I lost 25 pounds! And I wear that dress every place I go."

"So when I read what you said about buying a smaller size dress as an incentive, I just had to tell you. It sure worked for me!"

"Since then I have started a TOPS club (Take Off Pounds Sensibly). Mrs. Manz who started the first club in Milwaukee in 1948 was here in town recently. She had

the TOPS Queen with her — Lillian Pedtke — who won the trophy last year for taking of 97 pounds. It really was an inspiration to us. And many thanks, too, for all your help."

Congratulations to a wise reducer! A strong incentive always helps, whether it be a red dress, anticipating a trip back home, or a spring wedding where you will want to look your best. Charge your incentive with interest, excitement and enthusiasm... and you can't help but come out victorious.

COOK'S CORNER



ANGEL CAKE

1 cup cake flour
1 1/4 cups fine granulated sugar
1 cup egg whites
1/4 tsp. salt
1 tsp. cream of tartar
1 tsp. vanilla
1/2 tsp. almond extract

Place egg whites in large bowl and add salt. Beat until frothy and add cream of tartar. Beat until very stiff but not dry. Add sugar a tablespoon at a time. Add flavorings. Sift flour at least four times and fold in a little at a time. Bake for 50 to 60 minutes in 325 deg. oven.

ALICE BROOKS DESIGNS

MIXER COVER

Let this clever doll keep your electric mixer spotless! Just sit her on top of it — her long, full skirt is its protective cover! Use colorful remnants — ideal gift!

Pattern 7199: Pattern pieces, transfers, directions for mixer-cover doll. Easy! Fun to make!

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted; to Charlottetown Guardian), Household Arts Dept., 60 Front St. W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs — knitting, crochet, embroidery, iron-ons, toys and novelties! Send 26 cents for your copy of this wonderful book now. You'll want to order every design in it!



7199 by Alice Brooks

HOUSEHOLD HINT

Look for labels when you buy. Washable fabrics labelled "vat colors" or "vat dyed," indicate that the color has really penetrated the fibers to become an integral part of the fabric, instead of merely being applied to the surface. That is the reason why vat dyes retain their depth of color and look almost like new after many washings.

ANNE ADAMS PATTERNS

HALF-SIZE FASHION

Twice as much fashion for your sewing time! Jumper and blouse go everywhere — mix and match with the rest of your wardrobe! Alteration problems are solved; pattern is perfectly proportioned for shorter, fuller figures!

Pattern 4857: Half Sizes 14 1/2, 16 1/2, 18 1/2, 20 1/2, 22 1/2, 24 1/2. Size jumper, 3 yards 36-inch fabric; blouse, 2 yards contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS care of (Charlottetown Guardian), Pattern Dept., 60 Front St. W., Toronto, Ont.



Wife Preservers



Leftover sausage meat or link sausage may be added to plain pancake batter or scrambled eggs. Cut links or meat in small pieces before adding to batter or eggs.

WE KNOW IT'S COLD OUTSIDE --- SO ---

DIAL 4748 FOR LAST MINUTE SHOPPING NEEDS.

C. O. D. Orders accepted from 8 a.m. to 8 p.m. Thursday and Friday, and until 5 p.m. Saturday.

--- Prompt Free Delivery ---

Gift items available include Nylon Overshoes and Hosiery; Slippers and Shoes for all the family.

--- GIFT CERTIFICATES AVAILABLE ---

LePAGE SHOE CO. LTD. -- Dial 4748

OPEN: 8 a.m. to 9:30 p.m. Thursday and Friday
OPEN: Saturday until 5:30 p.m.

--- MERRY CHRISTMAS TO ALL ---

NOTICE TO OUR CUSTOMERS

In order that all our Customers' demands can be met, we suggest that orders for Christmas Eve be placed not later than Friday evening.

DO NOT BE DISAPPOINTED.

PHONE ORDERS CANNOT BE ACCEPTED AFTER 3 P.M. ON CHRISTMAS EVE.

STEWART BAKERIES LTD.
PHONE 3711
Cakes, Puddings, Pastries, Cookies, Donuts, etc.

We Sing Out our Sincere Thanks

For Your Patronage,
And your Good will...

We hope you find as much pleasure from our greeting to you — as we do in extending it:

A MERRY CHRISTMAS!

TINY TOTS
GREAT GEORGE ST.

Greetings...

... to our many friends and customers.
May your Christmas be merry and bright!

THE GLORIA

LADIES' WEAR GRAFTON STREET

Noel

May the peace and hope that shone so many years ago light your way during this holy Holiday Season.

Sunter's Ladies' Wear
GREAT GEORGE STREET

Kennedy's Ladies' Wear

To our many friends:
best wishes for a very Merry Christmas!

LAST MINUTE SHOPPING

ORIENT HOSIERY

EVENING SHEER 16 DENIER **99c**
8 1/2 - 11

PHANTOM HOSIERY

60 GAUGE 15 DENIER REG. \$1.50
2 PAIRS ... **2.75**

GIFT BOXED

HOUSECOATS — Clearing .. 20% Off

THE FASHION SHOPPE