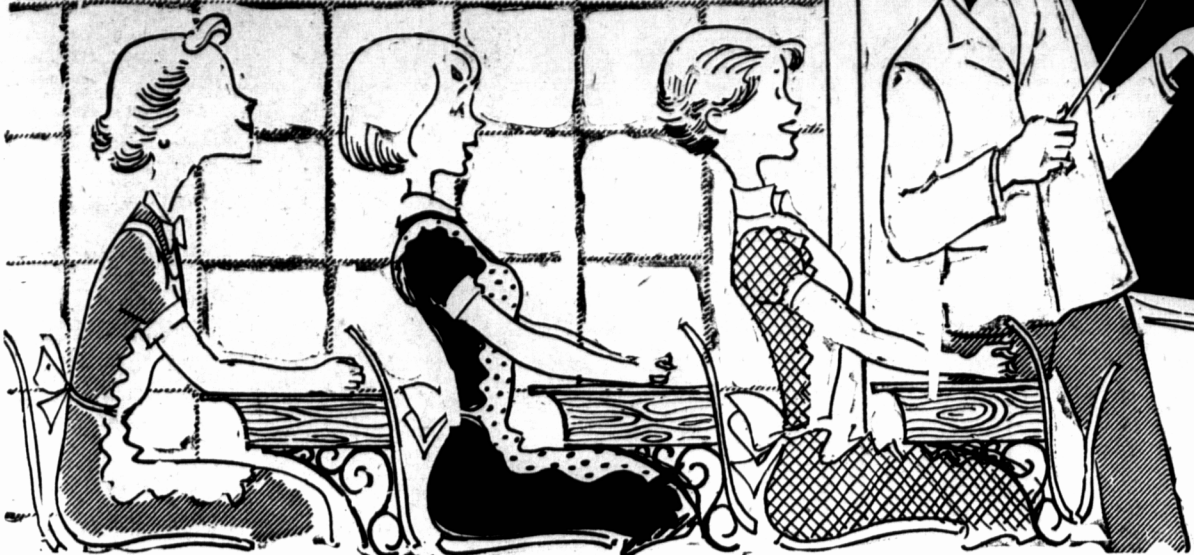


BACK-to-School FOOD BUYS



That **MULTIPLY**
Your **SAVINGS!**

IT'S A
GOOD
SLOGAN
SHOP
CO-OP
AND
SAVE!

OPEN
FRI. & SAT.
NITES
UNTIL
9.30
P.M.

WE SELL ONLY
GOVERNMENT GRADED AND
INSPECTED MEATS



STEAK 59c LB.
YOUR CHOICE OF
T-BONE
ROUND OR SIRLOIN

DELICIOUS
YOUNG STEER
BEEF 33c LB.

SPRING LAMB
FROM P. E. I. 59c LB.
A TASTE TREAT

The perfect answers to ALL your school-time meal problems can be found at the CO-OP SUPER MARKET! We've a vast variety of delicious, nutritious foods for lunch that packs a punch... or an after-school snack with a knack for pleasing youngsters. And, when it comes to MULTIPLYING SAVINGS — our storewide low prices put us in a class by ourselves! Yes, it's simple THRIFTmetie to shop CO-OP for the best BACK -TO- SCHOOL FOOD BUYS! Prove this to yourself—check the economical examples in this ad!

CHUCK ROASTS LEGS OF LAMB

FULL OF VITAMINS
KIDDIES LOVE THEM
MUFFETS
SHREDDED WHEAT

SAVE! 2 PKGS. FOR 35c

BAKERS! JIFFY BAKERS!
CHOCOLATE DRINK

DISSOLVES INSTANTLY IN MILK
SAVE 7c ON 1 LB. TIN

49c

Campbell's
TOMATO SOUP

2 TINS FOR 25c

CRISCO
ALWAYS!!
BAKES BETTER

35c LB. PKG.

SAVE 6c ON EVERY PACKAGE

WIN A NEW CAR!
LISTEN TO "IT'S MY LIVING"
MON. - WED. - FRI. - CFCY - 11 A.M.

KAM TASTES LIKE HAM

12 OZ. TIN 49c

DELICIOUS FOR SANDWICHES

SAVE 10c

CUT OUT AND BRING THIS COUPON TO OUR STORE THIS SATURDAY AFTERNOON OR NIGHT AND GET ONE DOZEN DOWNEYFLAKE DO-NUTS FOR ONLY 29c!!!!

DOWNY FLAKE DO-NUTS

PLAIN OR SUGARED DOZ. 39c

- | | | | | | |
|--|----------------|---------------|---|-------------|-----|
| REAL MEATY SPRNG
LAMB CHOPS | PER LB. | 59c | SWEET PICKLED
SPARE RIBS | SPECIAL LB. | 19c |
| TASTY & ECONOMICAL
LAMB BREAST | LB. | 39c | SWEET PICKLED
BEEF TONGUES | LB. | 39c |
| A DELIGHTFUL CHANGE
LAMB STEW | LB. | 25c | SWEET PICKLED
CORNER BEEF | LB. | 23c |
| FRESH AND LEAN
HAMBURG 2 | LBS. FOR | 59c | FRESH CHILLED
Haddock Fillets | LB. | 33c |
| SWIFT'S PREMIUM
PICNIC HAMS | LB. | 53c | FRESH CHILLED
COD FILLETS | LB. | 19c |
| CREAMERY BUTTER | GARDEN CITY 2 | LBS. FOR | 1.39 | | |
| BONELESS CHICKEN | COTTAGE BRAND | BIG 7 OZ. TIN | 39c | | |
| TIDE GIANT SIZE | SPECIAL OFFER | SAVE 7c | 77c | | |
| GRAVE'S PORK & BEANS | MOLASSES SAUCE | 2 20 OZ. TINS | 37c | | |

FLOUR ROBIN HOOD 25 LB. BAG 1.69

Listen to News and Views on Groceries — CFCY TODAY AT 11.00 A. M.

THE FINEST MEATS IN TOWN

CO-OP
SUPER MARKET

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

SPECIALISTS IN FRESH FRUIT AND VEGETABLES

FREE 59c RETRACTABLE BALL POINT PEN WITH EVERY PURCHASE OF PEPSODENT — WITH IRIUM

TOOTH PASTE 59c GIANT SIZE



GIVES SANDWICHES AND SNACKS THAT REAL ZESTY FLAVOUR

READY TO USE

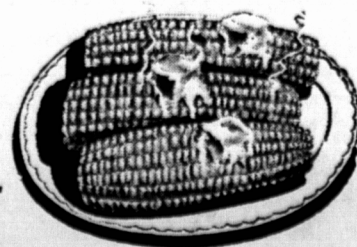
6 OZ. JAR 13c ea

9 OZ. JAR 19c ea

KIDDIES LOVE IT — YORK BRAND
PEANUT BUTTER

SAVE 4c SPREADS SLICK AS BUTTER

39c 16 OZ. JAR



GARDEN FRESH P.E.I.
CORN

PER DOZ. 53c

CUCUMBERS LONG GREEN SLICING 3 FOR 75c

ONIONS NO. 1 PICKLING 5 LB. 25c

CABBAGE GARDEN EXTRA BIG EACH 19c

APPLES YELLOW TRANSPARENTS 5 DOZ. 39c