



### MARY HAWORTH

#### This Man Not A Father

Dear Mary Haworth — I write in regard to a family of six—father, mother, and four children, ages ranging from 10 to 18. The parents are college graduates, ostensibly Christians; they have a good income; and the man is a deacon in his church. Yet they are a very miserable family.

The father is of a sarcastic bullying disposition. He is especially caustic to the eldest son, now 18, and always has been.

Last year the boy—call him Eric—was sent away to school. He was quartered in an undesirable place and fell into bad company. As a result he committed a crime. The father got him out of this trouble and brought him home to reform him with "love." Since then life has been a nightmare for the boy and the family.

Eric is working and paying board at home. He is constantly berated and demeaned, and accused of all the sins and crimes. He is a really Christian boy, trying to live right; but I fear the father is going to drive him away from home and into more trouble.

At the slightest word the father is tearing his belt off and threatening to thrash Eric. He constantly makes the son's faults and amuses fun of him. Is there any way to waken this man to the fact that he is ruining his own happiness and his family life? Can he be brought to see that his conduct is un-Christian?

Dear B. F.—Your penmanship suggests that you are an older person—Eric's grandmother, maybe? One sympathizes with your grievous concern for the boy, who is being goaded to desperation, it seems.

But how to open the father's eyes to the harm he is doing is indeed a problem.

You write from a section of the country where the family relationship between husband and wife is more feudal than democratic, as compared to most of our country.

Menfolk there traditionally pride themselves on (supposed) superiority to womankind. Even those men who are warmly kind in family life tend to be paternalist and managerial towards wife as well as children—not granting the woman of the house a real partner status, by which I mean, treating her as equal, with a vote of strength in crucial matters, as her innate right.

**WEAKENS SON**  
Eric's life is being mismanaged, and twisted at the roots, in this type of household. I gather, to compensate for the father's headstrong bullying, the mother (or grandmother) may be strickenly coddling the boy behind dad's back—thereby subjecting the lad to a double dose of defective handling.

One thing is tragically evident. The father isn't qualified to "save" this boy—who urgently needs both deep understanding and fine example, on the part of adults he trusts and admires, to set him on the right path in life, and keep him there.

It follows as the day the night, that a lad brought up by a bully father would fall into had company away from home and be led by the nose into trouble. In which case it's the father's guilt more than the son's.

A child must have known respect and consideration at home, as his daily due, and a margin of opportunity to be himself, to practise self-expression and self-reliance, in family life, if he is to develop stout self-assurance and self-esteem—and thus be able to stand up to, and resist, the cross currents of evil in society. Eric's father has denied the boy this kind of moral nurture—and now takes a belt to him for being a hapless character.

What a pity. And also, how dreadful. To help the father if he can be helped, I recommend three educational pamphlets, that may be ordered by serial number, from the Public Affairs Committee, 22 East 38th Street, New York 16, N. Y., for 25 cents each prepaid. They are: How to Discipline Your Children, (No. 154) by Dorothy Baruch; Democracy Begins in the Home, (No. 192) by Ernest Osborne; and Making the Grade As Dad, (No. 157) by Valter and Edith Meisser. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

**SEVEN MILE BAY C. W. L.**  
The regular monthly meeting of Seven Mile Bay C.W.L. was held Sunday, February 9, at the church. Mrs. Murray presided and called on Father MacDonald to open meeting with League Prayer. The secretary read the minutes of January meeting which were approved.

Correspondence consisted of thank you notes from Father MacDonald and Father Bradley for gifts received from C. W. L. at Christmas, and a letter from Sacred Heart Programme. Conventions reported. Owing to absence of treasurer, no financial statement was given. The president reported all bills to date have been paid. Father MacDonald spoke briefly on new church, its requirements, etc.

Travelling apron from one section of parish was turned in and amounted to twelve dollars. It was started again in another section of parish. Collection was taken and meeting adjourned. Next meeting to be held March 9, after Benediction in evening.

**TITO "BUYS CHINA"**  
**BELGRADE (Reuters)**—Communist China and Yugoslavia signed a trade agreement for 1958 here Friday providing for an exchange of goods both ways worth \$14,600,000.

# Women

Lena Caroline McLure, Women's Editor. Phone 8508

The Guardian Page 10 Monday, March 3, 1958

## HAPPENINGS

March 3, 1915 — Canadians occupied the line at Fleurbaix along the water-logged farmlands of the Lys River in France.

Miss Winnifred Anne Macmillan addressed the Grade V pupils of West Kent school last week. Miss Macmillan told about the World Guide Camp in Switzerland which she had attended this past summer. She also showed beautiful colored slides. The children just loved this interesting talk by a former pupil of Grade V. Winnifred Anne is now

a first year student at Prince of Wales college. Billy Hogg, on behalf of the class, thanked Miss Macmillan. Miss Mary MacLennan is the popular teacher of the well-known Grade V at West Kent.

Dr. Leo Frank has been on a short business trip to the Magdalen Islands.

Mr. and Mrs. John Simmonds, Crestwood Drive, have left on an extended visit to Ellinor Village, Florida.

## "Why I Like To Work" Voices Opinion Of Many

Martha Smock in Good Business magazine sets forth her reasons in the following excellent short treatise why she likes to work.—I like to work because work gives me a sense of accomplishment. I like to work because work develops my innate powers and abilities. I like to work because work makes me feel at home in the world, work makes me feel that I am a vital and essential part of the human family, necessary to God and man. I like to work because work is

a source of strength. I like to work because work eases sorrow. I like to work because work keeps my brain active; work keeps my body fit; work is a service and a salvation. I like to work because work gives me a sense of dedication.

I like to work because when I lose myself in work, when I concentrate on what I am doing I feel renewed in mind and body. I feel Gods energy and power being released through me.

I like to work.—

**NORTH RIVER W. I.**  
On Monday evening, February 3rd, Mrs. Norris Kitson entertained the North River W. I. Due to disagreeable travelling only eleven members and one visitor were present. The meeting opened with the ode and Mary Stewart collect. The minutes of the January meeting were read and approved. Final arrangements were made for a cake sale to be held on Friday, February 7th.

The secretary reported that some of the Cod Liver Oil capsules had not been paid for. The sick committee reported that two baby gifts and one treat of fruit had been sent and bills for these were presented and paid.

New committees were then appointed. School, Mrs. Keith Whaetley and Mrs. Elmer Yeo (re-appointed); Sick, Mrs. Norris Kitson (re-appointed) and Mrs. Roy Bruce.

Mrs. Bruce MacKinley kindly offered to entertain for the March meeting when roll call will be answered by an Irish Joke and also an article for the auction.

Lunch committee will be Mrs. Russell Wheatley, Mrs. Harold Younker, Mrs. Clayton Stevenson and Mrs. Milton Willis. Red Cross knitting and sewing was distributed.

Correspondence was read and a letter from the Multiple Sclerosis Society was left for further discussion. It was decided to canvass the district for the Red Cross but each member bring their donation to the next meeting.

Miss Eleanor Younker kindly offered to do some of the canning. A fish pond was held and the sum of \$7.50 was realized. A few members were present to fish it was decided the ones not present could do so at the next meeting. Collection amounted to \$1.00.

A social hour was then spent and Twenty Questions was enjoyed. A delicious lunch was served by the committee and hostess and the meeting closed with the National Anthem.

**CHURCHILL W. M. S.**  
The monthly meeting of the Churchill Presbyterian W. M. S. was held at home of Mrs. Lewis Darrach.

Meeting opened by call to worship. John Chapter 3 - Verse 16.

The following officers for 1958 were appointed: president, Mrs. Ernest Foster; vice-president, Mrs. Alec Scott; secretary, Mrs. Leigh Frizzell; treasurer, Mrs. Wylie Gibson; community friendship secretary, Mrs. Borden Boswall; christian stewardship secretary, Mrs. W. J. Jenkins; christian citizenship secretary, Mrs. J. B. Stewart; supply secretary, Mrs. Wylie Gibson; missionary monthly and world friends secretary, Mrs. E. Clow; baby band superintendent, Mrs. Roy Dennis; assistants, Mrs. Charles Jenkins and Mrs. Rowell Boswall. Organist, Mrs. Irving Thompson.

**DARLINGTON W. I.**  
The regular monthly meeting of Darlington W. I. met at the home of Mrs. Donald MacPherson on February 3rd. The president presided and meeting opened with singing Institute Ode, followed by repeating collect in unison.

Eight members answered roll call with an exchange of valentines. Minutes of last meeting read, approved and signed.

A bill of 15 cents for school was paid. 1 dress, overalls, 2 pants, 10 diapers were passed in to Red Cross committee. Two new committees appointed The School, Miss Willena Cameron, sick, Mrs. Claude Younker and Mrs. Emerson Deacon.

Correspondence was read and discussed. It was decided to have a card party sometime in February. Next meeting to be held at the home of Mrs. Emerson Deacon when roll call will be answered with an "Irish Joke". Program committee for next meeting Mrs. Neil Campbell and Mrs. Elmer Clow.

Two contests put on by Mrs. Sterling MacLean, Mrs. Claude Younker were much enjoyed by all. Meeting closed with the Queen. A delicious lunch was served by hostess.

## LET'S EAT

### Many Varieties Of Beans Make Interesting Meals

By IDA BAILEY ALLEN  
"Here are six kinds of dried beans," observed the Chef, lining up six packages on the test-kitchen table. "Pinto beans, the haricot verts or dried green beans of the French, lima beans, black beans, navy beans and red kidney beans. There are many more varieties in the market.

How many of them do most homemakers use?"

"Navy beans," I replied, "are used in some households for baked beans, lima beans for baking or stewing and red kidney beans for chili con carne or winter succotash. The other varieties are unknown to most homemakers."

"Why is it, Madame, that such good foods are not commonly used all over the country? It is not the cost, because they are reasonable in price. And they certainly are substantial foods."

**HIGH IN CALCIUM**  
"They are high in calcium," I agreed, "contain both thiamin and riboflavin and considerable vegetable protein. When combined with a little meat, fish, milk or cheese, either in preparing or in the same meal, this protein becomes complete and active."

"If, for instance, the amount of meat provided for dinner is not quite enough to insure good nutrition, the meal could start with a bean soup, or a dried bean salad could be used."

"Is the nutritive value of dried beans affected adversely by canning?" asked the Chef.

"No, canned beans have the same nutritive values as when they are prepared at home, but the cost is considerably higher."

Tomorrow's dinner—Red bean celery soup, oven-braised veal chops, tossed noodles, carrot and green pea salad, warm baked apples, coffee, tea, milk.

All measurements are level; recipes proportioned to serve 4 to 6.

Red bean celery soup: Cover 1 lb. dry red kidney beans with 2 qts. boiling water. Cover and let stand 50 min.

Add 2 tsp. salt. Simmer 2 hrs. or until soft. Remove 2 c. of the beans. Put the rest through a sieve with the liquid.

Add 3 c. ham soup-stock, ¼ tsp. each thyme and sage, 1 tsp. sugar, ¼ tsp. pepper and 2 c. celery sliced thin. Simmer 30 min.

Blend 1 tbsp. butter and 1 tsp. flour. Stir in ½ c. of the hot soup.

Return to the boiling soup and simmer - boil 3 min. Add the whole beans.

Serve with sizzling croissants. Tossed noodles: Cook and drain 8 oz. narrow noodles according to pkg. directions.

Melt 3 tbsp. butter. Add ¼ tsp. garlic salt (optional) and ½ tsp. minced parsley.

Toss and mix into the noodles, keeping over a low heat, with 3 tsp. grated Parmesan cheese, until both cheese and butter are absorbed. Serve piping hot.

Trick of the chef: Put carrot and green pea salad together with French dressing previously seasoned generously with mint flakes.

**ROSE VALLEY W. I.**  
The Rose Valley Women's Institute met at the home of Mrs. Jas. Cousins on Wednesday night February 5th. Before the meeting the members of the W. I. quitted a quilt.

The president Mrs. Wm. Newcome presided. Meeting opened by repeating Mary Stewart collect in unison. Roll call was answered by eleven members. One member paid dues. There were three visitors present.

Correspondence was read. It was moved by Mrs. Wm. MacDonald, seconded by Mrs. Jas. Cousins that \$2.00 be sent to Multiple Sclerosis Society. Motion carried. School committee gave their report. A bill of 85 cents was moved to be paid. New school committee Mrs. Emma McKenna and Mrs. Wm. MacDonald.

An auction sale of cotton goods, was sold to those interested and \$2.90 was received. Collection \$1.16. Mrs. Wm. MacDonald invited the group for next meeting and the plans are to make another quilt on the same evening. Meeting closed by singing the National Anthem. Lunch was served by hostess.

**NORTH RUSTICO C. W. L.**  
On Monday, February 3 the North Rustico sub-division of the Catholic Women's League held their monthly meeting.

The president Mrs. Gauden opened the meeting with League prayer, followed by minutes of previous meeting which were approved as read. She also asked for the treasurer's report which showed a nice balance on hand. This report was also adopted as read.

The following conveners tabled reports. Entertainment, Mrs. Charles McNeil; Social Service,

Mrs. Jerome L. Gallant, Culture Spiritual, Mrs. Edmund D. Gallant, response; Letter from Catholic Action; Students of St. Mary's High School; Re-Catholic program on T.V. also a letter from Fr. Keller on Same subject.

Letter Re our Lady's Missionaries. New Business. Money was raised for the Precious Blood Society. Our Lady's Missionaries. Bill for church laundry was also paid. It was moved and seconded that four soutans and four surplices be bought.

It was also voted that shirts, beret's and glasses be bought for the Hall Kitchen. The C. W. L. are catering to the Fishermen's Union Banquet to be held in the fish hall and much discussion took place on this affair.

Following this the meeting adjourned and closed with prayer after which cards were enjoyed by all.

**WESTMORLAND W. I.**  
Mrs. Wrixon Moore entertained the members for their regular monthly meeting held Tuesday, February 4th. Meeting opened in usual manner with the president presiding. Roll call was answered by ten members. Two members paid dues collection 70 cents.

Minutes of previous meeting were read, approved and signed. Reports of committees were heard and new ones appointed. School, Mrs. Wrixon Moore, Mrs. Sack, Mrs. Eddon Leard, Mrs. Eddie Trowsdale, Education, Mrs. Hal Rogerson, Mrs. Crossman, Social, Mrs. Mayhew, Mrs. Eddon Leard, Mrs. Lurch, Mrs. Roy Crossman, Mrs. James Moore, Mrs. Eddon Leard, Mrs. Arthur Sherren.

Members for March meeting were acknowledged. Correspondence was read and discussed. It was decided to be \$5.00 to Red Cross Campaign. It was also decided to train a member with fruit. "Thank you" notes were acknowledged.

Red Cross Knitting and Sewing was handed out. Educational committee gave a reading. Meeting adjourned and a social hour followed. Lunch was served by hostess and committee.

**CLYDE RIVER W. I.**  
On February 3rd, 1958 the Clyde River W. I. met at the home of Mrs. Watson Livingston. The meeting opened by repeating the collect followed by roll call which was answered by bringing a keepsake - i.e. - a Mother's wedding picture, a snapshot of a former professor of P. W. C., a tuning fork, a Grandmother's bracelet, an Aunts Wedding ring a picture of one of the Mothers who had passed on at 24 years. Camera, souvenir off a German ship, a brooch made from a tiger bone, brooch made from a gold sovereign and a china slipper a copy of the first slipper worn by Queen Victoria.

Collection amounting to \$1.90. Remnants were received and several of the members took pieces to start. One sympathy card and one baby blanket were sent during the month of January.

School Committee painted the school blackboard. Mrs. R. D. Matheson offered to have the next meeting. Roll call, an Irish Joke. Lunch committee Mrs. John Gillispie, Mrs. Reg. MacMillan,

Mrs. Edmond D. Gallant, Culture Spiritual, Mrs. R. Gauden, Catholic Action; Students of St. Mary's High School; Re-Catholic program on T.V. also a letter from Fr. Keller on Same subject.

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## WEDDING ANNIVERSARY

On the evening of Feb. 12th, Mr. and Mrs. William Hambly of Winsloe South were the guests of honour at a delicious turkey dinner at the home of their son-in-law and daughter, Mr. and Mrs. Raymond Genge, Kensington Road, on the occasion of Mr. and Mrs. Hambly's wedding anniversary.

## ELLEN'S DIARY

### A Visit - It Is Pleasant A Winter-Stroll, Rink,

We have just returned from a pleasant winter-stroll with James, back to the warmth and coziness of our own hearth fire. Not that all our walks with James are not invariably most enjoyable. But sometimes, indeed mostly we are hard put to keep up with the pace which he sets.

Tonight however, "We'll take our time, Ellen" he said at the outset. It was only as far as the house on the hill to be sure, a trip which since the shortest thither along the dam is no longer available to timid travellers because of an uncovered spillway we must take by way of the lane and road. It is at the most, only a few hundred yards and tonight what a thoroughly enchanting route of travel it was. We walked down our winter-lane which runs in the front meadow between the lane-proper and the millstream.

"It's surely a lovely night" James commented, ahead of us along the sleigh-broken trail. . . How the stars in their glory "sang together!" And how bright was the night, lit also by the growing moon and brightened too by the snow-spread fields. Against the hillside, the trees and woodlands as still as if painted there, were fetchingly dark against the white. A car moved out the road, chains accenting the passing. "Someone off to rink" James commented. "Do you know, Ellen" he continued in the ensuing silence "farm-boys don't have it so good in some ways nowadays as in years when I was young. Then, most of them had a horse and sleigh (or wagon) of their own to set off in to their courtin'. Now they must have a car. And well, a second car on and Island farm is not too easily financed these times. Oh, they may have "the old man's car" but that's not the same as having one of their own. I suppose that is one of the factors that takes them away from the farms to the weekly pay-check of a paid job - the matter of owing a machine of their own. And in a way we can't blame them."

We crossed the bridge-of-lane, where the stars were mirrored wistfully in the broad dark flow down stream, and entered the (snow-plowed) road. "It's a mite frosty" we said smugling hands into pockets. "It always bites here by the bridges and stream. I think when there's frost" he chuckled, "this is the coldest place on the Island, but when a cool west wind's blowing how sheltered a spot it is!"

At the summit of the hill we stopped as one, and turning looked out over the treetops and mill-roofs to the place caught against the breast of the opposite slope, which spells Home. The house on the hill? What a hospitable dwelling it is! And cozy though for years now it has known no woman's touch. The livingroom, bright and cheerful and tastefully decorated has its radio and TV to while away any leisure hours. And the stables, all ways tidy and clean, have their stalls of fattening cattle to complete a pleasant visit for James. "Isn't it too bad that so comfortable a homestead has no. . . we commence to voice a thought that comes to our woman's mind. "Don't say it, Ellen!" James smiled laying aside his reading glasses, "his day done." "After all" he chuckles "there's much can be said in favor of a bachelor's life."

Until tomorrow -- Diary -- Goodnight. . . .

## LOWER MONTAGUE W. I.

The regular meeting of the L. M. W. I. met at the home of Mrs. Jack Amear on February 4th. Meeting opened with a reading by Eileen Amear, followed by the creed in unison.

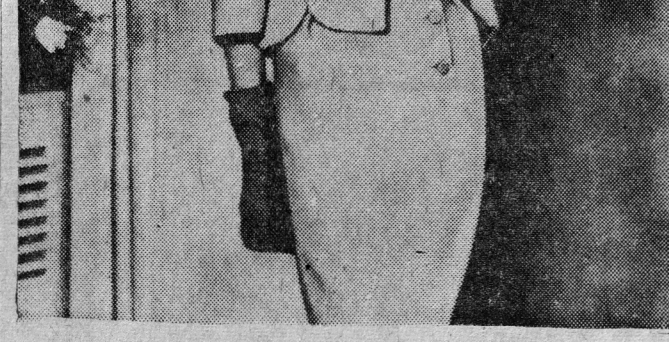
Roll call was answered by 13 members donating a cup and saucer for the Hall kitchen. Minutes of last meeting were read and approved.

A report on the hall furnace was given and it was decided to hold a meeting at the Hall to discuss same. It was moved and seconded to have a St. Patrick's concert. A motion was made to hold a Valentine Dance February 14th.

Card proceeds for January were \$84.30. Correspondence was read. Several members subscribed to the W. I. News. A motion was made to send \$5.00 to the March of Dimes campaign.

It was decided to consult Manager of Bank of Nova Scotia re - the W. I. bond. Penny Auction was won by Mrs. John Landrigan, nad realized 71 cents. Collection amounted to \$1.40.

Meeting closed with the Queen after which a delicious lunch was served by the hostess.



## NEW SHADE

An unusual and beautiful shade of pale beige, poetically and aptly named "white sand," is used by one house for most attractive clothes to be worn from spring on into early summer and for travel. George Carmel uses this shade for a dress and jacket of wool. The slim "slyph" frock is unexpectedly buttoned at the side beneath a center-buttoned, hip-bone jacket with scalloped hemline. The pointed neckline is novel and a nice detail in an outfit where hue and line are of prime importance.

## HOW YOU CAN DO MONDAY'S WASH IN 12 MINUTES!

Remember the long, wearisome mornings you've spent struggling with a big week's wash that's as out of date as Grandma's curling tongs!

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