

Mid-Morning Coffee

I pity the poor underprivileged children who never enjoy the pleasant habit of reading to them before they turn into bed.

If you're wondering why it is your watch keeps slowing down lately, don't blame it on the "flu" just because you feel that way yourself.

In answer to a request for a different sandwich filling, here is a variation on the egg sandwich favorite, telephoned in by a Spring Park Road reader.

Last week I battled with the "flu" and took out another insurance policy.

A Lenten thought. The smaller the waistline, the longer the life-line, declared Dr. Gaylor Hausner, U. S. author, at a Women's Canadian Club luncheon last week in Toronto.

ELLEN'S DIARY

By An Island Farmer's Wife

Jeanie, granddaughter's mother in the house across the lane, caught ambitious but we think adventurous Spring plants sending up green stems in a border this February day.

With granddaughter snug beside us on a rug on the woodsleigh and behind the new mare we rode with the farmers this afternoon as far as Rob's - on their way to their lumbering.

This week will see the first of the Homecraft Sales at the Market Building. This idea which belongs to a Charlottetown woman, formed by the interested and determined efforts of both Charlottetown and rural women will bring new life to the ancient skills of cooking, sewing, and baking.

The women hope these sales will help them learn how to handle consignments. They have organized committees for sewing, handicrafts, home-cooking, etc., and now have a provisional secretary and treasurer, who are working hard on the project.

That Body Of Yours

By James W. Barton, M.D.

PHYSICAL EXAMINATION OF NEUROTIC PATIENT IS MOST IMPORTANT

When a patient is referred to a psychiatrist because of odd behavior symptoms, the psychiatrist first wants to know what the physician reports from dentist, nose and throat, heart and other specialists are available.

It is of the utmost importance that the patient feel at ease and that he be given time and opportunity to "talk himself out."

As the patient unfolds the story of his life and of his illness he will mention various circumstances of his childhood, and of recent days, which will help the physician discover the conflict that has most to do with his emotional illness or neurosis.

Those whose birthday it is are encouraged to confidently reach out for the fitting rewards and emoluments of work well done, clever performance of skills, ideas and aspirations whether in the realm of business, financial, professional, philanthropic or social life.

By this thorough examination, the complete story as told by the patient, and from what he can learn from the patient's family, the physician is able to decide on the course of treatment and whether he can carry it out in his office or should refer the patient to a mental hospital.

ed to trail. "Hah" he said dimpling. "There's her mother! She's frenzied, and so has that one. And" he looked at granddaughter, realizing all at once that his guests belonged to a gentler sex than that which he was accustomed to.

Morning Smile

By Genevieve Kemble

Symptoms

"What makes you think your husband is delirious, Mrs. Robinson?"

Would Be Handy

"You ought to get married." "I have washed many times lately that I had a wife, she'd probably have a sewing machine and the sewing machine would have an oil can, and I could take it and all my office door. It squeaks."

The Stars Say -

By Genevieve Kemble

For Tomorrow

CONTINUED growth and expansion are the order of the day, with keen relish for reaping rich reward for past performance, worthy efforts and possible good deeds or high aspirations.

If It Is Your Birthday

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Cook's Corner

FLAP JACKS

Six ozs. butter or margarine, 6 ozs. Demarara sugar, 8 ozs. oatmeal, 1/4 teaspoon ginger, pinch of salt. Method: Warm and beat up the butter. Mix other dry ingredients together, then stir into the creamed fat.

GERMAN POTATO PANCAKES

Three cups raw coarse-grated potatoes, 2 eggs, well beaten, 1 1/2 tablespoons bread flour, 1/4 teaspoon baking powder, 1 teaspoon salt, pinch of pepper. Peel potatoes and grate, cover with cold water. Drain water off potatoes.

How Can I!!!

By Anne Ashley

Better English

By B. C. Williams

Household Scrapbook

By Roberta Lee

The Griddle

If the griddle has become crusty clean by putting it over a very hot fire and covering thickly with salt. When the salt has turned brown, the crust and salt will brush off together, leaving the griddle clean.

Sachet

Small packages of sachet placed in the dresser drawers will give underclothing a delicate fragrance, which is much nicer than the very strong effect of perfume.

Cutlery

If your cutlery has become stained that have become stained or yellowed, try rubbing with a flannel cloth wet with peroxide of hydrogen.

HISTORIC COUNCIL

The Council of Quebec established in 1847 consisted of the governor, the Jesuit superior and the military commandant.

A Country Garden

Mrs. Gordon MacMillan

He that planteth a tree is a servant of God. He provideth a kindness for many generations, and faces that he has not seen shall bless him, Henry Van Dyke.

FOOLISH MOTHER

Woman Undercuts Discipline Of Conscientious Father

DEAR MISS DIX: My sister and her husband are having difficulties over their children. He is a successful man, a good father and devoted to his children.

WHY FATHERS GIVE UP

We often wonder why fathers take so little active part in rearing their children, and why, when they see their children ruined by a foolish mother, they don't do something to avert the tragedy.

DEAR DOROTHY DIX: I am a junior in college and have a love problem. He is the nicest man in the entire world, has the most charming manners and is the most perfect gentleman in every way, but he is married.

ANSWER

Just sit down and try to figure out what a girl gets out of a romance with a married man, and as you evidently lack the knowledge of life to do so I will give you a few pointers.

ANSWER

I am a boy 15 years old and in high school. My 17-year-old sister is a pest. She is always lecturing me about my telling dirty jokes.

ANSWER

I think it is perfectly disgusting. There is no surer way to judge a person than by his conversation, and no decent individual could listen to your vulgar, obscene stories without knowing that you are lacking in every instinct of refinement.

DOROTHY DIX cannot personally reply to readers, but will answer letters of general interest through her column.

DOROTHY DIX SAYS—

By Dorothy Dix

FOOLISH MOTHER

Woman Undercuts Discipline Of Conscientious Father

DEAR MISS DIX: My sister and her husband are having difficulties over their children. He is a successful man, a good father and devoted to his children.



ANSWER: My opinion is that your sister is committing a crime, for which she will have to pay, in all probability, by losing her husband and having her children grow up into being the wild youngsters who bring shame and sorrow on their parents.

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Save washday wear and tear!

SHIRTS AND SHEETS COME WHITER..LAST LONGER

-washed 10 minutes in NEW Jet Power LUX than those washed 20 minutes with other washday products



MRS. DALE NAGY, TORONTO: "With seven in the family, I have plenty of sheets to wash. New Lux leaves them so fresh and white! New Lux is wonderful in my washing machine, and not a bit more expensive than any other soap."

It's true! Tests of all leading washday soaps in Canada prove it positively! Sheets and shirts washed 10 minutes in New Jet-Power Lux get whiter, last much longer than those washed 20 minutes with any other washday product!

Put New Lux in your washing machine. See for yourself - no other washday product gets dirt out faster and gets it out so safely! Save washing wear and tear. Save shirts, sheets, towels and table linens. Get New Lux now - in the large or the giant size.



Costs less to use - you get more soap than in any other washday product

COLDS DO MATTER

There is no such thing as "Just a little cold" because the cold itself is a symptom of lowered vitality. To stave off colds, or to deal with them once they have started, keep warm and dry, get plenty of rest and take FATHER JOHN'S MEDICINE.

For nearly 90 years careful parents have been giving Father John's Medicine to their children, and have been taking it themselves. This is a wonderful proof of the value of this famous medicine.



-Needlecraft-

FOR THE HOME

BOLERO SUIT—SPECIAL! One of the best of all bolero suits for your early Easter sewing, since it has its own collar, collar blouse to complete the costume!

Send 25c for each PATTERN which includes complete sewing guide. Print Your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address. Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2275.



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