

Women

Lena Caroline McLure, Women's Editor. Phone 8508

Page 8 The Guardian Monday, July 8, 1957

HAPPENINGS

Mrs. Wilson E. Hunt of Malden, Mass., recently had as her guests for three days at Keppoch Beach Hotel, Mrs. Herbert Smith and Miss Laura Chenoweth both of Malden, Mass. Mrs. Smith and Miss Chenoweth left for Nova Scotia after their Prince Edward Island visit.

Mrs. Frank Brundage of Ellerslie and her great granddaughter Miss Betty Smith are spending a few days at the Queen Hotel, Charlottetown.

Mr. and Mrs. Donald R. Cox (nee Miss Connie Chandler) and baby daughter Lynn of Halifax are visiting with their parents, Mrs. Lloyd S. Cox, Senior, and Mr. and Mrs. E. S. Chandler, North River Road. Mr. and Mrs. Chandler entertained on Thursday evening for the members of the Cox family from Morell and Charlottetown.

Mr. and Mrs. Robert Neff and daughter Heather of Ganonoque, Ontario, have arrived on a visit to Mrs. Neff's mother, Mrs. Blanche Hillion, Prince Street.

Group Captain and Mrs. H. R. Stewart have arrived from Ottawa to spend some time at Brackley Beach Lodge.

Mr. and Mrs. T. D. Rankin of Willowdale, Ont., are visiting their son and daughter-in-law, Mr. and Mrs. Ian Rankin, Charlottetown.

Dr. and Mrs. R. Donald MacNeill have as their house guest Miss Phyllis Mulhall of Liverpool, N.S., also their son Donald, Jr., who will spend the summer at home, returning to Dalhousie University in the fall.

Mr. Joseph Shama, Helen and Peter, Mr. and Mrs. William Shama and Catherine, and Mrs. Carl Kuehard and daughters, Carla and Joanne, of St. Catharines, attended the wedding of Mr. Harry Shama to Miss Sadie Haddad in St. Beas' Anglican Church Westville, Nova Scotia.

Mr. and Mrs. Arthur Shama who have been living at Don Mills, Toronto, have taken up residence in Montreal. Mr. Shama has been promoted to the position of district engineer for the province of Quebec for his firm the Fina Oil Company.

Mr. and Mrs. Arnold Chase of Medway, Mass., are enjoying a holiday on Prince Edward Island. They are guests of Mr. and Mrs. William Halliwell, Stanchel. Mrs. Chase was formerly Daisy Halliwell. It is Mr. Chase's first visit to this island and he is loud in his praises of the Islanders' hospitality. He has travelled extensively and states that this island surpasses any place he has seen for its beauty.

Mr. and Mrs. Peter Donnelly have returned to Toronto having spent their vacation with Mrs. Donnelly's parents, Mr. and Mrs. James Connolly, Victoria Ave.

Mr. and Mrs. Gordon Simmons, Halifax, are enjoying a two-week holiday at Edgewater.

Mr. and Mrs. Ernest Westlake and sons, Carleton Place, Ont., have arrived in Summerside to spend two weeks with Mrs. Westlake's sisters, Mrs. Cyril Kenny, Summerside, and Mrs. William Lawson, Slemont Park.

Mr. and Mrs. Tom Richardson and family have returned to Fredericton, N.B., after spending the July 1st holiday with Mrs. Richardson's parents, Mr. and Mrs. Harold Schurman.

Mr. Edwin MacNeill, Mrs. James E. MacDonald and Miss Georgie Driscoll motored to Antigonish, N.S., over the holiday and were the guests of Mrs. Adrien Arsenault and her mother, Mrs. H. P. MacNeill.

ELLEN'S DIARY

Full Happy Lives Lived
On These Island Farms

Monday gave us crimson roses at a window. And friend-sparrow in attractive summer-garb there to remind us indoors to "leave what you're at! There'll always be floors to clean and chairs to dust, but there won't always be dew-kissed July roses for you to gather!"

So we came out where the world was fair and beautiful, the fields and trees overlaid with the peace and quiet of morning, to gather us a pretty bouquet. Not robbing the bush of its beauty, but selecting sparingly a long stemmed blown blossom here and a rosebud there. And then for quaint years gone, we gathered to it also sprigs of ribbon-grass in attractive stripings and for added spicy fragrance a twig or two of southernwood.

"Pretty!" Friend-sparrow nodded approvingly. Then added "the chores are done — there go the cows to the pasture. And some of the calves with them." He shaded his eyes against the morning sun. "Aren't they the happiest, loveliest things," he smiled, "following close to their mothers!"

And then the little truck, which in truth earns well its keep on the farms, carried the farmers and gear of stakes and staples and axes and whatnot of — and Rob and Jamie a hand as a piece of fencing on pastures they have rented by way of easing conditions of grazing on the fields at home. There had been a phone conversation before the truck, carefree and enviable young chatting, and we noticed the machine, which carried too the former way, contained a bamboo fishing rod as well. There would be fascinating, adventuring for these two along a strange stream to them.

And now a babe, who has the sweetest smile at Alderlea, and a little girl with long sunny braids, and a pair of housewives, were left to deal with incidentals of the farming about. To track to their source quickly sounds of distress,

SPRINGTOWN W.I.

The members of Springtown W.I. met at the home of Mrs. Donald Dickerson on June 5th for their regular monthly meeting.

The meeting opened by repeating the Creed in unison. Roll call was answered by 6 members. There were 3 visitors present. Reading and signing of minutes followed. The treasurer gave a very satisfactory report. A bill of 95 cents for towels was presented and on motion ordered paid.

Correspondence was read and discussed. It was decided to collect for the Salvation Army and for all members to go to convention. It was moved and seconded to hold school picnic on June 29th if Knud Jorgensen could take them to Stanhope. Collection amounted to 37 cents.

Mrs. Duncan McIntosh invited members for next meeting. A vote of thanks was extended to Mrs. Dickerson for inviting the members to her home. Meeting closed with the "Queen." Lunch was served and a social hour was enjoyed.

KEEP IN TRIM

Summer Is Ideal Time
For An Ungaining Routine

By IDA JEAN KAIN
This girls, we'll take the calories from your corner this week. Summer is the ideal time to ease into a gaining routine. Being in the open air relaxes taut nerves and helps to normalize your appetite.

Get off to the right start. Sitting around eating rich, fattening foods will not turn you into a vital slim girl. It's not just fat you need to pile on . . . nor do you want to bundle the added weight on your waist. You need to build up general vigor and develop more muscle tissue. These changes can come only with an all round health program.

Examine your everyday ways of eating to see if you are getting "full" calories or "empty" calories. You may think it is only the overweights who need to be choosier of what they eat. But weight gaining for you thin girls is a matter of assimilation and absorption. The quality of your calories is all important, for the good nutrients in food work better together.

PROTECTIVE FOODS
Aim at balanced meals planned around the protective foods which furnish full calories from the nutrient standpoint. Here are the tissue building foods — milk, vegetables, particularly dark green leafy and yellow, fruits include a citrus fruit daily, meat, fish, poultry and eggs; also whole grain cereals and good quality bread. Those foods furnish double-duty calories — essential nutrients plus fuel for energy.

Perhaps we'd better tag the "empty" calorie sources which furnish fuel but little or no body

COOK'S CORNER

SALMON LOAF
2 cups canned salmon
2 cups bread crumbs
2 eggs, beaten
3/4 cup milk
1/2 teaspoon pepper
1/2 teaspoon salt (some fish need more)
1 tablespoon finely minced onion
1 teaspoon lemon juice
Remove skin from the fish, and use the oil of same. Mix all the ingredients and place in a greased loaf tin, dot with butter and bake in a moderate oven (350 degrees F.) for 45 minutes. Good for supper with baked potatoes.

Alexanders Both Attend Canadian Club Dinners

LONDON (CP) — Men and women celebrating Dominion Day engaged in some light-hearted repartee Monday night from separate banqueting rooms in the same hotel.

Field Marshal Earl Alexander of Tunis, former governor-general of Canada and chairman of an all-stag Canada Club dinner at the Savoy, sent greetings to the Canadian Women's Club in an adjoining room, congratulating them on the fifth anniversary of their

anemia resulting in fatigue and poor appetite is back of much underweight.

To gain strength and vigor, get outdoors and play. Never worry that healthful outdoor exercise will make you thinner. Exercise normalizes. Go at gaining right and you can look and feel like a new girl this summer.

organization. He added: "But are you not rather young to be up so late. We think you should be in bed."

Quick as a flash, Countess Alexander, chairman of the women's section, replied: "Thank you for your big-brother advice. Is not mentioning ages rather unwise? We are surprised at your age of 147 that you are still able to get around at all."

The male section is proud of the fact that their club is the oldest dining club in London.

MILLVIEW W.I.
The regular meeting of the Women's Institute was held at the home of Mrs. Robert Drake on Wednesday evening, June 12.

The meeting opened singing In-stitu-tio. Ode followed by repeating Mary Stewart Collect. 11 members answered roll call and several articles were received for a penny auction.

Minutes read, approved and signed by president and monthly statement given. Sick committee reported 3 calls. A bill of \$1.05 presented and paid. Government

Grant received \$2.50. Plans were made to have a dance in Mill View Hall, June 21. Mrs. Lorne Drake was appointed to get material for canteen. Correspondence read and discussed. It was moved and seconded to canvass the district for Red Shield Appeal. Mrs. Harold Dunphy invited members to her home for next meeting. Roll call to be articles for penny auction. Collection 60 cents. A delicious lunch was served by hostess and meeting adjourned.

FORT AUGUSTUS C.W.I.

The meeting of the Fort Augustus Sub-Division of the Catholic Women's League was held on Sunday, June 9th with a fair attendance. The president, Mrs. Frank Kelly presided and Father Butler opened the meeting with the league prayer.

The minutes of the Annual Meeting were read by the secretary were approved as read. Plans were made for the annual cleaning of the church the last of June. The meeting closed with prayer.



DR. D. W. HURST AND BRIDE

Married In Ottawa Will Live in Kingston

Miss Janet Mary Davidson became the bride of Dr. David William Hurst of Kingston on Saturday at 12 o'clock noon in St. Stephen's Presbyterian Church.

The bride is the daughter of Mr. and Mrs. R. D. Davidson of Ottawa, and Dr. Hurst is the son of Mr. and Mrs. R. R. Hurst of Charlottetown, P.E.I.

Rev. G. H. Sparks and Dr. Peter de Jong officiated. The organist was Mr. John Ambrose and the Misses Marjorie and Muriel Hurst, twin sisters of the bridegroom, sang traditional music.

Given in marriage by her father, the bride wore a floor length gown of white silk organza, fashioned with a cutout neckline applied with flowers, and a bouffant skirt. A small cap secured her elbow length veil, and she carried a cascade bouquet of yellow Sweetheart roses and white hydrangeas. She was attended by Mrs. Robert Black as matron of honor. The bridesmaids were Mrs. John Campbell and Miss Gail Wells. The attendants wore identical afternoon dresses of gentian blue and matching hats. They carried blue and white hydrangeas.

Mr. Richard Hurst was best man for his brother, and the ushers were Mr. Hugh Davidson, brother of the bride, and Dr. David F. Donevan.

Following a reception in the church hall, the couple left on a trip to New York and Cape Cod. They will reside at 20 Stuart Street, Kingston.

Going away, the bride wore a sheath dress and brown and cinnamon-colored accessories. The bride is a graduate of Carleton University and the University of Toronto School of Social Work. The bridegroom is a graduate of Queen's University Medical School.

IRISHTOWN W.I.
Mrs. Thomas Campbell was hostess to the members of Irish town W.I. on June 5th. Meeting opened with the "Island Hymn" and 17 members answered roll call by donating an article to a grab-bag.

Mrs. Clair Campbell, Mrs. Robert Stavert and Mrs. Archie Paynter were appointed to sick committee with Mrs. H.B. MacLeod and Mrs. Robert Stavert on School Committee.

The members decided to send contribution to C.A.C. also to canvass the district for Salvation Army. Mrs. Leigh Paynter, Miss Lois Stavert and Mrs. Clair Campbell kindly offered to make this canvass.

Upon motion \$5.00 was voted to be paid to the Film Council secretary to assist in the operation of the Film Projector.

Mrs. H.B. MacLeod and Mrs. E.W. Johnstone were appointed to represent Institute at the Annual Convention to be held in Charlottetown July 3rd and 4th.

Plans were discussed regarding the 20th Anniversary Celebration. Committees were set up to make necessary arrangements. Members agreed to send a quilt to R.E.D. Cross. Plans were made to provide refreshments for school children at their picnic on Wednesday, July 19th.

Mrs. Halsey Profit and Mrs. H.B. MacLeod were chosen to serve as voting delegates at District Convention in French River, June 11th and Mrs. John E. MacLeod was appointed as new executive member for 1958.

Next meeting to be held at the home of Mrs. Halsey Profit when roll call will be answered by naming a tree native to Canada. July Committee will be Mrs. Robert Stavert, Mrs. Ruth Carr, Mrs. Halsey Profit and Mrs. Archie Johnstone.

Grab-bag articles were distributed and \$4.00 was realized. Contests and a delicious lunch were enjoyed and meeting closed with "The Queen."

HISTORIC AREA

Port Hope on the north shore of Lake Ontario, 6 miles east of Toronto, was the site of a trading post in 1778.

MORNING SMILE

Want ad: "For sale — my wife's \$100 poodle for \$5. Telephone 1-2110. If a woman answers, please hang up."

BATHING BEAUTY

Four beauty on the beach here is a figure flattering swim suit that is also a style that is approved by ladies who take their aquatics seriously. It is a one-piece model and gold threads make a pattern of lines.

sparkling stripes in the wool knit fabric. The suit has a sculptured skirt front. Built-in features include an artfully contrived cut-off bra top and broad knitted straps to accent the smooth fitted

ed.



BATHING BEAUTY



GRACEFUL

Cut on classic lines is this eminently wearable summer dress in black or navy blue sheer crepe. The bodice has a simple melon neck onto which the cowl scarf buttons. This can hang as a cascade in back or can be draped around the shoulders, which makes it a versatile extra. The skirt is composed of multiple box pleats. A good choice for the travel light-voyager since it can appear at the theater, at a party in the afternoon or evening, at an informal dinner and always look at its best.

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