



# NESCAFE

## 3 good reasons why

**1** it's the best coffee you will ever taste

There's a full richness of flavour in every cup of NESCAFE. That's why more people, the world over, drink NESCAFE than all other instant coffees combined.

**2** it saves you so much money

It's a premium coffee, always fresh and full of flavour. Yet NESCAFE will save you up to 40c a pound over regular coffee.

**3** it's easy to prepare

Quick as the kettle boils, you can have satisfying, invigorating coffee. Make it in the cup or coffee-server. Just use one teaspoonful of NESCAFE for each cup desired, add boiling hot water and your coffee is ready.



the finest cup of coffee you ever tasted



\*NESCAFE (pronounced NES-CAFAY) is the exclusive registered Trade Mark of Nestlé's Milk Products (Canada) Limited to designate its Soluble Coffee Product. It is composed of equal parts of pure soluble coffee and added pure carbohydrate (dextrin, maltose and dextrose) added solely to protect the flavour.

## Barbara Brecht BUYS WHY

MONTEAL, Mar. 6th. — \$5,000 PRIZE MONEY! Here's your Big Chance to win the \$100,000 First Prize or any other of the 143 Cash Awards to a total of \$5,000.00. Second prize is \$200.00, third prize is \$100.00 and there are 140 prizes of \$5.00 each. All of these prizes will be DOUBLED if the Prize Winning Contestant has attached only one box-top, label or facsimile from any one of the following products: Velveta box-

top; Crown Brand Corn Syrup label or top from come topped tin; box-top from any "Junket" Rennet Powder or "Junket" Rennet Tablets; Tintex Dye or Color Remover box-top; Tender Leaf Tea box-top from a container of tea or tea bags; Bovril box-top or label; RealLemon lemon juice label; Vi-Tone can top; Miracle Whip Salad Dressing label; Bromo-Seltzer box-top or label; Silvertop Starch box-top; Robin Hood Cake Mix box-top; White Chocolate or Gingerbread; Johnson's Pride Furniture Wax label; Davis Gelatine box-top; Lavoris box-top or label; Zubes Cough Lozenges paper disc; Milk-Ko box-top; Chase & Sanborn Coffee front panel from panel from an 8.0.S. container. You need just one box-top, label or facsimile from any of the above products. THERE ARE 143 OTHER PRIZES FOR A GRAND TOTAL OF \$5,000.00! Major prize winners' names will appear in this column within a few weeks. A complete list of winners will be furnished on request. **YOUR ENTRIES AND ENCLOSURES TO CONFIDENTIALLY YOURS, P.O. Box 350, Station H, Montreal.** Increase your chances of winning by rushing as many entries as possible.

**\$1,000.00 BONUS**  
At the time of the judging, a Special \$1,000.00 Bonus will be awarded to the first contestant, with correct solution, who has enclosed one box-top, label or facsimile from any six of the products mentioned above. The judging will close on March 31st, 1952. Beyond the awarding of the other 143 prizes until a correct solution is found which qualifies for this Special \$1,000.00 Bonus!

**My Favourite Time-Of-Day** . . . when the dinner dishes are done and we relax by the fire for a quiet chat. And haven't you noticed—when the dinner's been specially good—it's a particularly happy time. The reason why I'm sure HEINZ OVEN-BAKED BEANS will be one of your favourite main-course dishes. They're so easy to prepare in lots of budget-wise, taste-tempting ways . . . and they're always so delicious—mellow and meaty, with real baked-in savour. Yes, this famous meatless dish makes a happy meal for you and your family. You need just one can to keep a supply of Heinz Beans always on hand to please the folks. And try Heinz Cooked Spaghetti, too—for the same reasons!

**"Mothers-In-Law** are mighty handy people—at least that's the way I feel about mine!" Alice said the other day. Her mother-in-law told her how to get sparkling. . . so she washes and Alice says she'll be forever grateful. She says it's so easy—and so inexpensive—and it really works! Blue does the trick! Prevents clothes turning yellow. Just a wash or two of Blue in the final rinse and your wash will be snow white! And, when you use Blue, you're not taking chances with anything that might damage fabric for Blue is kind to all fabrics. Inexpensive, too. Costs just a few pennies a month for snowy, brilliant beautiful washes!

Yes, for the whitest wash, it's RECKITT'S Blue.

**Having Fun?** Aren't you glad you tried this pleasant, effective remedy for "The Blues"? Yes, speedy, sparkling SALBEPATICA will transform you into the "Belle of the Ball" in no time! It brings fast, welcome relief from headaches due to irregularity, cold symptoms, stomach upsets or constipation. A glass of Sal Hepatica before breakfast or supper will make you feel like a new woman. You see, with Sal Hepatica there's no "Laxative Lag"—that feeling of discomfort that continues for hours 'til ordinary, slow-acting laxatives bring relief. Effective and safe for all members of your family, Sal Hepatica is a product of Bristol-Myers who also make BUFFERIN pain relief tablets.

**Like Spring Flowers** . . . the glorious colours of this spring's dress fabrics are such a delight to the eye you'll find it hard to decide which you want. And during this Sew and Save Week, the stores are blossoming with special displays of yard goods and all kinds of sewing essentials that are sure to make you want to start right in now so you'll be ready for the first sunny day this spring. But whether you favour rustling silk or soft delicate crepe, Lightning has a zipper specially made for such featherweight fabrics—their style No. 702. So slim and flexible, it practically disappears into the seam without wrinkles or bulges. And Lightning never lets you down—it always locks where it stops and can't slide until you move yourself. Oh no! In your LIGHTNING FASTENER Style 702 from 22 fashion-right colours to match your "fashions by the yard" this spring!

**Is Dry Skin Stealing Your Youth?** Those little dry-skin lines and tiny rough flakes can develop into a drab, permanently wrinkled complexion and make you look older than you are. But that needn't happen! You can do something about it at the very first warning. You can give your skin wonderful care with WOODBURY DRY SKIN CREAM containing wonder-working Penaten. Penaten carries all the rich oils in this famous cream deeper into the corneum layer of the skin. Lanolin and 3 other special lubricating oils in Woodbury Dry Skin Cream are allowed to penetrate more thoroughly than ever before. So keep your skin youthful-looking with Woodbury Dry Skin Cream—23c, 45c, 78c and \$1.15.

**Running Out Of Ideas For Nutritious Lenten Meals?** Then you'll be glad to know that on every package of KRAFT DINNER there are several helpful suggestions. And, of course, delicious "Kraft Dinner" is an ideal main dish for a Lenten meal. A wonderful macaroni-n-cheese combination—it cooks to tasty lightness in only 7 minutes . . . costs less than 4c a serving. And there are four servings in every package of "Kraft Dinner". So easy to prepare. "Kraft Dinner" is off the shelf—into the pot—onto the table. So for truly economical—completely delicious—jiffy-quick Lenten meals—ask your grocer tomorrow for "Kraft Dinner" in the new yellow and red package.

**Wouldn't You Like 55% less tooth decay** in your children's teeth (and yours)? It was proved in a 2-year test among school children: DENTOCILLIN, the original penicillin tooth powder, actually did reduce decay 55%—5 times the reduction reported for a famous university's ammoniated formula. And note: Because penicillin fights decay up to 24 hours after use, compared with only about 1/2 hour for anti-decay ingredients used in other dentifrices, Dentocillin is effective with just morning and evening brushing. Recommended by thousands of dentists for nearly 2 years. Gets teeth clean, tastes wonderful. Change to Dentocillin, now. 3 months' supply, 75c.

**The Whole Family will be giving you compliments** on this delicious fish dish . . . flavoured with the spicy excitement of SUNKIST CALIFORNIA LEMONS. M-mmm! Sunkist Lemons are the finest, juiciest lemons grown! Try them tonight with this Salmon Cheese Jing Lee! — 2 Sunkist lemons (quartered) 2 c. (1 lb.) canned salmon 1 c. grated Canadian cheese 1 c. cracker crumbs 1 egg, beaten 1/2 tsp. melted butter 1/4 c. Sunkist lemon juice 1/2 tsp. salt 1 tsp. celery salt 1 dash of pepper 3/8 c. milk Drain and flake salmon, reserving 1/3 or 1/2 cup for decoration. Combine salmon with other ingredients, except the lemon quarters. Shape by hand into oval ring on oiled shallow baking dish. Top with reserved salmon flakes, dot with butter, bake in moderate oven (350 deg. F.) about 30 minutes, or until golden-brown. Fill center with hot parsley-buttered potatoes and garnish with Sunkist lemon quarters. Serve with medium-thick white sauce. Serves 6.

**Hoot Man!** But it's a bonny sight to me to see the way my budget is balancing these days. One of my thriftiest tricks is to serve Jell-O desserts—often, often, often. Try it, and see the family applaud this economy . . . because JELL-O JELLY POWDER desserts are so wonderfully tempting and flavorful. With its exciting "locked-in" flavors to choose from, each member of the family will have a favorite. And that fresh Jell-O flavor is locked right in each tiny particle until you release it by adding hot water. It's hard to believe—but perfectly true—Jell-O costs only about 2c a serving. Serve Jell-O desserts and salads regularly.

**STOP PAYING FANCY PRICES for Floor Wax!** AEROWAX NO RUBBING. NOT 65¢ ONLY 43¢ full pint.

## Whirlwind

by Norma Newcomb

CHAPTER SEVEN

Part Two

The question, the logic, had the impact of a punch in the nose. Sally's mouth dropped open and she gasped. Helen, still calm, still smiling, went on:

"You see, darling, I'm the one who is entitled to be angry. You never knew it, but Jimmy and I were engaged once."

"Helen!" All the stiffness went out of Sally's manner as she dropped to her knees. "Helen—you—never told me!"

"Why rake up old scores? Jimmy fell out of love with me. He's that way, you know. Helen today, Sally tomorrow, Drona the day after that. Well, that's his life; let him lead it. Only I hate to think life away because of a throw your head back at all, either to him, or to me, or to you."

"It was time I left the airlines anyway," Sally muttered. "Jimmy, Mike—I wasn't fun any more."

"Actually, that afternoon you caught us in each other's arms, you were in love with Jimmy."

"I was not!" The denial was loud, but not convincing. "You were, Sally. That explains your anger, you see, your feelings that you were betrayed. And it wouldn't be very odd if you were not just a bit in love with Jimmy, then. He's the personification of romance. Handsome, charming, exciting—yes, it would have been odd if he didn't make you go for him. Come on, 'fess up. Let's be done with secrets."

The girl looked defiant. "All right, I was a fool. I went for him, as you put it."

"Now I don't." "Swell!" Helen rose. "Why don't you come back to the city with us? Miss Whoops came with me, you know."

"I know. She and mother were busy talking over old times when I came out to cut flowers. But—perhaps you won't want to live with me now, Helen. You see, I'm not the same girl you knew. I've had a chance to think. It's good to think. You suddenly see where you've made mistakes. I—I have plans."

"Sure, darling, you're a frightful person now. You'll probably slit my throat and beat dogs and children. But I'll put up with that."

Sally grinned; then the grin faded. "You'll have to, Helen. You and—Jimmy."

"Jimmy?" The girl looked blank. "After all, we can't let him ruin himself, can we?"

It wasn't so much what she said, but the way she said it. Helen looked troubled as they walked back to the house.

Jimmy burst into Drona Moore's dressing room, looking as furious as it was possible for him to look. He slammed the newspaper on the vanity table, opening it to page five and indicating the columnist's story with several thumps of his fist.

"Look, cherub, do you have to make a fool out of me? What's the idea of giving a story like this to the newspapers? I know it's good publicity for you, but maybe I don't like it."

"How tough," she murmured unsympathetically. "And next time you come you knock first, huh?" "Or do I walk out on you?" "Walk where? Don't you get it, chum? You're through as a flyer. That story did it."

"There are other jobs." "That pay seventy-five a week? Don't make me laugh."

He looked, rather, as though he wanted to make her weep. He picked up the paper, rolled it into a thick ball and threw it into the wastepaper basket. "Is that the story then? You don't care about me, but my publicity value. Dashing pilot tosses career overboard for Romantic Blitzkrieg's sweet smiles!"

"Look, chum, since when have you the right to squawk? Your record isn't so hot."

"My record is my own affair!" he shouted.



"Maybe it's mine, too. Maybe I go for you, chum!"

He stared, then the fury drained out of him. His color came flashing out. He swept her up in his arms. "Darling Drona . . ."

"Only me, I'm different. I'm as tough as you, see? I don't get jilted."

"As though I'd ever jilt you, Drona."

She laughed in his face, still resisting his attempt to bring her closer. "I wonder how many times you've used that line."

"You mean you love me, chum?" "Do you have to ask?"

She was adamant. Say it. Give me the works, Jimmy. I want to see how good you are."

He released her sadly, shaking his head slightly. "I—I can't,

# California Sunkist Navel Oranges

## have NO SEEDS!

### ► RICHER FLAVOUR! ► EASY TO PEEL!

First for Eating! First for Juice!



Drona. Lines are used only when you want to marry you. I love you're not in love. When you are you. To be continued



Best Quality Size 70-80 PRUNES 2 Lbs. For 39c

WETHEY'S Orange and Grapefruit MARMALADE 3 Big 24 oz. Jars \$1.00

Made In England UNGERS Famous English Meats 15 1/2 Oz. Tins Beefsteak and Kidney or Braised Steak Per Tin 49c

New Crop Seedless RAISINS 2 Lbs. For 39c

Granulated SUGAR 10 Lbs. For \$1.15

Better buy quality—it's the better buy . . . all ways! And when you shop at CO-OP SUPER MARKET, you make your selections from shelf after shelf, table after table of top quality brands—best in taste . . . best in food value. Nobody has more low prices than you'll find here every day of every week. So don't take less than the best. Come here for your favorite quality brands—and get bigger savings in the bargain.

CHECK THESE SAVINGS	
(3 Pkg. Ctn.) MATCHES . . . . .	29c
(Domestic) SHORTENING, lb. . . . .	29c
(60 — Salada) TEA BAGS, pkg. . . . .	69c
20 oz. Tins BLENDED JUICE, 2 for . . . . .	23c
Medium COCOANUT, per lb. . . . .	33c
Regular Size CAMAY SOAP, 3 for . . . . .	25c
For Dishes and Laundry VEL, 2 pkgs. . . . .	69c
Island HONEY, 2 lb. tins . . . . .	45c
Silver Seal MOLASSES, qt. . . . .	33c
CHRISTIE'S SODAS, 1 lb. . . . .	29c
Yellow Eye BEANS, 2 lbs. . . . .	39c

Farm-Fresh Produce	
LETTUCE, Iceberg, each . . . . .	19c
NEW CARROTS, 2 lbs. . . . .	25c
TOMATOES, red ripe, pkg. . . . .	23c
FRESH CELERY, 2 for . . . . .	35c
NEW CABBAGE, per lb. . . . .	12c
ORANGES, California, 3 doz. . . . .	89c

Quality Meats	
PORK BUTTS, Smoked, per lb. . . . .	65c
CORNED BEEF, Select, per lb. . . . .	65c
FRESH SAUSAGE, per lb. . . . .	50c
WEINERS, per lb. . . . .	55c
COOKED HAM, Sliced, per lb. . . . .	95c
SALT HERRING, 3 for . . . . .	35c

## SPECIAL ANNOUNCEMENT

UNTIL FURTHER NOTICE THE CO-OP SUPER MARKET WILL BE CLOSED FRIDAY EVENINGS AT 5:30 P. M.

SHOP CO-OP **Super Market** FREE DELIVERY PHONE 2807-2808 THE ONE STOP MARKET

**During Lent . . . I like CLOVER LEAF SOCKEYE for hot or cold dishes!**

**For Lent . . . I like CLOVER LEAF COHOE in sandwiches too!**

**At any time . . . I like CLOVER LEAF PINK for economical hot dishes . . . I'll order some of each today!**

BRITISH COLUMBIA PACKERS LTD., VANCOUVER, CANADA