

WOMEN

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Emphasis On The 1913 Line At London Mid-Season Show

By SYLVIA HACK
Canadian Press Staff Writer
LONDON (CP)—A mid-season collection shown by Fortnum and Mason, a big British department store run by Canadian-born Gordon Weston, places the emphasis on the 1913 line.

Evening dresses look somewhat theatrical. A typical one is of green grosgrain over a darker green skirt, giving a tunic effect. It has a diagonal diamond strap. Capes are back for day and evening wear. There is tweed for practical occasions and pleated organza for the theatre.

Neil Roger, the resident couturier who is responsible for the mid-season collection, caters for members of British and foreign royalty who patronize the store, and for persons whose daily routine usually includes at least one cocktail party.

For these people, Roger advocates the "little black dress"—exquisitely cut and draped and worn with long kid gloves. Carry out the note of luxury, the show includes furs of sapphire beaver, champagne mink and grey American broadtail.

Fortnum and Mason, with its distinctive pale green facade, is on Piccadilly near Green Park and has traditionally served an upper-class clientele. Elegantly-groomed women, often carrying poolies, are frequently seen on

three dollars and twenty-five cents. Program consisted of a contest put on by Mrs. Gordon Robertson which was enjoyed by all.

Meeting closed with the Queen followed by lunch served by hostess and committee in charge.

and approved. Roll call was answered by 13 members. It was decided to give \$25.00 to the Sons—Resources for Bible Study and Group Worship to the devotional leader to be used with the Missionary Monthly each month.

Miss Olga Woolner, supply secretary, reported on a visit from Rev. J.M. MacLeod who thanked our W.M.S. for sending a box of used clothing to Port Simpson.

September devotional leader Mrs. Fred MacEwen; Lunch committee, Mrs. W.I. Green; Mrs. John Fyfe and Mrs. Lorne MacEwen. Mrs. Eric Bell invited members to her home for next meeting. Collection \$3.45. Thankoffering Service \$28.10.

Mrs. W.I. Green in charge of the study book had the following chapters read: "Patients I Have Known" by Isobel Fleming, R.N.; "My Danish Friend" by Gladys Watson and "A Premature Baby" by Isobel Fleming, R.N.

Hymn 578 followed by "The Lord's Prayer" brought the meeting to a close.

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Her Writing Days Over For Librarian-Novelist

TORONTO (CP)—Eight years ago Dr. Mabel Dunham, Canadian librarian-novelist, wrote "finis" to her award-winning children's novel Kristi's Trees.

Today, at 75, a semi-invalid, the Kitchener historical novelist reluctantly admits her writing days are over.

"I had good intentions after the publication of Kristi's Trees, and did some research, but I never really got started on another book," she said.

Dr. Dunham's first book, The Trail Of The Conestoga was published in 1924. Then in quick succession she published Towards Sodom and Trail Of The King's Men, establishing herself as a literary figure in Canada and the United States.

Dr. Dunham recalls that it was while attending Victoria College, Toronto, that she first dabbled in writing but "didn't do very much."

It was only after she was appointed chief librarian at the Kitchener Public Library, a post she held for 36 years, that she began to think seriously about writing.

Always fascinated by the exciting life of her own great-grandfather, Samuel Bricker, one of the early settlers of Waterloo County, she began intensive research into the pioneer's trek from Pennsylvania to the county in covered wagons.

So intensive were Dr. Dunham's studies of early pioneer days that she was soon recognized as one of the leading authorities on historical research in Ontario.

Dr. Dunham has been recognized as a leading Canadian writer for more than 30 years. During most of this period her literary work was confined to her spare time. Her librarian's position occupied most of her time.

The Kitchener library's present children's department was established through her efforts and has remained the model for many others set up throughout the province.

CLYDE RIVER W.I.
Mrs. Harry MacLean was hostess to the Clyde River W.I. on Monday evening Sept. 18, when the ladies of St. Catherine's and York Pt. W.I. were guests.

There was a very large attendance of members and friends. The meeting opened by singing "The More We Get Together" and repeating the "Collect" in union.

A cordial welcome was extended the guests by the president, Mrs. Matheson.

The minutes of the previous meeting were read, approved and signed. 16 members and all visitors answered the roll with a joke.

The treasurer reported a sum of \$40.97 was made at pantry sale. Making a total of \$98.17 on hand. All bills were paid.

Correspondence was read and dealt with. It was decided to hold home nursing classes in the hall.

An agreement had been made by the executive with the representative of the North America Press to have a recipe book published for our W.I. Books will sell at \$1.00 each.

Mrs. Jack Darrach invited members to her home for next meeting. Roll call to be answered by get well, sympathy or baby cards.

Lunch committee: Sweets, Mrs. MacLean and Mrs. Eric MacPhail; Sandwiches, Mrs. Harry MacLean and Mrs. R. D. Matheson. Collection \$3.52. It was moved and seconded that the meeting be adjourned.

An enjoyable programme was conducted by committee in charge. Mrs. Ralph Darrach and Mrs. Fulton Sanderson were winners of contests. Mrs. Reg MacEwen gave a very humorous reading. All addressed.

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ALBERTON C.W.I.
The September meeting of Alberton sub-division of the C.W.I. was held at the home of Mrs. J. O'Brien, Elmsdale, with an attendance of twenty members. The meeting opened with prayer by the president, Mrs. Edlow Albert. Minutes of the last meeting were read by the secretary, Mrs. Michael Ahearn, and adopted. A financial statement was given by the treasurer, Mrs. Brydon Smith.

Correspondence included a letter from Mrs. J. A. MacDonald, Tighish, regarding meeting in Wellington to make plans for the regional conference which is to be held in Tighish. Mrs. Edlow Albert and Mrs. Michael Ahearn were appointed to attend this meeting.

A sum of money was voted to the pleasure of the evening. A delicious lunch was served. Mrs. Wendell Dockendorff on behalf of York Pt. W.I. and Mrs. F. W. Stretch on behalf of St. Catherine's W.I. expressed their thanks for an enjoyable evening. This was followed by "The Queen."

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Lovely Autumn Wedding At Trinity United Church

Baskets of white gladioli and chrysanthemums formed the setting in Trinity United Church on Saturday afternoon September 1st, for the marriage of Phyllis Gertrude, daughter of Mr. and Mrs. LeBaron E. Tait, Charlottetown, to Harold James Dobson, son of Mrs. W. Gifford Dobson and the late Mr. Dobson, Belfast, P.E.I.

The Rev. A.F. MacLean officiated at the double ring ceremony. The organist was Miss E. Lillian MacKenzie. Mrs. Douglas Cameron and Mrs. David Cox, sang duets "O Perfect Love" before the ceremony and Handel's "Where'er You Walk" during the signing of the register.

The bride, given in marriage by her father, wore a floor length white satin gown in princess lines with fitted lace bodice, delicately scalloped around the neckline. The full skirt fell gracefully to a semi-train. She carried a matching satin

and lace muff to which was attached a cluster of white gladioli, stephanotis and ivy. Her chapel length veil fell from a small coronet of seed pearls.

The bride's only attendant, Miss Shirley McCann, R.N. of Rolling Dam, N.B., was gowned in a Walt length dress of salmon pink net over taffeta with which she wore a matching bandeau. She carried a white lace parasol in which were pink carnations and daisy.

Mr. Don Waincoat was the best man and the ushers were Mr. Gordon Tait, brother of the bride and Mr. John Dingwell.

At the reception at the home of the bride's parents, Mrs. Tait received in a rose beige lace dress with a fitted full length coat and matching hat. She was assisted by the groom's mother, Mrs. Dobson who was gowned in navy blue crepe with matching accessories

and corsage of yellow and white carnations.
A toast to the bride was proposed by Dr. Gilbert Houston to which the groom responded.

At the home of the bride, Mrs. B.E. Arms, and Miss Doris Tait, assisted in serving were Mrs. John Dingwell, Mrs. Walter Hyndman, The Misses Jean and Erma Tait, Mrs. Gilbert Houston, Mrs. Sinclair McKay, Mrs. Gordon White, Mrs. Neil MacLellan, Mrs. H.W. McPhail, Mrs. Douglas Cameron and the Misses Jane Giddings, Carol Creelman, Carolyn McPhail, Betsy Houston, Diane MacLellan.

Out of town guests were: Mrs. B.E. Armstrong, Mrs. James Armstrong, Mrs. H.W. McPhail, Miss Carolyn McPhail, Mr. and Mrs. James Sherwood, Perth, N.B. Miss Myrtle Moffitt, Fredericton, N.B. Mr. and Mrs. Paul Balcom, Pembroke, Ont., Mr. and Mrs. Hollis Thompson, Ottawa, Ont. Mr. D.M. McGuire, Amherst, N.S., Miss Shirley McCann, Moncton, N.B., Mr. and Mrs. W.N. Ross, Mr. and Mrs. J.A. Ross, Mr. J.L. Shaw, Mr. and Mrs. C.A. Pauley and Lambert Pauley, Belfast, P.E.I.

KEEP IN TRIM
Hips Need Exercises To Retain Slimness
BY IDA JEAN KAIN
Judging from figures, as well as complaints, the bulk of weight settles on the hips. Unfortunately hips seem obstinately immune to diet. How come?

The answer lies in the explanation of why pounds accumulate largely on the hips in the first place—lack of activity. Fat always tends to be deposited on the least used areas. That large, fleshy muscle on the back of the hips, and the short, thick muscle flanking the side hips, make relatively undisturbed parking spots. We are a nation on wheels, and hips bear the brunt of added weight.

The solution is more exercise, of one kind or another. Walking is excellent, everybody says so, but almost nobody walks any more. There isn't time. Any active exercise will help to keep muscles in tone. Take your choice—dance, play golf, swim, ride a bike. Go in for any kind of exercise you enjoy most. Do some form of exercise with a fair amount of regularity and you will have no hip worries.

Of, if you prefer, take shape-ups in the form of precision exercise. You can't beat callisthenics for hip slimming. Here is a trio of favorites:
Positions: Lying on left side, head on folded arm, legs straight down. SIX TIMES.
Action: Flex right knee briskly toward chest, shoot leg straight down, then swing vigorously toward rear and hold. The count is 1-2-swing—hold. Six times will do, change sides and swing again.

Position: Sit on floor, legs slightly back and bend knees so as to bring weight to bear on the bulge.
Movement: Slowly and heavily roll along one thighline, back across hips to other thighline. Repeat about 20 times, making it a slow, heavy roll.

Position: Lying on right side, legs straight down, left leg on top of right. Palm of hand braced on floor for balance.
Movement: Swing top leg away up in front, then swing vigorously rearward, swing forward again, holding an alternate backward swing. Change sides and swing with the other leg.

This trio of exercises restores tone to the big hip muscles and streamlines hips in a hurry.

Petit Diplomat From India Is First Secretary
OTTAWA (CP)—A diminutive diplomat has become India's First Secretary here, first woman to hold this high post in the capital's diplomatic corps.

Mrs. Kamala Shastri, 33, arrived to begin her new job as senior assistant to India's high commissioner, Dr. M. A. Rauf.

A petite, vivacious woman—she stands five feet, one inch—Mrs. Shastri joins a handful of women diplomats here.

PREBYTERIAN W.M.S.

The regular meeting of the Presbyterian Women's Missionary Society, Montague, was held in the vestry Tuesday evening, Sept. 11th, with the president, Mrs. D. A. Campbell, presiding.

The devotional period was in charge of Mrs. Byron Stewart and opened with the call to worship, Isaiah 26-4. The hymn "I Am Thine O Lord," was sung and the Scripture lesson, Psalm 46, was read in union. The Bible exposition was read by the leader, followed by a circle of prayer.

An interesting and informative report from Mrs. Dickson, Presbyterian Missionary in Formosa, was read by Mrs. F. MacKenzie, followed by prayer by Mrs. C. A. MacKay.

The minutes of the last meeting were read by the secretary, Mrs. A. D. MacLure, and the financial MacLure. Plans for having Miss Anna MacDonald, missionary on furlough from Formosa, visit in Montague on September 24th, were discussed and it was decided to invite the ladies of the Presbyterian congregations in this area to attend the meeting in the Church Hall. Arrangements were finalized for holding the Fall Thankoffering service in October. The meeting closed with Missp benediction repeated in union.

SAINT ANDREWS C.W.I.
The September meeting of the St. Andrew's sub-division of the C.W.I., was held in the Parish hall on September 18th. About fifty members were in attendance.

The president called the meeting to order. Rev. George McCormack opened the meeting with the League prayer. The minutes of the last meeting were read and approved. A very interesting talk on Lay Apostolate was given by Miss Aletha Mullen. The highlights of this talk centered on her visit to Grailville, Ohio, earlier in the summer.

The convenors then gave their several reports. Mrs. James McDonald, membership convenor reported that to date there are 110 sale held in Mount Stewart Aug. 18th., was very successful.

Catechism prizes were awarded to Jean and Charles McAdam, who are to be congratulated. The ladies of Cherry Hill and Canavay were asked to clean the church this month. Arrangements were made to hold a chicken supper in the community hall on Wednesday September 26th.

The meeting closed with prayer.

KINGSBORO W.I.
On Sept. 4th the regular monthly meeting of the Kingsboro Women's Institute met at the home of Mrs. Bernard Massey with an attendance of twelve members and six visitors. Meeting opened with the Ode followed by roll call. Minutes of last meeting were read and approved. Reports of committees were then given.

New committees, School, Mrs. Wilbur Jarvis and Mrs. Horace MacDonald; Lunch, Mrs. John and Mrs. Robert Robertson and Mrs. H. R. Bell; Program, Mrs. Bernard Massey and Mrs. Wesley Bruce. Roll call, Your Favorite Song.

Meeting invited by Mrs. Wilbur Jarvis. Correspondence was then read. \$10.00 was voted for U.S.C. also \$1.00 donated by Mrs. Bell. A thank you letter from the Canadian Cancer Society for donation. Secretary and President were asked to contact Birt in Souris regarding Shur Gain Program. Collection for the evening amounted to three dollars and ten cents.

A guessing game put on by Mrs. Bernard Massey won by Mrs. Wesley Bruce increased the fund by

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