

Seven Days A Week

MONDAY: Our thoughts turn gardenwards more and more of these days. There are so many new and interesting plants to read about these days, don't you think? Do you know that the word "etiquette" is of horticultural origin? Many years ago in the City of Versailles in the palace of the king they hired a Scotch gardener to plan and lay out the beds for flowers. Now this old Scotch gardener was a fussy fellow and he disliked having anyone tread on or mess up his beautiful work. Of course the king had many visitors and the courtiers who wandered about the gardens quite regularly tramped where they shouldn't have tramped! So the gardener put up "signs" telling them boldly where they could walk and where they could not walk. The king, who loved his gardens also appreciated the wisdom and work of his gardener. So he gave orders that all were to obey the gardener's labels. The courtiers were told to keep within the "etiquettes". The word and incident gained prominence and publicity and is now applied to moral and social customs. Very few people would ever dream that this fancy word had such a humble beginning.



Ladies of Pleasant Circle W. I. suggest a Frosty Fruit Loaf for the family today. They have other suggestions for busy homemakers, which will appear each day this week.

FROSTY FRUIT LOAF

(Makes 3 loaves) Measure into a large bowl: 2 3/4 cup lukewarm water 2 teaspoons granulated sugar and stir until sugar is dissolved. Sprinkle with contents of 2 envelopes fast rising dry yeast. Let stand 10 minutes. Then stir well.

In the meantime, scald 2 3/4 cup milk. Remove from heat and stir in 1/2 cup granulated sugar 1 1/2 teaspoons salt 6 tablespoons shortening Cool to lukewarm and add to yeast mixture.

Stir in 3 well beaten eggs. Stir in 3 cups once sifted bread flour and beat until smooth. Stir in 3 cups mixture of washed and dried seedless raisins, quartered and candied cherries and slivered mixed candied peels.

Work in 3 cups small once sifted bread flour. Turn out on lightly floured board and knead dough lightly until smooth and elastic. Place in greased bowl, brush top with melted butter or shortening. Cover and set dough in warm place free from draught.

Let rise until double in bulk. Punch down and divide into 3 equal portions. Form into smooth balls. Shape into loaves, place in well greased pans (4 1/2" x 8 1/2" on inside measure and 2 3/4" deep). Grease tops.

Cover and let rise until double in bulk. Bake in moderate oven 350 degrees 45 to 50 minutes. Cool and ice with plain icing.

Plain Icing Combine: 1/2 cup sifted icing sugar 2 teaspoons milk 1/2 teaspoon vanilla and beat until smooth.

ss usually means congested veins. Varicose veins may never develop if the congestion is never allowed to reach the point where the veins are stretched until their valves are unable to work properly.

(Footstools were a good thing weren't they?) Don't try this exercise on the way to market! You are not that tired!

4. THURSDAY: Ailu, the most western of the Aleutian Islands is probably best remembered by those who served there, because of its mud, its snow, its perpetual fog and its high winds. Heating the Quonset huts was complicated by the fact that the oil stoves were continually being blown out by blasts of wind when the men forgot to close the doors. The carpenter mates of the Naval Air Facility found a way to lick his problem. He observed military courtesy. On the door of their shop in large block letters was this sign:

SHUT THE DOOR, STUPID! NOT YOU, SIR!

5. FRIDAY: Have you ever made a Salmon Puff? Well if you haven't you've missed something super special! This recipe makes 4 servings. Actually it should be doubled, if there are more than three in your house. You butter and cut into cubes 6 slices of bread. Drain, flake and remove bones from seven ounces can of salmon. Prepare 1 1/2 cups grated cheese. Grease a two quart casserole and fill with alternate layers of bread, salmon and cheese. Finish with a few additional bread cubes. Combine and pour over ingredients in the casserole. 2 eggs, slightly beaten, 1 cup milk, 1 1/2 cup water, 1/2 tsp. Worcestershire sauce, 1/2 tsp. salt and a dash of pepper. Bake in a slow oven (325° F) for one hour.

6. SATURDAY: I had a request

Anne Adams Patterns



HALF-SIZE STYLE!

Half-sizes! Two smart dresses for the sewing of just one! With the jacket on, this looks like a suit. Whisker jacket off when the temperature soars - presto! you have a cool, slimming princess dress. Proportioned to fit!

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PRISON POPULATION

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WOMEN

ELLEN'S DIARY

by an Island Farmer's Wife

A wind that had trafficked with icebergs, a coldly indifferent breeze, bit the lingers of the housewives as they spread this morning's wash. "It's cold!" a ragamuffin sparrow complained from a lilt close by. His plumage was blushed to keep him warm but withal there was no blitheness to be seen in his face.

"You'd expect by this weather you'd be turning warmer, wouldn't you?" he grumbled. "Perhaps we were expecting too much; we can't have summer in mid-summer, now can we? And besides, remember? We've had some beautiful days."

"That's what makes a wind like this seem to be more searching," he replied. "You see we're getting so accustomed to having things our own way and everything right at hand (Why, we can't even walk as far as lane's end for the mail! Its too far or it takes too much time... and our forbears had to walk miles to get theirs!) we imagine we should be able to get just the kind of weather we choose. Fine," he giggled, "when we want to wear our new suit, shivery if we have stunning rain-gear to display!" He grinned implacably.

"There's some truth in that" he nodded. "This frost o' night's, Ellen," James said riding up now on his way to old huckleberries. "It's going to come pretty hard on the hay-lands, I'm thinking. It just may be that the farmers won't be leaving fine fields unowned this summer. I've seen some fairly slim yields some years... yes, fairly slim yields. Well," he smiled, tightening the rein, "we'll have to take what comes of weather, won't we?"

I reckon it will have to improve shortly." "What's that noise?" our sparrow-friend questioned, his ear alerted. We spread a checked table cloth, pinning it with care to hold it in place; an everyday towel and another, worn and not so white as once; young underwear (How tall Jamie grows!).

He bent lower on his perch to obtain a better view of the roadway. "Why, it's the road machine!" he exclaimed. "I didn't think it was the sound of a plane or a tractor I was hearing." He laughed. "There are so many curious noises nowadays! Would James' mount be afraid of you?" he nodded.

"Guess the whole world is pretty well afraid of the H-bomb," he commented soberly. "It's possibilities are appalling, aren't they? And there's nothing—no defence can be of any use against it, it's so all-powerful. It's too bad... about... and this such a lovely old world."

Blown white clouds framed prettily a house on a hilltop; above it the sky was very blue. The fields were deepening their green. There was red on the maples and a subtle yellow on the willows. Aye, indeed, it was sad... and this such a lovely old world.

Until tomorrow... Good-night... Diary

How Can I?

By Anne Ashley

Q. How should natural-finish willow or wicker furniture be washed?

A. Wash thoroughly with warm soapsuds containing enough borax to make the water soft. Scrub the brush with an ordinary scrubbing brush and wipe off with a dry cloth; set in the sun until all dampness has disappeared.

Q. How can I make stockings wear longer?

A. Do not put stockings aside for several days after wearing before washing them, as the moisture from the feet will quickly rot them. They should be washed as soon as possible after wearing.

Q. How can I make it easier to clean woollens?

A. Before attempting to clean a woolen garment, always brush it thoroughly. Much of the dust can be removed, thereby making the cleaning far easier.

That Body of Yours

By James W. Barton, M. D.

GAMMA GLOBULIN AND PROCAINE IN POLIOMYELITIS

Older physicians watch the experimental work being done by investigating physicians into the use of gamma globulin in the treatment of infantile paralysis and other diseases with a great deal of interest and the results of the use of gamma globulin throughout the civilized world. It will certainly be a great victory for medical science if gamma globulin and procaine prove to be life-saving.

In Review of Clinical Medicine for Children, Drs. P. Ragazzona, M. Guisti, A. Pazzaglia, Italian investigators, report that since May, 1951, they have been treating poliomyelitis patients by injecting gamma globulin into the large blood vessel of the heart (the aorta) and procaine into the veins in an intense passive immunization in the early stage in the disease. The procaine has a protective action on the nerve and blood vessel apparatus during the same phase of the disease and during the phase of recovery and convalescence.

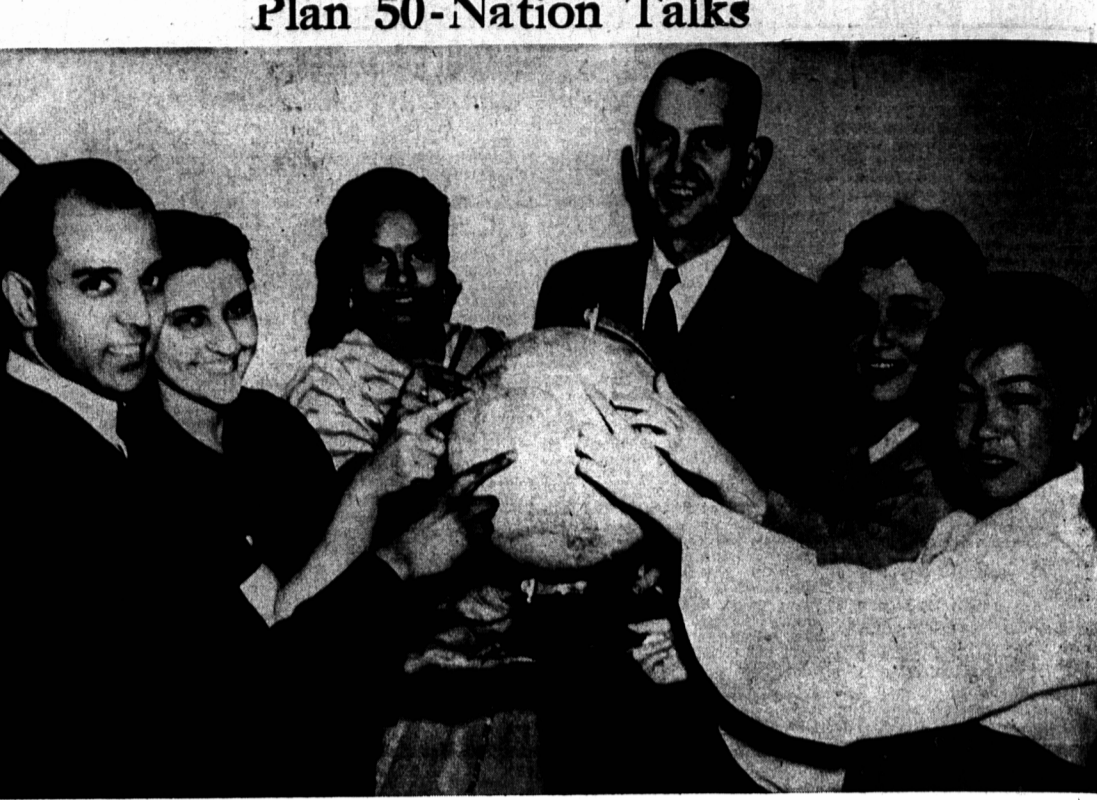
These physicians classify their patients as having severe cases when both legs are involved, very severe cases when there is bulbar paralysis and all four extremities are involved, moderate when only one group of muscles is affected.

They inject from 4 to 14 cc. of gamma globulin into the aorta (sometimes with plasma) after injection of from 5 to 10 cc. of procaine into the aorta. This is repeated 3 or 4 times in the following days. At the same time the injection of procaine is given into the veins, not into the muscles. This treatment is supplemented by antibiotics (penicillins) and vitamins B1, C and E, and is continued for three or four to 15 to 20 courses.

"When injections into the aorta are too dangerous for patients in whom all the extremities (both legs, both arms) are involved, the injections into the veins alone are used; in mild cases the gamma globulin is injected into the muscles."

Physical therapy (massage, passive exercises and electricity) are used after the painful phase has passed. These physicians treated 95 patients with poliomyelitis. Disease was very severe in 31 patients severe in 24, moderate in 20. All but two cases received some benefit from the above treatment.

Although it is too soon to make a definite statement regarding the use of gamma globulin and procaine in poliomyelitis, the above results give us good ground to feel that research physicians everywhere are on the right track and that gamma globulin and procaine may meet our expectations.



The Stars Say

By Estrellita

For Tomorrow

HOME and family matters move into focus now, and you may be called upon to give help to parents, brothers or sisters. Be generous in this respect and you will be more than amply rewarded for it.

This is also an excellent period for communicating with friends and loved ones at a distance and for tackling overdue letters.

Those in the fields of public service, entertainment and other professions should do exceptionally well during the afternoon hours. The evening hours bring promise of exciting news and surprising events.

For the Birthday

If tomorrow is your birthday, the year ahead promises much in the way of rewarding achievement, with a considerable improvement in your financial status indicated by the end of June. In fact, financially speaking, you should be benefiting from the fine influences in your horoscope right now.

Real estate and property matters are especially favored during the next few months and the summer augurs well for romance and social activities.

You may experience some emotional tension toward the end of the year, but a philosophical acceptance of necessary changes can do much to counteract this influence. Do not indulge in extravagance during December.

A child born on this day will be aggressive and self-reliant, but inclined toward bluntness at times.

Contract Bridge

By Josephine Culbertson

TYPICAL UNDERBIDDING

The average player is apt to underbid the sort of hand held by North below — just as the actual North bid.

South dealer. Both sides vulnerable.

♠ Q5 ♠ 93 ♠ AK97643 ♠ 62 ♠ 9842 ♠ N ♠ J763 ♠ K752 ♠ W ♠ J1084 ♠ Q2 ♠ E ♠ J ♠ A43 ♠ S ♠ 109853 ♠ AK10 ♠ AQ6 ♠ 1085 ♠ KQJ7

When this deal occurred in a better-than-average rubber game, the bidding proceeded:

South West North East 1♠ Pass 1♦ Pass 2NT Pass 3♦ Pass 3NT Pass Pass Pass

The opening lead was of no real consequence. South could simply concede a trick to the ace of clubs and then had more than enough sure tricks for the balance. So North-South lost what might be described as a laydown slam, since nothing but a 3-0 break of the missing diamonds could have upset a six-notrump contract.

If we start off by analyzing South's bidding, we will find no flaw. His one-club approach, his two-notrump rebid, and his final call of three notrump were uniformly logical. North's one-diamond response did not promise much; and when North then non-committally went to three diamonds, South had no choice but to bid three notrump (or cravenly pass!).

The fault, then, for the partnership's failure even to investigate slam chances was exclusively North's. That player did not appreciate the potential value of his seven-card diamond suit, to say nothing of his spade queen. If South, merely on the assurance that he would find some diamond strength opposite him, could afford to contract for two notrump and simultaneously urge a game contract at that denomination, surely North's trick-winning potential over what he might have had deserved consideration and mention!

North should have bid at least four notrump — which probably would have been all the action necessary. South would have taken over from there.

DOROTHY DIX

Guests At A Wedding

DEAR MISS DIX: After a two-year engagement, I am marrying Jacky in August. My parents can't give me a very expensive wedding, but they do want everything to be as nice as possible. We'll be married in church at 10 o'clock in the morning, and I'll have a white gown, veil, bridesmaids, etc. Now to the dilemma. We could have a small reception for the immediate family only, or a larger one for some 75 people. In the latter case there will, of necessity, be friends who can't be invited. How can we avoid having their feelings hurt?

ANSWER: With the season of weddings approaching, your letter paves the way for a bit of advice, not so much to you, as to the myriads of friends who must "of necessity" be excluded from receptions. Your own problem has a very good solution in the small reception you mention. But if your friends will heed my little homily, you could go ahead with your larger party, confident that others will understand and appreciate your position.

Morning Smile

Like many a brand-new mother, I picked up the baby whenever she cried. "I wonder what makes her cry so much," I said to the nurse. "Tain't nothin' wrong with her," she replied, "ceptin' she's got arm colic and lap fever."

Better English

By D. C. Williams

1. What is wrong with this sentence? "I can't seem to solve this problem, but I do think we shall divide the money between the three of us."

2. What is the correct pronunciation of "comptroller"?

3. Which one of these words is misspelled? Decedent, defendand, decedite, deciduous.

4. What does the word "aspiration" mean?

5. What is a word beginning with pe that means "gloomy; foreboding"?

ANSWERS 1. Say, "I seem unable to solve this problem, but I do think we shall divide the money among the three of us." 2. Pronounce kom-try-ler (not komp-try-ler), accent second syllable 3. Decedite. 4. Act of desiring with eagerness. "The ambitious man has many aspirations." 5. Pessimistic.

Household Scrapbook

By Roberta Lee

Whiter Clothes

For clothes that have turned yellow, put some boiling water in a vessel and add 1 teaspoon of cream of tartar to each quart of water. Dip into this solution several times but do not allow the garments to remain. After rinsing in several changes of water, hang in the sun to dry.

Paint Stains

Paint stains on fabrics can often be removed by saturating two or three times with equal parts of ammonia and turpentine, then washing thoroughly in soapsuds.

The Range

The steel on oven doors can be cleaned by rubbing it briskly while still warm with a soft cloth dipped in vinegar.

Modern Etiquette

By Roberta Lee

Q. When are "informal" professional correspondence? A. The "informal" a foldover card, may be used for any short note—for sending and replying to invitations, for enclosing with a gift, and so on. It is not proper, however, as a letter of condolence.

Q. Is it correct for a woman to eat in a public restaurant with her gloves on? A. If she is seated at a table, it is not correct, if, however, she is standing and eating light refreshments, she may keep her gloves on.

Q. When a girl attends church with her fiancé, is she supposed to give enough money to the collection for both? A. Each should put in a contribution.

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