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### New Acadian History

A welcome addition to the historical literature of the Province, and one which has been looked forward to with much interest, is 'The Acadians of Prince Edward Island, 1720-1964,' by Prof. J.-Henri Blanchard, M.A., LL.D., retired vice principal of Prince of Wales College, which has just been published by Le Droit and Leclerc, of Ottawa and Hill, and which can be warmly recommended to all our readers.

Dr. Blanchard, of course, needs no introduction to students of Acadian history anywhere. He modestly terms his new book a "chronicle", and it is that and much more. The material, which he has been gathering for many years, has been obtained from the works of recognized historians, from official documents and records, from reports of the Public Archives of Canada and the Dominion Bureau of Statistics, and from parish registers; and there is much in it that appears in accessible form for the first time.

The author has been at pains to make his work as objective as possible. From it the reader can follow the history of the Acadians from the time their first families came to Port LaJoie in the summer of the year 1720, and share in their early struggles until, at the end of 38 years, they had begun settlements on 34 of the 67 townships of the Island.

At the time of the Deportation in 1758 they numbered about 5,000 souls. Forty years after this tragic event, in 1798, a British census records only 102 Acadian families on the Island. From these 102 families are descended almost all of the 17,418 Acadians listed in the census of 1961. Many interesting facts and figures are cited by the author in this connection.

He also records, in brief biographical sketches, the fine contribution the members of these pioneer families have made to the life of the Province. It is an inspiring story, carried down to the present day, and dries with which every Prince Edward Islander should be familiar. Dr. Blanchard has put us all in his debt by making it available in such attractive and authentic form.

### Time For A Change

With all the wrangling that has been going on between Mayor Whitte and civic officials and others at Ottawa, it is not surprising that somebody should come forward to suggest a new form of local government for our national capital. The suggestion has come from Hon. J. G. McNeill, President of the Privy Council, who proposes that the federal and Ontario governments each appoint one or more representatives to the city council.

In an interview with The Citizen, the federal cabinet minister says he personally feels it is both "desirable and urgent" that the two senior governments have a voice in the administration of Ottawa's affairs. Aldermen elected by Ottawa ratepayers would remain in the majority under this scheme, but would be elected at large instead of representing a single ward. Mr. McNeill thought it "an anachronism" that about 80 per cent of the council should now be chosen on a ward basis in a national capital.

The city now is divided in 10 wards, each electing two aldermen. The mayor and the four controllers are elected at large. The federal government, with its multitude of buildings in Ottawa, is the city's largest taxpayer. The Ontario gov-

ernment also spends heavily on roads and schools and has a big stake in the civic administration.

Last year Hon. Lionel Chevrier, former Minister of Justice, called for a Washington-style federal district in Ottawa, but Prime Minister Pearson said flatly his government would never press for such a change because local residents obviously opposed the idea.

Meanwhile Mayor Whitton's present controversial term is scheduled to end in four months' time. The city council has just voted 12 to 6 in favor of holding a judicial inquiry into charges laid by a contractor, Irving Greenberg, of incompetence and inefficiency at city hall resulting in the waste of millions of tax dollars. The inquiry is bound to become a major issue for the December civic elections.

Mayor Whitton, who served for two and a half terms between 1951 and 1956 and then was re-elected in 1960 and 1962, has not indicated whether she'll run again. But the other night, following a bitter shouting exchange with the mayor in the city hall press room, Mr. Greenberg threatened to run for the office himself "in the name of justice."

This kind of feuding is embarrassing, to say the least. Civic administration in Ottawa is important to all Canadian taxpayers, and it is time that it was put on a national footing of some kind.

### Holidays Can Wait

At Ottawa they're worrying now about whether Parliament will get any summer recess. The next few days may decide this question, and also whether there's a chance—or should we say a mischance?—of a fall election.

As of now, only a few major items of business stand between MPs and a holiday. But one of them is the government's proposed maple leaf flag which a number of Progressive Conservatives are dead set against. The government has said it plans to keep Parliament in session until a decision is reached on the flag. In addition it wants passage of a bill implementing the fiscal arrangements arrived at in federal provincial conference over the last eight months, and interim spending authority to pay bills beyond the end of July when its current spending powers expire.

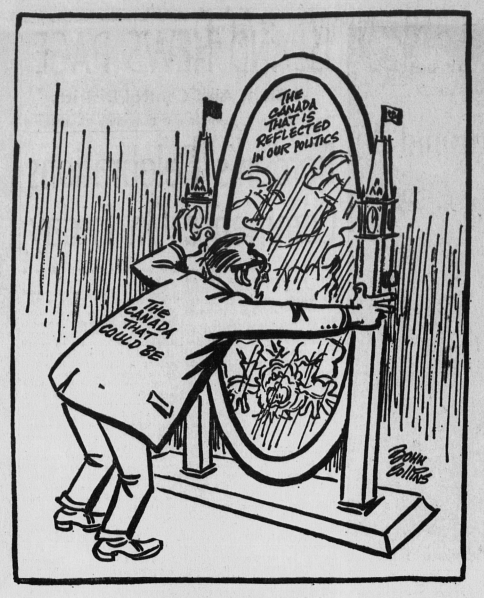
According to a Canadian Press story, the Conservative position is based on the belief that if the government gets approval of its flag design along with interim spending authority, the temptation to call an election will be irresistible. Both sides declare privately they won't budge. The end result would then be no summer recess, frayed tempers and the prospect of great bitterness in the minority House until fall.

This concern of our \$18,000-a-year representatives with summer holidays is likely to leave most of our taxpayers cool. After all—as the Ottawa Journal points out—when MPs signed on for this parliamentary voyage there was no stipulation that they might abandon ship to rest or holiday before the ship delivered its cargo—or some of it. Let them stick to their job, as most working adults have to do, and be thankful if they get two or three weeks' holidays in the course of the year.

### Not Forgotten

Today, in the British House of Commons, members of the main political parties will take a recess from their pre-election feuding to pay tribute to their great colleague, Sir Winston Churchill, who has had a parliamentary career of 64 years. It is unlikely, says a news report, that Sir Winston will be present to hear the tributes, which will take the form of a Commons motion acknowledging Parliament's great debt to him for his "illustrious leadership" during the Second World War. It will be moved by Prime Minister Douglas-Home, seconded by Opposition Leader Harold Wilson, and supported by Jo Grimond, chief of the Liberal party. A delegation will call on Sir Winston later at his London home to present him with an extract in suitable form from the official Journals of the House.

Just a little reminder from Britain—and through its Parliament from the whole free world—that the grand old man is not forgotten. He will be 90 in November.



### JEKYLL AND HYDE

#### OTTAWA REPORT

### Reviews Smoking Hazards Campaign

Columnist today is Hon. Judy LaMarsh, Minister of Health and Welfare, and Liberal MP for Niagara Falls. It was just a little more than a year ago that I smoked of my last cigarette. I do not mind admitting that at first I found it rather difficult, in some ways, and it was weeks before the desire to "light up" completely left me. Nevertheless, I am happy indeed that I was able to break the habit. Not that I really had much choice! As Minister of Health, it certainly would have been incumbent on my part to preach against the hazards of smoking, and then reach for a cigarette as soon as I had finished speaking. My chief reason for stopping, though, was not political expediency, but rather the strong conviction that smoking and lung cancer and other diseases became so overwhelming that the situation could no longer be ignored. Accordingly, late last November I called a conference in Ottawa which was attended by representatives of the various professional and voluntary organizations concerned, and of the tobacco industry. The principal results of this conference were the establishment of two Advisory Committees, one on education and the other on research, and a federal allotment of \$600,000 over a period of 5 years, of which \$400,000 was earmarked for an educational program, and \$200,000 for motivational research.

In January of this year, the aims of our developing program were stated specifically: 1) To inform the public about the risk to health connected with cigarette smoking. 2) To encourage smokers to discontinue the habit, and 3) To dissuade non-smokers from acquiring the habit. Our program, then, is essentially educational. Various population groups through and towards which health education programs could most effectively be directed were selected and given priorities. Heading the list were those actively engaged in the health professions. Next were teachers and teacher-training personnel. Then came the pre-teen and teenage school children, and many of the patients reported immediate relief of some throat tenderness of the sternocleidomastoid muscle, according to Dr. Brody, can result from acute or chronic muscle strain, injury, or emotional stress. Ethyl chloride may be replaced by dimethyl sulfoxide (DMSO), the new pulp remedy which made the headlines recently.

10-DAY SLIMMING DIET Mrs. T. writes: I am going on vacation soon and don't want to buy a new bathing suit. Do you have a specific diet which will help me take off a little weight? REPLY Yes, TODAY'S HEALTH HINT—Don't swim when over-tired or right after eating. (Note: All correspondence to Dr. Van Dellen should be addressed to: Dr. Theodore Van Dellen, c/o Chicago Tribune, Chicago, Illinois.)

Health programs destined to point out the hazards of smoking are certainly not unique to Canada, and even within Canada, there are many who are endeavoring to do this on a local basis by providing co-ordination, and by eliminating duplication of effort. The co-operation we have received from the provinces and other interested agencies has been splendid. In all, I think it can be said that we are making progress. According to reports of the Dominion Bureau of Statistics, 8 per cent fewer cigarettes were released for consumption in the first quarter of 1964 than in the first quarter of 1963. In one Canadian survey it was found that the most rapid recruitment of school children to the cigarette smoking habit occurred between 12 and 16 years of age, and at 10 per cent of boys and 33 per cent of girls. Thus, the more progress our youngsters are making at an early age, the more progress an educational campaign gathers momentum.

### Boosts Tobacco Export

Most encouraging details of Canadian success in tobacco export sales were revealed in the House of Commons. Overseas shipments to date this year have exceeded the entire export in 1963 by almost a half million pounds. Much of the export was to Britain, and it is reported that that country has been making a special effort to emphasize the health hazard in cigarette smoking. Several new buyers were also located, possibly due to the tobacco mission which was sent abroad to hunt up buyers. It must also be recalled that in years prior to the last crop season there were minimum prices set, below which tobacco could not be sold. In the last season this restriction was eliminated. Although the prices were only a shade above the minimum, it was sufficient to put them in a properly competitive position in the foreign market. Tobacco growers who are watching closely the effect of the health hazard in cigarette reports on use of their product may be encouraged that there has not been a disastrous drop in the overseas market. It will allow them and their retailers to develop a market that may not contain the cancer-producing elements—if such can be found there has been concern that a market drop-off would not allow the lengthy GYPSY KING DIES

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LOS ANGELES (AP)—George Adams, king since 1960 of some 75,000 Serbian gypsies in the United States, died Saturday night of an apparent heart attack. He was 63.

### Medical Browsing

By Dr. Theodore R. Van Dellen  
Cockroaches are on the carpet and everyone knows these filthy insects spoil food and may spread disease, but now it appears they have an "allergic potential".  
Two Washington allergists, Dr. Harry S. Bernton and Dr. Hella Brown, tested 353 nonallergic and 114 allergic patients for sensitivity to roach allergen. 7 per cent of the first group and 22 per cent of the second reacted positively. The mechanism of sensitivity centers about contact with roach droppings. Allergy waxes may include roach extracts.  
Smoking dipping is one cause of cancer. The tobacco is placed between the gum and lower lip, and is used as a substitute for smoking.  
In one survey of snuff users who were carcinoma of the nose and cheek, a ratio of three women to two men reversed the usual incidence of two men to one woman with cancer of the tongue and throat.  
Spraying ethyl chloride on the skin to relieve muscle pain and toothache when faced with an outbreak of upper respiratory infections abroad in the US Saratoga. While examining the crew he noted tenderness of the large muscles of the neck extend from the ear to the collar bone (sternocleidomastoid). Pain was relieved when he immobilized this structure with his thumbs and fingers. This suggested to him a trigger area located in the neck, which gave rise to referred pain to the throat.  
He sprayed the skin over the thyroid gland about the size of a half dollar with ethyl chloride and many of the patients reported immediate relief of some throat tenderness of the sternocleidomastoid muscle, according to Dr. Brody, can result from acute or chronic muscle strain, injury, or emotional stress.  
Ethyl chloride may be replaced by dimethyl sulfoxide (DMSO), the new pulp remedy which made the headlines recently.  
10-DAY SLIMMING DIET Mrs. T. writes: I am going on vacation soon and don't want to buy a new bathing suit. Do you have a specific diet which will help me take off a little weight? REPLY Yes, TODAY'S HEALTH HINT—Don't swim when over-tired or right after eating. (Note: All correspondence to Dr. Theodore Van Dellen, c/o Chicago Tribune, Chicago, Illinois.)

### NOTES BY THE WAY

Some people are striving to leave footprints on the sands of time; others are trying to cover up their tracks. Samia O'Brien.  
"Now, William," questioned teacher during the geography lesson. "How do you know that the word is coined and hasn't been unassisted in space? How can you prove it?" "Well, teacher, William," I never said it," replied William. "I proved it was." —Galt Reporter.  
An 11-year-old failed his grade in a letter to his grandmother in Fort William, he wrote, "I assume you have heard the word 'now' from Mom by now. You teach Boy Scouts, track and field, and music making, I now really admit, that enough of this morbidity. I hope you are feeling well..." It could be the youngster will find his field in writing—Fort William Times.  
A U.S. woman complains that a tax department official with a "velvety, uncouth voice" tried to get her to pay a tax bill. "Would she have preferred one with a raspy voice?" Ottawa Citizen.  
A woman who sent out 1,283 marriage proposals in 1,200 letters that he cast into the North Sea has received 391 favorable replies. "I don't know if any romances begin with a bottle—Hamilton Spectator.

### Credit Reform In U.S.

Milwaukee Journal  
The true rates actually ranged from 12 to 40 per cent. The main objective of the proposed bill is to make the consumer aware of the true cost of credit. This is the result of the senate banking and currency committee's decision to give the proposed "truth in lending" bill additional study. Why more study is needed on a measure that has had 10 years of senate deliberation is hard to understand. Government and private surveys have shown repeatedly that consumers simply do not know how much they pay for credit. For instance, Jesse Coles of the University of California found that of 106 families she questioned only one knew the true annual interest rate it was paying on car installment purchases. The 30 who thought they knew estimated 5 to 12 per cent.

### Too Much Paper Work?

London Free Press  
Are we really short of nurses, or is it simply that nurses are too occupied with bookkeeping to attend to their medical duties? Almost anyone who has been in hospital in recent years knows that the answer that question, so can the nurses themselves.  
Once again this vexing problem has been outlined, this time by Miss D.M. Hibbert, of the School of Nursing at the University of Western Ontario, who says "nurses" are doing so many things a somebody else might do that they really can't say there is a shortage of nurses. The Free Press reports: Filling out fever charts and similar medical forms for the information and guidance of the doctor is a part of the nurse's work, and she would not want to escape it if she could. But with the expansion of hospitals, and the introduction of medicare in one form or another, today's registered nurse finds more and more of her on-duty hours given over to clerical work. This is not what she was trained for. She did not spend three arduous years learning to fill out hospital and governmental forms. Her place is at the patient's side; this is her paramount responsibility. Entire hospital wings in this country have remained closed for lack of nurses to staff them. Before there is any further talk of a nursing shortage, let our hospitals and doctors take a long look at what non-nursing jobs they have imposed upon their nurses. Any duties that could be borne by clerical help would free many more nurses for nursing.

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