

# Crunchy garden-fresh salads

## PINEAPPLE SALAD

**Take:**  
 1 can sliced Hawaiian Pineapple  
**Mix together:**  
 2 eggs, well beaten  
 1/2 cup sugar  
 2 tsp. flour  
 1 cup pineapple juice  
 Juice one lemon  
 Piece of butter, size of walnut  
 Cook until mixture thickens and cool, then add 1/2 pint (or 1/2 pint) of cream whipped not too stiffly. Place pineapple on lettuce leaves. Cover with above mixture, garnish with cherries and nuts. Grated cheese is also a tasty addition.  
**MRS. RAY GALANT**  
 Mililane W.I.

## CHICKEN SALAD

2 cups diced cooked chicken  
 2 cups tender celery diced  
 1/2 cup walnuts (diced)  
 1 small can mushrooms cut  
 1 tsp. salt  
 1/2 tsp. pepper  
 boiled dressing  
 2 hard cooked eggs  
 Toss chicken, celery, nuts mushrooms and seasonings with just enough dressing to moisten well.  
 Chill thoroughly, serve on crisp lettuce. Garnish with sections of hard boiled eggs.  
 Sprinkle with paprika.  
**Mrs. Everett Weatherble**  
 Pownal

## FROZEN SALAD

2 eggs (beaten)  
 2 tbsp. vinegar (scant)  
 2 tsp. sugar

6 marshmallows (large)  
 1 can fruit cocktail (well drained)  
 1 jar cream (well beaten)  
 A little pink coloring or green  
 1 banana  
 1/2 bottle maraschino cherries, cut in pieces.  
 Cook egg, vinegar and marshmallows in double boiler until thick. Fold in other ingredients.  
 Freeze.

**MRS. V. MADSEN**  
 Wood Islands West W.I.

## FISH SALAD

2 cups cooked or canned fish  
 1 cup diced celery  
 1/2 cup mayonnaise or salad dressing  
 salt and pepper  
 Lettuce

Flake fish, combine with celery and mayonnaise season with pepper and salt. Serve on lettuce. If desired garnish with hard boiled eggs.  
**ANNIE MacMILLAN**  
 Wood Islands West W.I.

## MAYONNAISE

Beat 2 eggs  
 1 cup white sugar  
 3/4 level tbsp. flour  
 1 1/2 tsp. mustard  
 1 tsp. salt

## THOMSON'S

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1 tsp. butter  
 Mix all together.  
**Add:**  
 2 cups milk  
 2 cups vinegar  
 1/2 cup cold water  
 Cook in double boiler until thick. Remove from fire and let cool. Then add 1 can milk. Mix well and store in bottles in refrigerator.  
**MAMIE SORREY**  
 Meleakue

## SALAD DRESSING

2 tbsp. flour  
 1 tsp. mustard  
 4 tbsp. sugar  
 1/2 tsp. salt  
 2 eggs  
 1/2 cup vinegar  
 1 cup milk  
 2 tsp. butter  
 Mix dry ingredients, add — beaten eggs and vinegar. Then add milk, slowly cook in double boiler and add butter.  
**MRS. ROBERT ROSE**

## JELLIED CARROT SALAD

1 package apple jello  
 1 cup boiling water  
 1 cup cold water  
 1/2 teaspoon salt  
 1 teaspoon vinegar

1/2 cup grated apple  
 1/2 cup grated cabbage  
 1/2 cup shredded pineapple  
 Pour into mould and chill.  
**MRS. MAJOR YOUNG**  
 East Baitle



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