

Timely Advice For Gardeners

(By Gordon Lindsay Smith)

KEEP GOING — It is no trouble at all to have a clean, well growing garden, if one spends a little time on the job right now. The weeds are small and easily destroyed. The soil is moist and quickly cultivated. Thinning and transplanting are done with a minimum of worry and effort. A few minutes with a cultivator or spade at this season of the year will save hours later on.

With both flowers and vegetables, the best plan is to have the bed thoroughly cultivated or dug before any planting is done and the soil worked up to the finest possible tilth. In early spring this is soon done and particularly before the seeds are sown and have started to sprout. After this thorough preparation, it is a comparatively simple matter to run over the whole plot or bed once a week with a light cultivator and this routine will keep the garden flourishing.

KEEP PLANTING — Another point on which too much emphasis cannot be laid is to continue planting. It is much better to plant a little every week for a month or so than to try and get everything in at once. There is no good reason why most vegetable and a lot of flowers cannot be planted for many weeks yet and this gradual planting will produce far more satisfactory results than sowing or setting out all at once. The vegetable garden particularly, should be planted gradually with only a portion of the carrots, beets, beans, corn, etc., sown at one time.

In the flower line, experienced gardeners will sow such things as zinnias, petunias, asters, cosmos and other annuals in little plots here and there in the flower garden. When these come up they will leave only a few plants in the original position and transplant the surplus to other parts of the garden. Handled carefully, these transplants will come along almost as quickly as those left untouched and thus a large flower garden can be planted at trivial cost.

AVOID THESE — The three commonest mistakes made by amateur gardeners are planting too soon,

too thick and too deep. These fundamental warnings refer to seed planting. The average person is inclined to start too soon, to plant while there is still danger of sharp frost. One should read the directions on the seed packet or the seed catalogues carefully. Little is gained and much risked by rushing the season.

Seed is usually small but the plants produced from that seed may be several feet tall. Bearing this in mind, we should spread seed thinly, never closer than an inch or so, and even when so spaced, most things will require rigid thinning later on. And almost every one is inclined to plant far too deeply. With tiny seed such as that of lettuce, carrots, cosmos, zinnias, poppies, and alyssum, which are not much larger than the head of a pin or shingle nail, it is not necessary to cover at all. We sow these in the finest soil and merely press in. Then, if possible, we keep the soil dampened until germination starts. With larger seeds such as nasturtiums, peas, beans and corn, one should cover lightly, say a quarter to half inch. With bulbs or corms of gladioli, dahlias, or potatoes, one plants four to eight inches deep.

IN HEAVY SOIL — Germinating seeds and roots do not like air. Hence in any seed bed one should have the soil as fine as possible, raking several times or cultivating thoroughly to break up the lumps. Then after the seed is sown, the soil should be pressed down firmly and if it is not moist, it is a good plan to water thoroughly, but carefully, to avoid washing out the seed or covering it to deeply. In moist, fine, warm soil, germination will start quickly.

In very heavy soil sometimes it is hardly possible to create this situation and experts advise a little extra effort especially where line seed is sown or things like carrots and parsnips which are most difficult to germinate. With these it is an excellent plan to dig a shallow trench and fill with special fine, rich soil from the compost heap. Where this practice is followed carrots will germinate and grow almost without thinning.

Swallowing Poison

First Aid and Home Nursing (St. John Ambulance)

Quick work is necessary to save the life of a person who has swallowed poison, says St. John Ambulance.

Every moment's delay means that more of the poison is being absorbed into the system. Call a doctor immediately, tell him briefly what is wrong, and then take steps to get rid of the poison.

First of all, don't waste time trying to find out what poison was taken—chances are you would not have the right antidote handy anyway. Try to induce vomiting by tickling the back of the patient's throat with a spoon or two fingers. If this doesn't work give him a tumbler of water containing two tablespoons of salt.

Vomiting, however, should not be induced when the patient is unconscious or when the lips and mouth are burned.

An antidote — one pint of milk is the simplest — should be given next, except when the patient is unconscious. If milk is not available, then a pint of water may be given. Water won't neutralize the poison but it does dilute it.

Although to each type of poison has its own antidote, milk or water is the best antidote for an untrained person to remember for general use.

Here are four other rules for the treatment of poisoning:

1. Place an unconscious patient in the prone position with the face turned to one side and not resting on a pillow. The prone position also facilitates the start of artificial respiration.
2. Start artificial respiration instantly if the breathing is feeble or unduly slow. Keep it up until a doctor takes charge.
3. Preserve for the doctor any remaining poison and any vomited matter.
4. Do not give any laxatives such as castor oil.

Remember, the most important thing to do when someone swallows poison is to summon a doctor as quickly as possible.

Household Scrapbook

By Roberta Lee
Mattress Stains

Clothes Drying

Sunshine is more desirable in drying clothes than a high wind, since sunshine both sweetens and bleaches them, while a high wind may tear the clothes and will take the stiffness out of starched goods.

The Polished Table

If paper sticks to the polished surface of a table, it can be removed by softening with olive oil and then rubbing with a soft cloth.

Paint Brush

To soften a used paint brush, boil it in vinegar. If the brush is very full of paint, boil it the second time.

The Stars Say

By Estrellita

For Tomorrow
ON this day, the lunar vibrations are excellent for all household matters. Renovating and interior decorating plans started now should culminate most successfully. Use should prove satisfactory. Real estate matters are also favored.

Do what you can to promote happiness and congeniality in your home. Go out of your way to display affection to those near and dear to you and, regardless of possible confusion around you, keep the emotions at a steady level. If tomorrow is your birthday, you are now in the midst of an excellent cycle from both a professional and financial point of view and, since your horoscope assures the co-operation of those in a position to aid you, you have great reason for optimism.

Personal relationships should prosper during most of 1954, and travel and romance will be under particularly beneficent aspects during the summer months.

For the Birthday

An inclination to splurge socially may cost you more than it is worth during November and December. In fact, it would be extremely wise to watch finances in general during that period and to take no risks that might reap future hardship.

If faced with any problem involving monetary matters then, seek constructive criticism and expert help.

A child born on this day will be intelligent, self-confident and aggressive.

WOMEN

Page 8 The Guardian Wednesday, May 12, 1954

Miss Byline



Seventeen-year-old Jean Hunter, Toronto collegiate student, was chosen Miss Byline of 1954 at the Byline Ball in Toronto attended by newspaper men and women from across Canada. She won out over 19 other contestants. Prizes included a week's holiday at an Ontario summer resort. The ball is staged annually by the Toronto Men's Press Club and the Canadian Women's Press Club.—(CP Photo).

That Body of Yours

By James W. Barton, M. D.

CANCER OF LUNG INCREASING

The wars caused so many cases of stomach ulcer and stomach cancer that many of us may have the idea that cancer of the stomach is still the commonest kind of cancer. It may therefore surprise some that cancer of the lungs is today responsible for most cases of cancer. Thus we read in Geriatrics, the medical journal devoted to "Research and Clinical Study of the Diseases and Processes of the most recent studies of Bronchogenic Carcinoma (cancer of the lung) as presented by Drs. Alton Oschner, Paul di Camp, and C.J. Ray of the staff at the Oschner Clinic and Foundation Hospital, New Orleans.

"Bronchogenic cancer is increasing more than any other cancer in the body, which cannot be accounted for entirely because men and women live so much longer than ever before although naturally cancer of the lung is primarily a disease of older people."

In a series of 1,112 seen at the Clinic, 38 per cent were in their seventies, 30 per cent in their sixties, 19 per cent between 40 and 49, 5 per cent between 30 and 39. In this series, 69 per cent of the patients were men and only 11 per cent were women. There were about an equal number of whites and colored.

These cancer research workers report that it is the complications of lung cancer that cause most of the symptoms. It is only when there

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Wednesday Morning Specials

THIS YEAR'S STOCK

4 Evening Gowns, 6 Suits and 3 Fitted Coats, Less 33 1/3 per cent.

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Battle Against Houseflies Gets Tougher

MONTREAL, (CP) — An expert said Monday the battle against the common housefly is being won—by the flies.

Dr. Ralph E. Heal, executive secretary of the National Pest Control Association, said flies have managed to build up a general resistance against all specially developed insecticides.

"When DDT was introduced a few years ago we thought we had the answer," he said in an interview. "But the fly built up a resistance to the stuff."

"We switched to chlorinated hydrocarbons, such as lindane, chlordane and dieldrin but the flies have resisted each in turn."

Dr. Heal, here to address a conference of the Canadian Pest Control Operators' Association, said there now is "some hope" in a new drug called malathion.

"The compound, developed from a chemical group used by the Germans during the war, has been reduced to a form that kills flies but doesn't harm human beings. However it has to be used with caution and we still are stressing elimination of breeding grounds."

DOROTHY DIX

Poison-Pen Episode

DEAR MISS DIX: I am 36 and the mother of six children, from 2 to 16 years of age. I have often been told I don't look that old. My husband is a wonderful person, good provider, intelligent, and has a highly skilled job. He works nights every other month and, since I have many friends and social connections, I often go visiting for a few hours on these evenings when he's not home.

When I go out, I dress well, since I always try to keep up my appearance. Now, to the problem. Last month my husband received a letter signed, "Good friend and neighbor" in which he was advised to watch me since I looked so attractive when I went out. My husband passed the letter off as a joke, but I know it has him worried from a few snide remarks he has let drop in the past weeks.

Mrs. L.

DESERVES PRAISE

ANSWER: You deserve nothing but commendation for bringing up a good-sized family without losing all outside contacts or your appearance. That's no easy accomplishment. The writer of the letter was undoubtedly someone so inadequate and so mean that the sight of another's efficiency is galling to an insufferable point. No matter how one tries to shrug off these despicable anonymous letters, the venom they carry seems

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ELLEN'S DIARY

by an Island Farmer's Wife

Now once more the fields stir. There is color on the woodlands and all about on hill and vale are tokens of new life on the farm-lands. Seedtime will come to the farm folks and the harvest in its own time. Yet, often in the very springtime of the year, in the lovely season of promise, there appear with more and less warnings those harvestings which take to their far home, friends and loved ones we mourn.

This afternoon, when the May-sun picked out the green on the hillside and caressed the spire of the Old Kirk at the corner as reaching Heavenward it rested prettily against the sky's sapphire blue, we came to attend a funeral service for a mother, departed. We came remembering that age has nothing to do with the bereavement such a passing brings. If aged, we then remember our tender and maturing years when parents are exceedingly dear and as well, the added wisdom and charm of their westerling lives, enriched, beautified by the lessons of time.

One full of years this mother was, indeed one who had lived long beyond life's allotted span. And as we sat there, waiting a moment for the service to begin mundane thoughts came to mind. Or were they altogether worldly, because in mothers' lives so often we see the two, earth and heaven mixed. How tireless, we thought, this mother of a large family must have been! How many little gowns she must have fashioned in her young days—and garb for her small ones! How many times she in her busy round must have stopped to sympathize with and smooth away children's concerns! And did she not try to peer into the future then as mothers will and do.

accompanying petitions as their bedtime prayers were being said. This a young mother of years vanished now, replaced by an age little skin, was one much admired, and respected in the communities about. And so it was fitting that after an absence of years which had given her to a rather distant community, she came back today to scenes she once well knew.

It was our privilege to see instead of the flower-covered casket, she who came in the olden years

with her family to sit in a remembered pew close by. . . . A woman of dignified bearing, sweet-faced and attractive in the dainty garb of that less colorful era of dress. "She hath done what she could." Much she must have done to sweeten this old world and teach it ways of good living, this Mother in large with the kind smile and the remembered ever-helpful voice to bring old neighbors and friends and new in a large gathering to pay a last tribute to respect, to recall her gifts and graces of heart and hand.

Not dead our loved ones are. They came back to us daily, and we go to them with reverent affection when we look upon their faces in the secret places of our hearts.

Until tomorrow — — — — — Diary

— — — — — Good-night



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The FASHION SHOPPE

141 Great George St.

How Can I?

By Anne Ashley

Q Should new rubber rings always be used when canning?

A. Yes, as it is false economy to use old ones. Rubber rings deteriorate, so new ones should be purchased at the canning season, even though some were left over from last season.

Q How can I save time when measuring dry and liquid ingredients?

A. The methodical housewife will have two measuring cups on hand, one for wet ingredients and one for dry. It will save much time.

Q How can I clean woolen shawls?

A. Wash in warm soapsuds to which powdered borax is added. Rinse well and dry slowly.



BREAD AND BUTTER PICKLES

- 6 quarts small cucumbers
- 1 to 1 1/2 inches in diameter
- 1 quart small white onions
- 4 cups sugar
- 1 tablespoon turmeric
- 1 teaspoon mustard seed
- 1 teaspoon celery seed.

Wash all vegetables. Slice cucumbers and onions thinly. Remove seeds and dice peppers. Make a brine of the salt and water. Cool and pour over vegetables. Let stand overnight. Drain thoroughly. Combine vinegar, sugar and spices. Bring to boil and add vegetables. When thoroughly heated, pack in hot, sterilized jars and seal.

Yield: about 6 quarts.
—Mrs. Charles Reid, Suffolk W. I.

Coated Marshmallows

Melt two bars of toffee in a double boiler, to which add a little milk and butter to make the toffee slightly thinner in consistency. Drop approximately 30 marshmallows into this liquid. When they are coated, place them in a paper bag containing rice crisps or fine coconut and shake. Two bars of toffee will make 20 coated marshmallows.

Anne Adams Patterns

DRESS OR PINAFORE!

Mom, pop her into pinafores! Most practical for summer—they're a snap to sew, iron in a jiffy! Use remnants for thrift—combine plaid 'n' plain cotton. Make two or three with panties to match almost as quickly as one. She'll wear them all summer. Pattern 4516: Children's. Sizes 2, 4, 6, 8, 10. Size 6 dress 1 3/4 yards 35-inch; panties 1/2 yard.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, s/o The Guardian, 60 Front Street West, Toronto, Ontario.

Morning Smile

Lawyer: "You say you want to get a divorce on the grounds that your husband is careless about his appearance?"

Client: "Yes, he hasn't shown up in nearly two years."



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